<!DOCTYPE html>﻿<html lang="en">﻿<head>﻿  <meta charset="UTF-8" />﻿  <meta name="viewport" content="width=device-width, initial-scale=1.0" />﻿  <title>Sunshine WellnessNest | Free Body Checkup</title>﻿  <style>﻿    body {﻿      margin: 0;﻿      font-family: 'Segoe UI', sans-serif;﻿      background: #f0fff0;﻿      color: #2e7d32;﻿    }﻿    .container {﻿      max-width: 500px;﻿      margin: 50px auto;﻿      background: #ffffff;﻿      border-radius: 10px;﻿      padding: 30px;﻿      box-shadow: 0 4px 12px rgba(0,0,0,0.1);﻿    }﻿    h1 {﻿      text-align: center;﻿      color: #1b5e20;﻿    }﻿    p {﻿      text-align: center;﻿      color: #388e3c;﻿    }﻿    form {﻿      display: flex;﻿      flex-direction: column;﻿    }﻿    input, select {﻿      padding: 10px;﻿      margin: 10px 0;﻿      border-radius: 5px;﻿      border: 1px solid #ccc;﻿    }﻿    button {﻿      background-color: #43a047;﻿      color: white;﻿      border: none;﻿      padding: 12px;﻿      border-radius: 5px;﻿      cursor: pointer;﻿      font-size: 16px;﻿      transition: background 0.3s;﻿    }﻿    button:hover {﻿      background-color: #2e7d32;﻿    }﻿    .footer {﻿      text-align: center;﻿      margin-top: 20px;﻿      font-size: 14px;﻿      color: #777;﻿    }﻿  </style>﻿  <script>﻿    function handleSubmit(event) {﻿      event.preventDefault();﻿      const name = document.getElementById('name').value;﻿      const goal = document.getElementById('goal').value;﻿      const date = document.getElementById('date').value;﻿      const time = document.getElementById('time').value;﻿      const message = `Hi! I just signed up for the free body checkup and breakfast at Sunshine WellnessNest.%0AName: ${name}%0AGoal: ${goal}%0APreferred Time: ${date} at ${time}`;﻿      window.location.href = `https://wa.me/917815806669?text=${message}`;﻿    }﻿  </script>﻿</head>﻿<body>﻿  <div class="container">﻿    <h1>Sunshine WellnessNest</h1>﻿﻿    <form onsubmit="handleSubmit(event)">﻿      <input type="text" id="name" placeholder="Your Full Name" required />﻿      <input type="tel" id="phone" placeholder="Phone Number" required />﻿      <select id="goal" required>﻿        <option value="">Select Your Health Goal</option>﻿        <option value="Weight Loss">Weight Loss</option>﻿        <option value="Gain Energy">Gain Energy</option>﻿        <option value="Better Nutrition">Better Nutrition</option>﻿        <option value="Overall Wellness">Overall Wellness</option>﻿      </select>﻿      <input type="date" id="date" required />﻿      <input type="time" id="time" required />﻿      <button type="submit">Book My Free Checkup</button>﻿    </form>﻿    <div class="footer">﻿      Gajuwaka | Powered by Sunshine WellnessNest﻿    </div>﻿  </div>﻿</body>﻿</html>