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Coils Curls the Hair Product Handbook: Helping the Product Junkies of the World Buy Smarter, Sort Through Marketing Hype and Save Money!

By Nicole Harmon

Createspace, United States, 2012. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.There is so much hype about hair products, but does it really matter which ones you choose? Are expensive products really worth paying for? This book teaches you everything you need to know about products for coils (spiral-shaped/afro-textured hair) and curls (S-shaped hair). Coils Curls The Hair Product Handbook shows you the key ingredients to look for and explains what they can do for your unique hair type. Also included: product recommendations, sample hair care routines, and ideas for homemade recipes. Coils Curls The Hair Product Handbook Chapter 1: An introduction to hair care language Chapter 2: The specific ingredients to look for in shampoos, conditioners, and styling products Chapter 3: Product recommendations and a complete list of important ingredients Chapter 4: A simple formula to help you decide if an expensive product is worth the money Chapter 5: Guidance on pressing combs, mineral oil, and protective styles Chapter 6: Specific hair care routines for natural hair, relaxed hair, and for growing out a relaxer Chapter 7: Detailed instructions for co-washing, proper flat ironing technique, protecting the hair...



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Reviews

Complete guideline! Its this type of great read through. it absolutely was writtern quite perfectly and helpful. I am very happy to explain how this is basically the best book i actually have read through during my personal life and can be he very best book for at any time.

-- **Joshua Gerhold PhD**

A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.

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