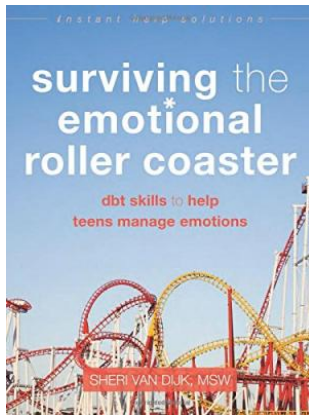


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# SURVIVING THE EMOTIONAL ROLLER COASTER: DBT SKILLS TO HELP TEENS MANAGE EMOTIONS



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- Authored by Sheri Van Dijk
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