

Maia L. Southwick

msouthwick@ucdavis.edu • Davis, CA • [Personal Website](#)



EDUCATION

-
- 2023 - Present **Doctor of Philosophy in Psychology** *University of California, Davis*
Fields of Study: Developmental & Quantitative Psychology
Advisors: [Drs. Kristin Lagattuta](#) & [Emilio Ferrer](#)
- 2017 –2021 **Honors Bachelor of Science in Psychology** (magna cum laude) *University of Utah*
Bachelor of Science in Health, Society & Policy (magna cum laude)
Minors & Certificates: Economics, Sociology, & Quantitative Analysis
Thesis: “I never felt like I was heard”: Feeling Heard in Disagreements Across Relationships
Advisors: [Drs. Monisha Pasupathi](#) & [Cecilia Wainryb](#)

AWARDS & HONORS

-
- Undergraduate Research Scholar Designation (URSD) (Spring 2021)
 - Francis Family Foundation Undergraduate Research Scholarship (Spring 2021)
 - Aimee LaPine Memorial Scholarship Recipient (Fall 2020)
 - Undergraduate Research Opportunities Program Scholar (Spring 2020, Summer 2020, Fall 2020)
 - College of Social & Behavioral Sciences Solutions Scholar (Fall 2018 – Spring 2020)
 - Dean’s List (Fall 2017 – Spring 2021)

PUBLICATIONS

-
- Southwick, M. L. (2021). “I never felt like I was heard”: The experience of feeling heard in disagreements across relationships. *Undergraduate Research Journal*. <https://tinyurl.com/URJ2021-MaiaSouthwick>
- Southwick, M. L. (2020). Subsidized childcare policy and its implications for low-income families. *Hinckley Journal of Politics*, 21, 54-60. <https://tinyurl.com/HJOP2020>

CONFERENCE POSTERS & PRESENTATIONS

-
- Southwick, M. L. (2021, April). “I never felt like I was heard”: Feeling heard in disagreements across relationships. Poster presented at the National Conference for Undergraduate Research.
- Southwick, M. L. (2021, April). “I never felt like I was heard”: Feeling heard in disagreements across relationships. Poster presented at the Spring 2021 Virtual Undergraduate Research Symposium, University of Utah.
- Southwick, M. L. & Phan, T. (2020, July). *Mental health among college freshmen displaced by COVID-19*. Poster presented at the Summer 2020 Virtual Undergraduate Research Symposium, University of Utah
- Southwick, M. L. (2020, April). *The experience of feeling heard in conflict across relationships*. Poster presented at the Spring 2020 Virtual Undergraduate Research Symposium, University of Utah.

RESEARCH EXPERIENCE

-
- University of Utah, Social Development Lab** **Salt Lake City, UT**
Research Assistant **January 2018 – May 2021**
- Developed an undergraduate thesis exploring social relationships, conflict, and interpersonal resolution by creating a university-scale online survey, leading a team of RAs quantifying qualitative data, and performing a series of statistical analyses from 400 coded narratives
 - Processed and analyzed narrative and survey data from over 200 college freshmen in a multi-institution longitudinal study investigating the effects of displacement caused by COVID-19, such as disruptions in identity development, mental health concerns, and additional impacts
 - Trained research assistants in survey creation and lab protocol to help promote a supportive and efficient lab environment

- Created an online survey using Qualtrics to collect pilot data differences between relationship styles in interpersonal resolution for a university-scale social development study
- Interviewed 20 university student participants about interpersonal conflict experiences as part of a pilot study to identify patterns in interpersonal resolution

TEACHING EXPERIENCE

University of California, Davis

Teaching Assistant

Courses:

PSC 001 (Fall 2023), General Psychology (Dr. Kelly King)

PSC 140 (Winter 2023), Developmental Psychology (Dr. Kristin Hansen Lagattuta)

September 2023 – Present

Davis, CA

University of Utah

Teaching Assistant

Courses:

PSY 1010 (Fall 2019), General Psychology (Dr. Kris Oldroyd)

PSY 2010 (Spring 2020), Orientation to Psychology as a Science & Profession (Dr. Kris Oldroyd)

August 2019 – May 2020

Salt Lake City, UT

APPLIED & INDUSTRY EXPERIENCE

Veris Insights

Senior Market Research Associate, Rapid Insights

Proposed, managed, and led a research project in creating a new product for supporting recruiting professionals in building a more diverse and inclusive workforce ([see here](#))

January 2022 – August 2023

Remote | Washington, D.C.

Sinsheimer Elementary School

Kindergarten Instructional Aide

August 2022 – June 2023

San Luis Obispo, CA

Compass Center, Inc.

Child Development Specialist

November 2021 – August 2022

Santa Maria, CA

Fit Learning SLC

Learning Coach | Behavior Technician

August 2020 – July 2021

Salt Lake City, UT

United States Census Bureau

Enumerator

August 2020 – September 2020

Salt Lake City, UT

YWCA, Family Justice Center

Intern | Front Desk Receptionist

January 2020 – March 2020

Salt Lake City, UT

U.S. Department of Health & Human Services

Strategic Planning Intern

May 2019 – August 2019

Washington, D.C.

DEPARTMENTAL & UNIVERSITY SERVICE

Graduate Student Association

Graduate Student Representative

October 2023 – Present

Davis, CA

ACCESS Grads

November 2023 – Present

Undergraduate Mentor

Davis, CA

Honors College, University of Utah
Thesis Peer Mentor

August 2020 – May 2021
Salt Lake City, UT

COMMUNITY SERVICE

United Way | Allan Hancock Community College
Volunteer Income Tax Assistance (VITA) Volunteer

January 2022 – April 2022
Santa Maria, CA

Utah Health & Human Rights
Tutor/Mentor

August 2018 – February 2019
Salt Lake City, UT

The Children's Center
Preschool Assistant

October 2017 – August 2018
Salt Lake City, UT