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## Migraine and Other Headaches: An American Academy of Neurology Press Quality of Life Guide

By William B. Young, Stephen D. Silberstein

Demos Medical Publishing, United States, 2004. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book. Headache is the most common complaint for which people see Neurologists and the seventh most common reason they visit their primary care Doctors. It is the third most common cause of missed work and can seriously undermine the quality of life if not effectively managed. Migraine and Other Headaches is the essential guide for everyone who suffers from headaches and will provide the information needed to obtain effective medical care and long-term relief. Different types of Headache are thoroughly explained in easy to understand language, beginning with migraine, the most common severe headache, which occurs in approximately 12 percent of the U.S. population. The authors discuss the different types of Migraine: Migraine without aura (previously called common migraine), Migraine with aura and Basilar Migraine. Emphasis is placed on the necessity of early treatment, the importance of understanding the difference between a Headache cause and a Headache trigger and how to avoid common triggers. Rebound Headache, caused by the overuse of acute medication, is a topic of special significance and is discussed in detail. The book also considers Tension-Type Headache, the...



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