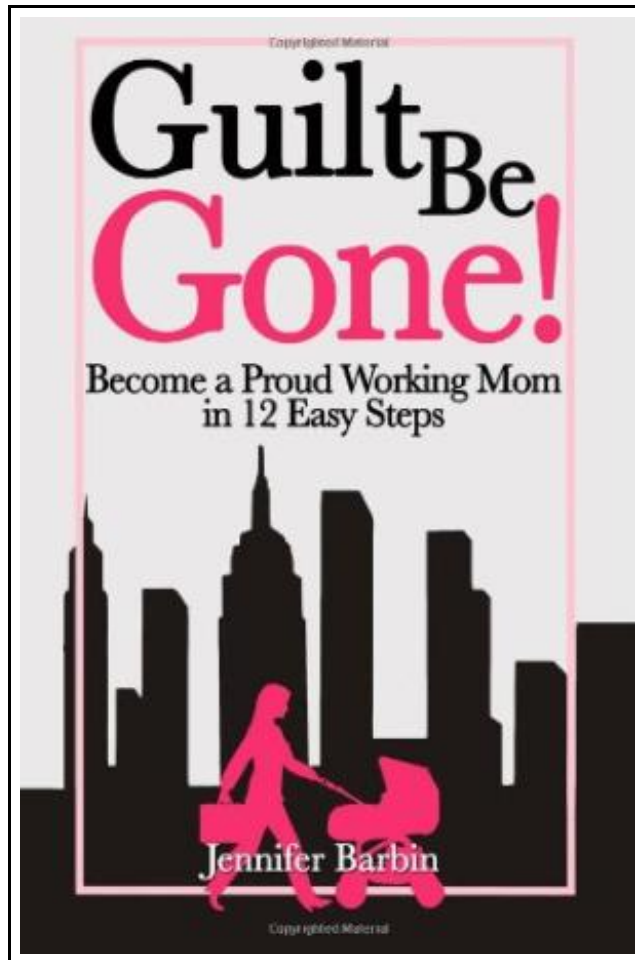


## Guilt Be Gone: Become a Proud Working Mom in 12 Easy Steps



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Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 194 pages. Dimensions: 8.0in. x 5.2in. x 0.4in. Is my career a bad thing for my family Am I doing enough for my children Am I selfish if I want to take a step forward in my career Do I measure up to other parents Am I a bad mother If you have ever felt torn between motherhood and your career, you are in good company. The above questions reflect the thoughts of countless working mothers across the globe. We all struggle with feelings of persistent and sometimes overwhelming guilt that make us question both our parenting and career choices. Working mother guilt is real. I have been there. I am there. Every single day. Today, many working mothers are raising great kids and achieving amazing professional success, but if we don't feel good about it, then what is the point As a mother of three and a traveling executive, I am often stopped by working mothers of all types: full-time, part-time, traveling, remote, in-office, and any combination of those. And I am always asked the same question: How are you making it all work I have had to make many tough decisions regarding the balance of my family and the development of my career. Guilt has been an ongoing struggle. My journey was neither easy, nor the standard path, but I have finally arrived. Today I am guilt-free, productive, and happy. This book is not about having it all, nor is it about doing it all. That is silly. In these pages, you will find real stories from my journey. I will show you what I have learned and offer straightforward solutions and practical shortcuts you can apply to your liferight now. At the end of our time...

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