

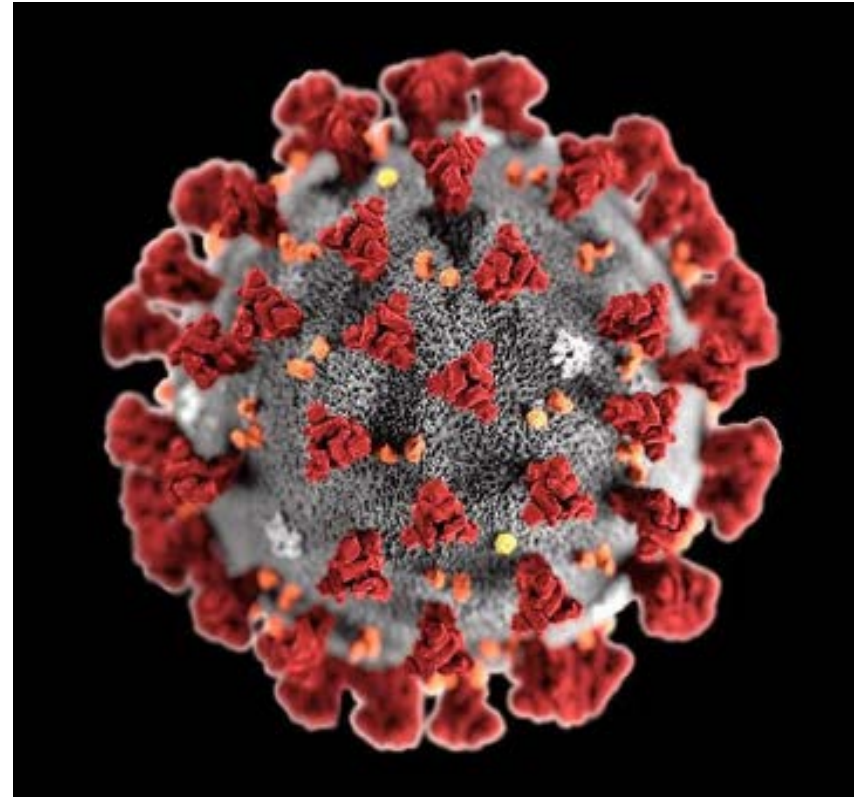
Christian Medical College Vellore



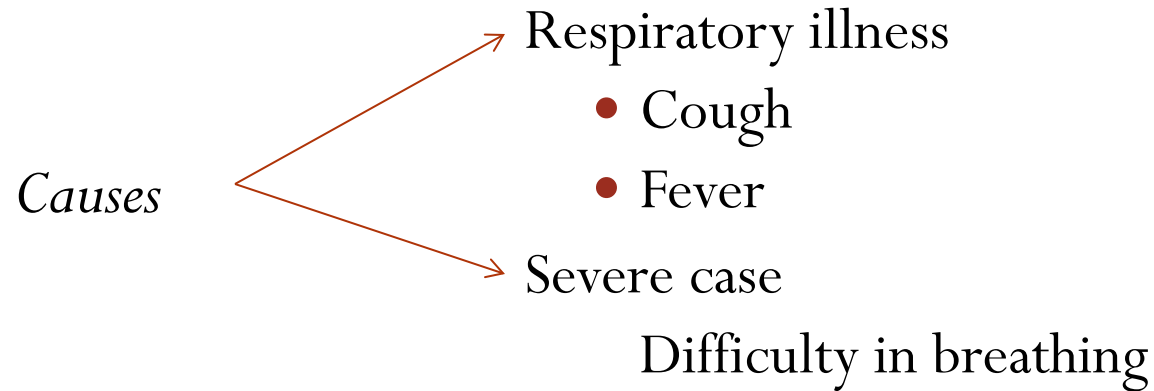
**Routine environmental cleaning
and housekeeping protocol for
residential areas**

COVID - 19

Coronavirus disease 2019(COVID-19) is an infectious disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)



SYMPTOMS



HOW IT SPREADS

- Contact with an infected person
- Cough or sneeze
- Touching eyes, nose, or mouth after touching the surface or objects with virus on it



“High frequency” touch surfaces

- Telephone
- Mobile phone/pager
- Door knobs / handles
- Lift/elevator buttons
- Keypad & Mouse
- Chair arms (including wheel chairs)
- Hand rails
- Side rails of stretchers



Cleaning Protocol - Residential areas

- Solution to be used

- 7% Lysol



- PPE to be used

- Glove
- Mask &
- Apron



F R E Q U E N C Y

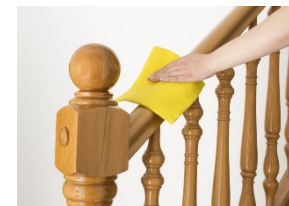
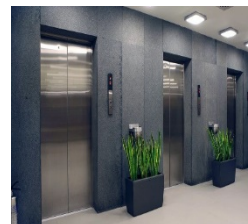
Sweeping and mopping **twice daily (morning and evening).**



Cleaning of the hand rails of the stairs cases, grill-
twice daily.



Lifts to be wiped on all sides including the floor-
twice daily



Main doors, door handles, knobs to be **cleaned every 4 hours.**



Recreation clubs to be cleaned **twice daily**



7% Lysol spray in common areas with high touch points like gates, barricades **once a day** by Environmental engineering team.



Common waiting area chairs (outside the buildings) to be **cleaned every 4 hours.**

Cleaning Protocol - Bus / Institutional Vehicles

- All seats, seat handles, handrails, window rails, windows, doors to be cleaned after every trip. Ventilate for 30 minutes.
- Floor of the bus, tyres to be cleaned twice a day.
- Body of the bus to be wiped everyday morning. One round of 7% Lysol spray in the evening.

Germ Farm



Single most important step to cut down the spread of infections



Methods of Hand Hygiene



**Alcohol-Based
Hand Rub**

Soap & Water

When hand NOT visibly soiled

When hand Visibly Soiled

30 sec

1 min

Seven steps of effective hand washing



STEP 1
Rub palms together.



STEP 2
Rub the back of both hands.



STEP 3
Interlace fingers and rub hands together.



STEP 4
Interlock fingers and rub the back of fingers of both hands



STEP 5
Rub thumb in a rotating manner followed by the area between index finger and thumb for both hands.

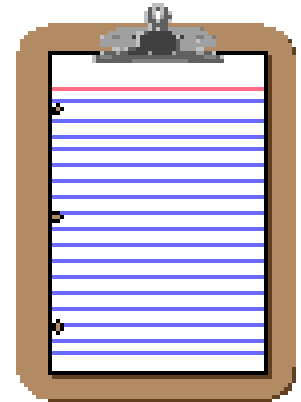
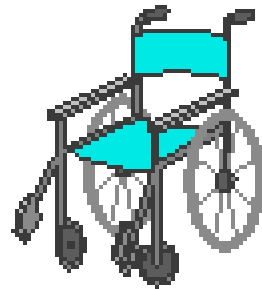


STEP 6
Rub fingertips on palm for both hands.

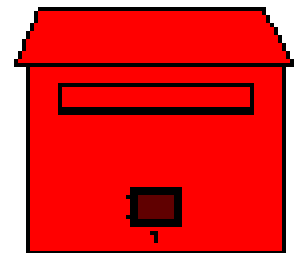
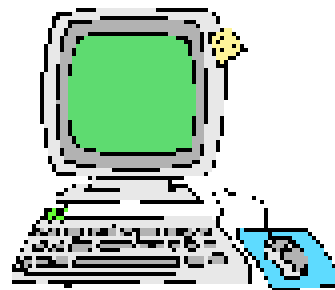


STEP 7
Rub both wrists in a rotating manner. Rinse and dry thoroughly.

**Remember: everything you touch
has been touched by someone else**



**Thanks for washing
your hands**





Hand hygiene



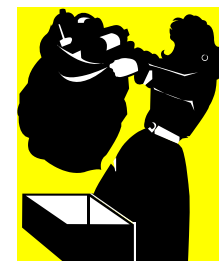
PPE



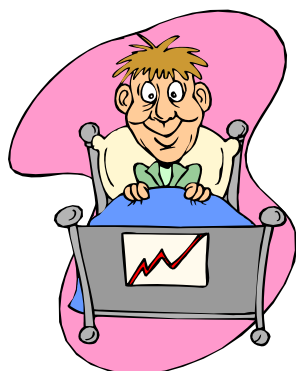
Masks and Eye protection



Environment



Proper waste disposal



Isolating infectious patients



Patient care equipment



Cough Etiquette



Spillages



Linen

Help fight COVID19

Thank you