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## The Mammoth Book Of Brain Games

By Moore, Gareth

Book Condition: New. Publisher/Verlag: Constable & Robinson | 365 Days of Puzzles to keep you sharp | One year to a better brain! A 52-week programme to make you sharper, day by day | A fun programme - featuring logic, observation, number and word puzzles, in categories such as reasoning, concentration and speed - that will help to build new brain skills in just a few minutes each day. At the end of each week, a 're-thinking' page features a range of suggestions and ideas to help improve your memory and unleash your creativity, challenging you to make better use of your brain in your daily life. An exceptionally wide range of content - 78 entirely different types of puzzle, none of which repeats within a quarter of a year - provides the novelty that helps a brain to thrive, while puzzles of the same type are carefully arranged in order of increasing difficulty through the book. A scoring system helps to keep you motivated as you improve week by week, with the final page of each week's puzzles offering you the chance to calculate your brain rank as another way to keep pushing yourself. Praise for The Mammoth Book...



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### Reviews

*It is one of the best publications. It really is really intriguing through reading through period of time. You will not feel monotony at anytime of your own time (that's what catalogs are for relating to in the event you request me).*

-- **Dr. Pat Hegmann**

*It is one of my favorite publications. It is among the most awesome publication I have gone through. I am just quickly will get a delight of reading through a published publication.*

-- **Prof. Martin Zboncak DVM**

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Createspace, United States, 2015. Paperback. Book Condition: New. 258 x 208 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This isn't porn. Everyone always asks and some of our family thinks it is for sure. but it's not....



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