Understanding Health and Wellness of Young Adults

Executive Summary

We, the members of "Data Science Corp" in this report analyzed food habits, lifestyle choices and health preferences of individuals to provide actionable insights for a food and beverages client (F&B) of SRG corporation. Instead of diving into the data analysis directly our approach was to understand the data and see if there is a problem that needs to be solved.

As most Graduate students are working professionals juggling between classes and work, we thought it would be interesting to study the lifestyle of young working adults and what impact it has on their food choices. We all have experienced at some point that stress and unbalanced workloads can lead to eating disorders. But we wanted to see this for ourselves, hypothesize it and then prove it through statistical analysis. And based on our analysis we recommend to our client F&B how they can produce healthier food and snack options for their young clients.

Our analysis suggested that stress is indeed high among young adults and there is a correlation between stress and their eating habits, such as eating out often at fast food restaurants and snacking more than usual. Our goal was to provide these young adults better options than the regular fast food or frozen options available in the market. To come up with a product we took a customer centric approach rather than a product centric approach. Instead of looking for people who would buy a product, we looked into what people might need or buy.

Based on our analysis of intent we came up with suggestions for F&B. We grouped people's preferences into two categories/intents (can be extended to multiple), and then we model people's intentions based on income, age group ethnicity etc. So to summarize, we found a problem among a certain group, analyzed what they might need and then recommended solutions to our client F&B, which not only helped them open up a new market, but our solutions also helped young people with better food options. The rest of our report gives a detailed analysis of our approach and solutions.

We first classified the survey questions based on how they relate to the respondents to help us analyse the following categories:

- 1. Health
- 2. Food/ Previous Meal Related
- 3. Personality/Goals/Motivations
- 4. Cooking Habits
- 5. Food Shopping Habits
- 6. Lifestyle
- 7. Personal/ Demographic

Questions from the Lifestyle category helped us understand habits and formulate the problem. Questions from the Food Shopping Habits category helped hypothesize the intent of the customers shopping habits. Finally, we used demographic questions to find marketing solutions.

What drew our attention was how many people answered the below questions: I often wish I had more energy - Q1rp I am so busy, I often can't finish everything I need to in a day - Q1rq

My Contribution

We were given a survey data of 1000 individuals on their lifestyle, personality, and eating habits. The reason this project was different from any other was that this was not the tabular structured data we are used to working with, and along with the unstructured nature of the data, there was no specific problem to solve. We were expected to study the survey Q&A and come up with a case study useful for a consulting client.

Because of the open-ended nature of the project, I suggested we study and classify the survey questions to understand the behavior of each individual and then see if there is a problem to solve. This was well received by my fellow groupmates. Once we analyzed the data, we realized there seem to be a correlation between stress and a person exhibiting an eating disorder. But we were struggling to provide a meaningful direction to this analysis. After a round of discussion, We decided to come up with a product (a dinner box) that can be targeted to the demographics of young and stressed individuals who do not have enough time to cook and hence end up eating out often. Now that we have a product to offer, I took the initiative of designing a set of hypotheses to first validate our assumptions and define a target market. Few hypotheses, for example, look like this:

- People in younger age groups are more stressed than others.
- · Stressed people have different eating habits than others.
- Price sensitivity varies among people of different educational backgrounds.

As I was familiar with each member's competencies and background in the group, I took the initiative of designing the hypothesis and assigning respective tasks to each group member.

Now that we had figured out a problem and listed down our approach to solving it, we were ready to dive into the statistical analysis part. However, we had one last bit of ambiguity to resolve. As the project itself was open-ended, we had no restriction on the tool, platform, or programming language that we want to use. And our team consisted of people from backgrounds ranging from finance, hospitality to music, so did their analytical skillsets (SAS, Python Excel, etc.). But our project required us to present all the analysis in one platform. I realized it would be very difficult for everyone to learn one tool and start working and suggested that we use the tool that is comfortable for each individual but we keep a shared dataset, so any modifications would be accessible to everyone. As I had strong proficiency in python, I volunteered to compile all analysis to one platform in the end. This ensured our project is easily readable.

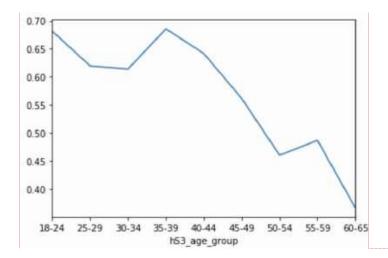
I believe my analytical skills to break down a business problem and people skills to succeed in a collaborative environment make me a great fit for the job.

Analysis

Stress keeps me from being the type of person I really want to be - Q1ra

We took these as signs of stress and wanted to see if there is correlation between age and stress.

 $\label{prop:linear} \mbox{Hypothesis 1: People in younger age groups are more stressed than others.}$



Commented [1]: data.groupby(['hS3_age_group'])['Q1ra is_stressed'].mean().plot()

Table of hS3_age_group by Q1ra_is_stressed				
hS3_age_group	Qlra	_is_stressed	1 [
Frequency Percent Row Pct Col Pct	0	1	Total	
18-24	36 3.59 31.86 8.29	77 7.68 68.14 13.53	113 11.27	
25-29	43 4.29 38.05 9.91	70 6.98 61.95 12.30	113 11.27	
30-34	44 4.39 38.60 10.14	70 6.98 61.40 12.30	114 11.37	
35-39	33 3.29 31.43	72 7.18 68.57	10.47	

Statistic	DF	Value	Prob
Chi-Square	8	43.4008	<.0001
Likelihood Ratio Chi-Square	8	43.5937	<.0001
Mantel-Haenszel Chi-Square	1	33.1581	< 0001
Phi Coefficient		0.2080	
Contingency Coefficient		0.2037	
Cramer's V		0.2080	

As suggested by our descriptive analysis and Chi-Squared test above we see there is strong correlation between age-group and stress. As we can see, age-groups 18-24 and 35-39 have the highest percentages of stressed people in them (68.1% and 68.6% respectively). Now let's see if stressed people eat differently than others.

Hypothesis 2: Stressed people have different eating habits than others.

12.65

Table of Qlra_is_stressed by type_of_restaurant						
Qlra_is_stressed		type_of	restaur	ant		
Frequency Percent Row Pct Col Pct	At-home?	Carry_Out_or_Delivery_Pizz	Casual Dining		Fast_Food_Restaurant	
0	288	20	20	10	56	
	28.71	1.99	1.99	1.00	5.58	
	66.36	4.61	4.61	2.30	12.90	
	44.44	36.36	52.63	28.57	39.16	
1	360	35	18	25	\$7	
	35.89	3.49	1.79	2.49	8.67	
	63.27	6.15	3.16	4.39	15.29	
	55.56	63.64	47,37	71.43	60.84	
Total	648	55	38	35	143	
	64.61	5.48	3.79	3.49	14.26	

Commented [2]: ods rtf file='Age_group_Stress_ChiSquared'; proc freq data=srg_data; tables hS3_age_group*Q1ra_is_stressed/ChiSq; run; ods rtf close;

Commented [3]: ods rtf file="Stressed_peole_eating_out_ChiSquared"; proc freq data=srg_data; tables Q1ra_is_stressed*type_of_restaurant/ChiSq; run; ods rtf close;

Statistic	DF	Value	Prob
Chi-Square	8	12.6265	0.1254
Likelihood Ratio Chi-Square	8	12.8058	0.1187
Mantel-Haenszel Chi-Square	1	0.0660	0.7973
Phi Coefficient		0.1122	
Contingency Coefficient		0.1115	
Cramer's V		0.1122	

Though statistically not very significant, the crosstab analysis shows that people who are stressed usually eat out more than others, also they prefer carryout pizza and fast food more than others.

Apart from eating out, another way to measure eating disorder is by knowing how often people snack.

Hypothesis 3:Do people who feel stressed-out also snack more?

Table 2 of Is Stressed by Gender						
Controlling for Works to much=Yes						
Is Stressed						
Frequency						
Percent Row Pct						
Col Pct	Female	Male	Total			
No	65	70	135			
	14.25	15.35	29.61			
	48.15	51.85				
	31.10	28.34				

Commented [4]: ODS RTF File = 'Stressed.rtf';
PROC FREQ DATA=srg_data NLEVELS;
TABLE Q1rb_Work_too_much*Q1ra_is_stressed
*S2;
RUN;
ODS RTF CLOSE;

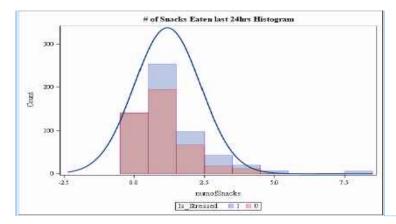
Yes	144 31.58 44.86 68.90	177 38.82 55.14 71.66	321 70.39
Total	209	247	456
	45.83	54.17	100.00

It shows that 68.9% of females and 71.7% of males who said to have worked too much also felt stressed.

Table 4 of Snacked in the last 24hrs by Gender Controlling for Works to much=Yes Is Stressed=Yes					
Frequency Percent Row Pct Col Pct	Female	Male	Total		
No	31 9.66 40.79 21.53	45 14.02 59.21 25.42	76 23.68		

Commented [5]: ODS RTF File = 'Work to much.rtf';
PROC FREQ DATA=srg_data NLEVELS;
TABLE
Q1rb_Work_too_much*Q1ra_is_stressed*Q25 *S2;
RUN;
ODS RTF CLOSE;

	l i		Ī
Yes	113	132	245
	35.20	41.12	76.32
	46.12	53.88	
	78.47	74.58	
Total	144	177	321
	44.86	55.14	100.00



This graph and table above suggest that people who feel stressed also snack more than others.

Now that we have shown people who feel they are stressed also have some sort of eating disorder- either eating out too much or snacking more than regular- rather than advising them to stop snacking or eating out, as it is very difficult to induce a habit, we suggest healthier snack and dinner options.

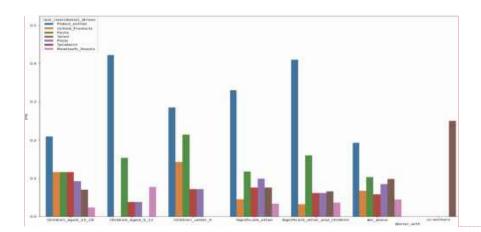
But before we suggest coming up with a new product, we want to see what people prefer right now. Of course, our analysis is based on the assumption that what people had last night was a representation of their regular behavior.

How and what people eat?

Commented [6]: ODS RTF FILE = 'Snack Histogram.rtf';
PROC sgplot data=srg_data;
histogram numofSnacks / scale = count binstart = 0
binwidth = 1 transparency=0.5 group
=Q1ra_is_sstressed;

- density numofSnacks / type = normal; ⇒ title '# of Snacks Eaten last 24hrs Histogram';

→run; ODS RTF CLOSE;



- People in general prefer a Plated entree, which is usually a balanced meal of protein and carbohydrates (Rice
 with chicken, Chicken with vegetables/potatoes etc.). While other options such as Pizza, Pasta, Sandwiches and
 Grilled products are among other popular choices.
- We can see that Plated entree(balanced meal) consists of up to 42% of meals in family dinners (people who dined with children aged 5-12), while it's only 19% in case of people who ate alone. On the other hand, people who eat alone, their dinner choices include more variety than regular people.
- There are a few reasons why "people who ate alone" are of particular interest to us. Usually, people who eat alone tend to be more depressed rather than those who eat with family, friends or a colleague. And while people who ate with others probably did not have complete freedom to make their dinner choices (or influenced by others), the people who ate alone are the people who made their own dinner choices, meaning they have more freedom to choose their dinner.
- This is beneficial for us due to two reasons. First, we will get a very accurate estimate of the person's preference.
 A person buying pizza for himself as opposed to a spouse choosing a restaurant to eat.
- Secondly, because this group has more freedom to buy for themselves, they make a good target group for marketing experiments.

Dinner choice of people who eat alone	Dinner choice of Overall Population			
Plated entrée	0.192825 Plated entrée	0.310451		
Pasta	0.103139 Pasta	0.134221		
Sandwich	0.098655 Pizza	0.075820		
Pizza	0.085202 Sandwich	0.072746		
Grilled Products	0.067265 Salad	0.069672		
Salad	0.058296 Grilled Products	0.051230		
Meatloafs Roasts	0.044843 Meatloafs Roasts	0.036885		
Nexican food	0.044843 Fast Food Restaurant	0.028689		
Soups stews chili gumbo	0.035874 Mexican food	0.028689		
Fast Food Restaurant	0.035874 Soups stews chili gumbo	0.02151€		

```
Commented [7]: import matplotlib.pyplot as plt import seaborn as sns from matplotlib.ticker import PercentFormatter dinner_list = ['Plated_entrée', 'Pasta', 'Pizza', 'Salad', 'Sandwich', 'Grille d_Products', 'Meatloafs_Roasts']

x, y, hue = "dinner_with", "prop", "last_remmbered_dinner" from matplotlib.pyplot import show
f, axes = plt.subplots(ncols=1, nrows=2, sharey=True, figsize=(30,30))

prop_df = (data[hue] __groupby(data[x]) __value_counts(normalize=True) __rename(y) __reset_index())

sns.barplot(x=x, y=y, hue=hue, data=prop_df[prop_df['last_remmbered_dinner'].isin(din
```

Commented [8]: data[data['dinner_with'] ==
'Children_aged_5_12']['last_remmbered_dinner'].value
counts(normalize=True)

ner_list)], ax=axes[1])

Commented [9]: data[data['dinner_with'] == 'ate_alone']['last_remmbered_dinner'].value_counts(nor malize=True)

Commented [10]: data[(data['dinner_with'] == 'ate_alone')]['last_remmbered_dinner'].value_counts(no malize=True)

data[(data['hS3_age_group'].isin(['18-24','35-39'])) & (data['dinner_with'] == 'ate_alone') [['last_remmbered_dinner'].value_counts(normalize=True)

Commented [11]: data['last_remmbered_dinner'].value_counts(normalize=True)

Do people who eat alone and are depressed eat differently than others?

- We noticed that, among the people who ate alone a lower percentage preferred a plated entree (19.2%, even lower among stressed adults who eat alone 16%) compared to the overall group (31%).
- Top dinner choices overall and among people who feel stressed and eat alone are the following:

Plated_entree Pasta Sandwich Pizza Grilled products Commented [12]: data[(data['hS3_age_group'].isin(['18-24','35-39'])) & (data['dinner_with'] == 'ate_alone') [['last_remmbered_dinner'].value_counts(normalize=True)

• Top snack choices among people who feel stressed are the following:

		o be
Snack Type	Count	%
Salty snacks	25	16%
Sweet snacks	21	14%
Fruit and Vegetables	15	10%
Dairy	13	8%
Dips	12	8%
Nuts, Grains and Seeds	11	7%
Meat snack	11	7%
Breakfast snack	11	7%
Beverage Snack	10	6%
Heat and eat snacks (Frozen)	8	5%
Bars	6	4%
Some other snack	6	4%
Sandwich Type	5	3%
Total	154	1009

Based on these top dinner and snack choices of our target group we came up with the following products to test the intent of buying.

Dinner Product 1: Archer Farms (Premium Brand) Multigrain Sandwich 200 calories \$4.00 (Healthy Sandwich) Dinner Product 2: Great Value (Walmart Brand) Totino's triple meat Pizza 250 calories \$2.50 (Tasty Pizza)

Snack Product 1: Welch's Fat & Gluten free Mixed Fruit Snacks 80 calories/serving \$3.99 Snack Product 2: Tostitos Scoops! Tortilla Chips, Party Size 140 calories/serving \$2.98

The reason behind choosing pizza and sandwich is that they represent the eating out option (as opposed to Plated entree). Also, people who eat with their family and spend a long time cooking can be targeted using healthy quick meals as average cooking time for someone who dined with his/her family and children is about 9 minutes higher than usual

Now, we test our hypothesis that these products will actually be bought by our target group. For this we modeled the intent of the user based on the survey questions they have answered.

Hypothesis 4: What factors influence intention of buying Product 1 and Product 2 among stressed people.

Model Intention of customer based on the following factors:

Commented [13]: print('Avg Cooking time overall :',data['total_time_spent_cooking_int'].mean()) print('Avg Cooking time for people who had dine with family with children:',data[data['dinner_with'] == 'Significant_other_and_children']['total_time_spent_cooking_int'].mean())

king_int].mean())

print('Avg Cooking time for people who had dine with family without children:',data[data['dinner_with'] == 'Significant_other']['total_time_spent_cooking_int'].mea n())

Price, Store Brand, Taste, Quality, Natural Product, Calorie

- 1. When it comes to food, I'm primarily a price shopper(Price) Q30rbb_food_price_shopper
- 2. I prefer to buy store brands(store brand) Q30ram
- 3. I eat for taste enjoyment more than for health purposes (Preference to taste) Q30rbm
- 4. I buy based on quality, not price(Quality) Q30rbc
- 5. I go out of my way to buy products that are all natural(Natural Product) Q30rae
- 6. I don't allow junk food in my home(Calorie) Q30rao

If the user answered Questions 1,2,3 as agreed/strongly agreed , then he has shown intention to buy product 1 (choice =1)

If the user has answered Questions 4,5,6 as agreed/strongly agreed, then he has shown intention to buy product 2 (choice =2)

If the user answered similarly for both question sets, then Unsure (choice = 3).

```
Commented [14]: def create_y_label(x):
    profile_1 = x['Q30rbb_food_price_shopper'] +
    x['Q30ram_prefer_store_brand'] +
    x['Q30rbm_prefer_taste_to_health']
    profile_2 =
    x['Q30rbc_prefer_quality']+x['Q30rae_prefer_natural_pr
    oduct']+x['Q30rao_calorie_conscious']

if profile_1 > profile_2:
    return "Tasty_Pizza"
    elif profile_1 < profile_2:
    return "Healthy_sandwich"
    else:
        return "Unsure"

data['choice'] = data.apply(lambda x:
        create_y_label(x),axis=1)
```

We ran a generalized Logistic model with Three choices(Tasty_Pizza,Healthy_Sandwich,Unsure) with demographic features such as Gender,income group,age etc.

Model: Choice = Gender + income_group + age + is_stressed + is_stressed*age

Odds Ratio Estimates							
Effect	choice	Point Estimate		Wald nce Limits			
S2 Male vs Female	Heulthy_sandwich	0,466	0.170	1.280			
S2 Male vs Female	Tasty_Pizza	0,612	0.272	1.377			
D6 \$100,000 but less than \$200,000 vs Less than \$15,000	Healthy_sandwich	1,520	0.255	9.040			
Do \$100,000 but less than \$200,000 vs Less than \$15,000	Tasty_Pizza	0,893	0.195	4.064			
D6 \$15,000 but less than \$25,000 vs Less than \$15,000	Healthy_sandwich	1.583	0.358	6.999			
D6 \$15,000 but less than \$25,000 vs Less than \$15,000	Tasty_Pizza	1.802	0.538	6.032			
D6 \$290,000 but less than \$300,000 vs Less than \$15,000	Healthy_sandwich	<0.001	<0.001	>999.999			
D6 \$200,000 but less than \$300,000 vs Less than \$15,000	Tasty Pieza	0.164	0.009	3,082			
D6 \$25,000 but less than \$35,000 vx Less than \$15,000	Healthy_sandwich	0.273	0.025	3.003			
D6 \$25,000 but less than \$35,000 vs Less than \$15,000	Tasty_Pizza	1.575	0.420	5,900			
D6 \$300,000 but less than \$500,000 vs Less than \$15,000	Healthy sandwich	>999,999	< 0.001	>999,999			
D6 \$300,000 but less than \$500,000 vs Less than \$15,000	Tasty_Pizza	>999,999	<0.001	>999.999			
D6 535,000 but less than \$50,000 vs Less than \$15,000	Healthy_sandwich	3.294	0.501	21.354			
D6 \$35,000 but less than \$50,000 vs Less than \$15,000	Tasty Pizza	3.946	0.568	15.293			
D6 \$50,000 but less than \$75,000 vs Less than \$35,000	Healthy_sandwich	0,349	0.056	2,186			
D6 \$50,000 but less than \$75,000 vs Less than \$15,000	Tasty_Pizza	1,053	0.343	3.229			
D6 \$75,000 but less than \$100,000 vs Less than \$15,000	Healthy_sandwich	4.518	0.576	30,182			
D6 \$75,000 but less than \$100,000 vs Less than \$15,000	Tasty_Pizza	2,552	0.46\$	13.591			
D6 Decline to answer vs Less than \$15,000	Healthy sandwich	1.391	0.150	12.897			
D6 Decline to answer vs Less than \$15,000	Tasty Pizza	1.547	0.262	9.120			

Maximum Likelihood Estimates of Age

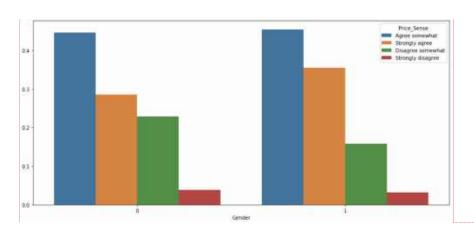
53	Healthy_sandwich	1	0.00816	0.0261	0.0979	0.7543
83	Tasty_Pizza	-1	0.0211	0.9210	1,0107	0.3147

- People who earn between 50K-75K are more likely to buy Tasty Pizza (Odds ratio = 1.053) compared to People
 who earn less than 15K, while they are less likely (Odds Ratio = 0.34) to buy a healthy sandwich compared to a
 lower income group, despite having higher income.
- On the other hand, people who earn between 75K and 100K are more likely to buy a healthy sandwich (Odds Ratio of 1.96 = 4.518 2.552) compared to the tasty Pizza.
- Also Men are less likely to buy either a Healthy sandwich or tasty Pizza compared to Women and with increase in
 age the log odds ratio of Tasty Pizza is higher than Healthy Sandwich.
- Among all the people who eat alone and are stressed, the log odds ratio of intention to buy a "Tasty Pizza" will be higher among people who earn between 75K-100K and lower among people who earn between 200K-300K.
- So our target group is young females who earn between 75K-100K, this is the group that has shown more
 intention to buy a healthy sandwich (Quality, less preference to price) and therefore prime target customers for
 F&B. For other customers who are still keen on having tasty pizza, F&B should introduce a healthier but tastier
 pizza option that is also cheap.

Now we can market our product to these population groups based on their price sensitivity.

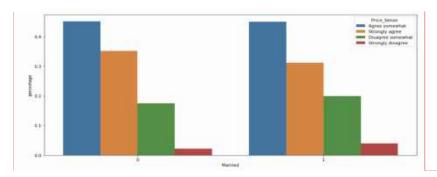
Commented [15]: /*
S2 - Gender
D6 - income group
S3 - age
*/
ods rtf file='Choice Intention Generalized Logit
regression';
proc logistic data=srg_filtered_data;
class S2(ref='Female') D6(ref='Less than \$15,000')
Q1ra_is_stressed /param = ref;
model choice(event='Tasty_Pizza') = S2 D6 S3
Q1ra_is_stressed S3*Q1ra_is_stressed / link=glogit;
run;
ods rtf close;

Does price sensitivity vary between genders?



More females (1) believe they agree to shopping based on price (Orange bar), while males (0) there are more who disagree with buying on price. So, women in general are more price sensitive.

Are married and single people more price sensitive?



People who are married/living with their partner (1) seem to be less price sensitive compared to single people, though the difference does not seem to be significant.

Does price sensitivity vary among people of different educational backgrounds?

```
Commented [16]: x, y, hue =
"Gender","percentage","Price_Sense"
from matplotlib.pyplot import show

f, axes = plt.subplots(ncols=1,
nrows=2,sharey=True,figsize=(15,15))

prop_df = (df5[hue]
    _groupby(df5[x])
    .value_counts(normalize=True)
    .rename(y)
    .reset_index())

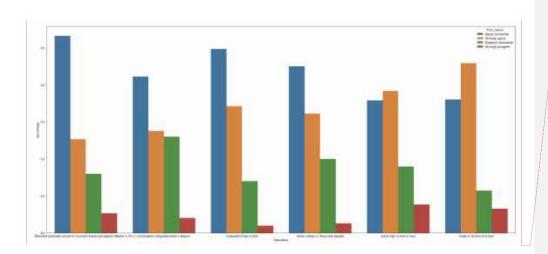
sns.barplot(x=x, y=y, hue=hue, data=prop_df,
ax=axes[1])
```

```
Commented [17]: x, y, hue =
"Married", "percentage", "Price_Sense"
from matplotlib.pyplot import show

f, axes = plt.subplots(ncols=1,
nrows=2,sharey=True,figsize=(15,15))

prop_df = (df5[hue]
    _groupby(df5[x])
    .value_counts(normalize=True)
    .rename(y)
    .reset_index())

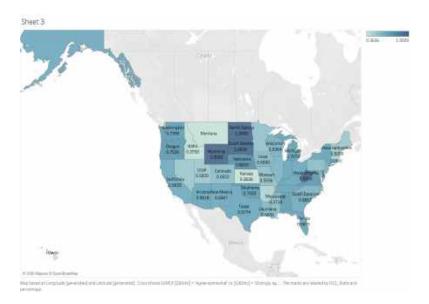
sns.barplot(x=x, y=y, hue=hue, data=prop_df,
ax=axes[1])
```



Does price sensitivity vary among states?

Cornecticul	0,7692	10		
Dregon	0.7500	9		
Virginia	0.7500	9		
Alabama	0.7333	11		
Ostahamu	0.7333	ts .		
Washington	0.7308	19		
Michigan	0,7073	29		
New York	0.7015	47		
Tennessee	0.8957	16		
Fitnida	0.6875	44		
Arizona	0.6818	15		
Indiana 0.6818		15		
Kentucky	0.6800	17		

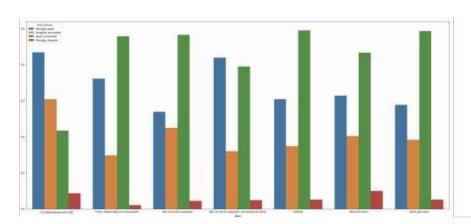
finos	0.8250	25		
Now Jersey	0 6250	15		
North Carolina	0.6176	21		
Sowie	0.6000	6		
Louisiane	0.6000	6		
Ministippi	0.5714	4		
	11214	P		
	E3611	13		
	1146	15		



We can see that upto 70-80% people buy based on quality not price in most states, the exceptions are Pennsylvania, Colorado, Missouri where only 55-60% people buy on quality. Which means our pricing of the product should be different in these states.

People with bachelor's or more advanced degrees seem to be less price sensitive compared to others, which is expected as they are more likely to have a higher income.

Does price sensitivity vary among people of different work status?



As expected unemployed people are more price sensitive than people who are currently employed.

Now, we want to test which of the above factors has the most impact on price sensitivity.

Hypothesis 5: Which demographic factors has the most influence on price sensitivity.

Price_sensitivity = Age + Gender + ethnicity + Marital_status + Educational_background + location

Odds Ratio E	timates			
Effect	Point Estimate	95% Wald Confidence Limits		
Gender Lys 0	1.450	1,049	2.027	
ethnicity African American vs White	0.938	0.381	1.315	
ethnicity American Indian vs White	0.562	0.093	3,391	
ethnicity Asian/Oriental vs White	0.554	0.278	1.164	
ethnicity Decline to answe vs White	0.753	0.174	3:265	
ethnicity Hispanic vs White	2.267	0.825	6.225	
ethnicity Hispanic_White vs White	-0.856	0.290	2.525	
ethnicity other - vs White	1.455	0.147	15.028	
Married 1 vs 0	0.854	0.575	1.267	
Education 1 vs 0	1.871	0.801	4.370	
Education 2 vs 0	1.515	0.541	4.241	
Education 3 vs 0	1.206	0.542	2.682	
Education 4 vs 0	0.903	0.395	2.064	
Education 5 vs 0	1.428	0.343	3.756	
Work 1 vs 0	0.703	0.371	1.334	
Work 2 vs 9	0.652	0.300	1,417	
Work 3 15 0	0.935	0.401	2.179	
Work 4 vs 0	0.757	0.371	1,546	
Work 5 vs 0	0.933	0,430	2.026	

Education	1	- 1	0.3792	0.1978	3.6756	0.0552
Education	2	1	0.1684	0,3056	0.3037	0,5815
Education	3	- 1	-0.0598	0.1542	0.1502	0.6983
Education	4	1	-0.3495	0.1691	4.2739	0.0387

This reinforces a few of our assumptions. For example, females are more price sensitive than male. We also noticed a difference in price sensitivity among different ethnic groups; People with Hispanic ethnic background being more price sensitive compared to people with white background. And as expected people with higher educational background show lower price sensitivity.

Recommendations:

- To summarize, F&G should introduce healthy sandwiches as a premium product in their outlet or in premium supermarkets in a city (busy working and single people live there), where the demographics has a median income of around 75-100K. Additionally, the pricing should be sensitive to the location the demographic is in. For example, in Philadelphia, PA the pricing should be lower compared to New York, NY though they are located nearby the price sensitivity is different between the two states. This group is the target customer for F&G as they have a higher intention and less price sensitivity compared to other groups.
- For income groups higher than 100K, F&G can afford to experiment with costlier products which are of even higher quality and have more personal branding.
- For low income groups which are even more sensitive to price F&G can introduce healthy snacks of varying price range with more weightage to taste and price, and less weightage to quality.