

The Art of Living: Self-Inquiry

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Reviews

The very best publication i actually go through. It can be packed with knowledge and wisdom It is extremely difficult to leave it before concluding, once you begin to read the book. (Rhea Kunze)

THE ART OF LIVING: SELF-INQUIRY



Createspace, United States, 2013. Paperback. Book Condition: New. Large Print. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Become more and more aware of the precariousness of life.Learn how to live by being responsible.As awareness increases mind is filled with awareness and you act from awareness. When you act from awareness, the action is complete without any hangover. Then you will know what it is to be free even while acting. Action with motive is binding because it is directed, it is incomplete because you act from the ego and incomplete action leaves a residue of experience which knocks your door for resolution. God is an invention of man for his comfort, just as religion is also an invention of man. All religions keep you in ignorance because religion is created by thought. You must negate all thought created things like god, religion if you are serious to find the truth. This negation comes out of diligent understanding but negation is not intellectual. Then your mind is empty of beliefs, dogma, nationality, caste, creed, race religion etc and has the capacity to comprehend that which is ultimate truth that can never be touched by thought. Through negation of false you touch what is true, so in search for truth diligent negation is the most positive act. Belief, dogma, conformity, imitation are the most negative acts possible. Get rid of them first. You are already the truth, so you have to negate the ego smoke that is formed over the mirror of consciousness from many centuries during evolution. In psychological inquiry never depend on anybody as authority be it a savior, book, scripture, guru. Death is knocking at your door; it can happen at any time. Life is momentary, a soap bubble, just a pin prick and it is gone forever....

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