

## گزارش مشاهده جلسه اول کارگاه

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	Basics of human interactions workshop: session 2				

### محتوای گزارش

Hereby, I report my takeout from the second session of mentor training: basics of human interaction workshop of CS-Internship program. First, to answer the queries:

#### 1- What Have you observed in your verbal communications with others?

- A. First, my issues are quite different from those of the interns participating in the workshop video and I believe it is due to our difference in age and life experiences.
- B. I am obsessed with respectful addressing. I cannot use second person singular pronouns and conjugations, and that is bothering me immensely. Also, I cannot address people with their first name, particularly male interlocuters. In fact, I have never called a man with their first name, which is a common habit in today's workplace. I never feel comfortable with Persian for it dictates plural addressing in order to show respect.
- C. I cannot be superficially friendly in conversations, verbal or otherwise. It is impossible for me to use too many endearing words and flattery.
- D. If I feel that someone is intentionally ignorant and don't want to understand me, then I completely withdraw and go silent.
- E. Also, when I decide that talking has no use and wouldn't change anything, I would cut the conversation and never try again.
- F. I usually forget to ask counter questions, specifically personal questions. Such as what do you do for a living, how many siblings you have, etc.
- G. I do not express my real feeling and opinions; it would be too controversial.

## 2- The session's conclusion:

- A. Most of the communicational issues, such as worrying about the impression we leave, are natural parts of being human.
- B. Communication difficulties are not to be seen as problems and deficiencies, but as subject to study, learn, practice and retain.
- C. Effective communication is a skill, it includes techniques which are acquirable through practice.
- D. To become a skillful communicator opens up new opportunities and prospects. On the other hand, remaining ignorant of this skill hinders our progress.
- E. Many relationships, whether personal or professional fail due to the lack on this crucial skill. Sadly, a lot of promising startups disintegrate for the same reason.
- F. This workshop does not intend to teach communication skills, but to raise awareness of the nature of human interactions and communication ways.

## 3- My understanding and experience:

I agree with the speaker. There is nothing much left to add. My observation in life is in line the conclusion that communication is a critical skill in any settings and it is to be carefully and rigorously obtained. Sadly, most people are either not aware of this fact or they don't care about it as much as they should. They may even compensate their lack of communication training with some other destructive attitudes, e.g., bullying, accepting prototypes like introvert/extrovert. Furthermore, in some cases when people first read about such topics, they wrongly expect others to change.