



A Self Help and Improvement Book: Useful Psychology Information (a Critique and Integration of Personality, Social, Interaction, Communication and Well-Being Psychology)

By Mark Pettinelli

Lulu.com, United Kingdom, 2011. Paperback. Book Condition: New. 274 x 211 mm. Language: English . Brand New Book ***** Print on Demand *****.This book is online for free at /content/col11139/latest . It is important and obvious to note that there is no doubt that emotions and feelings are in our midst. However, how large a background knowledge does someone need in order to navigate those feelings? Emotions determine how people feel which could change what they might say or act like. Judgements, prejudices, self-concepts and other thoughts play a role in what people are thinking and that influences behavior and the emotions that occur. Everyone wishes to be liked, chosen or respected, but to achieve this, one must be visible . Social visibility requires in turn the adoption of points of view which are original, and which are maintained with constancy and vigor. People have an image of themselves that they wish to present to others. People are similar and different, in social situations, difference and similarity are sought simultaneously. This is so in behavior which has been referred to as the superior conformity of the self.



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