



Certificate of Achievement

Dewank Mahajan

has completed the following course:

THRIVE IN TRYING TIMES TEACH-OUT UNIVERSITY OF MICHIGAN

The Teach-Out focused on reframing concepts like thriving in terms of Positive Organizational Scholarship, showing you a way to think at both the individual and community levels and providing practices that help you thrive.

2 weeks, 2 hours per week

Monica C. Worline, Ph.D.

Mnicefulok

Affiliate Faculty, Center for Positive Organizations and Lecturer, Ross School of Business, University of Michigan
University of Michigan









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STUDY REQUIREMENT

2 weeks, 2 hours per week

LEARNING OUTCOMES

- Explain what the concept of "thriving" means to you
- Contribute your own experiences and opinions related to the current difficult times
- Explore basic positive organizing concepts such as Resilience, Gratitude, Reframing, and Social Connection
- Reflect on useful and creative solutions that help them overcome the current crisis

SYLLABUS

- Resilience
- Gratitude
- Reframing
- Social Connection

