**Topic 5: Talk about hour care of your appearance**

Today, I’m gonna talk about how to care of my appearance. My appearance is not too outstanding and I do not even often go to the salon for personal care .Everyday, I brush my teeth in the morning and in the evening. I usually go to the salon mainly to get my haircut . I take care of my skin every evening. The first, I use cleanser to clean my skin, then I use face toner combined with mask to improve skin glow and smoothness. Sometime , me and my mother go for comfortable body massage. In the summer , before I wear sandals, I feet will look great if I have a pedicure and a manicure.I am not in favor of plastic surgery because it can give you the look you want but you also have to pay for the risks involved in getting plastic surgery. If you tell give me a plastic surgery opportunity, I will refuse because I have nothing to complain about the appearance my parents gave me. Thanks for watching !!