



## Shopping Addiction Therapy: Stop the Credit Card Abuse - Addiction Treatment for Shopping Addicts

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By Jane Richards

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Stop The Credit Card Abuse - Addiction Treatment For Shopping Addicts Shopping has become a favorite pastime of many Americans, especially during weekends, paydays and holidays. Some people can become satisfied by shopping for small trinkets or knick knacks for the house, while others feel that they need to shop for new clothes and shoes regularly to relieve their stress from day-to-day life. This is where the danger lies, because a regular pastime can develop into a genuine and vicious addiction that can destroy not only your finances, but the other areas of your life, as well. This book contains proven steps and strategies for how to better understand your addiction to shopping so you can start taking steps to build a better future for you and your family. No matter what your situation is right now, you can still create an abundant, happy and fulfilling life. You just need to realize that you are in control and you can do something about your situation. Through this book, you will learn different tools that you can use to...



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