


[DOWNLOAD](#)


Herbs: Healing Gardening and Cooking with Wild Plants (New edition)

By Adele G. Dawson

Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, Herbs: Healing Gardening and Cooking with Wild Plants (New edition), Adele G. Dawson, - Clear directions for growing and using many wild and cultivated herbs.- Detailed pen-and-ink drawings help readers identify 70 herbs. With irresistible enthusiasm and an endless store of knowledge about the plant kingdom, herbalist Adele Dawson traces the human-plant relationship through the seasons, providing practical and enlightening information about every aspect of herbalism, including spring foraging, summer gourmet gardening, the preparation of remedies in autumn, and the brewing of healing potions in winter. The mysteries of preparing infusions, decoctions, tinctures, and essences are unraveled through the author's clear and cohesive chapters on how to identify, collect, and preserve herbs. Detailed pen-and-ink drawings show the essential elements of flower and leaf anatomy as well as 70 wild and cultivated plants in their budding, blossoming, and dormant stages. Sprinkled throughout the text are recipes for impromptu wild feasts such as milkweed buds tempura, directions for soothing hand lotions of marigold and milk, and an enormous variety of medicinal and culinary teas. In equal measure an herbal encyclopedia, a health-food cookbook, and a nature guide, this book deserves a place...



READ ONLINE
[4.91 MB]

Reviews

Extremely helpful for all class of people. We have read through and that i am confident that i am going to going to read through again again down the road. Its been designed in an exceedingly basic way in fact it is simply following i finished reading this pdf in which in fact altered me, alter the way i think.

-- **Noel Stanton**

Absolutely one of the best pdf We have ever read. I really could comprehended every little thing using this written e book. I am easily could get a satisfaction of reading a written publication.

-- **Dr. Odie Hamill**

Relevant Kindle Books



[Shadows Bright as Glass: The Remarkable Story of One Man's Journey from Brain Trauma to Artistic Triumph](#)

Free Press. Hardcover. Book Condition: New. 1439143102 SHIPS WITHIN 24 HOURS!! (SAME BUSINESS DAY) GREAT BOOK!!.



[Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications .](#)

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the...



[Let's Find Out!: Building Content Knowledge With Young Children](#)

Stenhouse Publishers. Paperback. Book Condition: new. BRAND NEW, Let's Find Out!: Building Content Knowledge With Young Children, Sue Kempton, Ellin Oliver Keene, In her new book, Let's Find Out!, kindergarten teacher Susan Kempton talks about the importance of helping children build the...



[Games with Books : 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade](#)

Book Condition: Brand New. Book Condition: Brand New.



[Games with Books : Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn - from Preschool to Third Grade](#)

Book Condition: Brand New. Book Condition: Brand New.



[Dom's Dragon - Read it Yourself with Ladybird: Level 2](#)

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Dom's Dragon - Read it Yourself with Ladybird: Level 2, Mandy Ross, One day, Dom finds a little red egg and soon he is the owner of a friendly dragon called Glow! But...