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Forgetting: When to Worry, What to Do

By Joan C. Breitung

Prometheus Books, United States, 2008. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. Memory problems and the accompanying confusion can have any number of causes. As the elderly population swells with the aging of 77 million baby boomers, Americans will increasingly face the challenge of trying to understand and cope with problems associated with cognitive decline. This informative, user-friendly guide defines the kinds of memory problems that have straightforward explanations and remedies, as well as those that are more complex and ominous. Author Joan Carson Breitung, an expert on the mental health of the elderly, clarifies the difference between normal brain aging and the onset of dementia. Among the important topics included are: - Mild Cognitive Impairment: the two most common causes, treatment, and controversial aspects of this diagnosis - Alzheimer s Disease: risk factors, diagnostic and prevention strategies, current treatments that may slow the disease - Late-Life Depression: its symptoms and causes, its connection with bereavement and substance abuse, treatment options, and why it is under-diagnosed and often untreated - Caregivers: challenges and responsibilities, home care vs. nursing home care or alternative living situations - Dementia: facts about dementia, risk reduction, how memory...



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Reviews

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A very awesome book with perfect and lucid reasons. It really is basic but shocks within the 50 percent of the book. Its been designed in an exceptionally easy way and is particularly merely right after i finished reading this ebook where in fact changed me, change the way i think.

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