

# How to know the rate of change

## Rate of Change (ROC)

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### What is Rate of Change (ROC)

The rate of change (ROC) is the speed at which a variable changes over a specific period of time. ROC is often used when speaking about [momentum](#), and it can generally be expressed as a ratio between a change in one variable relative to a corresponding change in another; graphically, the rate of change is represented by the slope of a line. The ROC is often illustrated by the Greek letter delta.

### Understanding Rate of Change (ROC)

Rate of change is used to mathematically describe the percentage change in value over a defined period of time, and it represents the momentum of a variable. The calculation for ROC is simple in that it takes the current value of a stock or [index](#) and divides it by the value from an earlier period. Subtract one and multiply the resulting number by 100 to give it a percentage representation.

$$ROC = \left( \frac{\text{current value}}{\text{previous value}} - 1 \right) * 100$$

### The Importance of Measuring Rate of Change

Rate of change is an extremely important financial concept because it allows investors to spot security momentum and other [trends](#). For example, a security with high momentum, or one that has a positive ROC, normally outperforms the market in the short term. Conversely, a security that has a ROC that falls below its [moving average](#), or one that has a low or negative ROC is likely to decline in value and can be seen as a [sell signal](#) to investors.

Rate of change is also a good indicator of market [bubbles](#). Even though momentum is good and traders look for securities with a positive ROC, if a broad-market [ETF](#), index, or [mutual fund](#) has a sharp increase in its ROC in the short term, it may be a sign that the

market is unsustainable. If the ROC of an index or other broad-market security is over 50%, investors should be wary of a bubble.

## Rate of Change and Its Relationship With Price

The rate of change is most often used to measure the change in a security's price over time. This is also known as the [price rate of change](#) (ROC). The price rate of change can be derived by taking the price of a security at time B minus the price of the same security at time A and dividing that result by the price at time A.

$$\begin{aligned} &\text{Price ROC} = \frac{B - A}{A} \times 100 \\ &\text{where: } B = \text{price at current time} \\ &\quad A = \text{price at previous time} \end{aligned}$$
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