

# **COMSATS UNIVERSITY ISLAMABAD**

## **HUM110 ISLAMIC STUDIES**

### ASSIGNMENT# 01



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Q1: True Religion produces spiritual fruits such as inner serenity, moral schooling and meaning full life. Discuss with example.

## **TRUE RELIGION:**

We believe that Islam is the one and only and true religion of ALLAH revealed to humanity. It is a universal religion that can be practiced by anyone at any time and in every place. The central concept of this way of life is total submission to ALLAH. Islam is a complete, holistic way of living that covers every aspect of life and is a complete code of life and day of Judgement.

## **TRUE RELIGION PRODUCES SPIRITUAL FRUITS:**

Islam is a true religion in which there is no chaos and its adherents are always high. And it will last till the day of resurrection and Islam produces such fruit in man, the benefits of which reaches the soul and the body is nothing without the soul. Without the soul the body is useless and lifeless. Similarly there are examples of Islam. Whenever no religion adopts Islam, in fact he is not a human being but they are useless and perishable body. And those who have embraced the true religion, Islam, have borne such fruits. Their remembrance will remain high till the day of resurrection. Spiritual fruit refers to Abu Bakkar and his companions who learned the true religion from Prophet Muhammad (SAW) and spread its seeds all over the world and will remain so till the day of resurrection.

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Allah is sufficient for us and he is the best disposer of all affairs

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## **INNER SERENITY:**

Thus in islam,allah has laid down such a truth that Allah almighty gives peace of mind to the one adopts it,even the internal organs of the body.If he does not embrace islam and seeks the religion,he will be outwardly sould and healthy.But inner peace is absolutely restless because the peace of heart is kept only by allah in his true religion and in the sunnah ways of Muhammad(SAW) .

## **FOR EXAMPLE:**

- Many rich people have passed away such as pharaoh,qarun etc.they did not lack anything in term of wealth but they were all in peace because they were idiolators.
- And many poor people have passed away like some of the companios were poor.outwardly their dress was not good but their heart was calm because they were follower of the true religion so it became clear that allah almighty the only religion is islam and also clear that this is the only religion where everyone will find both outer and inner serenity.

## MORAL SCHOOLING:

In particular helping poor people in their lives of need, forgiving others, offenses respecting parents, teacher and others, fulfilling promises, being kind to people to human and animals, being patient in adversity, maintaining justice and controlling one's anger appear as major virtues in the Islamic concept of morality. In this way, sometimes the reason why some of the children are rude because we do not give them moral education and moral training. In this way, teachers need to teach children as well as moral education. Not only the children but the whole world need a moral education and schooling. So that by giving moral education they can be successful and prosperous both in this world and in the hereafter if we do not teach them morality, it will ruin their world and the hereafter. If only we behaved without educating children then the children do not know how to treat the father, how to treat the mother, and how the children should treat the adult teachers so in this way we should give children education as well as prophetic morality should bring happiness to both worlds.

## FOR EXAMPLE:

- If we are giving a moral education and schooling to a society then in that society no evils will come in existence and all the people in and around that will live a peaceful and happy life.

## **MEANINGFULL LIFE:**

In this way we should live a life that has purpose for which we are actually living our life. In order to achieve this, the hereafter will be beautiful as well as the worldly life in this way we should spend our lives on the religion of Islam and living according to the rules of Islam and obeying every command as a spiritual life. If you live like that, nothing.

### **FOR EXAMPLE:**

- Now if we are living a life following the rules and regulations of Islam so we can proudly say that we are doing good deeds following Islam and we are living a meaningful life and our ALLAH will give us the fruits of these good deeds.