

# MAIA SOUTHWICK

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## RESEARCH OBJECTIVE

To study the intersection of moral development, sense of self, and identity by identifying short-term and long-term patterns in moral reasoning and judgment across childhood and adolescence

## EDUCATION

**Honors Bachelor of Science in Psychology, Minor in Sociology** **Salt Lake City, UT**  
**University of Utah, 3.98 GPA** **August 2017 – May 2021**

- Thesis: “I never felt like I was heard”: Feeling Heard in Disagreements Across Relationships
- Advisors: [Drs. Monisha Pasupathi](#) & [Cecilia Wainryb](#), [Social Development Lab](#)
- Relevant Coursework: Childhood & Adolescent Development; Social Development Across the Lifespan; Makings of a Moral Person; Dynamical Systems Theory; Quantitative Methods I & II

**Bachelor of Science in Health, Society, & Policy, Minor in Economics** **Salt Lake City, UT**  
**University of Utah, 4.00 GPA** **August 2017 – May 2021**

**Quantitative Research Analysis in Social Sciences Certificate** **Salt Lake City, UT**  
**University of Utah, 3.98 GPA** **August 2017 – May 2021**

## AWARDS & SCHOLARSHIP

- Undergraduate Research Scholar Designation (URSD) (Spring 2021)
- Francis Family Foundation Undergraduate Research Scholarship (Spring 2021)
- Aimee LaPine Memorial Scholarship Recipient (Fall 2020)
- Undergraduate Research Opportunities Program Scholar (Spring 2020, Summer 2020, Fall 2020)
- College of Social & Behavioral Sciences Solutions Scholar (Fall 2018 – Spring 2020)
- Dean’s List (Fall 2017 – Spring 2021)

## PUBLICATIONS

Southwick, M. L. (2021). “I never felt like I was heard”: The experience of feeling heard in disagreements across relationships. *Undergraduate Research Journal*. <https://tinyurl.com/URJ2021-MaiaSouthwick>

Southwick, M. L. (2020). Subsidized childcare policy and its implications for low-income families. *Hinckley Journal of Politics*, 21, 54-60. <https://tinyurl.com/HJOP2020>

## CONFERENCE POSTERS & PRESENTATIONS

Southwick, M. L. (2021, April). “I never felt like I was heard”: *Feeling heard in disagreements across relationships*. Poster presented at the National Conference for Undergraduate Research.

Southwick, M. L. (2021, April). “I never felt like I was heard”: *Feeling heard in disagreements across relationships*. Poster presented at the Spring 2021 Virtual Undergraduate Research Symposium, University of Utah.

Southwick, M. L. & Phan, T. (2020, July). *Mental health among college freshmen displaced by COVID-19*. Poster presented at the Summer 2020 Virtual Undergraduate Research Symposium, University of Utah

Southwick, M. L. (2020, April). *The experience of feeling heard in conflict across relationships*. Poster presented at the Spring 2020 Virtual Undergraduate Research Symposium, University of Utah.

## RESEARCH & TEACHING EXPERIENCE

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### **University of Utah, Social Development Lab**

**Salt Lake City, UT**

#### ***Research Assistant***

***January 2018 – May 2021***

- Developed an undergraduate thesis exploring social relationships, conflict, and interpersonal resolution by creating a university-scale online survey, leading a team of RAs quantifying qualitative data, and performing a series of statistical analyses from 400 coded narratives
- Processed and analyzed narrative and survey data from over 200 college freshmen in a multi-institution longitudinal study investigating the effects of displacement caused by COVID-19, such as disruptions in identity development, mental health concerns, and additional impacts
- Trained research assistants in survey creation and lab protocol to help promote a supportive and efficient lab environment
- Created an online survey using Qualtrics to collect pilot data differences between relationship styles in interpersonal resolution for a university-scale social development study
- Interviewed 20 university student participants about interpersonal conflict experiences as part of a pilot study to identify patterns in interpersonal resolution

### **Honors College, University of Utah**

**Salt Lake City, UT**

#### ***Thesis Peer Mentor***

***August 2020 – May 2021***

- Worked as a point of contact for fellow peers studying in the Honors College working towards an undergraduate thesis

### **University of Utah, Department of Psychology**

**Salt Lake City, UT**

#### ***Teaching Assistant, Psychology 1010 & 2010***

***August 2019 – May 2020***

- Graded student papers and provided support to 150 students to promote classroom success in a general psychology class
- Prepared and presented a 40-minute lecture focused on the development of sense of self across infancy to adolescence to a general psychology class of 300 students

## WORK EXPERIENCE

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### **Veris Insights**

**Remote, based in Washington, D.C.**

#### ***Senior Research Associate - Inquiries***

***January 2022 – Present***

- Proposed and led a research project to create a sourcing resource of diverse professional partnerships to support recruiting professionals in building a more diverse, equitable workforce
- Managed a portfolio of multiple concurrent research projects, including both collaborative and individual assignments on trends in job seeker decision-making and macroeconomic analysis

### **San Luis Coastal United School District**

**San Luis Obispo, CA**

#### ***Kindergarten Instructional Aide***

***August 2022 – Present***

- Assisting the teacher with the preparation and presentation of instructional activities in reading, language, math, and other subject areas
- Supporting the teacher in classroom management and socio-emotional learning

### **Compass Center, Inc.**

**Santa Maria, CA**

#### ***Child Development Specialist/Early Interventionist***

***November 2021 – August 2022***

- Provided one-on-one intervention for two- to three-year-old toddlers, modeled effective adult-child interactions, and maintained weekly visits to provide complete early intervention services
- Designed implemented, and adapted activities for language, cognitive, fine and gross motor, sensory, self-help, and socio-emotional development

**Fit Learning SLC*****Learning Coach/Behavior Technician*****Salt Lake City, UT*****August 2020 – July 2021***

- Coached students aged 8 to 15 in core math and reading skills to promote cognitive fitness and help students achieve fluency in previously struggling educational areas
- Engaged in behavioral management throughout coaching sessions with learners using principles from applied behavioral analysis and general reinforcement strategies

**United States Census Bureau*****Census Taker/Enumerator*****Salt Lake City, UT*****August 2020 – September 2020***

- Interviewed residents of every household that had not responded via online or paper to collect data for the 2020 Decennial Census
- Participated in one of the largest survey data collection efforts to occur within the United States

**YWCA, Family Justice Center*****Student Intern*****Salt Lake City, UT*****January 2020 – March 2020***

- Connected survivors of domestic violence to legal and victim advocates as the first point of contact for incoming visitors
- Ensured the center was a safe, comfortable, and clean place for survivors to visit

**U.S. Department of Health & Human Services*****Strategic Planning Intern*****Washington, D.C.*****May 2019 – August 2019***

- Drafted a 15-page report analyzing barriers in access to childcare subsidies among low-income families to be used as an informational resource for the HHS Strategic Planning Team
- Provided logistical support for a 3-hour virtual strategic planning consultation developing mission statements for a federal steering committee aimed at reducing violence against women

**VOLUNTEER EXPERIENCE**

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**United Way/Allan Hancock Community College*****Volunteer Income Tax Assistance (VITA) Volunteer*****Santa Maria, CA*****January 2022 – April 2022***

- Participated in an intensive tax law and software course over the course of three days to develop tax preparation knowledge to better serve the Santa Maria community
- Completed 40 hours of tax preparation work, working one-on-one with low-income individuals and families who requested additional assistance to submit their 2021 federal and state tax returns

**Utah Health & Human Rights*****Tutor/Mentor*****Salt Lake City, UT*****August 2018 – February 2019***

- Tutored in math and reading to help educate 4 children of a refugee family aged 5 to 12.
- Assisted the parent in understanding English documents sent from school and housing to ensure the family can participate in school activities and follow apartment housing policies

**The Children's Center*****Preschool Assistant*****Salt Lake City, UT*****October 2017 – August 2018***

- Interacted with 9 children aged 4-5 with emotional and behavioral issues through play and the demonstration of socially appropriate behaviors and emotion management techniques
- Assisted 2 Therapeutic Preschool Specialists in managing and maintaining the classroom to create a safe and consistent environment for the children

## EXTRACURRICULAR EXPERIENCE

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### **Oxford Consortium for Human Rights**

**Virtual Workshop**

#### ***Student Experience***

***March 2021***

- Participated in a multi-weekend online workshop studying and discussing racial justice, minority rights, and religious freedom
- Presented on the connection between human rights, racial inequality, and air quality in Utah, with a focus on current environmental issues in Salt Lake City and student organizing efforts

### **University of Utah, Women in Economics Club**

**Salt Lake City, UT**

#### ***Director of Programming***

***August 2019 – August 2020***

- Assist the club president in planning and scheduling future events for the school year
- Engaged in outreach to multiple economics professionals in the community to request their presence at a Women in Economics networking Q&A panel

### **University of Utah, Capital Encounter**

**Salt Lake City, UT**

#### ***Student Experience***

***January 2019 – May 2019***

- Drafted a policy proposal aimed at directing federal funding to a veterans' resource center as part of a class project in order to practice policy writing and problem-solving
- Engaged in outreach to Senate and House of Representative staffers to coordinate meeting times with their respective offices to advocate for the outlined policy proposal
- Traveled to and advocated in Washington, D.C. to staffers from 10 different legislative offices in order to promote awareness and inform congresspeople on continuing veteran issues

### **University of Utah, ACME Scholars**

**Salt Lake City, UT**

#### ***Scholar***

***August 2017 – April 2018***

- Assisted in the coordination of a community art event where LGBTQ+ visual and performance artists presented their work and background
- Met on a monthly basis to coordinate and develop ideas to spur community engagement with art and the Utah Museum of Fine Arts