**PRINCESS ROYAL UNIVERSITY HOSPITAL**

Farnborough Common

Orpington

Kent BR6 8ND

Tel: 01689 863000

Date letter typed: 23.01.2018

Clinic date:

Mr Paul Gill

Consultant Knee Surgeon,

Princess Royal University Hospital

Dear Paul,

KK MM Avinash Prachand **DOB:** 5/5/1990 **HOSP No:** 123456 **NHS No:** 789456

abc pqr xyz 413111

**Diagnoses:**

1. Lateral hamstring tendon snapping just above fibula head
2. ACL posterior ganglion midline of knee

I would be grateful for second opinion on this man as I do not think he has an easily treatable problem and although he is keen for something to be done to try and stop the pain from repeated snapping of his posterolateral hamstring tendons around the knee. The MRI does not show any definable cause such as a bone spur or bursa or ganglion for which simple removal might alleviate the symptoms. There is however in the back of my mind a possibility that some of this is coming from the ganglion that is visible around the posterior aspect of the ACL although, this is more midline than the palpable clicking he is getting and so I would welcome a second opinion regarding ongoing management. He works as a self-employed electrician in a domestic setting and this involves a lot of crouching and kneeling. Each time he does this, which he demonstrates it in the clinic he is getting a palpable jumping of the hamstring tendon from medial to lateral and the area itself has some tenderness. He reports some intermittent common peroneal nerve distribution, coldness and paraesthesia, which may also be related, but again on the scan there is no neuroma or other abnormality and I could not clearly identify the nerve itself. There is no other abnormality to feel in the knee or see on the scan.

Many thanks

Yours sincerely

Letter validated, verified & digitally signed by:

Mr Mark Chatterton FRCS(Tr & Orth)

Consultant Orthopaedic Surgeon

**Cc:**

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