The smoothie flavors below were added to the list in the order of their creation. Finish the code to determine the *most recent* smoothie flavor created.

```
smoothies = ['coconut', 'strawberry', 'banana', 'pineapple', 'acai berry']
most_recent = _____-1_____
recent = smoothies[most_recent]
```

There are two ways to do this; one uses len, the other doesn't. Can you get them both?