

# CHRISTIAN RELIGION AND MORAL EDUCATION

## Class Four



National Curriculum and Textbook Board, Bangladesh

Prescribed by the National Curriculum and Textbook Board  
as a Textbook for Class Four from the academic year 2013

# Christian Religion and Moral Education

## Class Four

### Writers and Editors

Father Adam S. Pereira, CSC  
Sister Shikha L. Gomes, CSC  
Sister Mery Dipti, SMRA

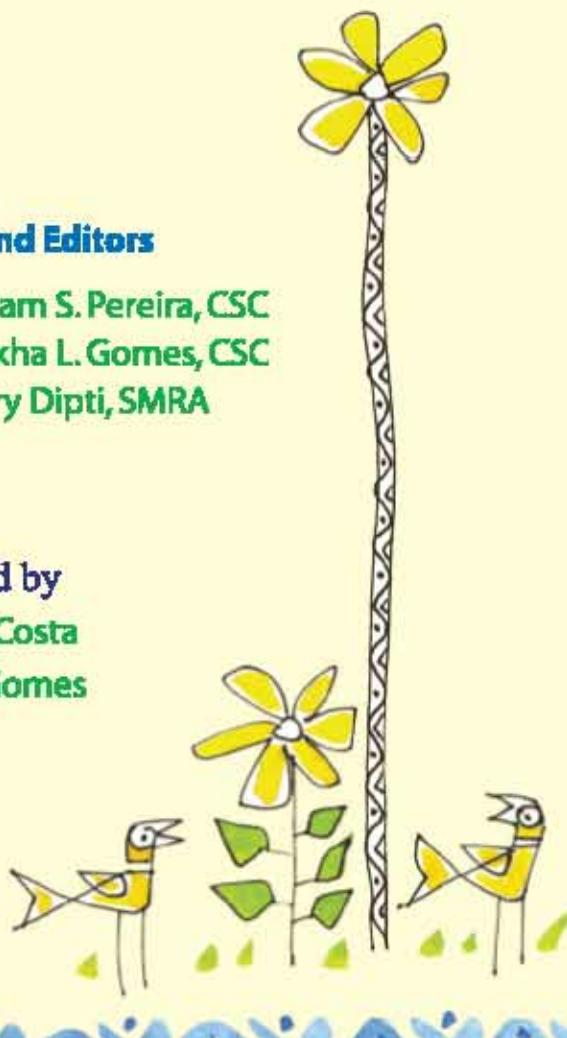
Translated by

Fr. Jyoti F. Costa  
Mr. Jyoti Gomes

Art Editor  
Hashem Khan



National Curriculum and Textbook Board, Bangladesh



**Published by**  
**National Curriculum and Textbook Board**  
**69-70, Motijheel Commercial Area, Dhaka 1000**

---

**[All rights reserved by the publisher]**

**Experimental Edition**

**First Edition : August , 2012**

**Reprint : , 2019**

**Illustration**

**Domion Neuton Penheiro**

**Design**

**National Curriculum and Textbook Board, Bangladesh**

**For free distribution under PEDP-4 of Ministry of Primary and Mass Education  
by the Government of the People's Republic of Bangladesh**

---

**Printed by:**

## Preface

A child is a great wonder. There is no end to the thinking about his/her world of wonder. A child is a subject of contemplation for educationists, scientists, philosophers, child specialists and psychologists. The fundamental principles of children education outlined in the National Education Policy 2010 have been defined in the light of these contemplations. The curriculum for primary education has been revised to develop a child on the potentials of his/her innate amazement, unbounded curiosity, endless joy and enthusiasm keeping in view the all-round development of children's potentials. The aims and objectives of primary education were modified in the revised curriculum of 2011.

The necessity of learning Religion and Moral Education is becoming wider everyday. It is utmost necessary at primary level. Because, at this age, a child's religious and moral base is strongly developed. Keeping this in mind, the section of Moral Teachings has been added in the **Christian Religion and Moral Education Book**. The text book has been developed strongly focusing on Christian Religion and morality so that our students can learn the difference between good and evil doing, avoid the evil and accept the good and build up themselves as a person of character and strong personality. So that they can be able to know and love God, the creations of God and nature according to their own characteristics.

To make the young learners interested, enthusiastic and dedicated, Bangladesh Awami League Government under the dynamic leadership of the Honorable Prime Minister Sheikh Hasina has taken initiatives to change the textbooks into four colors, and make them interesting, sustainable and distributed free of cost since 2009. The textbooks of Pre-primary, Primary, Secondary, Ibtediae, Dakhil, Dakhil Vocational and SSC Vocational level are being distributed free of cost across the country which is a historical initiative of the present government.

My sincere acknowledgement and thanks to all who had helped in different stages of composition, edition, rational evaluation, printing and publication of the textbook. Though all cares have been taken by those concerned, the book may contain some errors/lapses. Therefore, any constructive and rational suggestions will be highly appreciated for further improvement and enrichment of the book. We will deem all our efforts successful if the young learners for whom it is intended find it useful to them.

**Professor Narayan Chandra Saha**  
Chairman  
National Curriculum and Textbook Board, Bangladesh

## Contents

<b>Chapter</b>	<b>Subject</b>	<b>Page</b>
Chapter One	The Purpose of Creation of Human Being	1 - 4
Chapter Two	God	5 - 8
Chapter Three	The Holy Spirit	9 - 12
Chapter Four	The First Parents	13 - 18
Chapter Five	The Holy Bible	19 - 24
Chapter Six	The Ten Commandments of God	25 - 29
Chapter Seven	Sin	30 - 35
Chapter Eight	Christ The Redeemer	36 - 41
Chapter Nine	Descending of The Holy Spirit	42 - 45
Chapter Ten	The Church of Christ	46 - 51
Chapter Eleven	Confession, Eucharist and Confirmation	52 - 58
Chapter Twelve	Abraham, The Father of The Faithful	59 - 63
Chapter Thirteen	Blessed Pope John Paul II	64 - 69
Chapter Fourteen	Heaven and Hell	70 - 74
Chapter Fifteen	The Christian Creed	75 - 79
Chapter Sixteen	Flood and Drought	80 - 84
Chapter Seventeen	The Participation of The Christians in The Liberation War of Bangladesh	85 - 88

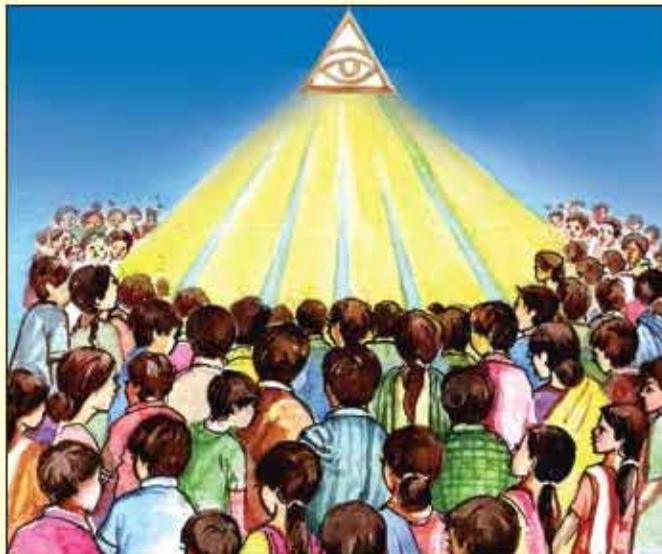
## CHAPTER ONE

### THE PURPOSE OF CREATION OF HUMAN BEING

There is a special purpose behind every creation of God. For example, He created a seed so that a tree is generated from it. So that the tree grows up and bears fruit at the appropriate time. So that man and other animals can live by eating that fruit. God has also created us with a great purpose. Now, we will read about that immense purpose of God for us. Then, we will also know about our origin and of the last destination. We will also discuss how we can walk towards the way of God. While living in this world that He has shown us.

#### Our Origin

Our origin is God. He has neither any beginning nor any end. He existed in the past, remains at present and will remain for ever. God is almighty and knows everything. He exists everywhere. He created us. After creating everything of this universe, He created us as of his own image. He created us only with His words. God has given us body, mind and soul. He also gave us free will and intelligence to decide between good and evil. We received our souls from God. Our souls are invisible just like God's. There is a connection between the souls of God and man. We can communicate with God through prayer and meditation. We can then listen to God's words and can know His will. We can understand good and evil doing. Thus, we take decision to remain and follow the path of good. We can do many good deeds with the power from God. Accordingly, our proper moral life is developed.



God is our origin and final destination

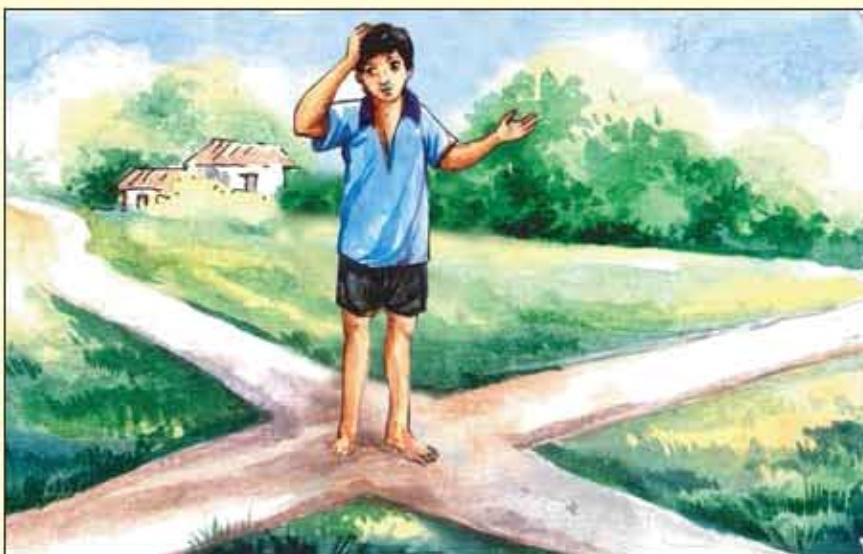
## Our Final Destination

Our final destination is God. Once, we will go back to our origin from where we came. We will become one with Him. God created and sent us to this world for His glory. He always fosters and protects us.

We can enjoy a lot at different times with our family and friends. We have got this opportunity from God. He has given us different kinds of qualities. We fulfill our duties and responsibilities using these qualities. We serve our family, society and country. We can also take care of our body, mind and soul. Thus, we walk steadily towards our final destination. One day we will be called to return to God. On that day, we have to stand in front of Him rightly and truly. That is, we have to follow and move through such a path, which will lead us to reach to our origin.

## Pathway of God

God has shown us a path to reach to our final destination. If we follow and move forward towards the path showed by Him, we will be able to reach Him. The path shown by God is His only son Jesus Christ. Jesus Christ said, "I am the way, the truth, and the life. No one comes to Father except through Me (John: 14: 6)".



Which way to follow?

We have to read the Holy Bible to learn about Jesus Christ and the path He showed us. In the Old Testament, the coming of Jesus Christ has been prophesied. And in the New Testament the life, teachings and works of Jesus Christ are described. In the New Testament, the commandments and instructions of God tells us to avoid the way of sin and move forward through the righteous path. There, it is also narrated how the devotee's of God have followed the path of God. We can learn about God's path by reading those matters with devotion, faith and prayerfulness. We can meet with Him by following these commandments. We can have eternal life and happiness by being united with Him.

### What we have learned

Our origin is God Himself. He was, He is and He always will be and He is our final destination.

### Planned work

Write down a prayer of praise and glory to God.

### Sing a song together

I have decided to follow Jesus  
No turning back, no turning back  
The world behind me,  
the cross before me (3x)  
No turning back, no turning back.

## EXERCISE

### 1. Fill in the gaps:

- There is a special \_\_\_\_\_ behind every creation of God.
- God is \_\_\_\_\_ and knows everything.
- God \_\_\_\_\_ us only with his words.
- We received from God \_\_\_\_\_.
- In the old Testament, the \_\_\_\_\_ of Jesus Christ has been prophesied.

**2. Match left side with that of the right side**

a) Our origin is	a) invisible like God's.
b) Our souls are	b) protects.
c) God created and has kept us in this earth	c) God.
d) God	d) for His glory.
	e) has given us many qualities.

**3. Give Tick (✓) mark to the right answer**

**3.1 Our final destination is**

- (a) Man (b) God (c) Haven (d) Earth

**3.2 We got the opportunity to enjoy with family and friends -**

- (a) from the devil (b) from the teacher  
(c) from our parents (d) from God

**3.3 What should we read to learn about Jesus?**

- (a) The Holy Bible (b) Bangla book  
(c) Magazine (d) Newspaper

**3.4 Who was, is and always will be?**

- (a) Man (b) devil (c) God (d) Angels

**3.5 What did God create at the end?**

- (a) Trees (b) Animals and birds (c) Sky (d) Man

**4. Write short answer of the following questions**

- (a) Why did God create us?  
(b) How did God create us?  
(c) What is the path shown by God?

**5. Answer the following questions**

- (a) Write down about our final destination.  
(b) What do you understand by 'way of God'? Explain.  
(c) What do we learn from the Holy Bible?

## CHAPTER TWO

### GOD

We have already learned that GOD is almighty and invisible. He has created everything. Even though God is invisible but He is present everywhere at the same time. He can do everything. He is so powerful and He possesses so many qualities that even if we try all our lives we would not be able to know Him completely. Now we will discuss three special qualities of God. We will learn that God is Almighty, Kind and Holy.

#### **God is Almighty**

God is the source of all powers. He is Eternal and Infinite. He is the beginning and the end. He is so powerful that He remains everywhere at the same time. The most special power of God is His love. He created everything out of His love. He created man as of His own image. He gave man the responsibility to look after and take care of everything. Even though He is the Almighty God, He took birth as a human being to live among with the humankind.

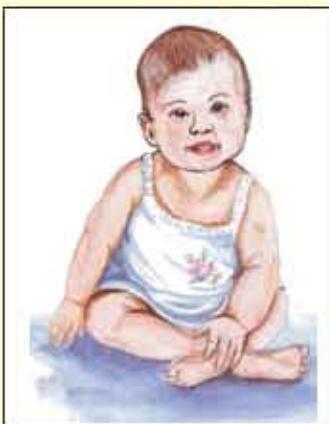
#### **God is Kind**

Kindness is a great virtue. It is a form of expressing His love. In other words, kindness means mercy. Kindness means doing something for others; while we see others are in trouble. Kindness also means charity. God is kind. His kindness is boundless. We cannot survive without the kindness of God. He created us because of His love. He takes care of us. He always protects us from danger. If we commit sin against Him and ask for His forgiveness, He forgives us. We learn about His boundless kindness through Jesus Christ. Jesus taught us beautifully about the forgiveness and kindness of God through the parable of kind and merciful father. In that parable, we saw that the father is always ready to forgive even if children make mistakes. We saw in the Holy Bible that when the younger son returned home, his father accepted him with new clothes, shoes and ring. They celebrated by arranging a feast. We always ask from God for a lot of things. We ask from Him for intelligence in order to study well, power for being a better human person and forgiveness for our sins.

Everyday we ask God for so many things. He is gracious. He observes what we need. He gives us what we need. There are many other things we do not ask Him for. Yet, He gives those things to us. Because, He is very kind.

### **God is Holy**

Holy means sacred, pure, without sin and immaculate. God is completely holy. He is the origin of all holiness. We know that the impure thing do not last for long; it gets damaged. God is totally perfect and pure, thus, immortal. He has no destruction. He is completely sacred, thus, He was, is and will be forever.



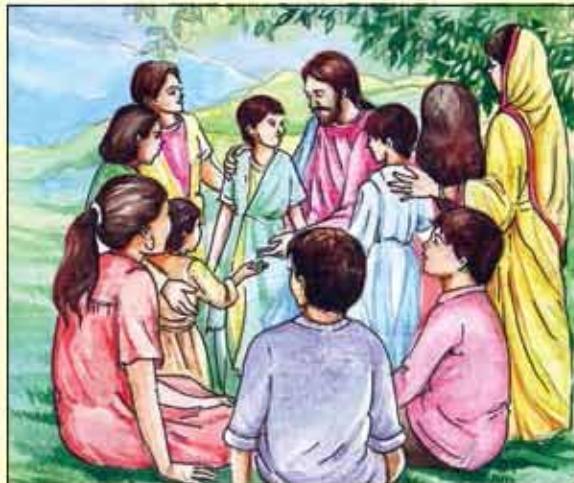
God is simple like children and holy like flower

### **To become Holy and Kind like God**

Jesus said to us, "You must therefore be perfect, just as your heavenly Father is perfect" (Mathew 5:48). We have to be holy since we came from Him. We want to return to Him after death. We can live and enjoy eternal life and happiness when our souls become one with Him after death. Therefore, Jesus tells us to become holy. We have to acquire this holiness through our works when we are in this world. Jesus has come to this world and showed us that way. If we lead our lives following Jesus, we can become holy. Jesus said that people, who are simple, humble and holy like the children, could enter heaven. Because, God's holiness lies within them.

## Few steps to become kind and holy

- (1) Attend the Mass (Eucharist) every Sunday or attend the prayer service (regularly)
- (2) Attend the Mass everyday if church is near by
- (3) Go for confession once in a month
- (4) Remain honest and sincere following the Ten Commandments of God
- (5) Read the Holy Bible everyday and live accordingly to its teachings
- (6) Pray Holy Rosary or say evening prayer on every evening
- (7) Carry out charity and help to others as much as possible.



Jesus' love and affection for the innocent children

## What we have learned

God is almighty, kind and holy. We may become kind and holy just like Him following the way He has shown us.

## Planned work

1. Prepare a list of kindnesses you are receiving from God through group discussion.
2. Perform at least three acts of kindness every week.

## EXERCISE

### 1. Fill in the gaps

- (a) Even though God is invisible, He \_\_\_\_\_ everywhere.
- (b) God's kindness is \_\_\_\_\_.
- (c) We cannot \_\_\_\_\_ without the kindness of God.
- (d) God is completely \_\_\_\_\_.
- (e) We should be \_\_\_\_\_ following the Ten Commandments of God.

## 2. Match left side with that of the right side

a) Kindness is	a) He is immortal.
b) God is almighty, kind and	b) He is the source of all holiness.
c) God is completely holy and	c) confess once.
d) God is perfect and pure	d) holy.
e) At least in every month	e) a great virtue.
	f) To perform act of kindness.

## 3. Give Tick (✓) mark to the right answer

### 3.1 Which prayer should be prayed every evening?

- (a) Novena    (b) Holy Rosary  
 (c) Holy Mass                                        (d) Angelus

### 3.2 Which work should be done as much as possible?

- (a) Charity and love                                (b) Love and service  
 (c) Charity and service                              (d) Holiness and love

### 3.3 Who is completely holy?

- (a) Heavenly Father                                (b) Pious man  
 (c) Simple man                                        (d) Saint

### 3.4 Which matter does last long?

- (a) The lie    (b) The wrong  
 (c) The pure     (d) The impure

### 3.5 What lessons should we follow?

- (a) The Bible's                                        (b) Holy Rosary's  
 (c) Holy Mass's                                        (d) The prayer's

## 4. Write short answer of the following questions

- (a) How can we become holy?  
 (b) What does Jesus say about how we should be?  
 (c) To whom we would like to go back after death?

## 5. Answer the following questions

- (a) Write down about five ways to become kind and holy.  
 (b) What do we ask from God?

## CHAPTER THREE

# THE HOLY SPIRIT

We have already learned that the Father, the Son and the Holy Spirit are the three Persons of the Trinity. There are three Persons in One God. Previously, we have learned in details about the Father and of the Son. Now, we will learn about the Holy Spirit.

### The Holy Spirit

The Holy Spirit is the Spirit of God. According to the words of Ezekiel, instead of the man's hard soul God has given the Holy Spirit to them. Men are inspired to obey the commandments of God receiving the Holy Spirit. To be a human being the Son of God has come to the womb of Mother Mary by the power of the Holy Spirit.



Sign of the Holy Spirit

John the Baptist said that Jesus would baptize his people with fire and the power of the Holy Spirit. Once, Jesus was baptized by John the Baptist, while the Holy Spirit came down upon him in the form of a pigeon. Jesus began preaching the Good News of God's Kingdom with the power of the Holy Spirit. He said, "The Spirit of the Lord is upon me because He has chosen me and anointed me" (Lk. 4:18). Before ascending to heaven Jesus said to his Disciples that "He will send a Helper for them" He also said to them that "They must stay in that city until they receive the Advocate." According to the commitment of Lord Jesus, the Holy Spirit has come upon them. The Holy Spirit is that Helper. He is the Spirit of the Father and of the Son. The father and the Son is present through the Holy Spirit. We got the Holy Spirit through baptism. The Holy Spirit always stays with us as a Helper.

### Acts of the Holy Spirit

The Church is like a human body. The Holy Spirit gives power to all the parts of the Church. The whole Church is being guided by his power. Jesus Christ has given the Holy Spirit to his disciples at the time of sending them for preaching his words. The disciples began preaching with the power of

the Holy Spirit from that time. Even now, the people of the Church are preaching the words of God with the power of the Holy Spirit. Holy Spirit lives in the heart of all baptized Christians. Therefore, each of our body is the temple of the Holy Spirit. We pray with the power of the Holy Spirit. The Holy Spirit upholds the unity of the Church. We receive forgiveness for our sins by the power of the Holy Spirit. We regain the holiness of God after receiving forgiveness. He frees us from the slavery of sins and helps us to grow with freedom. We receive the Holy Spirit at the time of baptism. We receive seven gifts from him. We receive God's grace through the Holy Spirit.

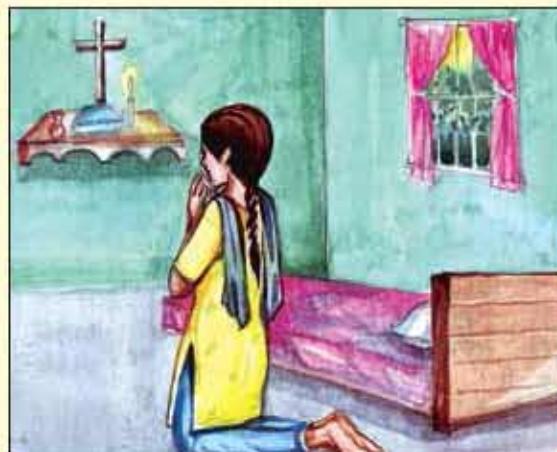
### **Live with the inspiration of the Holy Spirit**

To live with the inspiration of the Holy Spirit means to live with the powers of his gifts. We receive seven gifts from the Holy Spirit. They are wisdom, understanding, counsel, fortitude, fear of God, piety and knowledge. The following fruits are found within the people who live with the inspiration of the Holy Spirit. These are: charity, joy, patience, peace, goodness, benignity, long-suffering, mildness, faith, modesty, self-control and chastity. But, the people who do not live with the power of the Holy Spirit, among them we found: sexual abuse, lack of cleanliness, indiscipline life style, pagan worship, hostility, hitch, jealousy, anger, disagreement, quarrel, grouping, revenge and ineptitude, etc. The people who keep unity are driven by the power of the Holy Spirit. But, people who practices partisanship and quarrels are driven by evil's spirit.

### **We can try the following steps to live with the inspiration of the Holy Spirit**

- 1) To build relationship with the Holy Spirit and always feel His presence in our heart.
- 2) To ask for blessing of the Holy Spirit after awaking every morning to avoid evil doing and to live with His inspiration.
- 3) To say a special prayer before every work, especially before study.  
Again, extend thanks to the Holy Spirit after study.
- 4) To thank the Holy Spirit for guiding us the whole day before we go to bed every night.

- 5) To read a chapter from the Holy Bible and meditate it everyday on a specific time.
- 6) To obey the advice and guidance of the elders.
- 7) To advise our friends to lead their lives with the inspiration of the Holy Spirit.



Praying to the Holy Spirit

### What we have learned

The Holy Spirit is the Spirit of God. He is our Helper. He fills us with different gifts and fruits.

### Planned work

- 1) Make a list of the works that man can perform with the power of the Holy Spirit.
- 2) **Learn the following prayer:**  
Oh Holy Spirit, come, fill our hearts; enkindle your loving-fire in us. Let the universe become a new creation by your inspiration and let the universe be renewed.

### EXERCISE

#### 1) Fill in the gaps

- (a) Holy Spirit is the \_\_\_\_\_.
- (b) Through the Holy Spirit \_\_\_\_\_ and the Son is present.
- (c) Through Baptism we receive \_\_\_\_\_.
- (d) The Church of Christ is like \_\_\_\_\_ of human being.
- (e) The Holy Spirit maintains \_\_\_\_\_ in the Church.

## 2. Match left side with that of the right side

a) Instead of human's hard soul, God	a) after study.
b) Coming to John the Baptist, Jesus Christ	b) realize it.
c) Extend thanks to the Holy Spirit	c) gives us the Holy Spirit.
d) The advice and guidance of the elders	d) was Baptized.
e) With the Holy Spirit	e) we will obey.
	f) we will make friendship.

## 3. Give Tick (✓) mark to the right answer

- 3.1 By whose power do we receive forgiveness?  
 (a) The Holy Trinity's      (b) The Father's  
 (c) The Son's      (d) The Holy Spirit's
- 3.2 What power does the Holy Spirit give to all the parts of the Church?  
 (a) Life    (b) energy    (c) creativity    (d) power of love
- 3.3 How many gifts do we receive from the Holy Spirit?  
 (a) 3    (b) 5    (c) 7    (d) 9
- 3.4 How many fruits do we receive living with the inspiration of the Holy Spirit?  
 (a) 12    (b) 10    (c) 8    (d) 6
- 3.5 What do we receive from God through the Holy Spirit?  
 (a) grace    (b) blessing    (c) forgiveness    (d) power

## 4. Write short answer of the following questions

- (a) What is the meaning of 'living with the inspiration of the Holy Spirit'?
- (b) Those who practice partisanship and quarrels, they are driven with the power from whom?
- (c) What should we advice to our friends?

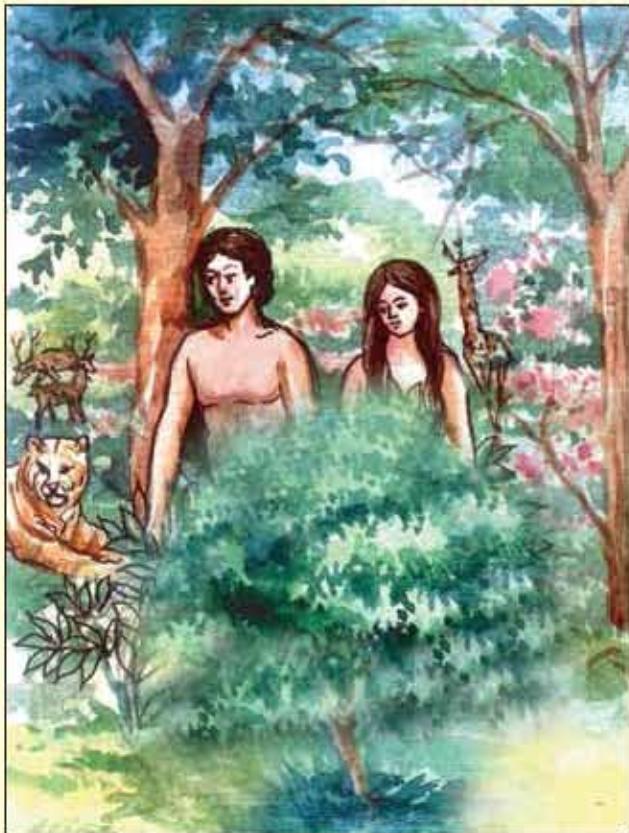
## 5. Answer the following questions

- (a) Write down the seven gifts of the Holy Spirit.
- (b) How will you try to live with the inspiration of the Holy Spirit?

## CHAPTER FOUR

### THE FIRST PARENTS

We have learnt about the falling and punishment of angels. We have learnt that they have become devil after the fall. Previously, they were good angels. Actually they have been fallen and punished for their pride. God sent them away from heaven. He created a hell for them and gave them punishment over there. In this chapter, we will discuss about the fall of our first parents. We will learn how they had to come in this suffering world leaving happy life due to their sin. We will also discuss here on what kind of hardship the first parents had to face in this universe. God created the first human being as man and woman. He named them Adam and Eve. 'Adam' means man and 'Eve' means woman. They were the first man and woman in this universe. God loved them very much. All creations of God were good but mankind was very good. Because, only the human got the image of God. That means, God has created the man with his own image. God has given man some of His own qualities. So God had kept His loving man in a happiest and most beautiful place in Heaven. Its name was Garden of Eden. They lacked nothing there.



Adam and Eve at the Eden Garden

### **The days of first parents in heaven were as follows:**

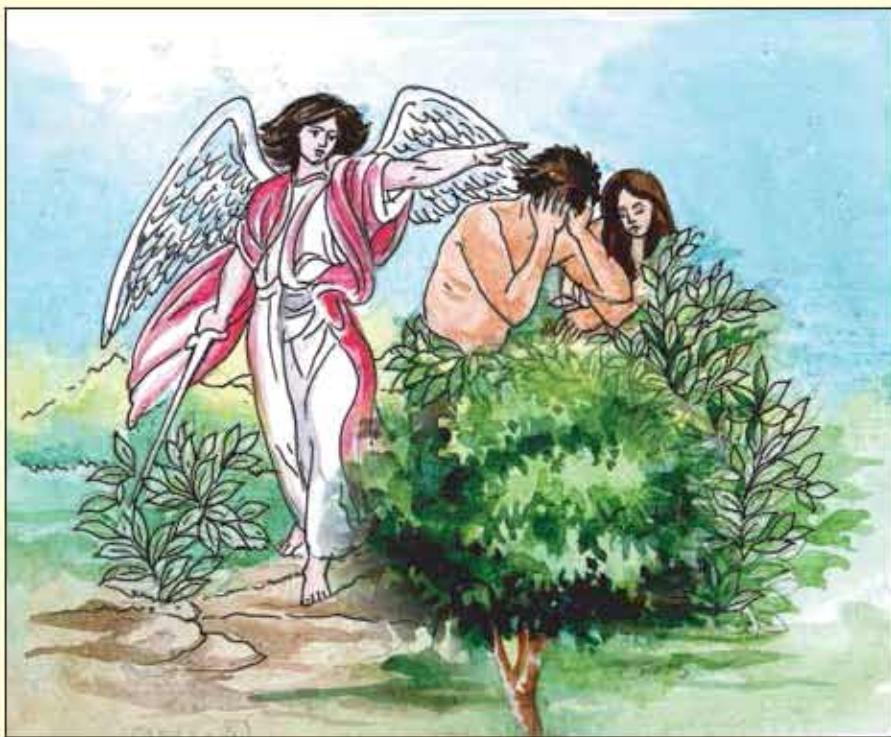
1. The first parents were living with God who is the source of all happiness. They were like one family with God. They did not have to worry about anything there. They had not to do any physical labor for producing food. There was no scarcity of water too. God had provided them everything before they wanted. They could enjoy whenever and whatever they wished.
2. They were holy as God. They had no impurity and defilement in their flesh, mind and heart. That is why no guiltiness was in their mind. This was their extreme happiness in heart.
3. The first parents had no disease or death. So, they had no tension for their treatment. They were not frightened for death. Because, they were with immortal God, who created them and was with them.
4. There were also birds and other animals beside the man in the divine garden with God. There were no quarrels among them. They used to live together. The big animals would not attack the small animals. Because, they too had no shortage of food and security.
5. God had granted the first parents the power of superiority on all. In this connection they availed the responsibilities of taking care of the creations as a representative of God. Even the angles of heaven have not been granted this nice responsibility.
6. The God had granted the first parents free will. That is why they could do everything according to their wish. None of the creations has been granted this gift.

For all these reasons we can say that our first parents were living in the happiest place.

### **The disobedience of man**

There were so many sweet fruit trees in the Garden of Eden. God permitted them to eat fruits from all trees but one. That was the tree of knowledge of what is good and what is bad. God had said to them that if they eat fruits of that tree, they would die the same day.

But the devil tried to trap the first parents to fall into sin. He used to hate the works of God. The devil had planned to take revenge on God through leading man the best creation to fall into sin. One day disguising as a snake he asked Eve, why they do not eat the fruits of that tree. She (Eve) replied, "God has forbidden us." The devil replied, "God has forbidden you because He knows that when you eat it, you will be like God." Then Eve fell into devil's temptation to become equal to God. She decided to eat some fruits using her free will and gave some fruits to Adam too. As soon as they had eaten it, they realized that they were naked. So, they sewed fig leaves together and covered themselves.



Adam and Eve are driven from the Heaven

The God came to the garden in search of them. When they heard the sound of God's walking in the garden, and they hid from Him. But the Lord God called out Adam, "Where are you". Adam replied that he was afraid and hid from Him (God). Then God realized that they have done

fault. He asked them whether they have eaten or not the fruits of the forbidden tree. Adam replied that Eve had given him and he had eaten that. Then God asked Eve, why she had done that. Eve replied that the snake had tricked her into eating that. So, God became very much displeased on them all, Adam, Eve and the snake.

### **Punishment of sin**

Adam and Eve consciously and willingly disobeyed the command of God. God had warned them in advance that they would die if they eat the fruit. So, God arranged punishment for them. As the snake has led Adam and Eve into sin, therefore God punished the snake too.

**Punishment for snake :** God said to the snake, "You will be punished for this; you alone of all the animals must bear this curse. From now on you will crawl on your belly, and you will have to eat dust as long as you live. I will make you and the woman hate each other; her offspring and yours will always be enemies. Her offspring will crush your head, and you will bite her heel."

**Punishment for Eve :** God said to Eve, "I will increase your trouble in pregnancy and your pain in giving birth. In spite of this, you will still have desire for your husband, yet you will be subject to him."

**Punishment for Adam :** The God said to Adam, "You have been cursed as you have listened to your wife and ate the fruit which I told you not to eat. Because of what you have done, the ground will be under a curse. You will have to work hard all your life to make it produce enough food for you. It will produce weeds and thorns, and you will have to eat wild plants. You will have to work hard and sweat to make the soil produce anything, until you go back to the soil for which you were formed. You were made from soil, and you will become soil again."

God had told the first parents regarding the consequence of eating fruits of the tree that gives knowledge of what is good and what is bad. They had forgotten the word of God by falling into temptation of the devil. They were punished due to their sin. God has not punished them illegally. They were genuinely punishable. They were sent out from the Garden of Eden.

### Prayer

Loving God, you are holy. But I am too much weak. So, I too fall into temptation and distress you. I am extremely sorry for all of my sins. I will never offend you again. Oh! Loving God, have mercy on me.

### What we have learned

The first parents were living with great peace in the Garden of Eden in heaven. They were sent out and punished due to their disobedience.

### Planned work

1. Draw a picture of happy life of Adam and Eve in the Garden of Eden.
2. Make a list on ways and means of overcoming temptation.

## EXERCISE

### 1. Fill in the gaps

- a) The meaning of Adam is \_\_\_\_\_.
- b) All creations of God were good but \_\_\_\_\_ was very good.
- c) Only the human has been \_\_\_\_\_ of God.
- d) The Lord God called out \_\_\_\_\_.
- e) God said to Adam, "You have been \_\_\_\_\_ as you have listened to your wife and ate the fruit which I told you not to eat".

**2. Match left side with that of the right side**

a) God has granted human	a) no disease or death.
b) The first parents had	b) the tree that gives knowledge of what is good and what is bad.
c) The God kept Adam and Eve in a peaceful place that name was	c) some of his own qualities.
d) Adam and Eve	d) the tree of Knowledge
e) The name of tree that the God had forbidden to eat its' fruit was	e) the Garden of Eden.
	f) were holy.

**3. Give Tick (✓) mark to the right answer:**

- 3.1 The God gave the first parents what kind of will?  
a) Dependant b) Independent c) Unselfish d) Selfish
- 3.2 The first parents were in what kind of place?  
a) Sorrowful b) Hardship c) Joyful d) Happy
- 3.3 What kind of fruit trees are there in the Garden of Eden?  
a) Sour b) Bitter c) Sweet d) Salty
- 3.4 Who makes fall the first parents into sin?  
a) Angel b) Man c) Devil d) God
- 3.5 Adam and Eve were punished for whose sin?  
a) Others b) Friends c) Beloved d) Own

**4. Write short answer of the following questions.**

- a) Why Adam and Eve hid hearing the God's walking?
- b) Who tempted Eve?
- c) God said to the snake for living by eating what?

**5. Answer the following questions**

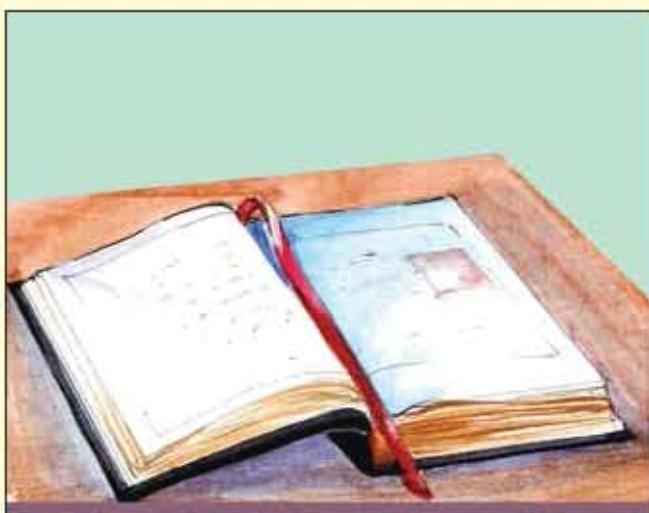
- a) What punishment God give to Adam?
- b) How was the happy place of the first parents?

## CHAPTER FIVE

# THE HOLY BIBLE

We have learnt that the Holy Bible is the word of God. The Bible is a holy book. We have also learnt that the Holy Bible should be read with devotion, respect and love. Not only that but also we have to follow the word of the Holy Bible. Now we will discuss about the Holy Bible in details.

The word 'Bible' is from the Greek word 'Biblia'. The accurate meaning of the Bible is books. Because, there are 73 books (66 in Protestant Bible) in the Bible. The Bible is consisting of 73 books like many books in a library. Some of these books are big and some are small.



The Holy Bible

The writing of the Holy Bible started 950 years ago before the birth of Jesus Christ during the reign of kings David and Solomon. God Himself has given the inspiration of the Holy Spirit among many people. The Bible has been written with that inspiration. The Bible is the long history of love between God and the mankind. The books of the Holy Bible have interrelation and similarity to one another.

### Divisions of the Holy Bible

The Holy Bible is divided into two main parts i.e. Old Testament and New Testament. Here the meaning of 'testament' is covenant. That is why sometimes the parts are called old covenant and new covenant.

## The Old Testament or Old Covenant

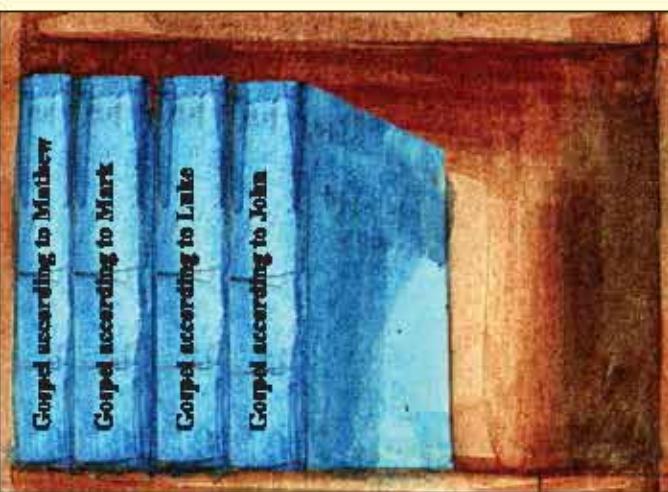
In the Old Testament the stories before the birth of Jesus Christ are described. God had closely own His devotee Abraham by loving. He had made great covenant with the people of Israel through Abraham. God had promised to Abraham that He (God) would give him (Abraham) so many descendants like the stars in the sky and sands of the bank of sea. Among the descendants of Abraham the redeemer of mankind would be born. God expected that the mankind would own him as he had own them. As He (God) had protected and blessed them (mankind), they too would be trustworthy on him. This way the relation of love was established between God and the Israelites. This relation has been highlighted in the Old Testament. God had sent to his nation kings and prophets. They have served the people as representatives and in the name of God. Actually this history has been described in the Old Testament.

The number of books in the Old Testament is 46. These are divided into four parts. Those are:- (1) Pentateuch: number of books is five; (2) Historical Books: number of books is 16; (3) Wisdom Literature: number of books is seven; and (4) Book of the Prophets: number of book is 18.

The number of books in the New Testament is 27. These are divided into five parts. Those are:-

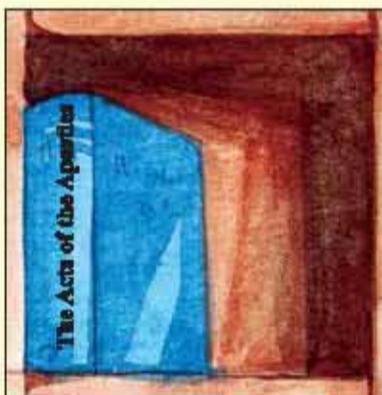
a) The Gospels. The number of Gospels is four. Those are:-

1. The Gospel according to Mathew.
2. The Gospel according to Mark.
3. The Gospel according to Luke.
4. The Gospel according to John.



- b) The history of Christians: number of book is one. That is:-

1. The Acts of the Apostles.



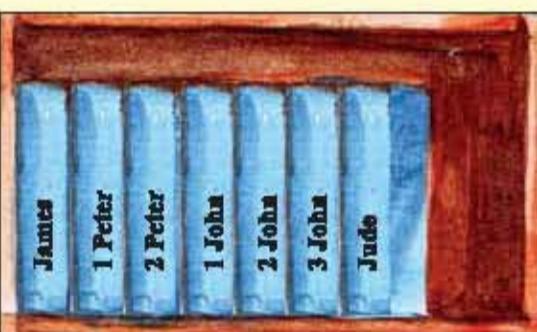
- c) The number of books those are known as Letters of Paul is 14.

(1) Romans; (2) 1 Corinthians; (3) 2 Corinthians; (4) Galatians;  
 (5) Ephesians; (6) Philippians; (7) Colossians; (8) 1 Thessalonians;  
 (9) 2 Thessalonians; (10) 1 Timothy; (11) 2 Timothy; (12) Titus;  
 (13) Philemon; and (14) Hebrews. (Not sure wheather Paul has written the book or not.)



- d) The number of Catholic religion books is seven. These are:-

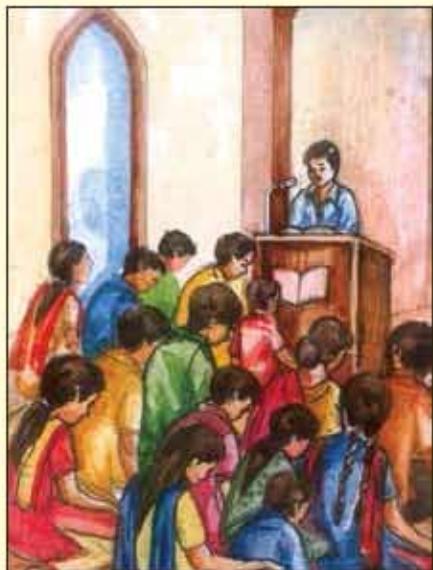
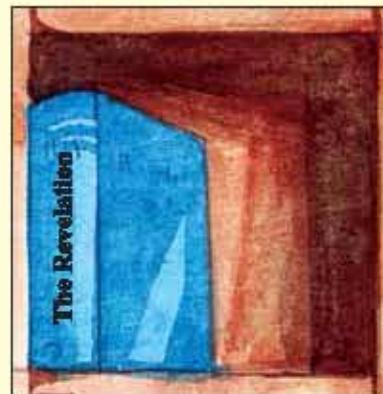
(1) James; (2) 1 Peter; (3) 2 Peter;  
 (4) 1 John; (5) 2 John; (6) 3 John;  
 and (7) Jude;



- e) The number of Prophetic book is one. That is:- 1. The Revelation.

### The Importance of reading the Holy Bible:

We are to take balance diet in order to keep our body healthy. Similarly, we need spiritual diet in order to keep our soul healthy and alive. To gain the closeness of God is the spiritual food for soul. We may get His closeness in many ways. For example, we may get God's closeness through prayer of praise, intercession, pardon and forgiveness and devotional prayers. The reading of Holy Bible is such a kind of means through which God speaks to us. We find the proper direction and inspiration to live Christian life. So, we need to read the Holy Bible daily. Life becomes fine, honest and pure if its formation is according to the Word of God as well as the teachings of the Bible. The Holy Bible helps us to keep our faith firm. Through this we can keep our relation firmer with God. We can gain power in our soul and love more God and neighbors through reading the Holy Bible.



Believers in Jesus are listening to His Words

### Some means of reading the Holy Bible accurately

We have to open our mind to hear and understand the word of God. For this we have to follow some rules. If we could follow the rules, the word of God would touch our hearts. These would touch our life and help the life to become fine, honest and pure. The means are as follows:-

1. The Bible will have to be kept in a neat and clean place;

2. One will have to make oneself personally neat and clean before reading the Bible;
3. To bring silence in the mind by being calm and quiet;
4. We have to bow our heads before and after reading the Holy Bible;
5. The Bible should be read slowly so that the meaning of each verse could be understood. If needed be, It should be read several times;
6. We have to keep this mind while reading the Bible that now God is going to speak to me and I will listen to his word.
7. Make a habit of reading some verses of the Bible every morning and evening.
8. Keep a pencil or pen in your hand. There is a need to mark the attractive verses.
9. I have to treasure in mind the word of God and try to live accordingly.

### What we have learnt

The Holy Bible is the Word of God. Bible means books. There are 73 (66) books in the Bible. The Holy Bible is divided into two main parts: Old Testament and New Testament. The number of books in the New Testament is 27.

### Planned work

1. Draw a picture of a library listing the books of New Testament.
2. Discuss in a group on how to trim the selected place of keeping Bible in own room.
3. Write your most favorite verse from the Holy Bible.

## EXERCISE

### 1. Fill in the gaps

- a) The accurate meaning of the Bible is \_\_\_\_\_.
- b) There are in total \_\_\_\_\_ in the Bible.
- c) The Bible was written by the \_\_\_\_\_ of Holy Spirit.
- d) The Bible is the \_\_\_\_\_ between the God and the mankind.
- e) The Holy Bible is divided into \_\_\_\_\_ main parts.

## 2. Match left side with that of the right side

a) The Holy Bible was started writing	a) the redeemer of mankind will be born.
b) In the Old Testament	b) 950 years ago before the birth of Jesus Christ.
c) Among the descendants of Abraham	c) 16.
d) The number of historical books is	d) the stories before the birth of Jesus Christ are described.
e) The number of books in the New Testament is	e) 18.
	f) 27.

## 3. Give Tick ( $\checkmark$ ) mark to the right answer

3.1 The number of Gospel in the New Testament is-

- a) 1      b) 2      c) 3      d) 4

3.2 The number of books in the Old Testament is-

- a) 48      b) 47      c) 46      d) 45

3.3 The book the history of Christians is according to-

- a) Mathew    b) Titus    c) Hebrews    d) Act of the Apostles

3.4 How many days or times the Bible should be read?

- a) Everyday    b) Once a week  
c) Once a month    d) Once a year

3.5 The number of the Wisdom Literature is-

- a) 9      b) 7      c) 5      d) 3

## 4. Write short answer of the following questions

- a) What is the number of books known as Paul's letter?
- b) During whose reign the Bible was started writing?
- c) The word Bible has come from which word?

## 5. Answer the following questions

- a) Write down the means of reading the Holy Bible.
- b) Explain the importance of reading the Bible.

## CHAPTER SIX

### THE TEN COMMANDMENTS OF GOD

The Ten Commandments is the law of love, salvation and freedom. We can be more close to God and men through understanding and practicing these commandments. These show us the way of living a fair life. We have learnt about the meaning of first commandment in the first chapter. In this chapter, we will learn the meaning of two more commandments and will try to obey those.

#### **"Thou shall not take the name of the God in vein" (Second Commandment):**

To take the name of God makes sense of God too. God is Sacred. He is the source of all holiness. His name should be uttered with sanctification. We show our love towards Him through expressing his glory and praising him. Through revering and respecting God's holy name we become loyal to him. In the Lord's Prayer we say to our Heavenly Father "holy be your name". We comply through this that he has created us. That is why we express the glory of his name.

#### **Example of taking the name of God unnecessarily and in vein:**

God loves us and He wishes our good. He wishes that His holiness be manifested through us. But we human beings are too weak. Sometimes we become selfish. We use God for our own interest. We misuse His name in many ways. We try many times to oblige God to fulfill our desires, such as:-

**1. To vow:** Sometimes we bear in mind the business with God. We vow to the deity for many things. We say to him, if I pass the examination by the grace of God, I will offer one packet of candles in the mass or offer one mass. God actually blesses us by observing our diligence. He wants that we follow His words and love Him.

**2. To vow to deity for silliest matters :** Many times we do promise for silliest issue in the name of God. For example we say, "I swear in the name of God or saying by touching the Bible that I have not stolen or not done it". In fact, we disgrace the holy name of God through this type of oath.

**3. To pray to God with evil purpose or to cheat him :** To obey religion or to say prayer is not to fulfill own interest. We can not use the name of God for cheating others or to curse others. It is not good to play trick in the name of God.

**4. To say God to solve problems without trying oneself :** God has created us with knowledge, intelligence, power and many types of qualities. He wants that we work hard and utilize the gifts given to us. But many times we depend only on God without utilizing the talents. For example; without studying well we say to God that he passes us in the examination.

**5. To accuse God :** There are so many good and bad events in our daily life. Some time we fall into many types of accidents or danger. That time we accuse God and call his bad name too. Even we lose confidence on him. We never think that the accident might have been occurred for own or others' fault. So we disgrace God through accusing Him.

### Warning Message

"Do not use my name for evil purposes, because I, the Lord your God, will punish anyone who misuses my name" (Exodus- 20:7). The God Himself has warned us not to take His name in vein. So, we have to carefully take the holy name of God with deep love and reverence.

**"Remember that thou keep holy the Sabbath (Sunday) day" (Third Commandment):** The Lord God has said in the Bible, "Observe the Sabbath and keep it holy. You have six days to do your work, but the seventh day (Sabbath) is a day of rest dedicated to me (the Lord God). On that day no one is to work-neither you, your children, your slaves, your animals, nor the foreigners who live in your country.

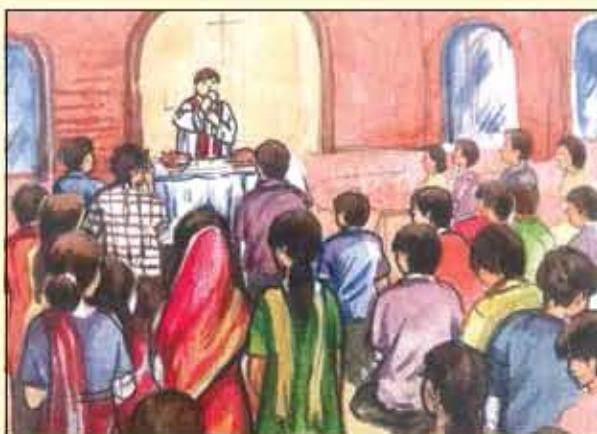
In six days I, the Lord, made the earth, the sky, the sea and everything in them, but on the seventh day I rested. That is why I, the Lord, blessed the Sabbath and made it holy (Exodus: 20:8-11).

### **The meaning of observing the Sabbath (Sunday)**

To observe the Sabbath (Sunday) has a humanitarian aspect. That is: we all need rest if we do work. If we do not take rest we become tired and lose the ability of working. If we take rest, we get back the power in body and mind and later on, we can perform our duties more efficiently. This is the natural need of human being. That is why there is weekly government holiday in every country. The second one is the spiritual aspect. God has said that this day is holy. So, we have to observe the day in holy manner. To observe the Sabbath in holy manner means to pass the time with close proximity with God. That means to observe the day with spiritual exercise and adoration.

**The Importance of living according to God's Commandments:** We will not take God's name in vein and observe the day in holiness. Because:-

1. God has created us so that we love and revere him.
2. We have to express the glory of his name.
3. We have to worship God on Sabbath (Sunday).
4. We want to get the company of the Holy God.
5. To become holy as God is our vocation.
6. We want to gain such good things which are everlasting.
7. To serve the poor and distressed people is our duty.
8. Physically and mentally we want to live a healthy life.
9. We need to associate with other people of the society on Sabbath.



Participation in the Holy Mass on the Sabbath Day

## What we have learned

The name of Lord God is holy. We should not take God's name in vein. It is our duty to keep the Sabbath (Sunday) holy.

### Planned work

1. Write three matters on how you will keep God's name holy and share the same in the group.
2. Write how you want to observe the Sabbath (Sunday).

### EXERCISE

#### 1. Fill in the gaps

- a) Thou shall not take the name of God \_\_\_\_\_.
- b) Through revering and respecting God's holy name we become \_\_\_\_\_ to him.
- c) The seventh day (Sabbath) is dedicated to \_\_\_\_\_.
- d) To become holy as God is our \_\_\_\_\_.
- e) We need to \_\_\_\_\_ with other people of the society on Sabbath.

#### 2. Match left side with that of the right side

a) In the Lord's Prayer we say to our heavenly father	a) We become tired and lose the ability of working.
b) God actually blesses us	b) To pass the time with close proximity with God.
c) God himself has warned us	c) Express the glory of God.
d) If we do not take rest	d) Not to take his name in vein.
e) To observe the Sabbath in holy manner means	e) Holy be your name.
	f) by observing our diligence.

**3. Give tick (✓) mark to the right answer**

**3.1 How we take the name of God unnecessary?**

- (a) taking vow for silliest matter in the name of God
- (b) accusing others
- (c) Telling bad words to others
- (d) not following Sabbath Day properly

**3.2 To maintain Sabbath Day actually means**

- |                     |                             |
|---------------------|-----------------------------|
| (a) avoid all works | (b) pass time idle          |
| (c) only praying    | (d) praying and taking rest |

**3.3 Why we shall obey the Commandments of God?**

- |                          |                   |
|--------------------------|-------------------|
| (a) to be elder one      | (b) to keep vow   |
| (c) to enter into Heaven | (d) to do promise |

**3.4 Which day is the Sabbath Day according to the third commandment of God?**

- |            |              |
|------------|--------------|
| (a) Monday | (b) Sunday   |
| (c) Friday | (d) Saturday |

**3.5 Which is the actual reason to keep vow?**

- |                                       |                        |
|---------------------------------------|------------------------|
| (a) to offer gift to God              | (b) for own interest   |
| (c) to provide assistance to the poor | (d) to make Lord happy |

**4. Write short answer of the following questions**

- (a) How we will take the name of God?
- (b) When does God bless us?
- (c) How many days God took for his work of creation?
- (d) Why God has created us?

**5. Answer the following questions**

- (a) How we take the name of God unnecessary?
- (b) Explain the meaning of observing the Sabbath Day?
- (c) Explain the importance of moving forward following the commandments of God?

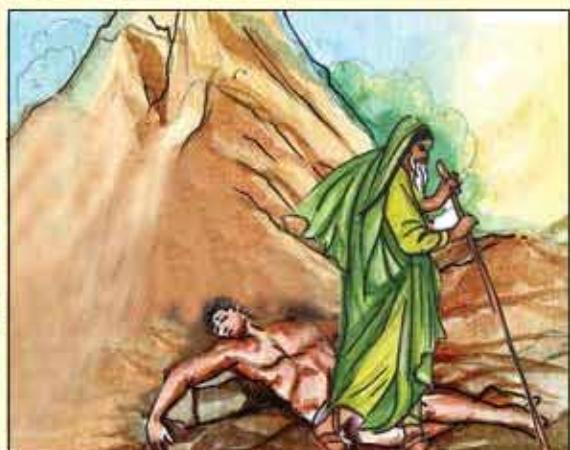
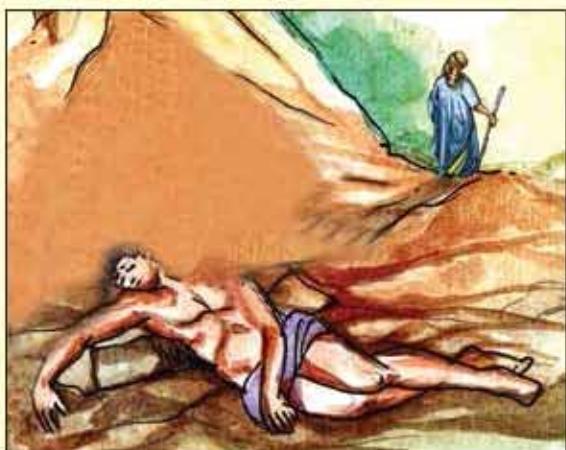
## CHAPTER SEVEN

### SIN

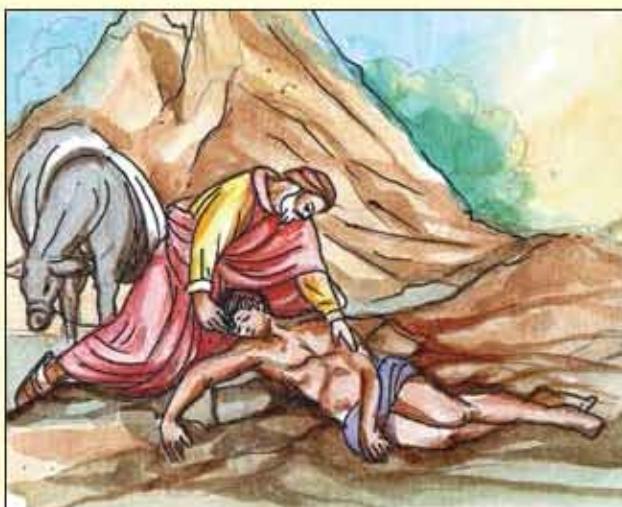
We know that to disobey the commandments of God consciously or unconsciously is sin. Thus, when we decide not to follow the word of God then we do not love God and his creature human being. And that's why it has been said that when we do not love God and fellow human beings we commit sin. In a way, we commit sin by disobeying the ten commandments of God. On the other hand, we commit sin for not doing our responsibility towards the poor and vulnerable people of the society.

#### Role and Responsibility of believers in Christ towards the oppressed

All human beings are created by One Creator, God. Even then, we make discrimination among us. We make discriminations between the rich and the poor. The people of one religion belittle the people of other faith. Sometimes, the people of one country treat themselves superior compared to the people of other countries. But Jesus Christ does not like these kinds of attitudes at all. He compared himself with the poor and neglected ones. Jesus said that those who want to be the great should serve the little ones.



Negligence and skipping away the responsibility as a Christian



Service to the wounded

### Teaching of Jesus about the role and responsibility of believers in Christ towards the oppressed

We have to stand in front of Jesus for the final judgment after our death. Our judgment will be done on the basis of whether we have done our responsibilities properly towards the poor and oppressed people.

Our judgment will not be done on what educational degree we have obtained, how much fame we have gained or how many countries we have visited, etc. Jesus himself told us about the criterion for judgment. Now, we will read the same.

When the Son of God comes as the King and all the angels with him, he will sit on his royal throne, and the people of all the nations will be gathered before him. Then he will divide them into two groups, just as a shepherd separates the sheep from the goats. He will put the righteous people on his right and the others on his left. Then the King will say to the people on his right, 'Come, you that are blessed by my Father! Come and possess the kingdom which has been prepared for you ever since the creation of the world. I was hungry and you fed me, thirsty and you gave me a drink; I was a stranger and you received me in your homes, naked and you clothed me; I was sick and you took care of me, in prison and you visited me.'

The righteous will then answer Him, 'When, Lord, did we ever see you hungry and feed you, or thirsty and give you a drink? When did we ever see you sick or in prison, and visit you? The King will reply, 'I tell you, whenever you did this for one of the least important of these brothers of mine, you did it for me!'

Then, he will say to those on his left, 'Away from me, you that are under

God's curse! Away to the eternal fire which has been prepared for the devil and his angels! I was hungry but you would not feed me, thirsty but you would not give me a drink; I was a stranger but you would not welcome me in your homes, naked but you would not clothed me; I was sick and in prison but you would not take care of me.'

Then they will answer him,' When, Lord did we ever see you hungry or thirsty or a stranger or naked or sick or in prison, and would not help you? Then the King will reply, 'I tell you, whenever you refused to help one of these least important ones, you refused to help me.' These, then, will be sent off to eternal punishment, but the righteous will go to eternal life. (Matthew 25:31-46)

### **Basic Meaning of Jesus' Teaching**

1. We see that there are many neglected and least important people around us. We can extend our cooperation to them whenever we want. We may not assist providing money but we may help them by saying words of encouragement and showing smiling face.
2. We might not keep records of helping others. One might not document, how many people he has served. But, we have to continuously help and support in this way until death.
3. One might not desire honor on account of his help and service to others. Jesus tells, your help would be in secret so that your left hand might not know what the right hand is doing. This would be known only by the Heavenly Father. He will reward us.
4. Our role and responsibility is to help the neglected and least important people around us. It is must for us to perform this duty and we should in no way neglect it.
5. In this materialistic world, when we extend any support towards the children of any parents, they feel delighted. Similarly, when we extend any help to others, then the Almighty God also is pleased. Because, all human beings are His creation and we all are brothers and sisters.

### Sing a song

Serve the poor, Serve the needy, That's the service of Christ. ||  
Those who sit beside the road and falling tears,  
Take them in your warm arms, That's the service of Christ. ||

### Rewards of performing and not performing duties

According to the teaching of Jesus, we will be rewarded performing our duties towards the poor and neglected. On the day of Final Judgment Jesus will say, "Come, you that are blessed by my Father! Come and possess the kingdom which has been prepared for you ever since the creation of the world." It means, these types of people are pious. They will enter to the eternal life or to Heavenly Father.

And those who will neglect performing his/her duty, Jesus will tell them, 'Away from me, you that are under God's curse! Away to the eternal fire which has been prepared for the Devil and his angels'. These, then, will be sent off to eternal punishment.

### Sing a song

Chours : Whatsoever you do to the least of my people  
What you do unto me.

When I was hungry, you gave me to eat,  
When I was thirsty, you gave me to drink,  
Now enter into the home of my Father,

When I was weary, you helped me find rest,  
When I was anxious, you calmed all my fears,  
Now enter into the home of my Father.

When I was homeless, you open your door,  
When I was naked, you gave me your coat,  
Now enter into the home of my Father.

### What we have learned

We commit sin by disobeying God's commandments as well as neglecting our duties. The Final judgment will be done based on our tasks. We can perform our responsibilities by doing small services of love to others.

**Planned work**

1. Make a list how we can assist the poor and vulnerable people as a group.
2. Write if you have done any loving service to others.

**EXERCISE****1. Fill in the gaps**

- a) When we do not love God and His people we commit \_\_\_\_\_.
- b) Jesus compared himself with \_\_\_\_\_.
- c) We have to stand in front of Jesus at the day of \_\_\_\_\_.
- d) Jesus will say to those on his left, go away from me, you that are under \_\_\_\_\_.
- e) Jesus will say to the people on his right, come, you that are \_\_\_\_\_ by my Father.

**2. Match left side with that of the right side**

a) Whatever you have done for the least important ones,	a) you gave me to eat.
b) All human being are His creation and	b) their destination will be eternal punishment.
c) When I was hungry	c) that have done for me.
d) Around us, there are many neglected	d) they should served the least important ones.
e) Those who do not perform any duty towards the least important ones	e) we are brothers and sisters.
	f) and least important ones we can see.

**3. Give tick (✓) mark to the right answer**

- 3.1 When we give water to a thirsty person, then we give water to whom?
 

a) Jesus	b) John
c) Angels of heaven	d) God
- 3.2 What should be done, if someone wants to be the first or great?
 

a) serve the elderly people	b) serve himself/herself
c) serve the least important ones	d) serve others

- 3.3 Who become delighted, when we serve people around us?  
a) Heavenly angels                            b) Heavenly Father  
c) Saints                                        d) people
- 3.4 Those who do not perform their duties towards the poor and neglected ones, Jesus will tell them;  
a) great son                                    b) bad guy  
c) blessed one                                d) cursed one
- 3.5 Those who perform their duties towards the poor and neglected, they are called;  
a) Righteous                                    b) good people  
c) honest person                              d) Prophet

4. Write short answer of the following questions

- (a) What Jesus will say to the righteous ones at the day of Final Judgment?  
(b) What is the reward reserved for the righteous persons?  
(c) What is our role and responsibilities towards the poor and neglected people?  
(d) What will be the reward for not performing the duties towards the poor and neglected people?

5. Answers the following questions

- (a) Explain the basic meaning of the teaching of Jesus about performing the duties towards the poor and oppressed people in the society.  
(b) What is the criterion for Final Judgment?  
(c) Write the results of performing duties to the poor and distressed people and for not performing the same.

## CHAPTER EIGHT

### CHRIST THE REDEEMER

We already came to know about the purpose and birth of Christ the Redeemer. Now, we will discuss about his work of salvation. For God loved the world so much that he gave his only Son, so that every one who believes in him may not die but have eternal life. For God did not send his Son into the world to be its judge, but to be its savior (John; 3: 16-18). We can see very clearly in the words of the Holy Bible that Christ is the redeemer of this world. Jesus spent 30 years with his parents at Nazareth. He started his public ministry of salvation when the time has been fulfilled.



Jesus is teaching the people

#### **Beginning of the Work of Salvation of Jesus**

Jesus started his work of salvation through preaching the Good News, doing miracles and wonders and through his exemplary life-style. He started his work at Galilee. First, he was baptized by John the Baptist. Then, he went to the desert, where he stayed 40 days in praying

and fasting. He came to know that John the Baptist had been put in prison. At that time he went to Galilee and started preaching the Good News of God. "The right time has come", he said, "and the Kingdom of God is near! Turn away from your sins and believe the God News!" (Mark 1:14-15). Meanwhile, he started preaching and on the other hand, he started calling his disciples. Once Jesus went to Nazareth, where he had been brought up and on the Sabbath he went as usual to the Synagogue. There he read from the prophet Isaiah. He read the following :

"The Spirit of the Lord is upon me, Because he has chosen me to bring good news to the poor. He has sent me to proclaim liberty to the captives and recovery of sight to the blind; to set free the oppressed.

And announce that the time has come

When the lord will save his people." (Luke 4: 18-19)

By declaring this statement, God Jesus Christ informed that, prophet Isaiah has said about himself long ago. Prophet said that, "In the womb of virgin mother, the saviour will be born and he will save imprisoned men in various ways."

### **Inner meaning of Jesus words regarding Salvation**

Now we have realized that the main purpose of Jesus' preaching was to proclaim the kingdom of God. He wants to remind the people that the kingdom of God is near. That is, God reigns over the whole creation. He is the Lord of everything. He is the King of all kingdoms. He wants to make aware everyone regarding this and tells everyone to come back to him by turning away from their sins. To come back to the way of God means to express the virtues of justice, peace, love, forgiveness, sympathy, charity, kindness, affection, etc. People of this world were absorbed in worldly thoughts. Though they were not physically captives, but spiritually they were. That is, they were derailed from the path of God and were following the path of devil/Satan. Works of injustice, quarrel, hate, revenge, hard attitudes towards others were expressed by them. That is why, everyone has to convert their hearts, give up the way of devil and come back to the way of God. We have to again accept God as our King and Lord.

### **Miracles of Jesus**

- Once Jesus was in a town where there was a man who was suffering from the dreaded skin disease. When he saw Jesus, he threw himself down and begged him, 'Sir, if you want to, you can make me clean!' Jesus stretched

out his hand and touched him. "I do want to," he answered. Be clean!" At once the disease left the man (Luke: 5: 12-13).

2. Once Jesus was preaching to a group of people, when few people arrived carrying a paralysed man to Jesus. Because of the crowded, however, they could not get the man to him. So they made a hole in the roof right above the place where Jesus was. When they had made an opening, they let the man down, laying on his mat. Seeing how much faith they had, Jesus said to the paralysed man, "My son your sins are forgiven". Jesus again said to the paralysed man, "I tell you, get up, pick up your mat and go home". At once, he stood up in front of others. The man got up, picked up his mat and went back home praised God. While, the audience present there, all were amazed (Mark: 2: 1-12).

3. Jesus was talking to the people, at that time a social leader of the Jews came to him, knelt down in front of him and said, "My daughter has died just now. You please come and touch her just once, certainly she will be alive." At once Jesus went with him. Jesus found a big crowd at the home of the Jewish leader. Jesus then said to the crowd, 'You please go away from here, the child is not dead - she is sleeping only.' They laughed at him and made



Jesus heals the paralytic

various comments to Jesus. Then, those people were told to go away from there. While, Jesus entered into the room where the child was lying and took her by the hand. At once she got up and started walking around. This message was then spread out all around (Mark:5:35-40).

Jesus was doing miracles and wonders one after another. The disciples of John the Baptist delivered this message to him. One day, John sent two of his disciples to Jesus. John sent them to Jesus to know, whether he is that redeemer, who is supposed to come. Meanwhile, Jesus has done few miracles in front of the disciples of John. Then, Jesus said to them, "What you have now seen and listened, let John be informed about this. Let him be informed, "The blind now can see, disabled is walking, leprosy patient is being cured, deaf can listen, people alive from dead and Good News has been proclaimed to the oppressed". Jesus informed the disciples of John by telling these words, "Jesus is that Saviour for whom people are waiting." Whatever miracles he has done are the signs of God's Kingdom. That is, God rules over everything of this universe.

### **Walking towards the way of Salvation**

We, the people are the creation of God. God has a good planning for us. He has made that plan for our well-being. According to this plan he has sent his dearest son Jesus to us. Jesus has sacrificed his life for the salvation of mankind. He has opened the path of heaven for us. If we follow faithfully the way of Jesus, then we will be saved. Some ways and steps on how we can move forward to the way of Jesus have been described below;

1. Keep deep trust and faith on God, that is, believe the Word of God written in the Holy Bible
2. Accept Jesus by heart and soul as the Redeemer
3. Meditate on the gifts of the Holy Spirit and try to grow in those gifts
4. Keep trust on the inspiration of the Holy Spirit and to be led by His inspiration
5. Attend the Holy Mass on every Sunday and attend prayer services or Mass whenever you get the opportunity
6. Love God and neighbours selflessly
7. Avoid worldly greed and lust
8. Keep fasting and do charity for the poor whenever possible
9. Sacrifice own interest and follow Jesus carrying your own cross
10. Receive communion and confession regularly; to be pure in body, mind and soul.

11. Pray every day attentively with deep faith and not be disheartened.
12. Repent for own sins and change your heart.
13. Serve the neighbours.

### What we have learned

Jesus started His work of redemption at Galilee. His work of salvation has been manifested through His miraculous works. We have already known the steps of moving forward toward the way of salvation.

### Planned work

1. Prepare a list of five miracles of Jesus.
2. Show any one of the miracles of Jesus through role play.

### EXERCISE

#### 1. Fill in the gaps

- a) Jesus received \_\_\_\_\_ from John the Baptist.
- b) Jesus went to the Synagogue and read from the Scripture of Prophet \_\_\_\_\_.
- c) The main theme of Jesus' preaching was \_\_\_\_\_.
- d) God sent his \_\_\_\_\_ according to his plan.
- e) The way to gain salvation is to accept Jesus from mind and soul as the \_\_\_\_\_.

#### 2. Match left side with that of the right side

a) God loved this world so much that he	a) can cure me.
b) You, everyone change your mind and	b) signs of God's Kingdom.
c) Lord, if you want,	c) repent for own sins.
d) The miracles of Jesus are the	d) sent his only Son.
e) Moving forward towards the way of salvation means	e) believe the Good News.
	f) you can save me.

**3. Give tick ( $\checkmark$ ) mark to the right answer**

- 3.1** Anyone who believes in the Son  
(a) gets freedom (b) gets happiness forever  
(c) gets eternal life (d) gets reward

**3.2** Come back to the way of God means  
(a) not to commit sin (b) forgive others  
(c) get cured from sickness (d) accept Jesus

**3.3** Whom daughter gets alive with the help of Jesus?  
(a) Centurion (b) Pharisee  
(c) Commander (d) Social leader

**3.4** How the sign of God's kingdom has been manifested?  
(a) through preaching Good News by John  
(b) through receiving baptism of Jesus  
(c) through miracles of Jesus  
(d) through preaching Good News by Jesus

**3.5** Jesus started his work of preaching from  
(a) Nazareth (b) Capernaum  
(c) Galilee (d) Jerusalem

**4.** Write short answer of the following questions  
(a) What did Jesus say to the leper to cure him?  
(b) Why Jesus has given his life?  
(c) Why the disciples of John have gone to Jesus?  
(d) How we can be saved?

**5.** Answer the following questions  
(a) Write that part or para of the Scripture that Jesus read in the Synagogue of Nazareth.  
(b) What is the key meaning of Jesus words regarding salvation?  
(c) Describe the incident of getting recovery of the paralytic.  
(d) Write five steps of moving forward towards the way of salvation.

## CHAPTER NINE

# DESCENDING OF THE HOLY SPIRIT

We received Holy Spirit during the time of our Baptism. We are matured in the Holy Spirit during Confirmation. Already we have come to know the seven gifts and twelve fruits of the Holy Spirit. Now we are going to know about how the Holy Spirit came upon the apostles of Jesus Christ. Then, we will discuss the beginning of the preaching of the Gospel.

### **The Event of the descending of the Holy Spirit**

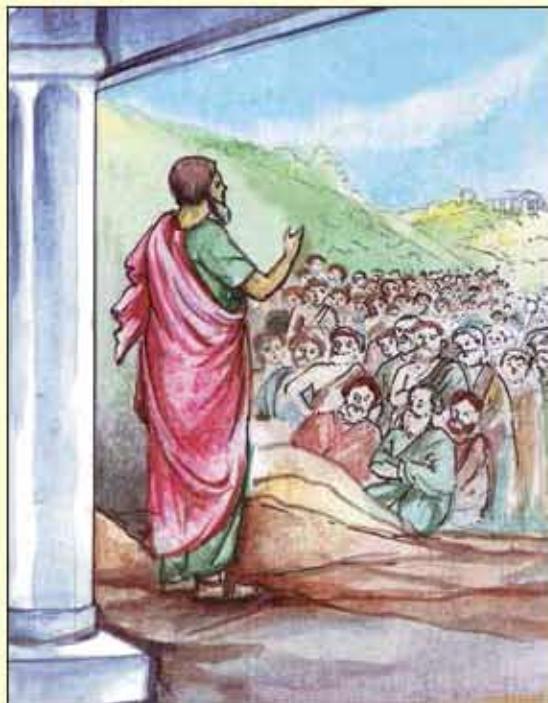
After His passion, death and resurrection, Jesus was bodily near to His disciples up to 40 days. At that time, He appeared to them many times. Then He ascended into Heaven. Before His ascension to Heaven, He said to His disciples that, "He would not leave them alone. He would send a helper for them. This helper would lead them and stay with them always. According to this saying, God's Spirit came upon the disciples." This incident occurred on the day of Pentecost, ten days after His ascension to heaven. The word 'Pentecost' means the complementary of the number 50. 'Pentecost' means the day after passing 50 days. This was a special feast of the Jews. On this special day they remembered the giving of the Ten Commandments to Moses by God on Sinai.

On that day, all the disciples of Jesus were sitting together in a room in Jerusalem. It was then 9:00 o'clock in the morning. Suddenly there was a noise from the sky which sounded like a strong wind bowing, and it filled the whole house where they were sitting. Then they saw what looked like tongues of fire which spread out and rested on each of them. And all of them were filled with the Holy Spirit. At the coming of the Holy Spirit like the tongues of fire, they remembered the words of Jesus' promise. He said that He would send Holy Spirit, the helper. They also remembered Jesus told them the forgiveness of sins. While breathing on them, He said, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them in Heaven; if you retain the sins of any, they are retained in Heaven too." That Holy Spirit will forgive the sins of all by the fire of love. The disciples too would forgive the sins with His power.

## The changes among the disciples at the descending of the Holy Spirit

After receiving the Holy Spirit, all kinds of fear disappeared from them. They got strength in their hearts that they never had before. They started speaking in different languages. Besides this, their hearts were filled with a kind of joy. That day on the occasion of Pentecost, the Jews from different countries were present in Jerusalem. Hearing this noise of the wind, the Jews who came from different countries gathered there. They were astonished hearing the disciples speaking in their own languages.

They thought that the disciples got drunken by drinking wine. But Peter stood up and said to them that they did not drink wine but they had received the Holy Spirit. He witnessed about Jesus by giving a long speech. He said that Jesus was Christ. God Himself sent Him. But they made a great mistake by killing Jesus. They committed a grave sin by doing this. Hearing his speech, the people were repentant and converted their minds. Three thousand people, on that day, received baptism. Coming down from Heaven, the Holy Spirit remained in the Church. He



Peter's speech after receiving the Holy Spirit

remained in the hearts of all disciples, Virgin Mary and all the baptized followers of Christ. Then the following changes were noticed:

1. All the baptized paid attention to the teachings of the apostles, sharing, the celebration of the breaking of the bread and prayer.
2. Many miracles began to occur by the apostles.
3. Fear of the Lord that is obedience to God was in their hearts.

- 4 All the devotees began to give money to the disciples which they got by selling all their properties. They took from there according to their needs.
- 5 All of them began to pray, praise God and participate in the Eucharist with one mind and one soul.
- 6 Day by day many people began to join in their community.
- 7 Thus, the journey of the Church began.

### What we have learned

We came to know the event of the coming of the Holy Spirit. After receiving the Holy Spirit, all kinds of fear disappeared from the disciples. Then they began to preach the Gospel of the risen Christ. Many people began to believe and were baptized.

**Planned work :** Draw the picture of the descending of the Holy Spirit.

### EXERCISE

#### 1. Fill in the gaps

- a. After the death and resurrection, Jesus was with His disciples up to \_\_\_\_\_ days.
- b. The Holy Spirit came down on the disciples \_\_\_\_\_ days after the ascension.
- c. \_\_\_\_\_ came down upon the disciples on the day of Pentecost.
- d. Three thousand people were \_\_\_\_\_ hearing the speech of Peter.
- e. By receiving the Holy Spirit, the \_\_\_\_\_ of the disciples disappeared.

#### 2. Match left side with that of the right side

a. Before leaving this world Jesus said to His disciples	a. Received the Holy Spirit.
b. The disciples in the form of the tongue of fire	b. Were repentant and have conversion of mind.
c. By receiving the Holy Spirit, the disciples	c. Were attentive in the breaking of the bread and prayer.
d. Hearing the speech of Peter, the people	d. He will not leave them alone.
e. By receiving the Holy Spirit, the baptized followers of Christ	e. Were strengthened.
	f. Got the authority to forgive sins.

**3. Give Tick (✓) mark to the right answer**

- 3.1 What did Jesus do 40 days after His resurrection?
- a. spread all over the world
  - b. ascended into Heaven
  - c. went to Jerusalem temple.
  - d. returned back to Nazareth.
- 3.2 The Holy Spirit came upon the disciples and
- a. saved them
  - b. forgive their sins
  - c. led them
  - d. gave them strength.
- 3.3 Where did the Jews gather together on the occasion of Pentecost?
- a. galilee
  - b. samaria
  - c. bethlehem
  - d. Jerusalem
- 3.4 Peter said in his speech that those who had killed Jesus, had
- a. done wrong
  - b. done mistake
  - c. committed grave sin
  - d. brought great loss.
- 3.5 Holy Spirit forgives sins-
- a. through confession
  - b. by blessings
  - c. by the fire of love
  - d. by the tongue of fire

**4. Give short answer of the following questions**

- a. What is the meaning of Pentecost?
- b. What promise did Jesus give to the disciples?
- c. What did the Jews think hearing the speech of the disciples after receiving the Holy Spirit?
- d. When did the journey of the Church start from?

**5. Give answers of the following questions**

- a. Write the event of the coming of the Holy Spirit.
- b. What was the condition of the disciples and what did they do after receiving the Holy Spirit?
- c. What changes were happened to the baptized people after receiving the Holy Spirit?

## CHAPTER TEN

### THE CHURCH OF CHRIST

We become the children of God and the members of the divine family through Baptism. Church is the family of God. He is the Father of this family and we are His children. So, we should know properly what it means to be the children of God. We should also know how the Church becomes a family, what is the meaning of family, what our duties are as the members of the family. We will become more active members of the Church by knowing all these matters.

#### **Church is a Family**

The Heavenly Father makes us partakers of divine life. It means that in spite of being men, we can come to the closeness of God. Thus, He has given us the dignity. We are called to participate in His divine life through His Son. Father determined that those who will have faith in His Son Jesus, will be included in the Church. Thus, the Church or the family of God has been formed.

In the Holy Bible, we learn to call God as Father through Jesus (Ref. Mt. 6:9). We come to know through St. Paul that we become the children of God through Baptism (Ref. Gal. 4:1-7). With childlike attitude, we call God 'Father' (Ref. Rom. 8:15). In the Holy Bible, we find many examples as such through which the Church is compared to the family.

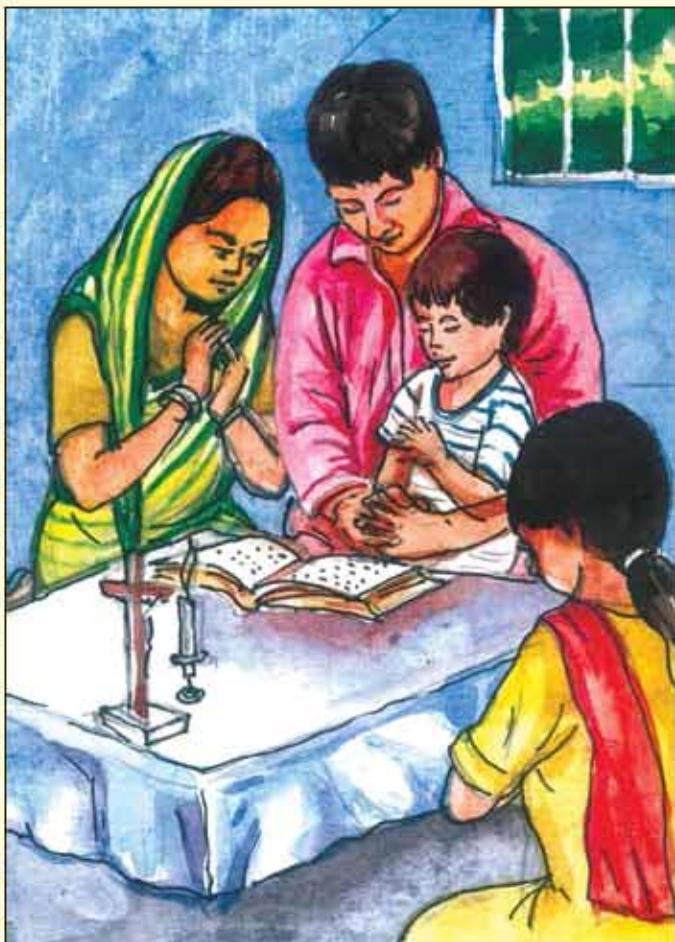
#### **The Joy of living in communion with in the Church**

Our communion with the Church is not only with Christ but also with every member of the Church. Our Lord Jesus Christ gives importance on communion from the very beginning. So, drawing the example of the vine, He tells us, "I am the vine, you are the branches."

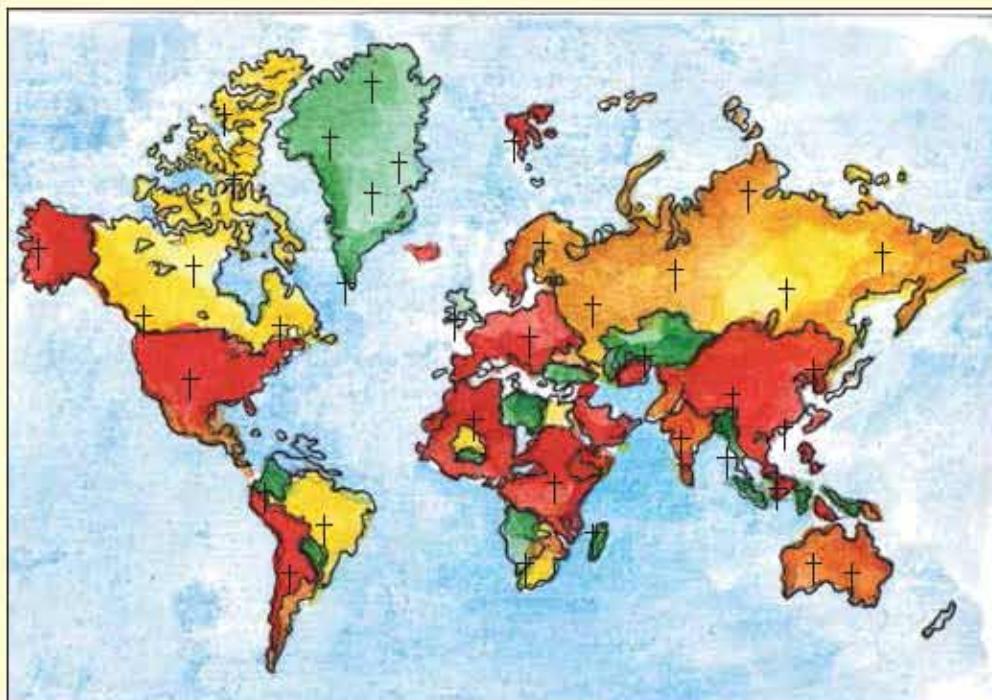
"Those who abide in me and I in them, bear much fruit because apart from me you can do nothing" (Jn. 15:5). We understand from Jesus' saying that He is the real vine. We are the branches. We should have relationship with Jesus and also with each other. Without this relationship with others we cannot live, cannot be fruitful. We cannot deny this relationship.

The members of the early Church used to pray with one mind and one spirit. They used to share with each other their money, food and other possessions. With heartfelt joy and simplicity, they used to eat together. Every day they used to worship and praise God. Seeing their joyful and community life, every day new members used to join with them. We exchange our love and feelings through family. Through this, mutual relationship becomes stronger. There is a leading person in every family. In the Church, God loves us like our parents. He guides and forms us. He keeps all united in a single family.

We can find the best example of the relationship among the members of the family in the letter of St. Paul to Timothy; St. Paul considers Timothy as his own son (1 Tim. 1:2, 18). Through this he has shown his affection and love to Timothy. This is the relationship between master and disciple. St. Paul instructs Timothy to respect the old-age people as his parents and consider the young people as his brothers and sisters.



Family Prayer



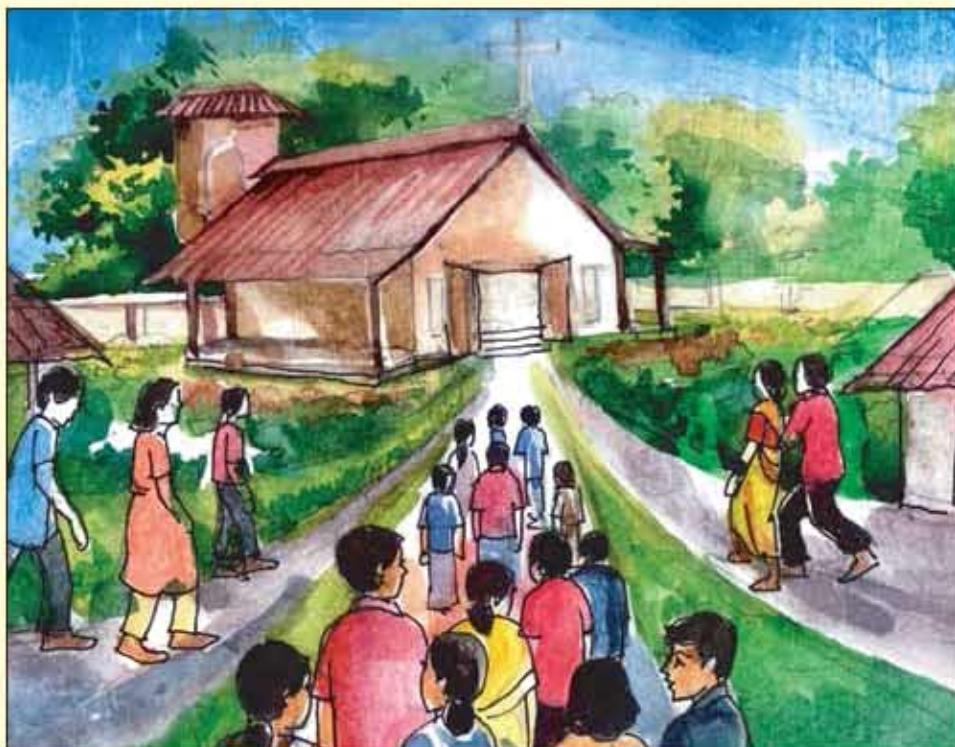
The Universal Church is one Family

### **The Holy Eucharist (Communion)**

We receive the same body and blood of Christ in the Eucharist. We are united with Jesus. For this reason, we should have communication with each other. We do not participate in this Eucharist separately. We participate in the Eucharist all together as a society. As the faithful of the Church we pray together, hear the word of God and receive Holy Communion.

Holy Eucharist is a social celebration. We do not participate in the Eucharist individually. We participate with all others in the Eucharist as one community. Very often it is seen that we meet each other before or after the Holy Eucharist. This is also the way to build a deep relationship among each other. The Holy Eucharist is like the family feast. When unity prevails in the family, they feel joy having food

together. When unity does not prevail in the family, they do not partake food together. We should not have any grouping or strained relationship.



Believers' journey to Communion

### **The responsibility and duties of the members of the Church**

The believers of Christ are the members of the Church, a single family. Those who are united in the Church through Baptism, have some duties. Among these, the three important duties or roles are as follows.

**1. Priestly Role :** We become the people of God through faith and Baptism as the members of the Church. We are anointed with holy oil during Baptism. Through this we become priests. So, we can now lead the prayers.

**2. Prophetic Role :** The role of a prophet is to preach the Word of God to the people. They work in favour of truth, justice and peace. They become the worthy witnesses of Christ. We can play a prophetic role by witnessing Christ and preaching the word of truth, justice and peace.

**3. Kingly Role :** Kingly Role is to lead family and society properly. Jesus, in spite of being king, played the role of a servant. He repeatedly said that He came to serve and not to be served. We can also play a kingly role by serving others, leading our lives properly and helping others to lead their lives accordingly.

### What we have learned

The Church is a divine family. We have understood the importance of participating in the Eucharist as the members of the Church. We become aware of our own duties and responsibilities.

### Planned work

Make a list of the duties of the different members of the Church.

### EXERCISE

#### 1. Fill in the gaps

- We become the members of \_\_\_\_\_ family through Baptism.
- Our Lord Jesus Crist gives importance on \_\_\_\_\_.
- We learn to call God as Father through \_\_\_\_\_.
- The Church is a \_\_\_\_\_ family.
- We, as the faithful of the Church, pray, hear the word of God, and receive \_\_\_\_\_ together.

#### 2. Match left side with that of the right side

a. The faithful of the early Church	a. become the body and blood of Jesus.
b. In the family, we exchange our love and	b. Jesus' suffering, death and resurrection.
c. Holy Eucharist is	c. preached the word of God all around.
d. The holy and great mystery of Christian faith is	d. prayed together with one mind and one spirit.
e. In the Eucharist, the bread and wine	e. exchange our feelings.
	f. a social celebration

**3. Give tick (✓) mark to the right answer**

- 3.1 Prayed together with one mind and one spirit.
  - a. The apostles
  - b. the Jewish leaders
  - c. the faithful of the early Church
  - d. The believers of Christ.
- 3.2 How did the faithful of the early Church lead their lives?
  - a. community and joyful life
  - b. festive
  - c. sacrificial and hardship
  - d. intimate
- 3.3 We receive in the Eucharist
  - a. food and drink
  - b. The body and blood of Christ
  - c. bread and wine
  - d. bread and water
- 3.4 What is the prophetic role of the faithful?
  - a. to serve the neglected
  - b. to be responsible for institutions
  - c. to preach the word of justice and peace
  - d. to walk personally in the right path
- 3.5 What is the kingly role of the faithful?
  - a. to lead prayer
  - b. to be the worthy witness of Christ
  - c. to establish justice and truth
  - d. to lead properly family and society.

**4. Give short answers of the following questions**

- a. Through whom do we learn to call God as Father?
- b. How the community life of the Church is compared with?
- c. Should we have any grouping or strained relationship?

**5. Answer the following questions**

- a. Explain how the Church is one family.
- b. Write the importance of the Eucharist in the unity of the Church.
- c. Write three principal duties and responsibilities of the members in the Church.

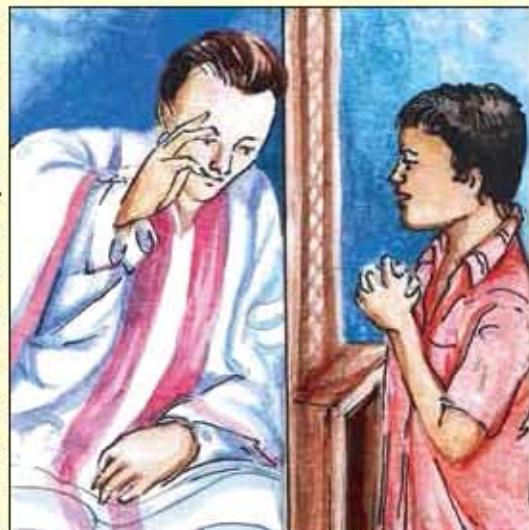
## CHAPTER ELEVEN

# CONFESSTION, EUCHARIST AND CONFIRMATION

We have already known the seven sacraments of the Church. These sacraments are Baptism, Confirmation, Eucharist, Penance, Anointing of the Sick, Holy Orders, and Matrimony. These sacraments are closely related to every important moment of Christian life. These sacraments in the Church guide us in the right path. They are the guidance of our lives. These sacraments should be received by being holy because we receive God's grace through these sacraments in the mediation of Christ. We become one in God, that is, we receive the grace of God; become disciples of Jesus and the real members of the Church. We have already discussed about Baptism in details. Now we will know about Confession, Eucharist and Confirmation.

### 1. The Sacrament of Confession

The second one of the seven sacraments of the Church is Confession or Reconciliation. It is called the sacrament of penance, forgiveness, confession and conversion of mind. We receive the sacrament of confession when we have the ability to discern between right and wrong. It is good for us to receive the sacrament of confession frequently in order to attain holiness. We are separated from Christ for sin. In that separated condition, we convert our minds through confession. Thus we can abide with Jesus. In the confession, being repentant for the sins, it needs to confess all our sins to the priests. The priest gives us advice and absolution.



Receiving the Sacrament of Confession

He forgives our sins in the name of the Father, and of the Son and of the Holy Spirit. Thus we are reunited with God and the Church. We get rid of the punishment of hell, receive peace and spiritual strength.

We need to keep in mind the following five things in order to have real Confession:

1. I will recall all my sins before confession.
2. I will repent for those sins.
3. I will promise not to commit sins any more.
4. I will confess all my sins to the priest.
5. I will do the penance what the priest tells me to do for the forgiveness of sins.

### Let us sing

Lord, look down on one, Lord look down on me.  
Oh, show your servant your mercy, Lord. Oh yes,  
Lord, look down on me.

### Planned work

1. Write a prayer on forgiveness to God after being repentant.
2. Recall all the sins you have committed on the past days and ask pardon to those with whom you have broken the relationship for many reasons and decide for reconciliation.

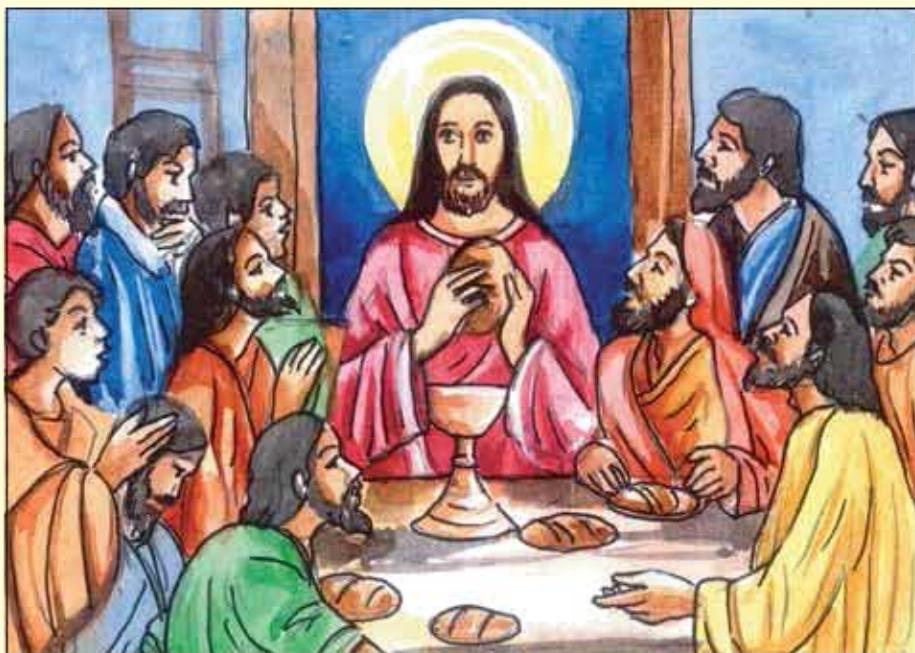
## 2. The Sacrament of the Eucharist (Communion)

The Sacrament of Eucharist is known in many names, such as thanksgiving act, The Holy Eucharist, Lord's banquet, remembrance of the Lord, the Breaking of the Bread, the holy sacrament of the altar. The Sacrament of the Eucharist is the body and blood of Christ in the form of bread and wine. We know that Jesus has had two natures: the divine and human nature. In the divine nature, He is present everywhere and in the human nature He is present in heaven and in the Eucharist. In the Eucharist, we receive Christ because in the Eucharist, the bread and wine become the



The Holy Eucharist

body and blood of Christ by the words of the priests. In the Eucharist, Jesus gives himself to us in order to be the life and food of our souls. So, it is necessary to receive the Eucharist everyday if there is a chance. Jesus instituted the Eucharist on Holy Thursday. Jesus took the last supper with His disciples on that very night when he was betrayed. During the supper, He took bread and broke it into several pieces. Then He gave those pieces to the disciples and said, "Take this, all of you and eat it. This is my body which will be given up for you." Then He took



**The Last Supper of Jesus with His Disciples**

the cup and gave it to the disciples and said, "Take this, all of you and drink from it. This is the cup of my blood, the blood of the new and everlasting covenant. This cup will be poured out for you and for the forgiveness of sins of all mankind. Do this in remembrance of me." We remember the event of the Jesus' last supper in the Eucharist. This remembrance is not the historical remembrance only. Every time the Holy Eucharist is offered, Jesus sacrifices Himself.

The Eucharist is the source of the life of the Church. The sacrament of the Eucharist is the time of the union between God and His people. Through this, we receive the taste or the joy of God's eternal life.

## Our reverence to the Eucharist

We must show our reverence to the Eucharist. We need to adore Christ whether it is the time of the Eucharistic celebration or other times. Wherever the Eucharist is kept, a candle is lit there. The Church reserves the Eucharist with great care. That Communion (Eucharist) is brought to those sick people, who cannot participate in the Eucharistic celebration. The Holy Eucharist is exposed for adoration. Not only this, we also show our respect to the Eucharist through the Eucharistic procession.

### The result of receiving Eucharist

1. The union of the faithful with Christ and Church is enhanced through the Eucharist.
2. Brotherly love is increased among the faithful ones who receive Holy Eucharist.
3. The piety and love of the faithful one is strengthened more.
4. We received strength to remain abstain from sins.
5. We receive strength to share our lives with others.

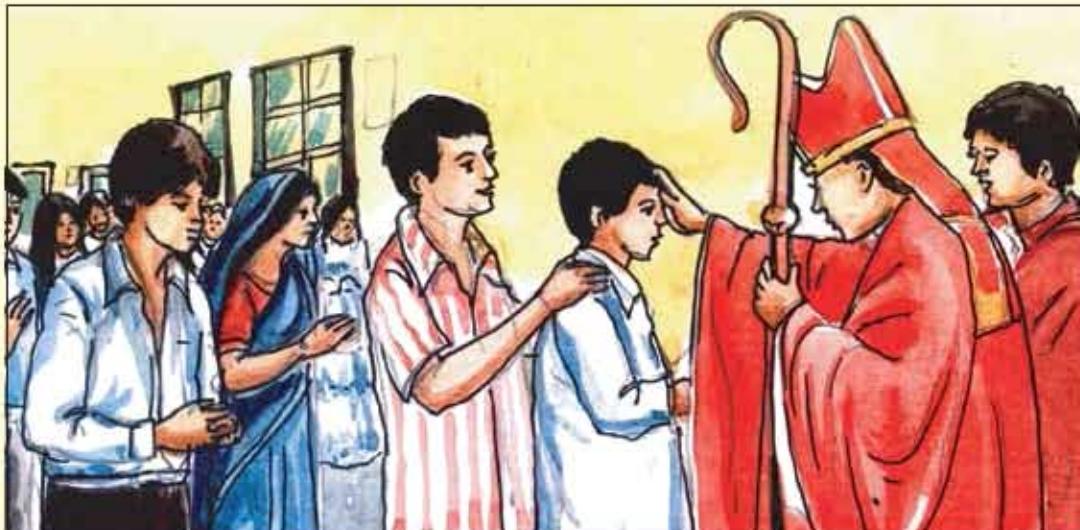
### Planned work

1. From today, we will receive the Eucharist with faith and devotion.
2. I will participate in the Holy Eucharist if I get the opportunity.
3. I will encourage them to attain in the Holy Eucharist who do not participate this sacrament.

## 3) The Sacrament of Confirmation

The reason for calling this sacrament, 'the Sacrament of Confirmation' is because in this sacrament, the grace of the Holy Spirit is asked by laying hands on head of the candidate. This sacrament is known as the sacrament of Confirmation because the presence of the Holy Spirit is confirmed in the soul of the candidate through this sacrament. The important act of this sacrament is to anoint oil on the forehead of the candidate. Through the anointing, the person becomes worthy to be the real Christian and disciple of Christ. Jesus led his whole life and did all

works by being united with the Holy Spirit. On the Pentecost, the apostles glorified and praised God after receiving the Holy Spirit. Those who received Baptism at that time, the apostles used to lay their hands on them and they received the same Holy Spirit. Ages after ages, the Church makes alive the presence of the same Holy Spirit in our midst.



Bishop is administering the Sacrament of Confirmation

Bishop gives the Sacrament of Confirmation. He himself lays hands on the head and anoints oil on the forehead of the candidate. And through this, the person who receives confirmation becomes united with the Church. Any baptized can receive the Sacrament of Confirmation. He/she can receive this sacrament only once in life. To receive this sacrament, the person must be holy in his/her soul.

### The result of Confirmation

1. The Holy Spirit comes newly in the heart of the faithful.
2. A spiritual seal is given.
3. The faithful is united more firmly with Christ and the Church.
4. The power of the Holy Spirit becomes active in the heart of the faithful.
5. The faithful receives a special strength so that he/she may be the real witness to Christ.

## What we have learned

We came to know the methods of a real confession. We are strengthened in heart by receiving the Eucharist. We receive the Holy Spirit during Confirmation. We become mature Christian by the power of the Holy Spirit.

## Planned work

Draw a picture of Confirmation given by the Bishop.

## EXERCISE

### 1. Fill in the gaps

- The Sacraments can be divided into \_\_\_\_\_ ways.
- Another name of confession is \_\_\_\_\_.
- Through Confession, we receive \_\_\_\_\_.
- For real Confession, we need to learn \_\_\_\_\_.
- In the Eucharist, we receive \_\_\_\_\_.

### 2. Match left side with that of the right side

a. Jesus instituted the Holy Eucharist on	a. source of the life of the Church.
b. The event of the last supper of Christ	b. the oil is anointed on the forehead of the candidate.
c. Eucharist is the	c. Holy Thursday.
d. In the Sacrament of Confirmation	d. is remembered in the Eucharist.
e. Any baptized person	e. can receive once.,
	f. can receive the sacrament of Confirmation.

**3. Give tick (✓) mark to the right answer:**

- 3.1 The sacraments are of our lives-
- a. way
  - b. guidance.
  - c. healer
  - d. maker of communion.
- 3.2 Through which sacrament, does the priest give the absolution?
- a. confession
  - b. baptism
  - c. confirmation
  - d. Eucharist
- 3.3 How many Natures are in Christ?
- a. 4
  - b. 3
  - c. 2
  - d. 1
- 3.4 Where is Jesus present in divine nature?
- a. In the form of bread
  - b. In the form of wine
  - c. In my heart
  - d. everywhere
- 3.5 What is enhanced in the faithful who receives the Eucharist?
- a. Envy
  - b. Anger
  - c. brotherly love
  - d. sympathy

**4. Give short answers of the following questions**

- a. When did Jesus have His last supper?
- b. What is the sacrament of the Eucharist?
- c. What one has to do in the sacrament of confession after going to the priest?

**5. Answer the following questions**

- a. What are the four results of receiving the Holy Eucharist?
- b. Write the results of the sacraments of Confirmation.

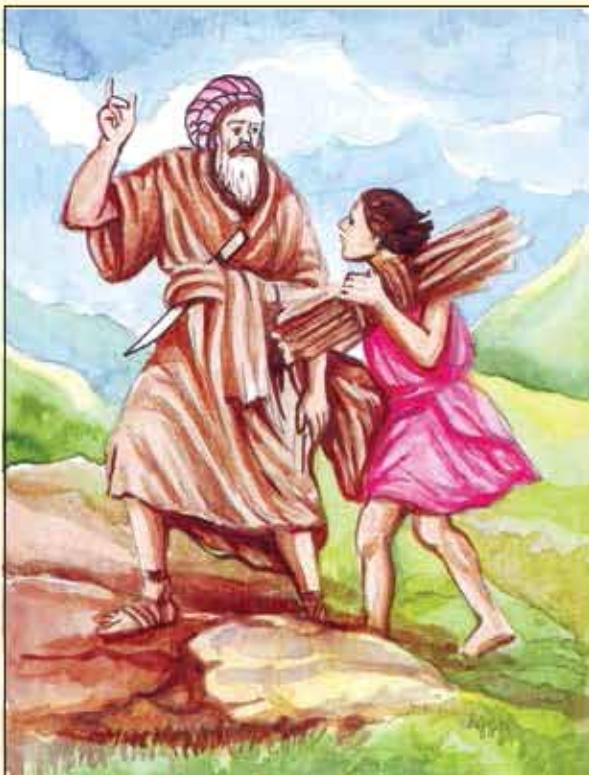
## CHAPTER TWELVE

### ABRAHAM, THE FATHER OF THE FAITHFUL

There are many ideal persons in the Holy Bible. They can be the best examples in our lives. Abraham is such a person whom we call the father of the faithful. He trusted in God so much that the savior came of his root. If we can imitate his life style we can also be the dear ones to God.

#### The call of Abraham

Abraham lived in the land of Urr in the region of Mesopotamia. His wife's name was Sara. Abraham was a herdsman. He had a lot of lambs, cows, goats and camels. He used to spend whole day in the field to herd the cattle. Abraham was a very pious man. God planned to give him a greater responsibility. God wanted to test his faith and piety. So, one day God said to Abraham, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation and I will bless you, and make your name great, so that you will be a blessing. I will bless



Abraham and his Son Isaac fulfilling the will of God

those who bless you and the one who curses you I will curse; and in you all the families of the earth shall be blessed." (Gen.12:1-3).

This call was the high time for Abraham to take decision. Considering everything, he responded to the call of God. Then he set out a journey towards an unknown and unfamiliar new country. He reached at a place named Shechem on the way. There under the Oak tree, God appeared to him and said, "To your offspring I will give this land." Then Abraham built there an altar to the Lord and offered sacrifice.

### Promise of God

Abraham reached to the Promised Land. There he began to live in the tent. But they did not have any child. One day God appeared to him and said, "Don't be afraid. I will give you a great gift." Abraham asked to God, "What will you give to me? I have no children. Who will be my inherit?" Then the Lord told him, "Your son will inherit you. Thus the Lord God promised him by saying, "I will make you the father of many nations. Your descendants will be like the stars of the sky and the sands of the sea. I will make you fruitful. Many kings will come out of you. I will make this covenant everlasting with you and with your descendants. For, I may be God of you and your descendants."

### The readiness of Abraham to sacrifice Isaac

God always fulfills His promise. He promised to Abraham that his wife Sara would beget a son. God fulfilled His promise. So, Sara gave birth to a child even in her old age. Abraham named him Isaac. God knew that Abraham had a deep faith and confidence in God. Yet He wanted to test him and said to him one day, "Sacrifice your only son Isaac whom you love the most." He went to the land of Moria according to God's will.

He took two servants with him. He took wood, fire and sword for the sacrifice. Then they prayed together and set up a journey for the destination.

On way to the journey, Isaac said to his father, "we are taking fire and wood for sacrifice but where is the lamb?" Abraham said to him, "God will provide." Abraham prepared an altar on the particular place. Then he tied Isaac and put him on the altar. Thus, Abraham prepared Isaac for sacrifice and took sword in his hand to sacrifice his son. On this very moment an angel of the Lord told from heaven, "Don't touch the boy. Don't do any harm to him as I know that you love your God more than your son."

### Abraham, the father of the faithful

We already know that Abraham lived in the land of Urr in Mesopotamia. At that time the people of Mesopotamia worshipped many god and goddess (like sun, moon, stars). They did not know the one God. But Abraham had kept deep faith and confidence in the one almighty God. Abraham's faith in God was so firm that he left his own house, wealth, relatives according to the will of God. He went to the unknown and unfamiliar country by having deep faith in God. Even he was ready to sacrifice his only son for God. Thus, Abraham was the first who had kept deep faith and confidence in one God. He became a very good example before us. So, we call Abraham, the father of the faithful.

#### What we have learned

Abraham had deep faith in God. He did not worship any other god and goddess but God only. He was always ready to fulfill the will of God. God established a loving covenant with him.

Prayer : If you call me, Lord,  
I promised, I shall not go back.

**Planned work**

Perform a drama on the event of Abraham's respond to the call of God.

**EXERCISE****1. Fill in the gaps**

- Abraham was always ready to fullfill the will of \_\_\_\_\_.
- Abraham was a \_\_\_\_\_ man.
- An angel of the Lord told from heaven, "Don't touch \_\_\_\_\_".
- God always fullfill His \_\_\_\_\_.
- Abraham's faith in God was \_\_\_\_\_.

**2. Match left side with that of the right side**

a. The name of Abraham's wife was	a. lived in the field.
b. Abraham, for herding	b. the father of many nations.
c. In the offspring of Abraham	c. Sara.
d. I will make you	d. Isaac.
e. The only son of Abraham was	e. lamb.
	f. was the birth of the savior.

**3. Give tick (✓) mark to the right answer****3.1 Whose father is Abraham?**

- |                    |                      |
|--------------------|----------------------|
| a. of the people   | b. of Isaac          |
| c. of the faithful | d. of the unfaithful |

**3.2 Whom did Abraham believed in?**

- |               |              |
|---------------|--------------|
| a. the nature | b. one God.  |
| c. goddess    | d. many gods |

**3.3 Where did Abraham live?**

- a. Egypt.
- b. Canaan
- c. Urr
- d. Mesopotamia.

**3.4 Who gave birth to a child in her old age?**

- a. Ruth
- b. Sara
- c. Maria
- c. Esther

**3.5 Whom did Abraham prepare for sacrifice?**

- a. Jacob
- b. Joseph
- c. Benjamin
- d. Isaac

**4. Write short answers of the following questions**

- a. Why was Abraham called the father of the faithful?
- b. Why did Abraham leave his own country and started journey for the new country?
- c. What was the biggest test of faith in Abraham's life?

**5. Answer the following questions**

- a. What was the promise of God to Abraham?
- b. How did God call Abraham?

## CHAPTER THIRTEEN

### BLEASSED POPE JOHN PAUL II

Pope John Paul II was a religious leader of the Catholic Church. He was an honorable man throughout the whole world. He was a peace maker, healer, the maker of mutual relationship and a prophet of the present world. As a Pope he had served God and humankind for about twenty seven years. He was a respected and praiseworthy person to all kinds of people. We should know about such an ideal man.

#### His Early Life

Pope John Paul II was born in 18 May 1920 at Vishinzoki of Krakow in Poland. His name was Karol Joseph Wojtyla before his being pope. In his early years, his friends used to call him Lolek. His father's name was Carol Wojtyla (snr) and mother's name was Emilia wajtyla. His father was a soldier and mother was a school teacher. Joseph's mother died in 1929.

He was then brought up by his elder brother with a very tender care. But his elder brother died only at the age of 26. Joseph was a famous sports man. Football, skiing on ice, climbing mountain was his favorite games. He had a good reputation as goal keeper while playing football. Fifteen years after being Pope, he used to take a leave every year to climb the mountain.

#### His Study Life

Joseph completed his high school study in 1938. After that he was admitted into Jagiellonian University of Krakow. This time was the period of Second World War. In this situation, Joseph wrote two dramas named "David" and "Job" and staged.



Karol Joseph Wojtyla (Lolek)

Along with these, he began to work in the limestone cutting factory as an employee. This is how he was released from the attack of the Nazis. His father died when he was at the age of 21 in 1941. This time Joseph was known as a famous actor throughout the whole Poland.

### **Ordination to the Priesthood**

The Second World War was still going on. This time Joseph decided himself to be a priest. He then joined to the 'Secret Seminary' in 1942 as well as he was working in a soap factory too. Once in 1944, a military truck hit from behind which caused him fall down to the road and a severe hurt on his shoulder. Many young people were caught and put into the jail by the army. But a cardinal hid Joseph along with some other seminarians in Archbishop's House. He began his study again after the Second World War. Then he was ordained to the Priesthood. He left for Rome for studies and obtained doctorate degree in philosophy and then went back to his own country. He studied theology in his own country and obtained doctorate degree. Then he began to work in the parish at Krakow city. Here he spent much time for the youth. At the same time he began to teach Ethics in Jagiellonian University.

### **John Paul as Bishop, Archbishop and Cardinal**

Joseph was consecrated as an auxiliary bishop of Krakow only at the age of 38 in 1958. Five years later he was elected as Archbishop. Then six more years later in 1969, he became cardinal.

### **John Paul as Pope**

He was elected as Pope at the age of 58 in 1978. After being elected as Pope, he said to the Universal Church in his sermon of his first Holy Eucharist offered at St. Peter Square in Rome, 'Do not afraid'. It was his first 'motto' in his life.

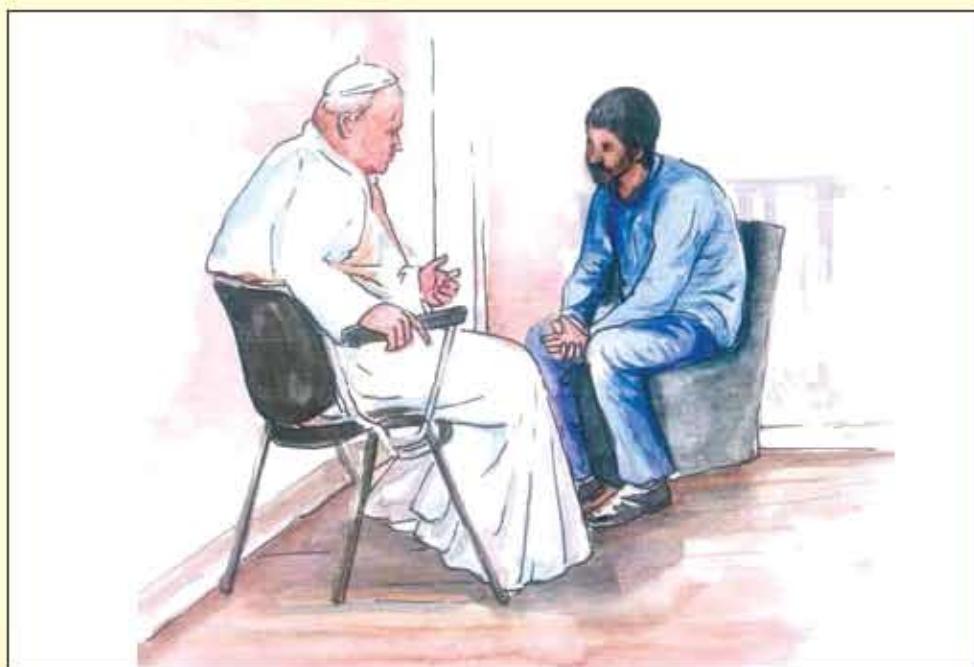
### **Unification of Men**

The second motto of Pope John Paul II was "No war but Peace". Every one throughout the world wants peace, and peace does not come without justice. And justice means to give one what he/she deserves.

For this John Paul II was very much concerned about Human Rights. He supports the morality. He always favored the poor, oppressed and the neglected ones. He criticized severely to those countries involved in wars and he called them to bring peace there. Especially during the time of the attack in Iraq and Kuwait in 1990 and the terrorist attack in U.S.A in 2001.

### The best example of Forgiveness

Pope John Paul met people in St. Peter's Square in 1981. At that time a citizen of Turkey named Md. Ali Azza suddenly shot him. Immediately Pope was taken to the hospital. On the other hand Ali Azza was also caught by the police and put into the jail. He was in the hospital for twenty two days after an operation which lasted for six hours. After returning home, he began to pray for the conversion of Ali Azza. Two weeks later, he went to the hospital for his second operation. In 1983, Pope went to jail to see Ali Azza and prayed for him and forgave him. He requested Government not to sentence Ali Azza to death. That day the whole world was astonished seeing his great example forgiveness.



Meeting with Ali Azza in the prison

## Considering All Equal

Pope John Paul II considered all equally; small-great, poor-rich, male-female, Christian-non Christian with the same look. As a Pope, he travelled different countries 104 times and met the presidents or head of more than 142 countries. Pope John Paul II met more persons than all other popes. He loved the children most. It is he who instituted the tradition of observing World Youth Day. He loved the youth so much that he was called the pope of the youth.

## Pope John Paul II in Bangladesh

Pope John Paul II came to Bangladesh for a short visit on the invitation of the Government of that time in November 19, 1986. On that day he offered the Holy Eucharist with 50,000 people at the Army Stadium. On that Holy Eucharist, he ordained 17 young men to priesthood.



His Holiness, Pope Paul the II is kissing the ground of Bangladesh after his arrival to Dhaka Airport in 1986

## Beatification of Pope John Paul II

Sister Mari Simon Pier, a French nun suffered from the disease of Parkinson. She was fully cured by praying to God through the intercession of Pope John Paul II. Through this evidence, it is proved that Pope John Paul II was a holy and saintly person. One day he will be canonized as saint. For this intention, Pope John Paul II was 'Beatified' on May 01, 2011. We call this great pope as Blessed Pope John Paul II.

## What we have learned

Pope John Paul II was a dramatist, actor, player, laborer. He was very intelligent, wise, and spiritually strengthened servant. He played a great role in establishing world peace, example of forgiveness, and communion of communities in different countries.

## Planned work

Perform a drama on the event of forgiving the person who attempted to kill Pope John Paul II.

## EXERCISE

### 1. Fill in the gaps

- Pope John Paul II was a \_\_\_\_\_ of the Catholic Church.
- Pope John Paul II was a \_\_\_\_\_ of the world.
- At the age of \_\_\_\_\_ Pope John Paul II was elected as Pope.
- The father of Pope John Paul II was a \_\_\_\_\_ officer.
- His name was \_\_\_\_\_ before being pope.

### 2. Match left side with that of the right side

a. During his childhood, his friends used to	a. school teacher.
b. His mother was a	b. born at Wadowice in Krakow.
c. In 1929, Joseph's	c. joined to the secret seminary.
d. Pope John Paul II	d. hid in the Archbishop's house.
e. In 1942, he	e. call him Joseph Lolek.
	f. mother died.

**3. Give tick (✓) mark to the right answer****3.1 Which factory did Joseph work in?**

- a. coal's
- b. soap's
- c. iron's
- d. steel

**3.2 When was Joseph pushed by the military truck?**

- a. In 1944
- b. In 1945
- c. In 1946
- d. In 1947

**3.3 Where did Joseph go after being ordained as priest?**

- a. Germany
- b. Poland
- c. Rome
- d. France

**3.4 On which subject did Pope John Paul II receive his doctorate degree in Rome?**

- a. Canon law
- b. Philosophy
- c. Bible
- d. Theology

**3.5 In which university did Pope John Paul II teach Ethics?**

- a. Urbaniana
- b. Pontifical
- c. Jagiellonian
- d. Notre Dame

**4. Write short answer of the following questions**

- a. What was the second motto of John Paul II?
- b. When did Joseph work in a parish of Krakow?
- c. Where did Pope John Paul II obtain his doctorate degree in philosophy?

**5. Answer the following questions**

- a. Through which incident and how did he become an example of forgiveness?
- b. Explain the coming of Pope John Paul II in Bangladesh.

## **CHAPTER FOURTEEN**

# **HEAVEN AND HELL**

We came to this Earth from God. We have to go back to Him again. We all have to die in order to go there. Then there will have the final judgment. Then God will decide where He would send us. Whether we will go to heaven or hell depends on our present life-style on this earth. We already got an idea about heaven and hell. We all want to be in heaven with God in happiness forever. So we have to know properly what heaven is and how to go there. We should also know why man goes to hell and how one can follow the path of Jesus to avoid the path of hell.

### **What is heaven**

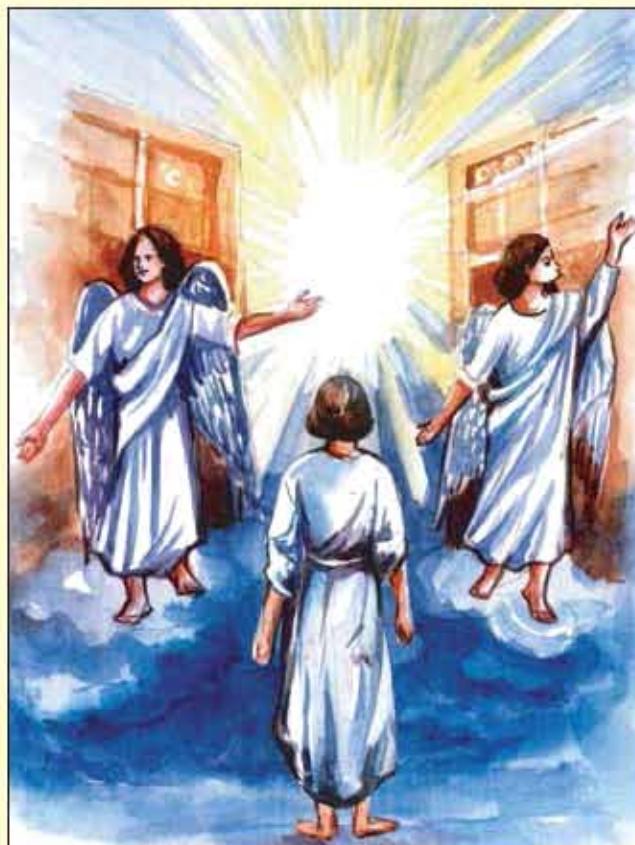
Heaven is God's dwelling place. It is the happiest place. All Saints and a choir of angels, and holy and pious faithful always surround God in heaven. They adore God there and live in perpetual happiness. But we cannot say exactly the place where heaven is. We say, where there is God, there is heaven. After all we believe that heaven is far above us, beyond the universe. For the Lord Jesus ascended into heaven after His resurrection. A cloud carried Him up. He has gone up. We cannot see God directly with our physical eyes from here. But we will see God directly with our own eyes in heaven. We will enjoy the amazing beauty of God there. We will be the sharer of His reign and glory. And we will take shelter on the bosom of God.

We enjoy much in this world too. We eat good and tasty food, wear good cloths. We enjoy sports, fantastic songs and dance. Sometimes we go to picnics hear and read funny stories. We enjoy different kinds of dramas and movies on television and theater. We enjoy a lot on Christmas, Easter and other festivals. But comparing the happiness in heaven, these earthly joys are very insignificant and worthless. Go to heaven means to go closer to

God and live with Him. God is the giver of everything; He is our protector and savior. When we become one with Him, then we will have no suffering at all. We will not weep any more. In heaven, there is neither anger nor pride, quarrel, fighting, envy, etc. There exists only love and happiness. There is nothing but joy. Heaven is our real dwelling place. God the Father and our savior Jesus Christ dwell in heaven. Mother Mary, all the saints and the choir of angels are waiting for us.

### The ways to go to heaven

Going to heaven means to be united with God. We have to lead better and holy life in order to go to heaven. We have to do good works. God has given His Words before us for to lead a holy life. If we obey His commandments, and walk towards the path that His Son has shown us, only then, we can lead a holy life. Jesus Christ the Son of God is our way, truth and life. He has put beatitudes before us. He showed the example of love and forgiveness, through His teaching, He told us to



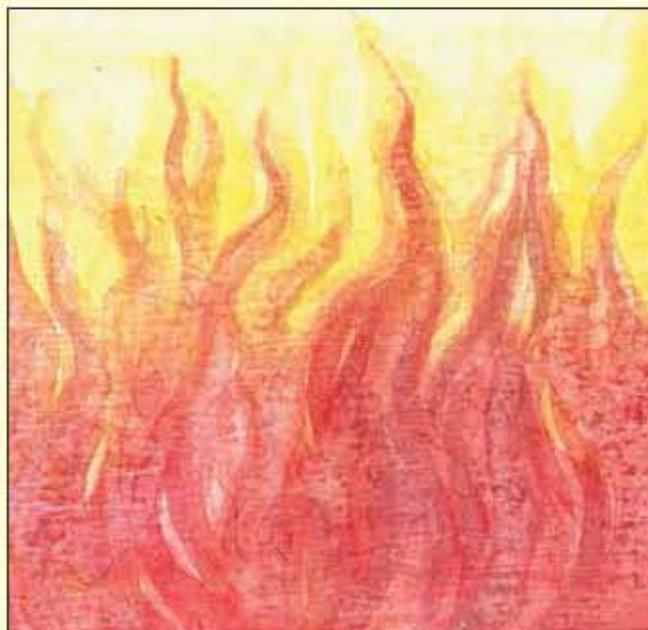
The Door of Heaven

serve others. We can do good works by giving food to the hungry, water to the thirsty, cloths to the naked, taking care of the sick and visit the prisoner. These are the expression of our love towards God and mankind. Lord Jesus established a Church after coming to this earth. He is present

to this Church by His Spirit. He has given authority to the leaders of the Church to lead Her followers. So by obeying the guidance of the Church and by receiving the sacraments properly we can strive for holiness. Under the leadership of the Church, we have to be first good people. Then, we be good Christians. Then we will be leading our lives depending on God.

### Hell and causes to go to hell

Hell is the place for the accursed. Those who did not express their love and service to Jesus by loving and serving men will go to hell. Jesus said, hell is such a place where fire is unquenchable. According to Jesus, it is better to lose an organ than to be thrown into the hell with all organs of the body. Those who die in the state of grave sin; they go to hell just after their death. There they receive punishment of hell, that is, burning in the



The Fire of hell

fire which never extinguishes. To keep oneself separated from God and man means to live in hell. There are some men who willingly and knowingly leave the path of love and choose the path of hatred. They keep themselves separated from others. They live like that until their death. These people live in the state of grave sin. They are the men who go to hell. God never predetermined any one to go to hell. We have to use our freedom properly and do our duties well to be able to go to the final goal. Those who do not do it, go to hell.

## To follow the path Jesus has shown

Anyone who receives God's forgiveness by converting his life will be able to go to heaven. Jesus says, "Enter through the narrow gate; for the gate is wide and the road easy that leads to destruction, and many who take it. For the gate is narrow and the road is hard that leads to life, and there are few who find it" (Mt.7:13-14).

Our Church teaching is that we don't know the hour of death. So we should obey the teaching of Jesus Christ. We have to be aware always. For when our earthly lives come to an end, then we can be worthy to be in the bosom of Father God. We may not be thrown into the hell like that wicked and lazy servant described in the Bible. Because, if we go to hell, we will have to be on fire always. God will not rescue us even if we cry there. We should rather use our virtues to serve God and men. Then the Master will praise us and will allow us to go to heaven.

### What we have learned

Heaven is the dwelling place of God and the hell is the dwelling place for the accursed. Those who love and serve God and men will go to heaven. Those who denounce to love and serve God and men willingly and stay in the state of hatred, will go to hell. Those who die in grave sinful condition would go to hell. But one who repents himself from sin can go to heaven.

### Planned work

In your group, make a list of the ways to live our lives that will lead us to heaven.

### EXERCISE

#### 1. Fill in the gaps

- a) We all want to live with God in happiness \_\_\_\_\_.
- b) Heaven is the \_\_\_\_\_ of God.
- c) We say, where there is God there is \_\_\_\_\_.
- d) Lord Jesus ascended into heaven after His \_\_\_\_\_.
- e) Going to heaven means to be with \_\_\_\_\_.

## 2. Match left side with that of the right side

a) Hell is a place	a) the beatitudes.
b) He has given us	b) God the Father dwell.
c) Jesus Christ is	c) will come to redeem us.
d) In heaven, Jesus Christ our Redeemer and	d) from God.
e) We came to this Earth	e) the Way, the Truth and the Life.
	g) for the accursed.

## 3. Give tick (✓) mark to the right answer

- 3.1). What kind of place is heaven?  
 a) Happiest place      b) Joyful  
 c) Sorrowful      d) Most sorrowful
- 3.2. Whose Beauty we will enjoy in heaven?  
 a) Man's      b) Devil's  
 c) God's      d) Angel's
- 3.3. To keep separate from God and Man means?  
 a) Live in hell      b) Live in heaven  
 c) Joy of the world      d) joy of the heaven
- 3.4. The teaching of the Church is always-  
 a) to be in sleeping      b) to be in awaking  
 c) not to obey advice      d) to tell a lie
- 3.5. Comparing the paradise worldly happiness is-  
 a) Better and joyful      b) Insignificant and hateful  
 c) Better and worthless      d) Insignificant and worthless

## 4. Write short answer of the following questions

- a) Which is the Way Jesus has shown?  
 b) Where can one go after repenting from sin?  
 c) Whom can we serve using our own virtues?

## 5. Answer the following questions

- a) Explain what heaven is.  
 b) What are the causes to go to hell?

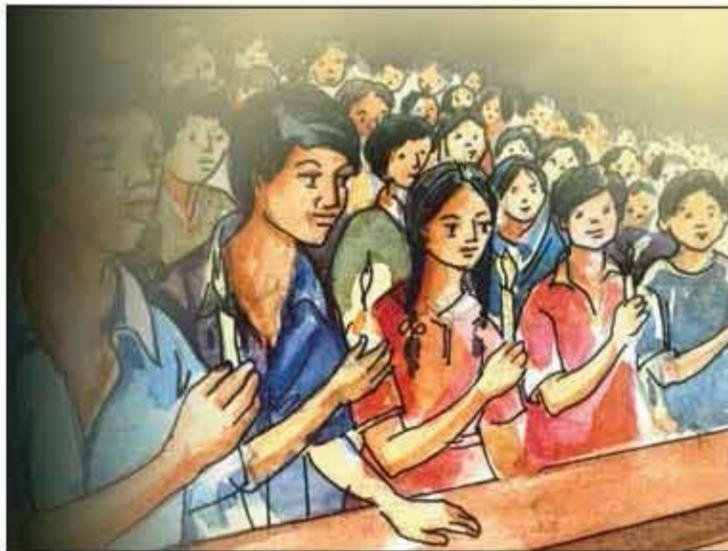
## CHAPTER FIFTEEN

### THE CHRISTIAN CREED

The Christian creed was formed in the light of the Bible. These are the basic things of our religious faith. These things have been organized all together in precise and in an orderly way. These we believe and determined to obey because these are obligatory for us to believe and practice. This creed is an important prayer and the profession of faith of the Church. A real Christian identity is found through this creed. The creed is also known by different names such as- Religious creed, Apostle creed and Confession of faith. The Christian creed is: I believe in God the Father, Almighty, Maker of heaven and earth: And in Jesus Christ, his only begotten Son, our Lord: Who was conceived by the Holy Spirit, born of the Virgin Mary: Suffered under Pontius Pilate; was crucified, died and was buried: He descended into hell: The third day he rose again from the dead: He ascended into heaven, and sits at the right hand of God the Father Almighty: From thence he shall come to judge the living and the dead: I believe in the Holy Spirit: I believe in the holy Catholic Church: the communion of saints: The forgiveness of sins: The resurrection of the body: And the life everlasting. Amen.

#### The explanation of the Creed

We have already memorized our creed. But we do not know some of the meanings. This is why, in this chapter, we will know the meanings of the different parts of the creed.



Profession of Faith with lighted candle at hand

**1. "I believe in God the Father, Almighty, Maker of heaven and earth."**

In the beginning of creation, God created the earth and sky. He created everything visible and invisible, man, universe, and all the animals that exist. Out of love He created men. God is "omnipotent", nothing is impossible for Him. His power is everywhere and mystical.

**2. "Jesus Christ was conceived by the Holy Spirit, born of the Virgin Mary."**

The Son of God became man for the mankind, for our salvation. "We are sinners", He became man so that we may be reconciled with God. The Son of God took the human "flesh and blood" for our salvation. To believe in this, is such a characteristic of Christian faith which we find nowhere else.

**3. "Suffered under Pontius Pilate; was crucified, died and was buried."**

Jesus accepted the death on the cross in order to carry the weight of all our sins. Jesus Christ died on the cross. His body was buried into the tomb. But by the power of God, it did not decay.

**4. "He descended into hell. The third day he rose again from the dead."**

All the pious who died before the coming of Christ were waiting for the savior in hell. Our Lord Jesus Christ first overcame the power of evil. Then descending into hell, He rescued the pious who were waiting there. He also opened the door of heaven for them.

Jesus was resurrected three days after His death, which means, that, he rose to life from death. Some women first saw Jesus and gave evidence. Then Jesus appeared to Peter and then to all other apostles. Jesus' resurrection proves that He is God and all His teachings and doings are true.

**5. "He ascended into heaven, and sits at the right hand of God the Father Almighty."**

Jesus' position at the right hand of the Father means that, He had fulfilled every will of God. He brought salvation for all mankind. He overcame death. Father had glorified Him. He is now the Lord of heaven and earth. He is the Lord of the whole universe.

**6. "From thence He shall come to judge the living and the dead."**

Jesus Christ had received an authority from the Father. With that

authority, He worked for the salvation of all mankind. He became the king of heaven and earth after rising from the dead. With this authority, He will come to judge all mankind on the last day of the world.

#### 7. "I believe in the Holy Spirit."

Saying these, the Church acknowledges that the Holy Spirit is the third Person of the Holy Trinity. He proceeds from the Father and the Son. He is equal with the Father and the Son. He is worthy to be adored and worshipped. God has sent that Holy Spirit of His Son into our hearts.

#### 8. "Holy Catholic Church"

The Church is the community of those people whom God gathers by calling them from all corners of the world so that they may have faith in Christ and receive baptism. Thus, they may become the children of God and the parts of the body of Christ. That they may become the temple of the Holy Spirit.

#### 9. "The communion of saints"

The communion of saints are the members of the Church who share of all the sacred things. They become the sharers of faith, Eucharist and other spiritual gifts. That kind of love which will have no selfishness, covetousness or lust.

#### 10. "I believe in the forgiveness of sins"

Christ Himself gave the responsibility and authority to the Church to forgive sins. He said to His disciples, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

#### 11. "I believe in the resurrection of the body"

Christ will restore us to life on the last day. Those who have led holy life and done good works will receive new life. Those who have done bad works will receive the punishment of their sins.

#### 12. "I believe in the life everlasting"

Everlasting Life means a life which begins after death. That life is infinite. Before that everyone has to stand for his personal judgment

before Christ, the Judge of the living and the dead. His everlasting dwelling place will be fated there.

### 13. "Amen"

The word "Amen" means let it be done or truly yes. By saying amen at the end of the prayer, we acknowledge that whatever is said in prayer, we say it consciously as true from the depth of the heart.

To remain steady in faith, say the following prayer

Our Father in heaven gives upon us the light of your Holy Spirit. So that we may always keep faith in You. Forgive the weaknesses of our faith in You and make us firm in faith. For, we may never be weak in faith in You. For, we may never forget to pray to You. Give us such an inspiration so that we may always love You and our neighbors. For, we may express our love through our good deeds. Amen.

#### What we have learned

The Christian creed is the basic things of our faith derived from the Holy Bible. These we believe and determined to obey. This creed is an important prayer of the Church. The real identity of the Christians is found through this creed.

#### Let us sing (Any song in faith)

1. All men must be born again to see the kingdom of God;  
The water and the spirit bring new life in God's love.
2. God gave up his only Son out of love for the world;  
So that all those who believe in Him will live forever.
3. The light of God has come to us, so that we might have salvation  
From the darkness of our sins we walk, into glory with Christ Jesus

#### Planned work

Make a list on the means of how one can remain steady in faith.

**EXERCISE****1. Fill in the gaps**

- The creed is an important \_\_\_\_\_ of the Church.
- The power of God is everywhere and \_\_\_\_\_.
- \_\_\_\_\_ became real man for the redemption of our sins.
- \_\_\_\_\_ was waiting in heaven for the pious.
- In the begining of creation, God created the \_\_\_\_\_ and sky.

**2. Match left side with that of the right side**

a) Holy Spirit is the	a) Which will begin after death.
b) Eternal life is that life	b) be weak in faith.
c) The word Amen means	c) Third Person of the Holy Trinity.
d) For, we may never	d) Sharer of everything.
e) With the saints means	e) Let it be done.
	f) Communion of the faithful.

**3. Give tick (✓) mark to the right answer**

- Why did God create man?
  - out of His love
  - out of good feelings
  - out of feelings
  - out of hatred
- What is the real meaning of calling Jesus as Lord?
  - to acknowledge Him as God
  - to respect
  - to honor
  - to obey
- For whose salvation did the son of God become man?
  - satan
  - angel
  - mankind
  - all creation
- What did Jesus do to carry the weight of our sins?
  - was born
  - suffered
  - died on the cross
  - resurrected
- How many days after his death was Jesus resurrected?
  - 1
  - 3
  - 5
  - 7

**4. Write short answer of the following questions**

- Who descended into hell?
- Whose power did Jesus overcome first?
- Who will receive new life?

**5. Answer the following questions**

- Explain the meaning of "I believe in the Holy Spirit."
- Write a prayer to remain steady in faith.

## CHAPTER SIXTEEN

# FLOOD AND DROUGHT

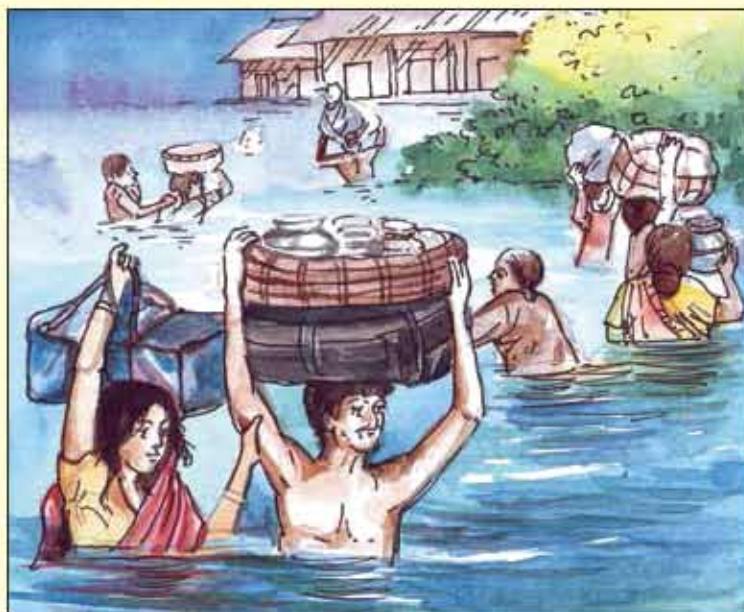
In the beginning of the creation, God gave man authority to govern on everything; that is to take care and look after everything. But in reality, we see that man is not doing his duty properly. He is not looking after the creation rather destroying it. For this reason, every year our country is also facing many kinds of natural calamities like other countries in the world. This country is facing different kinds of natural calamities such as flood, drought, storm, cyclone, earthquake, devastating epidemic etc. in every year. Among these flood and drought are very serious.

### Causes of flood

- a) A situation created by overflowing the two sides of the river bank because of the sudden pressure of increased water is called flood. In the city, because of heavy rainfall many times the water cannot pass through the sewerage line easily which causes the roads sink under the water. This is also a kind of flood. Many times city flood is temporal. But sometimes city flood can be prolonged. For example, floods in 1988 and 1998 flooded many areas of Dhaka city for about a month.
- b) The hilly areas of India are very close to the plain land of our country. All water comes to the plain land in Bangladesh, if it is over rainfall there. As a result, Bangladesh gets flooded. Our country too, can be flooded if there is heavy rainfall .
- c) The population of our country is increasing rapidly. But the amount of land is not increasing. The low land is being covered due to inadequate shelter in plain land for these over population. As a result, flood occurs.
- d) There are many rivers in this riverine country. But the rivers are being covered because of dumping wastes into the river and the storing of the thick layer of the sands. But almost every year, there is flood in this country because of having no system of excavating our rivers.
- e) Besides these, because of the influence of the monsoon, melting water of the Himalayas, deforestation or cutting trees illegally, making dam by stopping the normal passage of water flow, changing the passage of water

flow, and establishing industrial mills and factories by filling up the small rivers and canals, there is flood every year.

f) The temperature of the world increases because of the gas created from the factories, vehicles, and the fire of different places. As a result, in Greenland and Iceland along with different places of the world, the frozen ice of thousand years is melting into water and falling into the sea. Thus the height of the sea water is increased and many places of the southern part of Bangladesh are going under the water.



Flood affected people

### The effects of flood

The effects of flood are as follows: People cannot work. Many do not have food in their house. Many houses remain under water. The crops of the farmers are damaged in prolonged flooding. Domestic animals die. Extreme crisis of food occurs. There occurs crisis of pure water. Many water borne diseases (Cholera,

Diarrhea, dysentery) break out seriously. It increases unemployment problem. It spoils the necessary and valuable things. As a result, the price of the daily commodities goes high. The severe crisis of basic human needs (food, clothing, shelter, education and treatment) takes place. The dwelling places become unfit to live in. People suffer from depression. Even, many people die too.

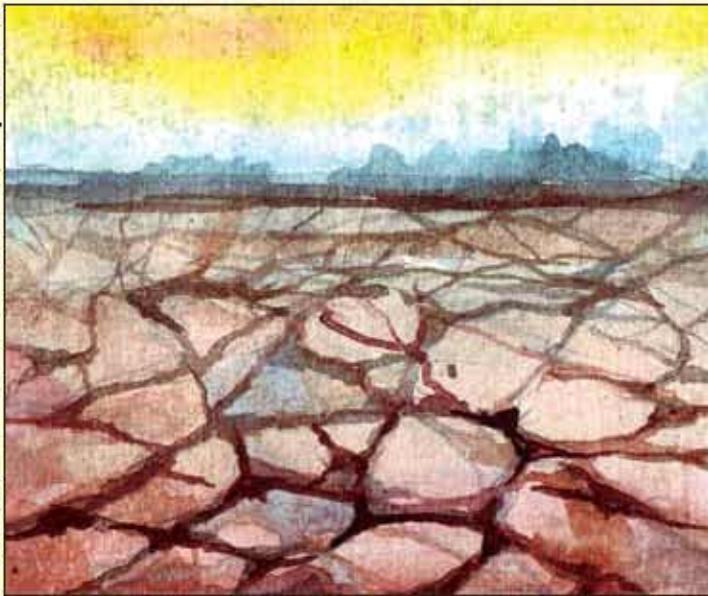
### The cause of drought

A situation created by prolonged dry weather and inadequate rainfall is called drought. For many reasons, drought is occurred in our country. Drought is occurred if there is dry weather more than the rainfall. Crisis of water and drought occur if the rivers and canals are dried up.

The balance of the ecological system is hampered because of the deforestation or cutting trees. As a result, the amount of rainfall is decreased and the drought takes place. The rivers of our country are dried up because of establishing big industries by filling up the small rivers and canals and because of decreasing the navigability of the rivers. As a result drought takes place in the country.

### **The effects of drought**

The effects of drought are very severe in our country. Severe dry weather and the heat of the sun are felt because of drought in the country. The life of the people become exhausted due to over heat. Many diseases and germs spread out because of it. The cultivated and noncultivated land of our country is dried up. The land loses its fertility. As a result, crops are not produced too. The wells, canals and rivers are dried up. The water level goes down and causes the shortage of water. There is the lack of human and animal food. Dust storm takes place. People become much exhausted in manual work.

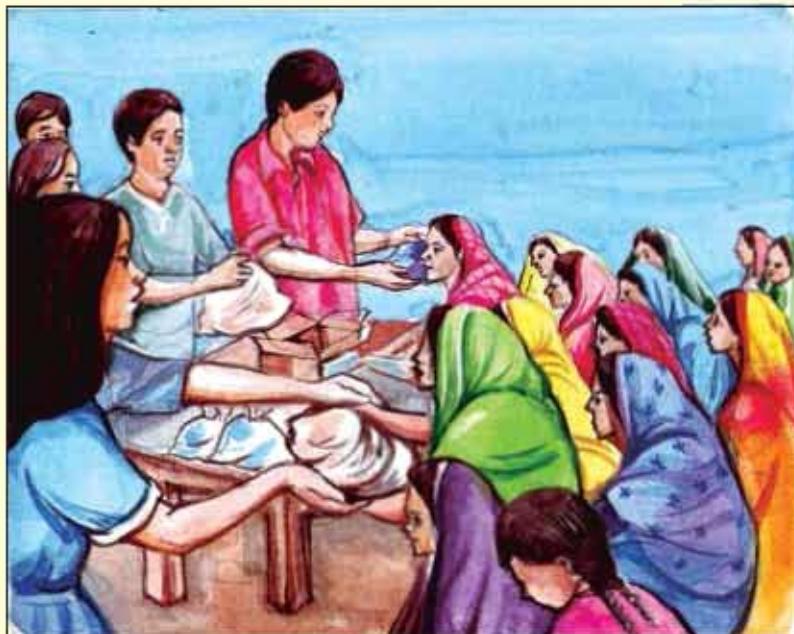


Extremely Dried land for prolong drought

### **Our duties in flood and drought**

1. To arrange a seminar to make people aware about our duties to take care and look after everything that God has given to us.
2. To find out the means and ways and to take proper steps by arranging awareness building seminars about how to protect the nature from devastation.

3. Participation of the people, who do not face flood and drought, in relief work for the people who are affected by the flood and drought. To participate in the relief work by collecting money, food, clothes, and bamboo for repairing house.
4. To provide pure water.
5. To give moral support to the drought or flood affected people.



Distribution of relief

### What we have learned

We can save the nature by taking care of it. We will help the people during flood and drought.

### EXERCISE

#### 1. Fill in the gaps

- a. There are many \_\_\_\_\_ in this riverine country.
- b. Many times the flood in city remains \_\_\_\_\_ .
- c. The hilly areas of India are very close to \_\_\_\_\_ of our country.
- d. Many \_\_\_\_\_ spread out because of drought.
- e. The cultivated and \_\_\_\_\_ land of our country is dried up.

## 2. Match left side with that of the right side

a. Because of heavy and prolonged flood	a. unfit to live in.
b. In flood the dwelling places become	b. we have to know the information about flood.
c. We will help the people	c. damaged the crops of the farmers.
d. By reading daily newspaper	d. during flood and drought.
e. For the preparation of flood	e. houses have to be built.
	f. have to aware people.

## 3. Give tick (✓) mark to the right answer

### 3.1 What is the cause of flood?

- |                    |                   |
|--------------------|-------------------|
| a. drought         | b. heavy rainfall |
| c. inadequate rain | d. adequate rain  |

### 3.2 What happens if there is dry weather?

- |                    |                  |
|--------------------|------------------|
| a. flood           | b. drought       |
| c. inadequate rain | d. adequate rain |

### 3.3 What causes drought in our country?

- |                    |                    |
|--------------------|--------------------|
| a. flood           | b. heat of the sun |
| c. crisis of water | d. deforestation   |

### 3.4 What happens in our land because of drought?

- |                 |                  |
|-----------------|------------------|
| a. no fertility | b. no trees      |
| c. no water     | d. no fertilizer |

### 3.5 What kind of weather is felt for drought in our country?

- |          |              |
|----------|--------------|
| a. cold  | b. dry       |
| c. humid | d. temperate |

## 4. Write short answer of the following questions

- How should we inform the news of flood or drought to the people?
- How should we make people aware for the preparation of flood?
- How can we help in relief work during flood?

## 5. Answer the following questions

- How does flood occur?
- Write the effects of flood.

## **CHAPTER SEVENTEEN**

# **THE PARTICIPATION OF THE CHRISTIANS IN THE LIBERATION WAR OF BANGLADESH**

We are proud of our people who fought for freedom in the liberation war in 1971. There was no religious distinction. We know that many Christian people also participated in that liberation war. Now we will know about them.

### **Direct and Indirect Christian Freedom Fighter**

The Participation in the liberation war were of two kinds. Some directly and some indirectly participated in the war. Those who directly participated faced the foe with guns. Many of our Christian young people went to India for training for the war. They came back to the country with arms and fought in different areas of the country. A list of those people was prepared but many names of the freedom fighters were not included. It can be said approximately that about 1500 Christian freedom fighters participated directly in the war. Among those, 3 priests and about 24 people laid down their lives in the operation spot. Some died later and many are still alive.

### **Many Bengali Christian People participated in the liberation war indirectly. Indirect Participations are as follows:**

1. By giving permission to their own sons or husbands or brothers-sisters to join in the Liberation Army (Mukti Bahini).
2. Through providing food and shelter to the Mukti Bahini ( freedom fighters).
3. Through treating sick and wounded soldiers.
4. Through hiding the arms in secret places and shifting it from one place to another place.
5. Through delivering secret information to the soldiers.
6. Through enduring the loss of the relatives and resources.
7. Through inspiring to participate in the liberation war.
8. Through praying for the success in the liberation war.

9. Through singing the inspiring song to encourage the freedom fighter.
10. Through telecasting the news from the Shadeen Bangla Betar Kendra.

### Saving the motherland

It is our holy duty and responsibility to save our motherland. Motherland is a gift of God to us. Because:

1. We live on the crops produced from this land.
2. The other name of water is life. We excavate and get water from the land.
3. The minerals are essential for our living.
4. The sun light and air of this country keeps us alive.
5. The beauty of this country satisfies our sight.

### How we can participate to save our motherland

It is not enough to talk about saving the country only. It should be proved by the deeds.



Freedom Fighters with arms in hand

### We can serve our motherland in following ways:

- a) Through preparing oneself for serving the country by studying well.
- b) Through forming a good personality by learning values.
- c) Through not spoiling but preserving the resources of the country.
- d) Through helping the needy and poor people.
- e) Through helping the weak in studies.
- f) Through active participation in different national programs.
- g) Through praying for those who rule and lead the country, and those who protect the country from the foreign enemies.

### EXERCISE

#### 1. Fill in the gaps

- (a) We are proud for those who fought in \_\_\_\_\_ for the independence of the country.
- (b) There was no \_\_\_\_\_ in Liberation War.
- (c) The beauty of this country satisfies our \_\_\_\_\_ .
- (d) The participation in Liberation War was of \_\_\_\_\_ kinds.
- (e) It is our \_\_\_\_\_ duty and responsibility to save our motherland.

#### 2. Match left side with that of right side

a) Many young Christian people of our country	e) participated.
b) In the Liberation War, many Christian people	b) through helping.
c) Out of 1500 freedom fighters 24 people became martyred	c) went to India, our neighboring country.
d) Mother Land is for us	d) form a beautiful personality.
e) Through learning values	e) among them three were Catholic Priests.
	f) a gift of God.

**3. Give tick (✓) mark to the right answer**

- 3.1 Through which we express our duty to our Motherland?
- a) Through our behavior      b) Through our laziness
  - c) Through our behavior and action d) Through our service
- 3.2 How many Christian people became martyred in the Liberation War?
- a) 20                                  b) 24
  - c) 28                                    d) 32
- 3.3 How many Christian freedom fighters participated directly?
- a) 1500                                b) 1200
  - c) 1000                                d) 800
- 3.4 How many Priests became martyred in the Liberation War?
- a) 1                                     b) 2
  - c) 3                                     d) 4
- 3.5 What did the Freedom Fighter take to face the foe?
- a) arms                                b) stick
  - c) empty hand                        d) flag

**4. Write short answer of the following questions**

- a) Which year did the Liberation war take place?
- b) Why did the young Christian people go to India?
- c) What was being telecasted from the Shadhin Bangla Betar Kendra?

**5. Answer the following questions**

- a) How can we participate in order to save our Motherland?
- b) How did Bengali Christians participate directly in the Liberation War?

**END**

**Academic year 2020, Christian Religion-4**



**Good behaviour is a virtue**



**National Curriculum and Textbook Board, Bangladesh**

For free distribution by the Government of the People's Republic of Bangladesh