



Coffee Gives Me Superpowers

By Ryoko Iwata

Hardback. Book Condition: New. Not Signed; If coffee is the foundation of your food pyramid, then this is your book. Inspired by Ryoko Iwata's popular Web site, I Love Coffee (en.ilovecoffee.jp), Coffee Gives Me Superpowers is overflowing with infographics and fun, interesting facts about the most awesome beverage on earth written by Ryoko, a Japanese coffee-lover living in Seattle. The book includes the most popular pieces on the site, such as Your Brain on Beer vs. Coffee, 10 Coffee Myths, The 15 Most Caffeinated Cities in the U.S., The Best Time of Day to Drink Coffee (According to Science), and 10 Things You Probably Didn't Know about Caffeine, plus 25% new, original material that is available only in this book. book.



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