

# Can "something" Point to Dementia?

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## Metis Project - Natural Language Processing

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Mailei Vargas

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### Project Motivation

Our speech and writing can offer a lot of information and clues into how our brain is functioning. Dementia is often linked to language according to researchers at the University of Toronto. There is currently big efforts to find computational solutions that encorporates natural language processing and machine learning to detect early signs of dementia, particularly Alzheimer's. If dementia/Alzheimer's is detected before a person begins to exhibit human noticable symptoms, then it can be treated sooner to slow the progression with the proper medications.

A famous study called the "Nun Study" was the catalyst for this field of study. A group of nearly 700 nuns were used to find patterns in their habits (no pun intended) and environments to determine if there was a correlation between the nuns who did and didn't get Alzheimer's. There was a suprising discovery when researchers analyzed the nuns' autobiographical essays written in their 20s in order to be accepted into the convent. With an astonishing 85% accuracy, nuns that had far less grammatical complexity and idea density in their essays were most likely to have gotten Alzheimer's.

### Overview

For this project, I focused on three authors, Iris Murdoch (who did have Alzheimer's), P.D. James (who did not have Alzheimer's) and Agatha Christie (who was suspected of having Alzheimer's) and analyzed three of their books. One book each from the beginning, middle, and end of their careers.

I focused on the some of the following measurable characteristics of their writings:

- parts of speech (nouns, pronouns, verbs, adjectives, etc.) and the quantity
- Vocabulary size
  - Length of words
  - size of unique vocabulary used for each book
- use of indefinite pronouns
- Idea density

- Length of the sentences
- Sentiment
- Clustering

## Tools

Below is a list of the libraries, sites, and tools that aided in the completion of this project.

Websites/References	Tools	Libraries for Analysis/Modeling	Custom functions scripts
<a href="#">NLP and Dementia</a>	Python	numpy/scipy	Preprocessing.py
<a href="#">NLP to detect Alzheimers</a>	Jupyter Notebook	pandas	
<a href="#">Nun Study</a>	PyCharm	matplotlib/seaborn	
<a href="#">Detecting Linguistic Characteristics...</a>	GitHub	NLTK	
<a href="#">Project Gutenberg</a>	Tableau	Gensim	
		sklearn	
		pyLDAvis	

## Data Preprocessing

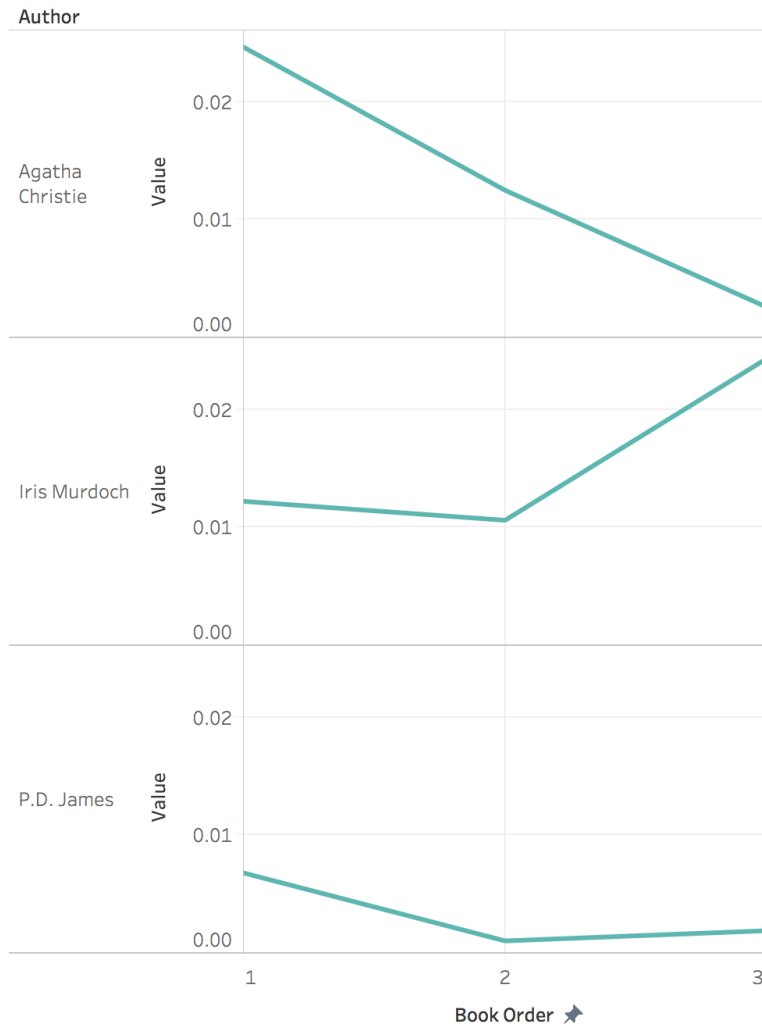
The following "features" were extracted from 9 novels (3 each per author).

- counts of all various punctuations
- Tokenizing, tagging and counting vocabulary usage, parts of speech, and sentence length
- Get sentiment for each sentence and average it over all sentences in the book
- Do the above with and without stop words for analysis and topic modeling respectively

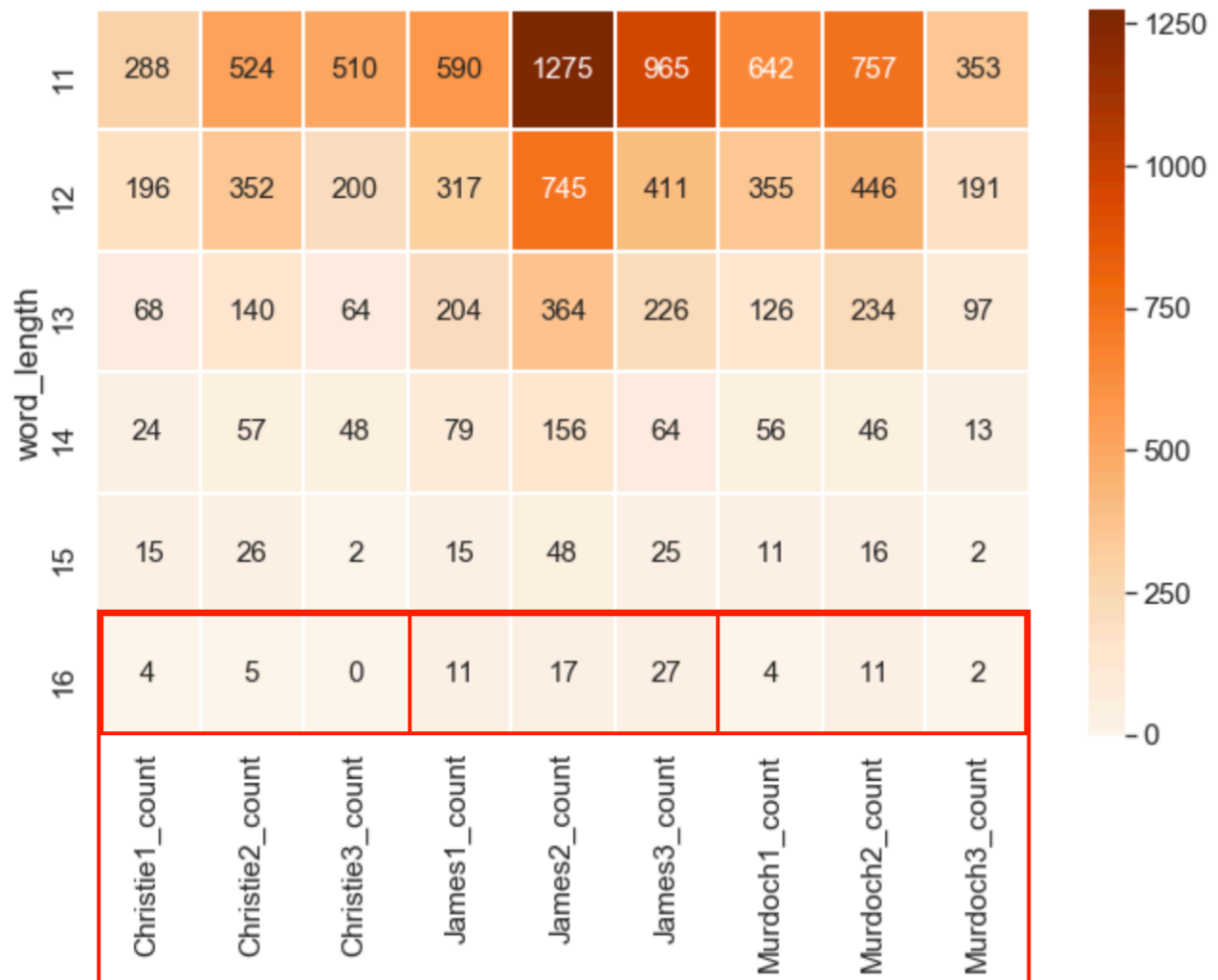
## Data Exploration, Visualizations, and Results

Much time was spent on going through all of the parts of speech and punctuation in hopes of discovering either an increase or decrease in usage. For example, the below graph demonstrates usage of exclamation points and its trend over the 3 books per author. I honed in on the parts of speech that had the most significant increase/decrease and made an attempt to determine if these changes were statistically significant using a **chi squared** test. All seemed to result in low p-values that were suspiciously statistically significant.

## Filtered POS and Punctuation

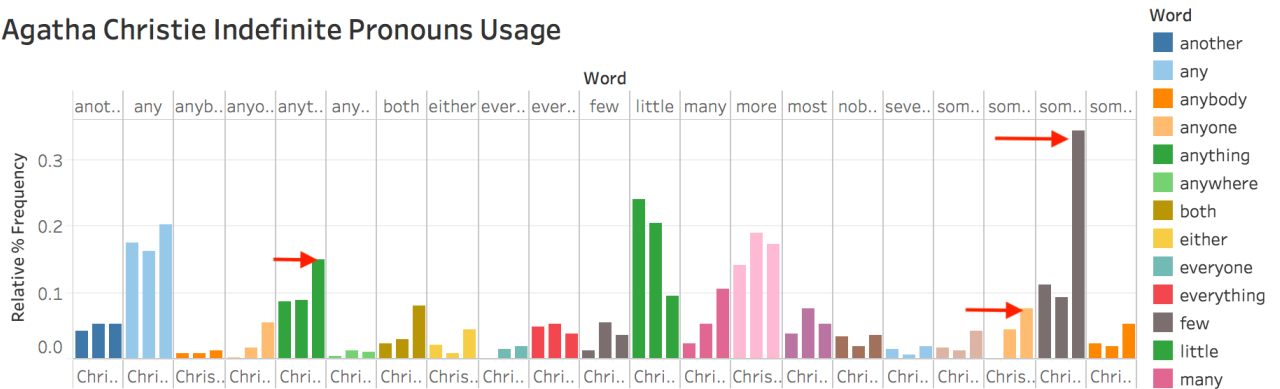


I compared the length of the words used and the frequency of use over time and created a heatmap in order to see any differences. It appears that the last row of words of length 16 characters shows a decline for the two authors who did have Alzheimers and an increase for the author who did not. This is not necessarily significant, but still interesting to note.

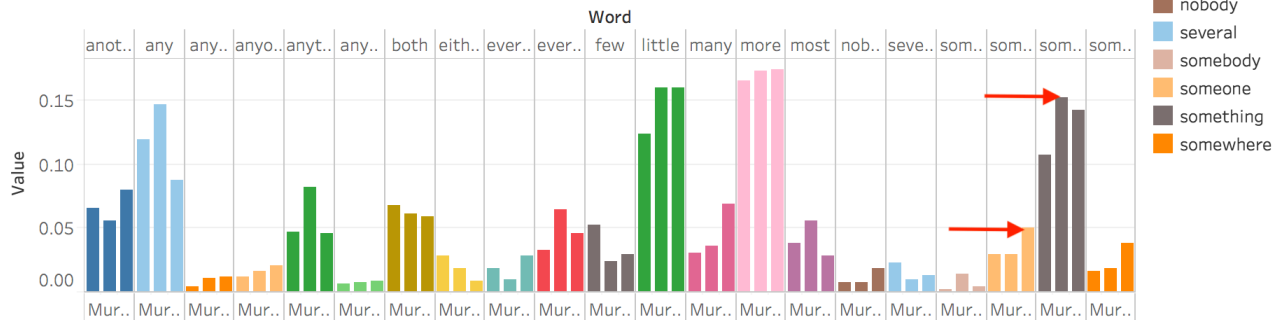


Another interesting thing to note is the increase of usage in may **indefinite pronouns** which according to the research is apparent in Alzheimers patients. In this example, the word "something" has a significant increase in usage amongst authors Christie and Murdoch, but is barely used in P.D. James' novels. Other indefinite pronouns also demonstrate an increase in usage.

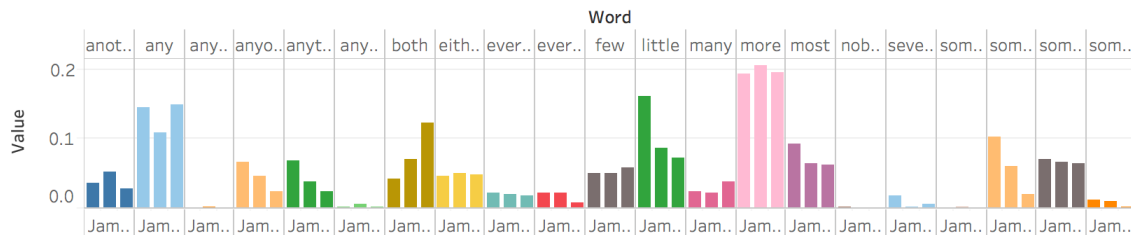
## Agatha Christie Indefinite Pronouns Usage



## Iris Murdoch Indefinite Pronouns Usage



## P.D. James Indefinite Pronouns Usage



Last notable result is the decrease in unique vocabulary usage over time. All three authors have a significant decrease.

Cristie vocabulary rate of change: 0.27394372651452664

James vocabulary rate of change: 0.19186046511627908

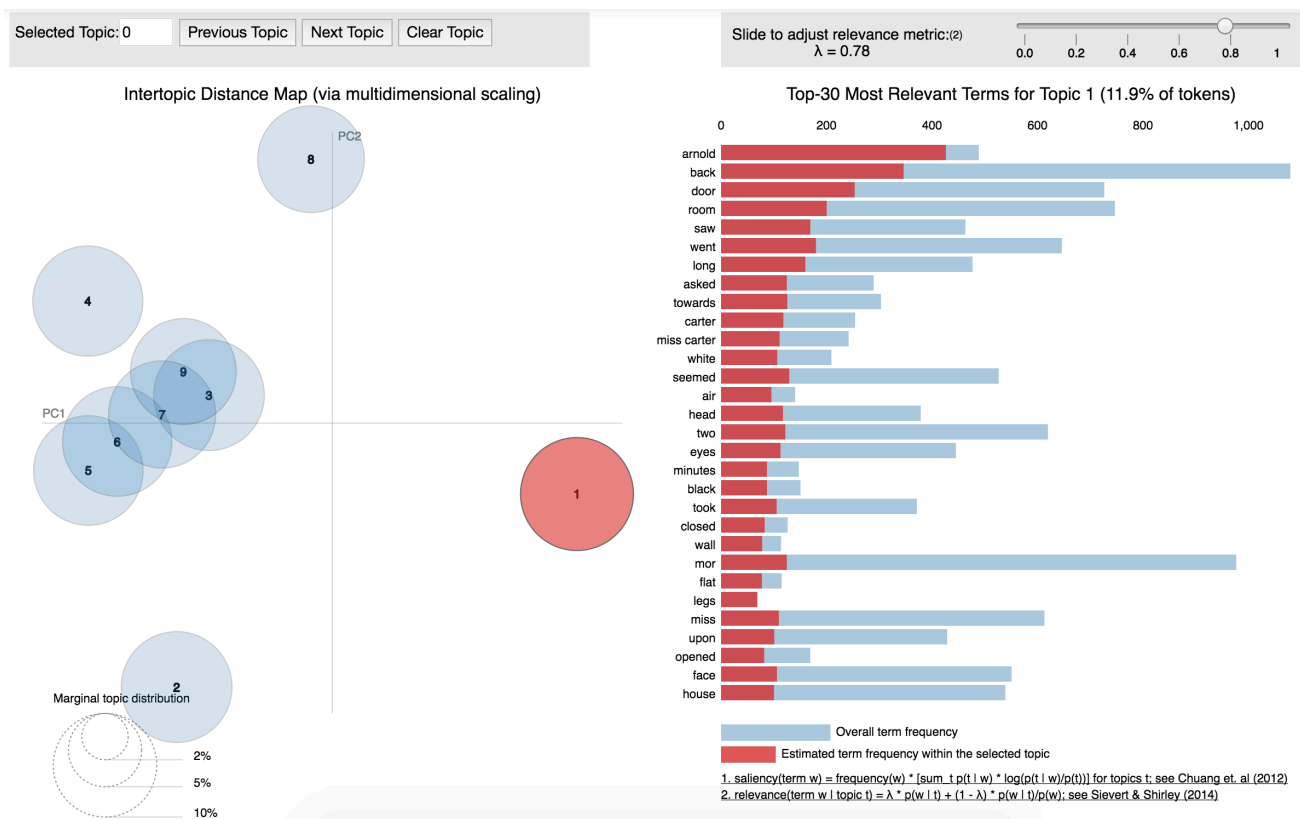
Murdoch vocabulary rate of change: 0.272967994473866

## Topic Modeling and Clustering

I chose to use LDA mostly out of curiosity to see how the algorithm would cluster the 9 books. In preparation for the LDA I removed the stop words and used 2-3 length "n-grams" as part of the tokens. Each sentence across all books was used as a "document" for the model. Below is a screen shot of the results.

The top 20 terms of the "topics" are listed below.

```
['like', 'time', 'love', 'would', 'one', 'know', 'could', 'perhaps', 'people',  
'much', 'really', 'let', 'go', 'come', 'something', 'thought', 'way', 'think',  
'back', 'never']  
['would', 'see', 'think', 'felt', 'want', 'could', 'get', 'julian', 'must',  
'mrs', 'like', 'go', 'going', 'make', 'need', 'leave', 'sort', 'come', 'may',  
'soon']  
['yes', 'oh', 'good', 'would', 'know', 'mrs', 'elizabeth', 'come', 'one', 'told',  
'edward', 'back', 'man', 'knew', 'made', 'quite', 'thought', 'room', 'miss',  
'came']  
['could', 'priscilla', 'one', 'see', 'thought', 'donald', 'go', 'sorry', 'would',  
'door', 'rosalind', 'felt', 'back', 'us', 'much', 'first', 'moment', 'even',  
'mr', 'pain']  
['know', 'would', 'right', 'course', 'one', 'please', 'last', 'night', 'mr',  
'could', 'arms', 'take', 'time', 'never', 'sir', 'oh', 'wickham', 'got', 'find',  
'dark']  
['away', 'go', 'well', 'must', 'one', 'began', 'god', 'put', 'got', 'tim',  
'might', 'think', 'little', 'hand', 'mind', 'mrs', 'could', 'mor', 'mean', 'oh']  
['one', 'could', 'would', 'looked', 'even', 'mor', 'well', 'look', 'never',  
'see', 'al', 'done', 'thought', 'know', 'time', 'back', 'rain', 'quite', 'got',  
'might']  
['like', 'could', 'say', 'something', 'man', 'nothing', 'door', 'stephen',  
'reached', 'francis', 'julian', 'one', 'mor', 'saw', 'side', 'road', 'would',  
'little', 'came', 'began']  
['arnold', 'back', 'door', 'room', 'went', 'saw', 'long', 'seemed', 'towards',  
'mor', 'asked', 'two', 'carter', 'head', 'time', 'one', 'eyes', 'miss carter',  
'miss', 'white']
```



## Given more time...

If there were more time, it would be interesting to explore some other avenues of the dataset.

- Incorporating more books from each of the authors.
- Find "documents" such as speeches, transcripts or writings of other well known people who have been known to have dementia or Alzheimers.
- Do more statistical analysis of the differences of the counts/frequencies.
- Gain access to the "Dementia DataBase" that is currently only accessible to researchers that qualify.