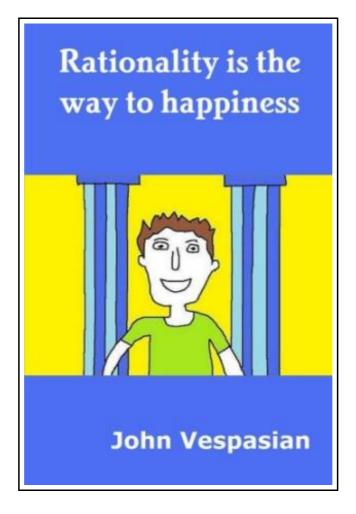
# Rationality Is the Way to Happiness: The Theory and Practice of Rational Living



Filesize: 1.13 MB

### Reviews

This type of pdf is everything and helped me searching ahead and a lot more. It normally does not expense a lot of. You wont really feel monotony at anytime of the time (that's what catalogues are for relating to should you request me).

(Zella Bradtke)

## RATIONALITY IS THE WAY TO HAPPINESS: THE THEORY AND PRACTICE OF RATIONAL LIVING



Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In a world where philosophy is often reduced to catch-phrases and empty theories, this is a passionate defence of logic and consistency as the keys to happiness. Personal effectiveness, the basis of well-being and success, results from rational goals, workable plans and relentless action. In the areas of career, health, relationships and investments, this essay shows how to let go of wasteful propositions, pursue compatible goals, cultivate perseverance and resilience, minimize problems and maximize opportunities. Inspired by the teachings of Aristotle, Maimonides, Erasmus, Montaigne, Epictetus and Spinoza, the book encourages readers to embrace rationality and adopt a self-reliant, entrepreneurial attitude. TABLE OF CONTENTS 1. The untold key to success and happiness Ten positive trends rarely reported by the media The way to independent thinking Trust only your own statistics Achieving happiness through rationality Wake up to a sharp vision of reality Important lessons from history In search of principles that make sense2. Fundamental skills that everybody should master Relentless initiative creates opportunities An active mind looks for alternatives Cultivate perseverance and resilience Avoid waste and embrace frugality Shun overcommitment and worry3. The easy way to prosperity Select a career where you can make a good living Principles of accelerated learning Using Ancient Mongol tactics to find employment Discard the myth of career planning Growth sectors in the 21st century Those who can sell are always received well4. Philosophical ideas to make the best of your life Take the perspective of a lifetime Focus on practical solutions Self-confidence arises from preparedness Pursue compatible goals Concentrate your resources on essential tasks5. Get out of losing situations Immobility is the enemy of achievement Train yourself to face nonsense calmly Throw away...

- Read Rationality Is the Way to Happiness: The Theory and Practice of Rational Living Online
- Download PDF Rationality Is the Way to Happiness: The Theory and Practice of Rational Living

#### Other Kindle Books



#### Hope for Autism: 10 Practical Solutions to Everyday Challenges

Seaborough Enterprises Publishing, United States, 2015. Paperback. Book Condition: New. Initial ed.. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Hope for Autism: 10 Practical Solutions to Everyday...

Save Book »



### Weebies Family Halloween Night English Language: English Language British Full Colour

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and...

Save Book »



#### How The People Found A Home-A Choctaw Story, Grade 4 Adventure Book

McGraw Hill. Soft cover. Book Condition: Brand New. Dust Jacket Condition: No Dust Jacket. Brand New In Softcover Format, How The People Found A Home-A Choctaw Story, Grade 4 Adventure Book. 1-1-3.

Save Book »



## The Country of the Pointed Firs and Other Stories (Hardscrabble Books-Fiction of New England)

New Hampshire. PAPERBACK. Book Condition: New. 0874518261 12+ Year Old paperback book-Never Read-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy- I ship FAST...

Save Book »



#### Telling the Truth: A Book about Lying

Baker Publishing Group, United States, 2016. Paperback. Book Condition: New. 203 x 203 mm. Language: English . Brand New Book. Stories to Encourage Positive Behavior in Small Children The preschool and kindergarten years are some...

Save Book »