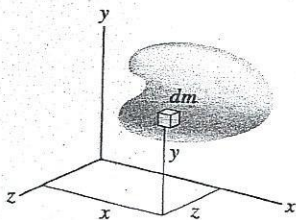


### Mass Moment of Inertia



$$I_{(x \text{ axis})} = I_{xx} = \int_m (y^2 + z^2) dm,$$

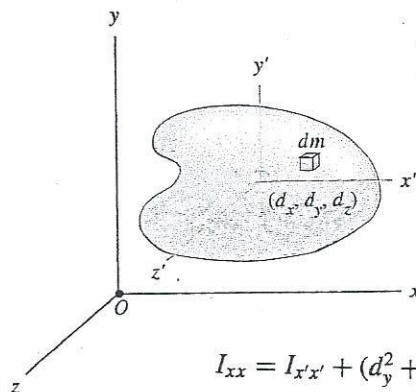
$$I_{(y \text{ axis})} = I_{yy} = \int_m (x^2 + z^2) dm,$$

$$I_{(z \text{ axis})} = I_{zz} = \int_m (x^2 + y^2) dm,$$

$$I_{xy} = \int_m xy dm, \quad I_{yz} = \int_m yz dm,$$

$$I_{zx} = \int_m zx dm.$$

### Parallel Axis Theorems



$$I_{xx} = I_{x'x'} + (d_y^2 + d_z^2)m,$$

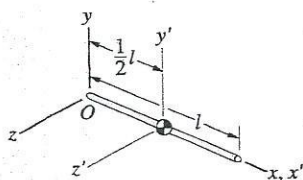
$$I_{yy} = I_{y'y'} + (d_x^2 + d_z^2)m,$$

$$I_{zz} = I_{z'z'} + (d_x^2 + d_y^2)m,$$

$$I_{xy} = I_{x'y'} + d_x d_y m,$$

$$I_{yz} = I_{y'z'} + d_y d_z m,$$

$$I_{zx} = I_{z'x'} + d_z d_x m.$$



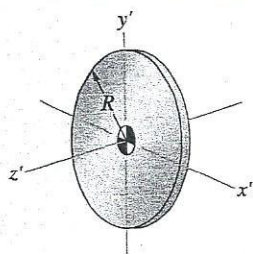
Slender Bar

$$I_{(x \text{ axis})} = 0, \quad I_{(y \text{ axis})} = I_{(z \text{ axis})} = \frac{1}{3}ml^2,$$

$$I_{xy} = I_{yz} = I_{zx} = 0.$$

$$I_{(x' \text{ axis})} = 0, \quad I_{(y' \text{ axis})} = I_{(z' \text{ axis})} = \frac{1}{12}ml^2,$$

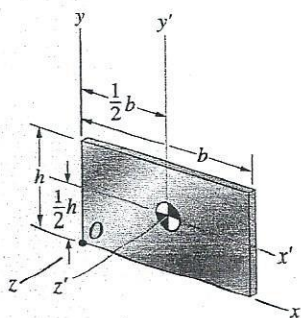
$$I_{x'y'} = I_{y'z'} = I_{z'x'} = 0.$$



Thin Circular Plate

$$I_{(x' \text{ axis})} = I_{(y' \text{ axis})} = \frac{1}{4}mR^2, \quad I_{(z' \text{ axis})} = \frac{1}{2}mR^2,$$

$$I_{xy} = I_{yz} = I_{zx} = 0.$$



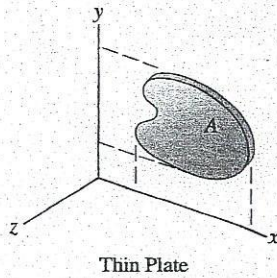
Thin Rectangular Plate

$$I_{(x \text{ axis})} = \frac{1}{3}mh^2, \quad I_{(y \text{ axis})} = \frac{1}{3}mb^2, \quad I_{(z \text{ axis})} = \frac{1}{3}m(b^2 + h^2),$$

$$I_{xy} = \frac{1}{4}mbh, \quad I_{yz} = I_{zx} = 0.$$

$$I_{(x' \text{ axis})} = \frac{1}{12}mh^2, \quad I_{(y' \text{ axis})} = \frac{1}{12}mb^2, \quad I_{(z' \text{ axis})} = \frac{1}{12}m(b^2 + h^2),$$

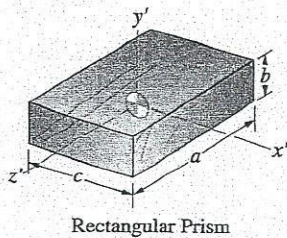
$$I_{x'y'} = I_{y'z'} = I_{z'x'} = 0.$$



$$I_{(x \text{ axis})} = \frac{m}{A} I_x^A, \quad I_{(y \text{ axis})} = \frac{m}{A} I_y^A, \quad I_{(z \text{ axis})} = I_{(x \text{ axis})} + I_{(y \text{ axis})},$$

$$I_{xy} = \frac{m}{A} I_{xy}^A, \quad I_{yz} = I_{zx} = 0.$$

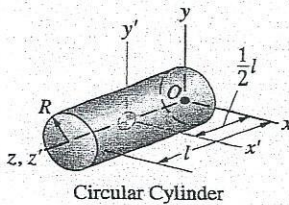
(The superscripts A denote moments of inertia of the plate's cross-sectional area A.)



$$\text{Volume} = abc.$$

$$I_{(x' \text{ axis})} = \frac{1}{12} m(a^2 + b^2), \quad I_{(y' \text{ axis})} = \frac{1}{12} m(a^2 + c^2),$$

$$I_{(z' \text{ axis})} = \frac{1}{12} m(b^2 + c^2), \quad I_{x'y'} = I_{y'z'} = I_{z'x'} = 0.$$



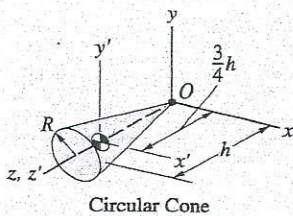
$$\text{Volume} = \pi R^2 l.$$

$$I_{(x \text{ axis})} = I_{(y \text{ axis})} = m \left( \frac{1}{3} l^2 + \frac{1}{4} R^2 \right), \quad I_{(z \text{ axis})} = \frac{1}{2} m R^2,$$

$$I_{xy} = I_{yz} = I_{zx} = 0.$$

$$I_{(x' \text{ axis})} = I_{(y' \text{ axis})} = m \left( \frac{1}{12} l^2 + \frac{1}{4} R^2 \right), \quad I_{(z' \text{ axis})} = \frac{1}{2} m R^2,$$

$$I_{x'y'} = I_{y'z'} = I_{z'x'} = 0.$$



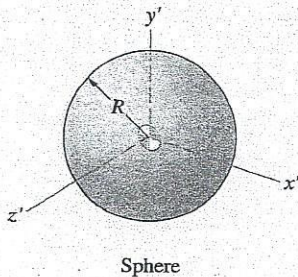
$$\text{Volume} = \frac{1}{3} \pi R^2 h.$$

$$I_{(x \text{ axis})} = I_{(y \text{ axis})} = m \left( \frac{3}{5} h^2 + \frac{3}{20} R^2 \right), \quad I_{(z \text{ axis})} = \frac{3}{10} m R^2,$$

$$I_{xy} = I_{yz} = I_{zx} = 0.$$

$$I_{(x' \text{ axis})} = I_{(y' \text{ axis})} = m \left( \frac{3}{80} h^2 + \frac{3}{20} R^2 \right), \quad I_{(z' \text{ axis})} = \frac{3}{10} m R^2.$$

$$I_{x'y'} = I_{y'z'} = I_{z'x'} = 0.$$



$$\text{Volume} = \frac{4}{3} \pi R^3.$$

$$I_{(x' \text{ axis})} = I_{(y' \text{ axis})} = I_{(z' \text{ axis})} = \frac{2}{5} m R^2,$$

$$I_{x'y'} = I_{y'z'} = I_{z'x'} = 0.$$