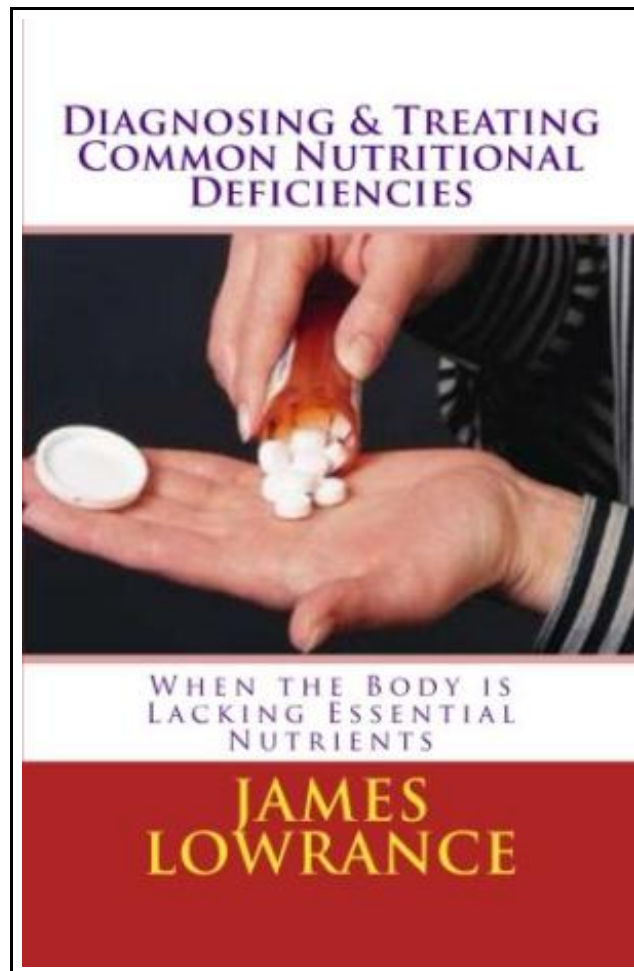


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Createspace, United States, 2010. Paperback. Book Condition: New. 208 x 135 mm. Language: English . Brand New Book ***** Print on Demand *****.FROM THE AUTHOR: Due to the possibility of bogus and spam reviews, see the Look Inside feature, this book s word-length, retail price, description (shown below) and Amazon s return policy. DESCRIPTION: Nutritional deficiencies have increased in frequency worldwide. Even the most industrialized countries in the world are seeing more cases of deficiency in vitamins, minerals, proteins, electrolytes and other essential elements in their populations. Some of these have reached near-epidemic proportions, even in the USA (i.e. Vitamin D Deficiency). In this book I address some of the more common types of deficiencies and the treatments that are administered to resolve them. Also included is a comprehensive list of essential nutrients and the symptoms that occur with deficiencies of these and the causes of them. NOTE: This book is approximately 7,281 words in length. It is not an extensive medical journal but rather contains aspects of information on the subject that most laypersons would be seeking. CONTENTS: CHAPTER ONE: Causes of Nutritional Deficiencies CHAPTER TWO: My Personal Experience with Vitamin Deficiencies CHAPTER THREE: The Vitamin-D Deficiency Epidemic CHAPTER FOUR: Pernicious Anemia - Vitamin B12 Deficiency CHAPTER FIVE: Other Symptoms and Types of Nutritional Deficiencies CHAPTER SIX: Diagnostic Testing for Vitamin, Mineral and Electrolyte Imbalances ABOUT THE AUTHOR: (final paragraphs).



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