Food Trends: Understanding Customer Preferences in the F&B Industry

TEAM – A

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Introduction

The food and beverage industry is rapidly evolving due to technological integration and changing consumer lifestyles. Understanding customer choices and ordering behaviour has become crucial for business sustainability. This analysis explores how data visualization can uncover these insights.

- The F&B industry is evolving rapidly with digitalization and changing lifestyles.
- Online food delivery has transformed customer interactions and preferences.
- Businesses rely on data analytics to identify demand, sales, and satisfaction trends.
- This study explores how data can uncover key insights for growth in the F&B sector.

Why This Dashboard

- To analyse customer behaviour and spending patterns in one place.

- Identify popular cuisines and eating habits.

- Track online ordering trends and favourite food delivery apps.

- Understand demographics : age, gender, income, and occupation.

- Measure marketing performance across platforms.

- Study sustainability awareness and organic food preference.

- Support data-driven business and marketing decisions.

Industry Context – Global & Indian Food Trends

► The food industry is shifting due to changing consumer behaviour:

► Preference for healthy, natural, and plant-based options.

► Rise of veganism and flexitarian diets.

► Increasing demand for convenience + nutrition (ready-to-eat, meal kits).

► In India:

► Growing urban youth population experimenting with diets.

► Higher awareness of lifestyle diseases

► Traditional food habits blending with modern health choices.

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Problem Statement

Businesses often struggle to align products and services with dynamic consumer expectations. Identifying which factors influence demand like time, region, or category remains a challenge. The study addresses these gaps through comprehensive data-driven exploration.

► Businesses struggle to understand diverse customer preferences.

► Lack of clarity on seasonal, regional, and platform-based demand.

► Difficulty in forecasting sales and aligning offerings to customer needs.

► The project addresses these issues through data visualization and analytics.

Objectives

The study aims to extract meaningful insights from food sales data and improve decision-making in the F&B sector. Each objective focuses on enhancing the understanding of consumer behaviour through data patterns and key performance indicators.

► Analyse customer demographics and purchasing preferences.

► Identify high-performing categories and underperforming regions.

► Study seasonal and time-based demand patterns.

► Evaluate performance across food delivery platforms.

► Derive data-driven business recommendations for improvement.

Scope of the Study

The scope emphasizes the breadth of analysis within the dataset, covering multiple demographic, regional, and behavioural factors. It also focuses on comparing performance between food delivery platforms and understanding consumer satisfaction.

- Focuses on customer data across multiple Indian regions and cities.

- Includes sales, category performance, payment methods, and ratings.

- Considers both delivery platforms: Swiggy and Zomato.

- Timeframe covers monthly and seasonal analysis for a complete overview.

Dataset Description

The dataset provides comprehensive information about customer orders and preferences. With multiple attributes, it enables detailed analysis of buying patterns, satisfaction, and operational metrics across varied demographics.

- Total Records: ~14000 rows | 20 Attributes

Key Columns:

- Customer ID, Age, Gender, Location, Food Category
- Platform, Order Value, Rating, Payment Mode
- Delivery Time, Season, Feedback Score, Frequency of Orders
- Cleaned and processed for consistent, insightful analysis

Tools and Technology Used

This project leverages advanced analytical and visualization tools to convert raw data into actionable insights. Power BI serves as the core platform for transforming datasets into interactive dashboards.

- **Power BI** – dashboard creation and visualization

- **Excel** – data cleaning and organization

- **DAX** – for KPIs and custom calculations

- **Power Query** – for data transformation
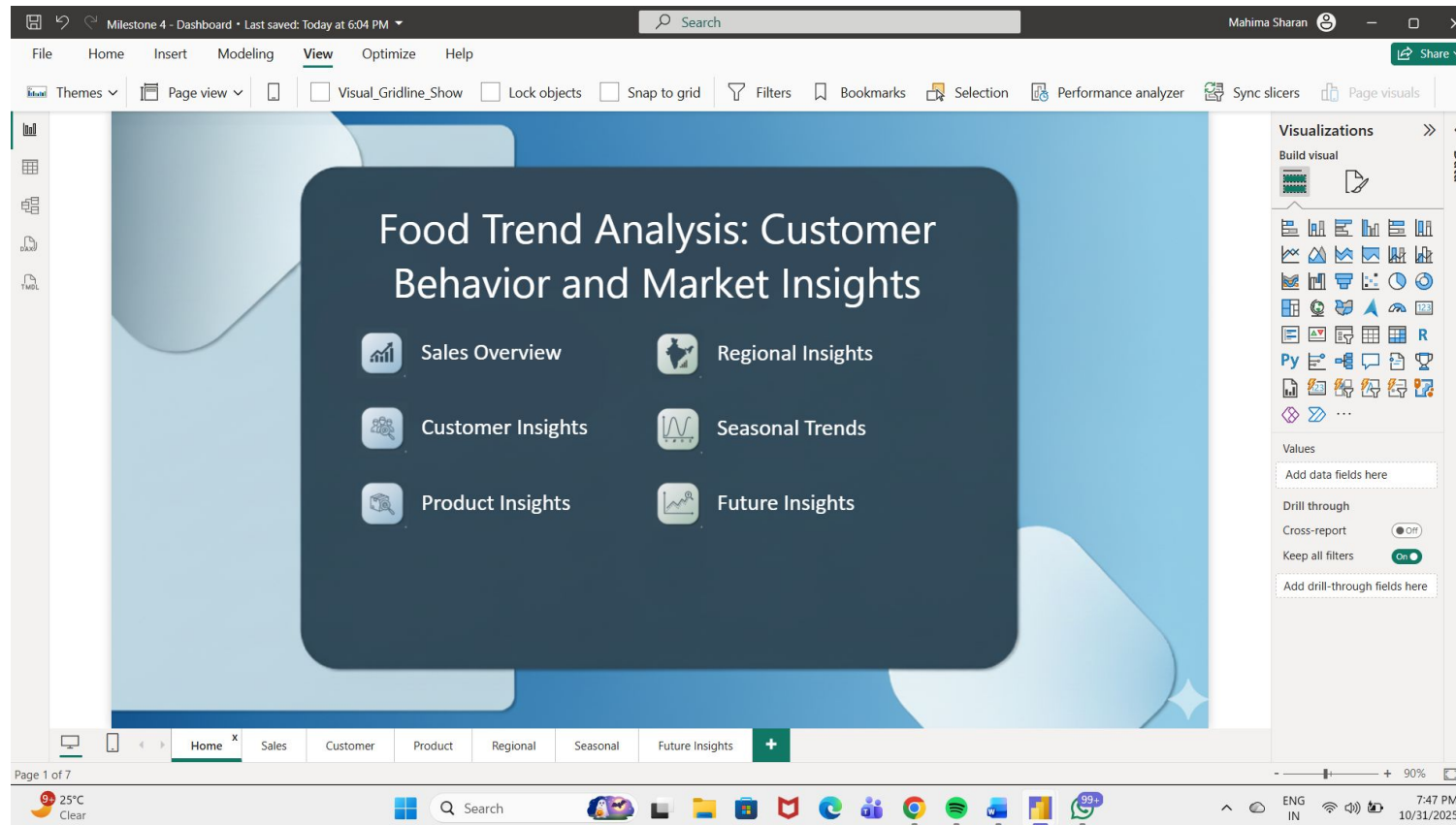
- **Forecasting Tool (Power BI)** – for predictive trends

Methodology Overview

The methodology outlines the step-by-step approach from data collection to visualization. It emphasizes systematic data cleaning, transformation, and dashboard development to ensure accuracy and relevance in insights.

► Data collection and cleaning in Excel.

► Transformation using Power Query in Power BI.

► Dashboard design with KPIs and visuals.

► DAX used for calculated measures.

► Insights extracted, validated, and reviewed.

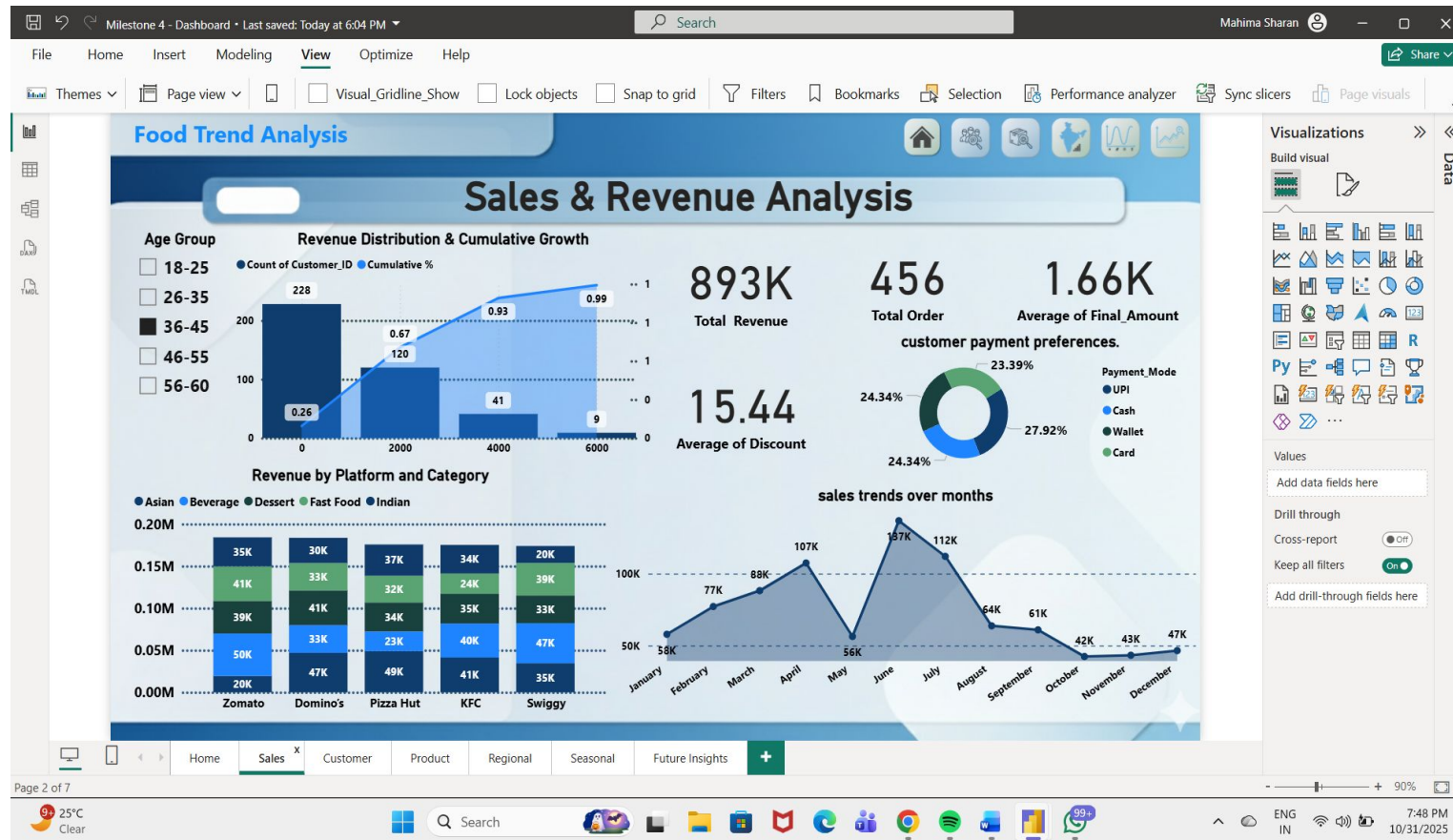► Reporting and presentation compiled for submission.

Dashboard Overview

The home page provides a unified summary of key business metrics and serves as the entry point for detailed analysis. It visually represents overall sales, customer base, and ratings at a glance.
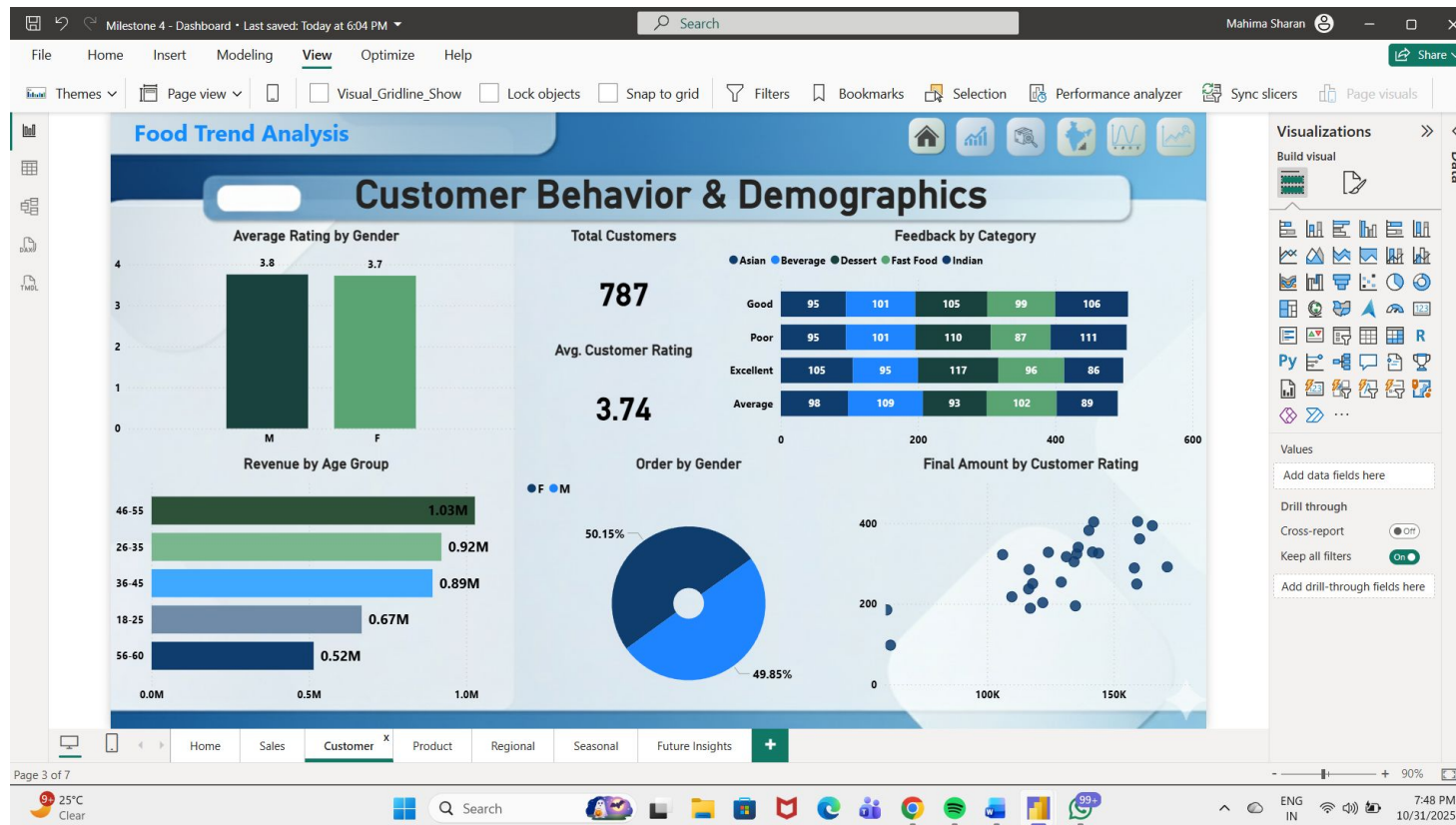
Sales & Performance Insights

Sales metrics form the backbone of business intelligence. By analysing sales trends, order frequency, and payment modes, businesses can identify their strongest performance areas and weaknesses.
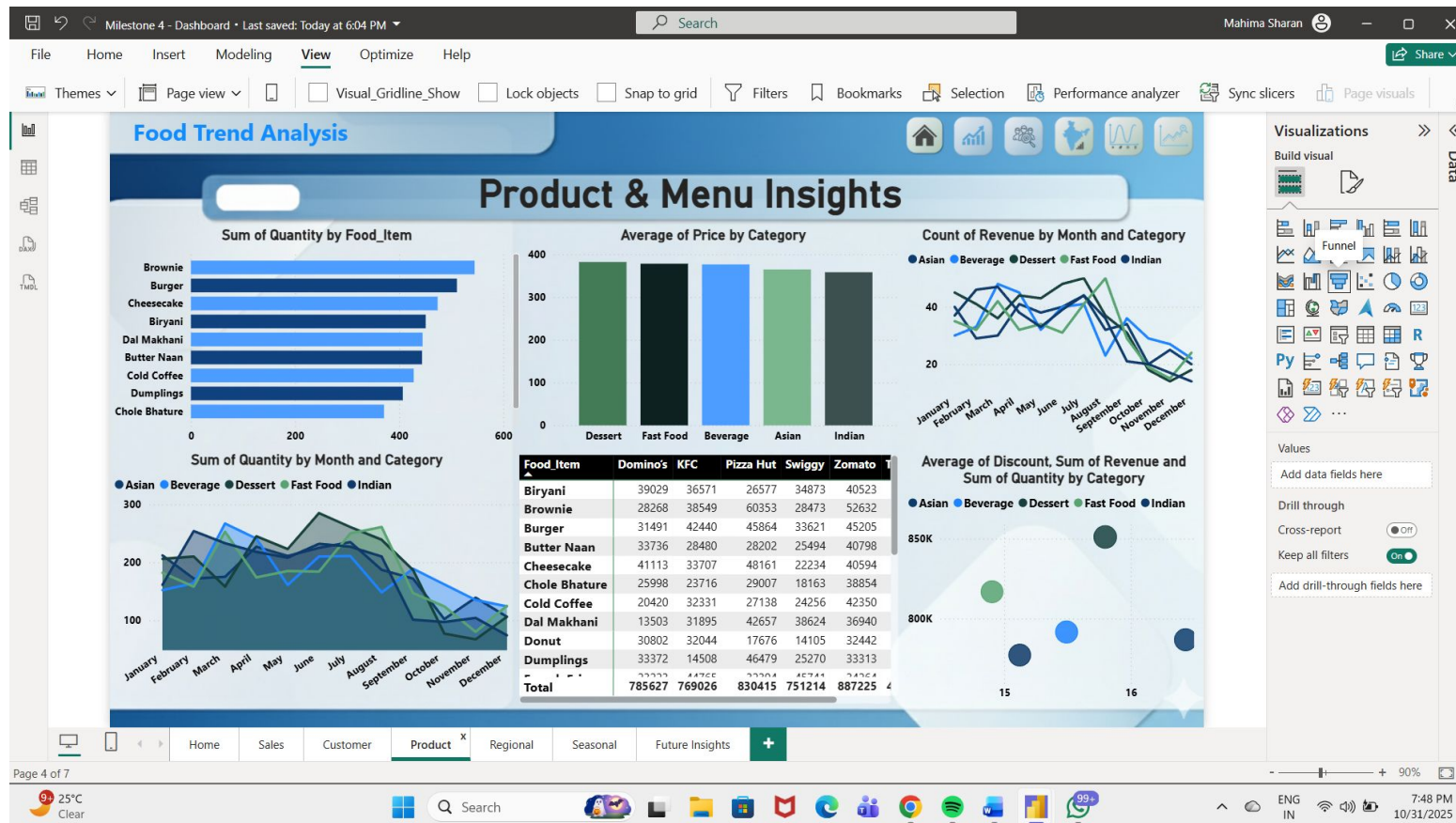
Customer Demographics & Preferences

Demographic insights reveal which customer segments drive the highest engagement and sales. Understanding these segments helps tailor products and marketing strategies effectively.
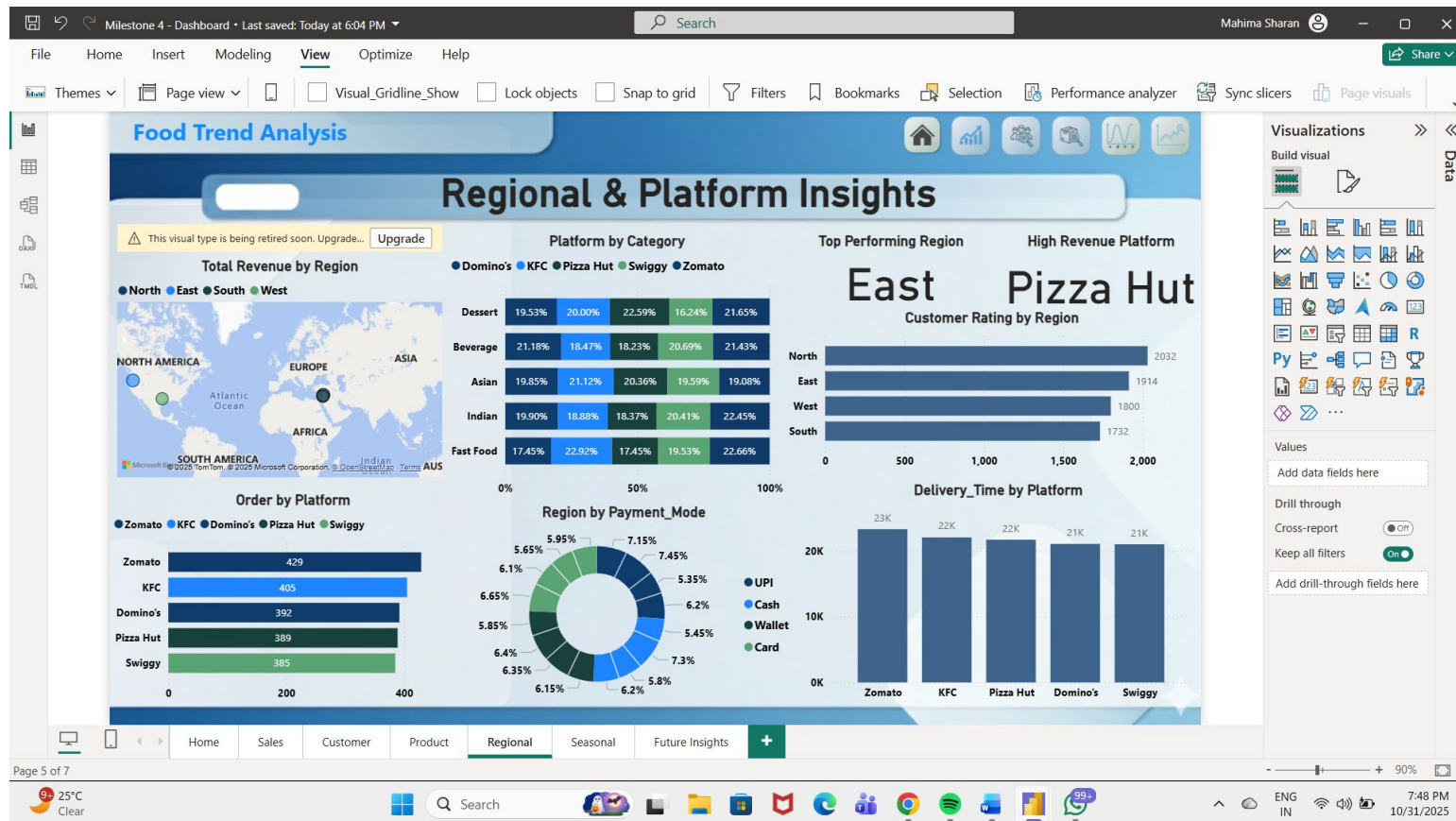
Product Category Analysis

Product category analysis highlights which food types contribute most to revenue and satisfaction. It aids in optimizing inventory and marketing strategies based on popularity and profitability.
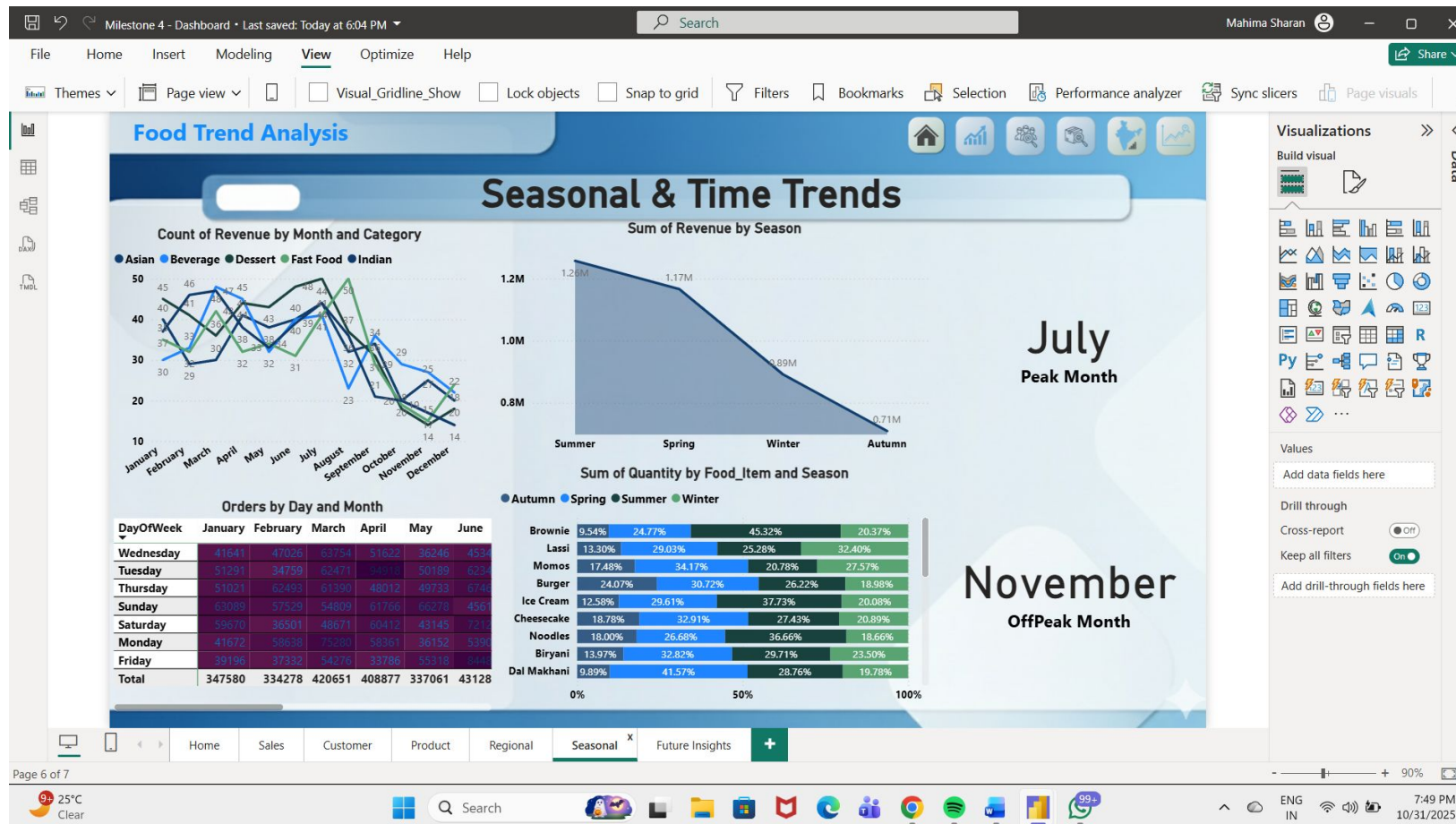
Regional & Platform Insights

Regional and platform analysis brings clarity to performance across locations and delivery services. It identifies revenue leaders and helps allocate marketing resources effectively.
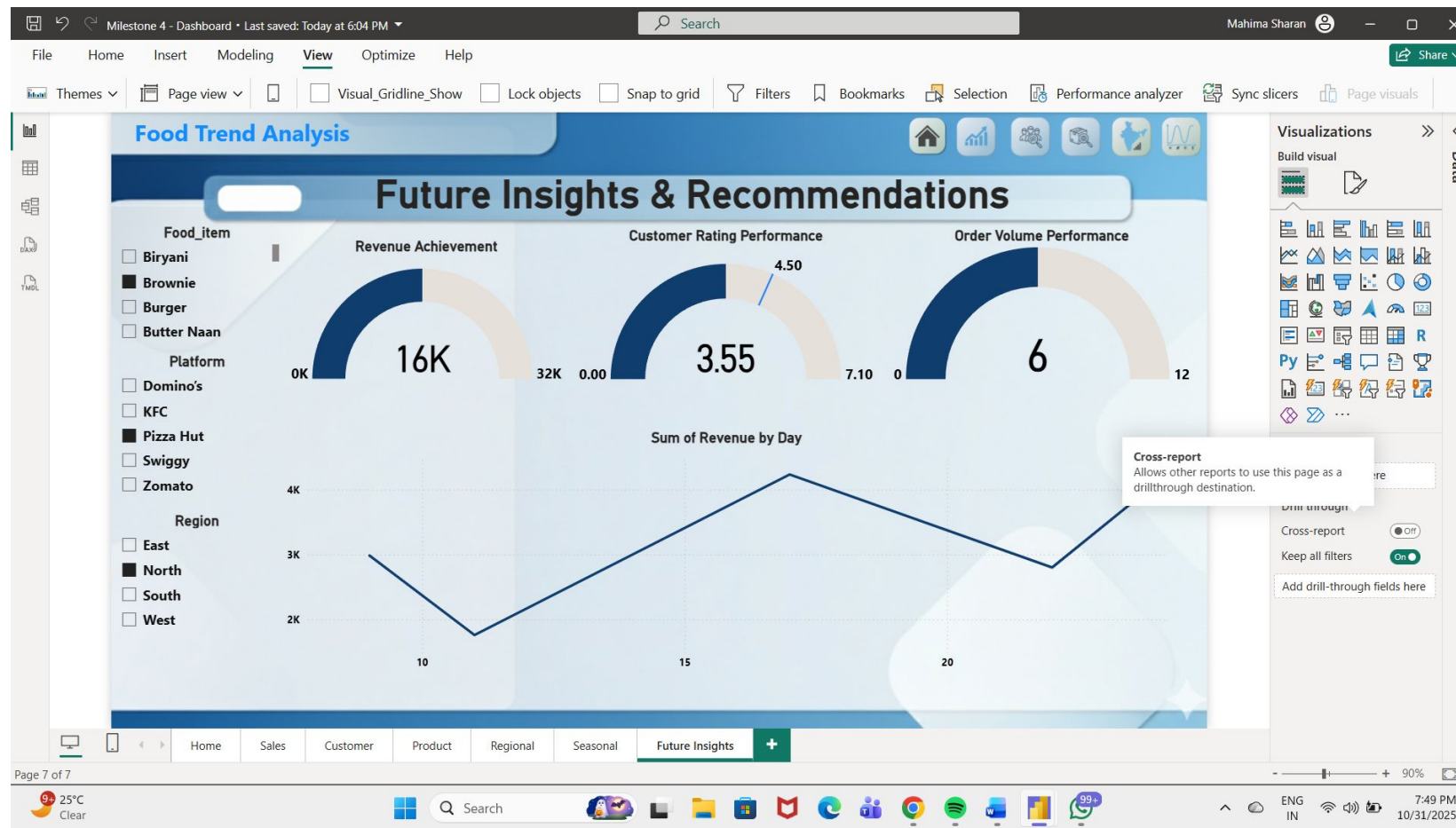
Seasonal & Time-Based Trends

Time-based analysis uncovers when and what customers prefer to order. Recognizing these peaks enables better promotions, staffing, and logistics planning.

Future Insights & Recommendations

Future analysis projects customer demand using predictive models. These insights guide strategies to sustain business growth and profitability in the upcoming quarters.

Business Impact

Applying data-driven insights enhances performance and strategic clarity. The outcomes of this project can directly influence sales, customer satisfaction, and market competitiveness.

- Improved decision-making through real-time data insights.
- Better understanding of customer demographics and needs.
- Enhanced operational efficiency and profitability.
- Stronger competitive advantage in the F&B market.

Learnings & Skills Gained

The project fostered both technical and interpersonal skill development. It provided practical exposure to real-world data visualization and analytical reasoning.

► Power BI proficiency and dashboarding expertise

► Hands-on experience with Power Query and DAX.

► Strengthened analytical and visualization abilities.

► Improved teamwork, coordination, and problem-solving skills.

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Conclusion

The study successfully analysed food trends and customer preferences within the F&B industry through data-driven insights. Using Power BI, the project visualized key metrics like sales, demographics, and platform performance, providing a comprehensive view of consumer behaviour and business performance.

☐ Fast Food and Beverages emerged as top-performing categories.

☐ Regional and seasonal patterns significantly affect order trends.

☐ Power BI enabled clear and actionable business insights.

☐ Insights improve marketing, inventory, and pricing strategies.

☐ Data-driven decisions enhance profitability and efficiency.

☐ The project establishes a framework for sustained growth and better customer engagement.