

## 4. Parent HACK Guide

(Family-Facing, Plain Language)

### Why Your Child Is Learning HACK

Students are learning to recognize common psychological pressure patterns used in scams and online manipulation — not technical hacking.

The goal is to help them:

- Pause before reacting
- Ask questions
- Verify information

### The HACK Signals

- **Hurry:** "Act now or else"
- **Authority:** "I'm in charge"
- **Comfort:** "You know me"
- **Kill-Switch:** Fear or excitement

### Important Note for Families

This program:

- Does **not** monitor devices
- Does **not** collect browsing data
- Does **not** track individual behavior

It teaches a **shared language** families can use at home.

**Try this at dinner:** Ask everyone to name a time they felt a "Hurry" or "Kill-switch" signal today (even if it wasn't a scam, like a limited-time sale). Practice saying: "*I'm taking my 5 seconds.*"