

Checklist for Supportive Supervision and Monitoring of NCD services
[For Health Post/PHC/Hospital]

Name of the HP:

District:

Province:

Observations	Date of visit 1		Date of visit 2		Date of visit 3		Date of visit 4		Actions agreed between supervisory and supervisee
	Y	N	Y	N	Y	N	Y	N	
A. Administration and Management									
A1. Is there a provision of Health Facility Operation and Management Committee at the health facility? [Based on respondents' comment]	Y	N	Y	N	Y	N	Y	N	
A2. Does the committee discuss NCD service provisions at their regular meetings? [Based on respondents' comment]	Y	N	Y	N	Y	N	Y	N	
A3. Does the Health facility and its Health care workers discuss quarterly the NCD services related queries and cases with KHDC team over Telemedicine or other means? [Based on respondents' comment]	Y	N	Y	N	Y	N	Y	N	
B. Logistics (medicines, supplies & equipment)									
B1. Considering the previous trend for patient turnover at health facility, are the following essential NCD medicines available (in health facilities' store) and sufficient for 2 months? [Observe and validate the respondent's comment]	Y	N	Y	N	Y	N	Y	N	
[Specify number of units if 'Y']									
Amlodipine 5 – 10 mg		N		N		N		N	
Enalapril 2.5 – 10 mg		N		N		N		N	
Losartan 25 mg / 50 mg		N		N		N		N	
Hydrochlorothiazide 12.5 - 25 mg		N		N		N		N	
Chlorthalidone 6.25 – 12.5 mg		N		N		N		N	

Other antihypertensives:							
Atorvastatin 5 mg	N		N		N		N
Atorvastatin 10 mg	N		N		N		N
Atorvastatin 20 mg	N		N		N		N
Other statins:							
Metformin 500 mg	N		N		N		N
Metformin 1000 mg	N		N		N		N
Glimepiride 1 mg / 2 mg	N		N		N		N
Gliclazide 40 mg / 80 mg	N		N		N		N
Glipizide 2.5 mg / 5 mg	N		N		N		N
Sitagliptin 50 mg	N		N		N		N
Linagliptin 5 mg	N		N		N		N
Empagliflozin 10 mg	N		N		N		N
Insulin (soluble) inj.	N		N		N		N
Insulin (NPH) inj.	N		N		N		N
Other hypoglycemic agents:							
Dextrose 25% solution	N		N		N		N
Aspirin 75 mg	N		N		N		N
Clopidogrel 75 mg	N		N		N		N
Metoprolol succinate 12.5 mg / 25 mg / 50 mg	N		N		N		N

Isosorbide dinitrate 5 mg	N		N		N		N	
Other drugs:								
Amoxicillin/clavulanate potassium 625 mg	N		N		N		N	
Azithromycin 500 mg	N		N		N		N	
Other antibiotics:								
Salbutamol (DPI)	N		N		N		N	
Salbutamol	N		N		N		N	
Ipratropium	N		N		N		N	
Tiotropium bromide	N		N		N		N	
Formoterol	N		N		N		N	
Other bronchodilators:								
Prednisolone 5 mg / 10 mg / 20 mg	N		N		N		N	
Other Steroids (oral):								
B2. Is the blood glucometer functioning and in use? [Observe at least three random patient records to validate the respondent's comment. If not in use, explain why] [Kindly note that blood glucose should be measured at every visit in persons living with diabetes and only once in those who are screened through targeted approach]	Y	N	Y	N	Y	N	Y	N

B3. Are urine protein strips used? [Observe at least three random patient records to validate the respondent's comment. If not in use, explain why] [Verify the expiry date and storage conditions if 'Yes']	Y	N	Y	N	Y	N	Y	N
B4. Are urine ketone strips used? [Observe at least three random patient records to validate the respondent's comment. If not in use, explain why] [Verify the expiry date and storage conditions if 'Yes']	Y	N	Y	N	Y	N	Y	N
B5. Are the following essential equipment available and functional in the health facilities? [Observe and validate the respondent's comment] [Specify number of units if 'Y']	Y	N	Y	N	Y	N	Y	N
Sphygmomanometer		N		N		N		N
Weighing Scale		N		N		N		N
Measuring Tape		N		N		N		N
Peak Expiratory Flow Meter		N		N		N		N
Oxygen		N		N		N		N
Oxygen mask		N		N		N		N
Nebulizer		N		N		N		N
Pulse oximetry		N		N		N		N
Glucometer		N		N		N		N
Glucometer strips		N		N		N		N
Lancets		N		N		N		N
Urine dipsticks		N		N		N		N
ECG		N		N		N		N
Other:								

B6. Are the KHDC NCD management leaflets for healthcare workers available in the Health Center (wall or pockets) in a manner that health care workers can easily refer to during patient care, such as being kept in OPD desk? [Observe and validate the respondent's comment]	Y	N	Y	N	Y	N	Y	N
B7. Are KHDC awareness and patient education materials available at the health center? [Observe and validate the respondent's comment]	Y	N	Y	N	Y	N	Y	N
B8. Is the NCD register available and filled properly? [Observe and validate the respondent's comment]	Y	N	Y	N	Y	N	Y	N
B9. Is WHO-ISH CVD Risk Prediction Chart available for patient care in the health facility? [Observe and validate the respondent's comment]	Y	N	Y	N	Y	N	Y	N
B10. Is WHO-ISH CVD Risk Prediction Chart in use for patient care in health facility? [Observe and validate the respondent's comment]	Y	N	Y	N	Y	N	Y	N

C. NCD Service Delivery

C1. Total Number of Health Workers trained on NCDs

Designation	Total staff	Numbers trained		
		KHDC	PEN	Other related to NCDs (Specify)
HA				
Sr. AHW				
AHW				
Sr. ANM				
ANM				
Others				

C2. Are the following NCD services provided to the clients as per the PEN protocol and standards?

[Based on respondents' comment]

Blood pressure measurement of all clients above 40 y/o and people at risk (as per leaflet), at every visit	Y	N	Y	N	Y	N	Y	N
Blood sugar measurement of all clients above 40 y/o and patients at risk (leaflets) at first visit, then each visit when diabetes	Y	N	Y	N	Y	N	Y	N
BMI measurement at every visit (weight measurement)	Y	N	Y	N	Y	N	Y	N
Waist- circumference measurement at every visit	Y	N	Y	N	Y	N	Y	N
CVD risk estimation for all patients above 40 y/o	Y	N	Y	N	Y	N	Y	N
Urine protein measurement of all clients above 40 y/o and at risk (leaflet). Then every 6 months for people with CKD, diabetes, hypertension ...	Y	N	Y	N	Y	N	Y	N
Peak Expiratory Flow Rate of COPD and asthmatic clients at every visit	Y	N	Y	N	Y	N	Y	N
eGFR calculation for all people at risk (according to leaflet)	Y	N	Y	N	Y	N	Y	N
Brief Intervention using 5A and 5R for tobacco cessation, unhealthy diet, alcohol intake and physical inactivity at every visit	Y	N	Y	N	Y	N	Y	N

For Diabetes

Foot examination once every year	Y	N	Y	N	Y	N	Y	N
Oral examination at every visit	Y	N	Y	N	Y	N	Y	N
Counselling for eye examination once every year	Y	N	Y	N	Y	N	Y	N
Health education for foot care advice at every visit	Y	N	Y	N	Y	N	Y	N

C3. Is there an examination room that allows confidentiality?

[Based on respondents' comment]

C4. Is there any NCD services provided to home bound patients by the Health Facility?

[Based on respondents' comment]

C5. Is there any community based NCD care provided by the Health Facilities?

[Based on respondents' comment]

C6. Is there any school-based program for NCD prevention and health promotion conducted by Health Facility?

[Based on respondents' comment]

	Y	N	Y	N	Y	N	Y	N
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C7. Is there any patient tracking mechanism proactively following up on NCD patients?
[Based on respondents' comment]

D. Health Information

D1. Is NCD OPD register maintained?
[Observe and validate]

D2. Is the NCD data register maintained?
[Observe and validate]

D3. Is the NCD data register maintained?
[Observe and validate]

D4. Is the NCD data register maintained?
[Observe and validate]

C7. Is there any patient tracking mechanism such as recall and reminder for proactively following up on NCD patients? [Based on respondents' comment]	Y	N	Y	N	Y	N	Y	N	
D. Health Information									
D1. Is NCD OPD register regularly updated and thoroughly completed? [Observe and validate the respondent's comment]	Y	N	Y	N	Y	N	Y	N	
D2. Is the NCD dashboard displayed with updated information? [Observe and validate the respondent's comment]	Y	N	Y	N	Y	N	Y	N	
D3. Is the Monthly Reporting Form sent to the concerned authority? [Observe and validate the respondent's comment]	Y	N	Y	N	Y	N	Y	N	
D4. What number of people sought NCD services in the previous month? [Observe and validate the respondent's comment]	Y	N	Y	N	Y	N	Y	N	
D5. Is there any dedicated healthcare worker assigned for NCD service provisions? [Based on respondents' comment]	Y	N	Y	N	Y	N	Y	N	
E. Integration of NCD services									
E1. Are Health Workers in the health facility aware of the purpose of the PEN programme? [Based on respondents' comment]	Y	N	Y	N	Y	N	Y	N	
E2. Is health education on tobacco, alcohol, unhealthy diet and physical activity provided to all patients at risk of NCDs? [Based on respondents' comment]	Y	N	Y	N	Y	N	Y	N	
E3. Is screening for raised blood pressure and raised blood sugar provided to all patients at high risk for NCDs? [Based on respondents' comment]	Y	N	Y	N	Y	N	Y	N	

F. Overall observations and summary					
Date of visit					F1. Clearly outline a summary of recommendations between the supervisor and the supervisee within an agreed set time for the next supervision. Visit 1: Visit 2: Visit 3: Visit 4:
Signature of Supervisor					
Signature of Health Facility Representative					
	Visit 1	Visit 2	Visit 3	Visit 4	