

Timestamp	Age	Q1. How often do you engage in reading (books, news, etc.)?	Q2. How often do you watch TV, movies, or online series?	Q3. Which form of entertainment do you prefer the most?	Q4. How much time per day do you usually spend on it?	Q5. Do you prefer short-form or long-form entertainment?	Q6. Which type of reading material do you prefer more?	Q7. What is your main purpose for entertainment?	Q8. Has entertainment (reading, watching, or listening) ever been a source of stress or anxiety for you?	
8/27/2025 23:55:42	36-50	Occasionally	Daily	Enjoy both equally	1-3 hours	Short videos (Reels, YouTube Shorts)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times	
8/28/2025 9:25:03	18-25	Occasionally	Weekly	Enjoy both equally	1-3 hours	Books/long reads/stories (several hours)	Fiction books	Relaxation / stress relief	Sometimes	
8/28/2025 9:37:24	18-25	Never	Daily	Watching	1-3 hours	TV episodes (20-40 mins)	Fiction books	Passing time / boredom	Rarely	
8/28/2025 9:41:19	18-25	Occasionally	Weekly	Watching	1-3 hours	Full-length movies (2-3 hrs)	I don't read at all	Passing time / boredom	Yes, many times	
8/28/2025 9:48:31	18-25	Occasionally	Weekly	Enjoy both equally	3-5 hours	Full-length movies (2-3 hrs)	Fiction books	Relaxation / stress relief	Yes, many times	
8/28/2025 9:49:06	18-25	Occasionally	Weekly	Watching	1-3 hours	TV episodes (20-40 mins)	Fiction books	Relaxation / stress relief	Sometimes	
8/28/2025 10:04:45	18-25	Occasionally	Daily	Watching	1-3 hours	Full-length movies (2-3 hrs)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times	
8/28/2025 10:25:24	18-25	Never	Daily	Enjoy both equally	More than 5 hours	TV episodes (20-40 mins)	I don't read at all	Passing time / boredom	Sometimes	
8/28/2025 10:28:21	18-25	Daily	Daily	Enjoy both equally	More than 5 hours	Full-length movies (2-3 hrs)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times	
8/28/2025 10:29:44	18-25	Weekly	Weekly	Enjoy both equally	3-5 hours	Books/long reads/stories (several hours)	Non-fiction / educational books	Passing time / boredom	Rarely	
8/28/2025 10:35:47	18-25	Occasionally	Weekly	Watching	1-3 hours	Short videos (Reels, YouTube Shorts)	Fiction books	Relaxation / stress relief	Yes, many times	
8/28/2025 10:36:52	18-25	Never	Occasionally	Watching	Less than 1 hour	Short videos (Reels, YouTube Shorts)	I don't read at all	Passing time / boredom	Rarely	
8/28/2025 11:11:41	18-25	Occasionally	Occasionally	Enjoy both equally	More than 5 hours	TV episodes (20-40 mins)	Fiction books	Passing time / boredom	Yes, many times	
8/28/2025 11:19:40	18-25	Occasionally	Weekly	Watching	More than 5 hours	Full-length movies (2-3 hrs)	Non-fiction / educational books	I don't engage much	Yes, many times	
8/28/2025 11:33:23	18-25	Occasionally	Daily	Watching	3-5 hours	Books/long reads/stories (several hours)	Fiction books	Passing time / boredom	Sometimes	
8/28/2025 12:08:00	18-25	Never	Occasionally	Watching	More than 5 hours	Short videos (Reels, YouTube Shorts)	Fiction books	Relaxation / stress relief	Never	
8/28/2025 12:42:13	18-25	Never	Daily	Watching	More than 5 hours	TV episodes (20-40 mins)	I don't read at all	Relaxation / stress relief	Sometimes	
8/28/2025 12:59:56	18-25	Occasionally	Weekly	Watching	3-5 hours	Full-length movies (2-3 hrs)	Fiction books	Relaxation / stress relief	Yes, many times	
8/28/2025 17:06:58	18-25	Occasionally	Weekly	Watching	3-5 hours	Full-length movies (2-3 hrs)	Non-fiction / educational books	Passing time / boredom	Sometimes	
8/28/2025 17:11:14	18-25	Never	Daily	Watching	More than 5 hours	Full-length movies (2-3 hrs)	Fiction books	Relaxation / stress relief	Yes, many times	
8/28/2025 17:19:08	Below 18	Weekly	Weekly	Enjoy both equally	3-5 hours	Short videos (Reels, YouTube Shorts)	Fiction books	Passing time / boredom	Rarely	
8/28/2025 17:19:10	18-25	Daily	Weekly	Enjoy both equally	Less than 1 hour	Books/long reads/stories (several hours)	Fiction books	Relaxation / stress relief	Yes, many times	
8/28/2025 20:08:39	50+	Daily	Occasionally	Enjoy both equally	Less than 1 hour	Short videos (Reels, YouTube Shorts)	Fiction books	Relaxation / stress relief	Yes, many times	
8/28/2025 20:15:16	26-35	Never	Never	None	Less than 1 hour	Short videos (Reels, YouTube Shorts)	I don't read at all	Relaxation / stress relief	Never	
8/28/2025 20:17:22	18-25	Weekly	Daily	Watching	1-3 hours	Short videos (Reels, YouTube Shorts)	I don't read at all	I don't engage much	Never	
8/28/2025 20:17:56	50+	Weekly	Weekly	Enjoy both equally	1-3 hours	Full-length movies (2-3 hrs)	Non-fiction / educational books	Relaxation / stress relief	Sometimes	
8/28/2025 20:18:20	36-50	Never	Daily	Watching	3-5 hours	TV episodes (20-40 mins)	I don't read at all	Passing time / boredom	Yes, many times	
8/28/2025 20:20:52	26-35	Weekly	Daily	Enjoy both equally	1-3 hours	TV episodes (20-40 mins)	Fiction books	Relaxation / stress relief	Yes, many times	
8/28/2025 20:20:57	36-50	Daily	Daily	Enjoy both equally	1-3 hours	TV episodes (20-40 mins)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times	
8/28/2025 20:23:50	18-25	Daily	Weekly	Enjoy both equally	1-3 hours	Full-length movies (2-3 hrs)	Non-fiction / educational books	Relaxation / stress relief	Yes, many times	
8/28/2025 20:24:24	26-35	Weekly	Daily	Enjoy both equally	Less than 1 hour	Short videos (Reels, YouTube Shorts)	Magazines or blogs	Learning / gaining knowledge	Yes, many times	
8/28/2025 20:25:15	18-25	Never	Daily	Watching	More than 5 hours	TV episodes (20-40 mins)	I don't read at all	Relaxation / stress relief	Sometimes	
8/28/2025 20:27:45	18-25	Never	Daily	Watching	3-5 hours	TV episodes (20-40 mins)	Fiction books	Passing time / boredom	Never	
8/28/2025 20:28:03	26-35	Daily	Weekly	Enjoy both equally	1-3 hours	Full-length movies (2-3 hrs)	Non-fiction / educational books	Relaxation / stress relief	Sometimes	
8/28/2025 20:29:23	26-35	Daily	Occasionally	Reading	1-3 hours	Books/long reads/stories (several hours)	Fiction books	Relaxation / stress relief	Sometimes	
8/28/2025 20:31:37	50+	Weekly	Daily	Enjoy both equally	1-3 hours	TV episodes (20-40 mins)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times	
8/28/2025 20:32:04	26-35	Occasionally	Daily	Enjoy both equally	More than 5 hours	Short videos (Reels, YouTube Shorts)	Fiction books	Learning / gaining knowledge	Yes, many times	
8/28/2025 20:32:08	36-50	Occasionally	Weekly	Watching	1-3 hours	TV episodes (20-40 mins)	Fiction books	Relaxation / stress relief	Yes, many times	
8/28/2025 20:32:31	36-50	Occasionally	Occasionally	Watching	1-3 hours	Short videos (Reels, YouTube Shorts)	Non-fiction / educational books	Relaxation / stress relief	Sometimes	
8/28/2025 20:32:35	50+	Occasionally	Occasionally	Watching	Less than 1 hour	Full-length movies (2-3 hrs)	Magazines or blogs	Passing time / boredom	Yes, many times	
8/28/2025 20:33:52	36-50	Occasionally	Daily	Enjoy both equally	1-3 hours	TV episodes (20-40 mins)	Fiction books	Relaxation / stress relief	Yes, many times	
8/28/2025 20:35:44	26-35	Daily	Daily	Watching	1-3 hours	Short videos (Reels, YouTube Shorts)	Non-fiction / educational books	Relaxation / stress relief	Yes, many times	
8/28/2025 20:35:48	50+	Daily	Never	None	Less than 1 hour	Short videos (Reels, YouTube Shorts)	Non-fiction / educational books	I don't engage much	Rarely	
8/28/2025 20:37:26	18-25	Occasionally	Weekly	Enjoy both equally	1-3 hours	Short videos (Reels, YouTube Shorts)	Fiction books	Passing time / boredom	Yes, many times	
8/28/2025 20:38:26	50+	Occasionally	Weekly	Enjoy both equally	1-3 hours	Full-length movies (2-3 hrs)	Fiction books	Learning / gaining knowledge	Sometimes	
8/28/2025 20:39:12	26-35	Occasionally	Occasionally	Watching	1-3 hours	TV episodes (20-40 mins)	Magazines or blogs	Relaxation / stress relief	Yes, many times	
8/28/2025 20:39:46	36-50	Daily	Weekly	Enjoy both equally	1-3 hours	Books/long reads/stories (several hours)	Magazines or blogs	Learning / gaining knowledge	Yes, many times	
8/28/2025 20:40:11	36-50	Daily	Weekly	Enjoy both equally	Less than 1 hour	Short videos (Reels, YouTube Shorts)	Magazines or blogs	Relaxation / stress relief	Rarely	
8/28/2025 20:41:03	18-25	Daily	Daily	Watching	More than 5 hours	Full-length movies (2-3 hrs)	Non-fiction / educational books	Relaxation / stress relief	Yes, many times	
8/28/2025 20:44:35	Below 18	Never	Occasionally	Watching	3-5 hours	Short videos (Reels, YouTube Shorts)	Fiction books	I don't read at all	Relaxation / stress relief	Sometimes
8/28/2025 20:50:17	36-50	Occasionally	Occasionally	Enjoy both equally	Less than 1 hour	TV episodes (20-40 mins)	Non-fiction / educational books	Relaxation / stress relief	Sometimes	
8/28/2025 20:51:00	18-25	Occasionally	Occasionally	Watching	1-3 hours	Full-length movies (2-3 hrs)	Magazines or blogs	Relaxation / stress relief	Yes, many times	
8/28/2025 20:52:44	18-25	Occasionally	Weekly	Watching	Less than 1 hour	Short videos (Reels, YouTube Shorts)	Relaxation / stress relief	I don't read at all	Passing time / boredom	Sometimes
8/28/2025 20:53:24	36-50	Weekly	Daily	Enjoy both equally	Less than 1 hour	Books/long reads/stories (several hours)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times	
8/28/2025 20:56:59	26-35	Weekly	Weekly	Watching	3-5 hours	Full-length movies (2-3 hrs)	Magazines or blogs	Relaxation / stress relief	Sometimes	
8/28/2025 20:56:59	Below 18	Weekly	Occasionally	Enjoy both equally	3-5 hours	Short videos (Reels, YouTube Shorts)	Fiction books	Learning / gaining knowledge	Yes, many times	
8/28/2025 21:01:25	26-35	Occasionally	Daily	Watching	1-3 hours	Short videos (Reels, YouTube Shorts)	Magazines or blogs	Learning / gaining knowledge	Yes, many times	
8/28/2025 21:03:20	36-50	Daily	Daily	Enjoy both equally	1-3 hours	Short videos (Reels, YouTube Shorts)	Magazines or blogs	Passing time / boredom	Rarely	
8/28/2025 21:12:44	18-25	Never	Occasionally	Enjoy both equally	Less than 1 hour	Short videos (Reels, YouTube Shorts)	Fiction books	Learning / gaining knowledge	Sometimes	
8/28/2025 21:17:28	36-50	Daily	Occasionally	Enjoy both equally	1-3 hours	Short videos (Reels, YouTube Shorts)	Non-fiction / educational books	Learning / gaining knowledge	Sometimes	
8/28/2025 21:19:55	50+	Daily	Daily	Watching	1-3 hours	TV episodes (20-40 mins)	Magazines or blogs	Relaxation / stress relief	Sometimes	
8/28/2025 21:21:51	Below 18	Daily	Daily	Watching	1-3 hours	Short videos (Reels, YouTube Shorts)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times	
8/28/2025 21:22:27	18-25	Occasionally	Daily	Enjoy both equally	1-3 hours	Short videos (Reels, YouTube Shorts)	Fiction books	Learning / gaining knowledge	Yes, many times	
8/28/2025 21:28:29	18-25	Weekly	Occasionally	Enjoy both equally	3-5 hours	TV episodes (20-40 mins)	Fiction books	Relaxation / stress relief	Yes, many times	

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8/28/2025 21:34:07	26-35	Daily	Weekly	Enjoy both equally	Less than 1 hour	Books/long reads/stories (several hours)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times
8/28/2025 21:34:12	36-50	Daily	Never	Reading	1-3 hours	Short videos (Reels, YouTube Shorts)	Fiction books	Relaxation / stress relief	Yes, many times
8/28/2025 21:39:28	18-25	Occasionally	Occasionally	Watching	3-5 hours	Full-length movies (2-3 hrs)	Fiction books	Learning / gaining knowledge	Sometimes
8/28/2025 21:40:09	36-50	Daily	Daily	Enjoy both equally	1-3 hours	Books/long reads/stories (several hours)	Fiction books	Relaxation / stress relief	Yes, many times
8/28/2025 21:40:43	18-25	Weekly	Occasionally	Enjoy both equally	1-3 hours	Full-length movies (2-3 hrs)	Magazines or blogs	Learning / gaining knowledge	Rarely
8/28/2025 21:42:39	18-25	Weekly	Daily	Enjoy both equally	1-3 hours	Full-length movies (2-3 hrs)	Magazines or blogs	Relaxation / stress relief	Sometimes
8/28/2025 21:45:19	Below 18	Never	Daily	Watching	1-3 hours	TV episodes (20-40 mins)	I don't read at all	Relaxation / stress relief	Rarely
8/28/2025 21:46:28	36-50	Never	Occasionally	Watching	1-3 hours	TV episodes (20-40 mins)	I don't read at all	Passing time / boredom	Never
8/28/2025 21:47:45	26-35	Daily	Daily	Enjoy both equally	1-3 hours	Short videos (Reels, YouTube Shorts)	Fiction books	Relaxation / stress relief	Yes, many times
8/28/2025 21:48:30	50+	Occasionally	Weekly	Watching	Less than 1 hour	TV episodes (20-40 mins)	Non-fiction / educational books	Passing time / boredom	Rarely
8/28/2025 21:48:55	36-50	Weekly	Weekly	Enjoy both equally	Less than 1 hour	Full-length movies (2-3 hrs)	Non-fiction / educational books	Relaxation / stress relief	Sometimes
8/28/2025 21:53:42	26-35	Daily	Weekly	Enjoy both equally	1-3 hours	Books/long reads/stories (several hours)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times
8/28/2025 21:54:50	36-50	Occasionally	Weekly	Enjoy both equally	1-3 hours	TV episodes (20-40 mins)	I don't read at all	Learning / gaining knowledge	Sometimes
8/28/2025 22:05:22	18-25	Weekly	Weekly	Enjoy both equally	Less than 1 hour	Books/long reads/stories (several hours)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times
8/28/2025 22:06:48	18-25	Daily	Occasionally	Watching	Less than 1 hour	Short videos (Reels, YouTube Shorts)	Magazines or blogs	Learning / gaining knowledge	Yes, many times
8/28/2025 22:09:09	18-25	Occasionally	Daily	Watching	1-3 hours	TV episodes (20-40 mins)	Fiction books	Passing time / boredom	Sometimes
8/28/2025 22:09:32	36-50	Weekly	Occasionally	Enjoy both equally	Less than 1 hour	Full-length movies (2-3 hrs)	Non-fiction / educational books	Relaxation / stress relief	Sometimes
8/28/2025 22:12:56	18-25	Weekly	Daily	Watching	More than 5 hours	Short videos (Reels, YouTube Shorts)	I don't read at all	Passing time / boredom	Sometimes
8/28/2025 22:15:52	18-25	Weekly	Occasionally	Enjoy both equally	3-5 hours	TV episodes (20-40 mins)	Non-fiction / educational books	Passing time / boredom	Yes, many times
8/28/2025 22:30:52	18-25	Weekly	Daily	Enjoy both equally	3-5 hours	TV episodes (20-40 mins)	Non-fiction / educational books	Passing time / boredom	Sometimes
8/28/2025 22:35:31	18-25	Occasionally	Weekly	Watching	Less than 1 hour	TV episodes (20-40 mins)	Fiction books	Passing time / boredom	Sometimes
8/28/2025 22:38:56	36-50	Daily	Daily	Enjoy both equally	Less than 1 hour	Books/long reads/stories (several hours)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times
8/28/2025 22:41:45	18-25	Weekly	Occasionally	Enjoy both equally	1-3 hours	TV episodes (20-40 mins)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times
8/28/2025 22:45:40	26-35	Occasionally	Weekly	Watching	1-3 hours	Short videos (Reels, YouTube Shorts)	I don't read at all	Relaxation / stress relief	Yes, many times
8/28/2025 22:59:04	50+	Weekly	Occasionally	Enjoy both equally	Less than 1 hour	Short videos (Reels, YouTube Shorts)	Non-fiction / educational books	Relaxation / stress relief	Yes, many times
8/28/2025 23:02:18	18-25	Occasionally	Weekly	Watching	1-3 hours	Full-length movies (2-3 hrs)	Magazines or blogs	Relaxation / stress relief	Sometimes
8/28/2025 23:03:33	18-25	Weekly	Weekly	Enjoy both equally	1-3 hours	TV episodes (20-40 mins)	Fiction books	Relaxation / stress relief	Yes, many times
8/28/2025 23:04:21	18-25	Never	Daily	Watching	1-3 hours	TV episodes (20-40 mins)	I don't read at all	Passing time / boredom	Sometimes
8/28/2025 23:20:24	26-35	Occasionally	Daily	Watching	1-3 hours	Short videos (Reels, YouTube Shorts)	I don't read at all	Relaxation / stress relief	Yes, many times
8/28/2025 23:51:28	36-50	Daily	Occasionally	Enjoy both equally	1-3 hours	Short videos (Reels, YouTube Shorts)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times
8/28/2025 23:59:27	36-50	Weekly	Daily	Enjoy both equally	1-3 hours	Short videos (Reels, YouTube Shorts)	Non-fiction / educational books	Learning / gaining knowledge	Sometimes
8/29/2025 0:03:06	26-35	Weekly	Weekly	Watching	Less than 1 hour	Short videos (Reels, YouTube Shorts)	I don't read at all	Relaxation / stress relief	Sometimes
8/29/2025 0:44:05	18-25	Daily	Daily	Enjoy both equally	1-3 hours	TV episodes (20-40 mins)	Non-fiction / educational books	Relaxation / stress relief	Rarely
8/29/2025 8:12:04	36-50	Occasionally	Daily	Enjoy both equally	1-3 hours	Full-length movies (2-3 hrs)	Magazines or blogs	Learning / gaining knowledge	Sometimes
8/29/2025 8:36:16	36-50	Daily	Weekly	Enjoy both equally	Less than 1 hour	TV episodes (20-40 mins)	Non-fiction / educational books	Learning / gaining knowledge	Sometimes
8/29/2025 9:30:07	26-35	Daily	Occasionally	Enjoy both equally	1-3 hours	Full-length movies (2-3 hrs)	Non-fiction / educational books	Learning / gaining knowledge	Yes, many times
8/29/2025 10:43:27	36-50	Weekly	Occasionally	Reading	1-3 hours	Books/long reads/stories (several hours)	Fiction books	Learning / gaining knowledge	Yes, many times
8/29/2025 10:54:55	18-25	Weekly	Daily	Enjoy both equally	1-3 hours	TV episodes (20-40 mins)	Fiction books	Relaxation / stress relief	Yes, many times
8/29/2025 11:07:46	36-50	Weekly	Occasionally	Enjoy both equally	1-3 hours	TV episodes (20-40 mins)	Magazines or blogs	Relaxation / stress relief	Yes, many times
8/29/2025 11:24:08	36-50	Weekly	Weekly	Enjoy both equally	1-3 hours	TV episodes (20-40 mins)	Magazines or blogs	Learning / gaining knowledge	Yes, many times
8/29/2025 11:39:27	36-50	Weekly	Daily	Enjoy both equally	3-5 hours	TV episodes (20-40 mins)	Fiction books	Passing time / boredom	Sometimes
8/29/2025 12:11:30	18-25	Occasionally	Daily	Enjoy both equally	Less than 1 hour	Books/long reads/stories (several hours)	Magazines or blogs	Passing time / boredom	Rarely
8/29/2025 13:25:14	18-25	Occasionally	Never	Enjoy both equally	3-5 hours	TV episodes (20-40 mins)	Non-fiction / educational books	Passing time / boredom	Yes, many times
8/29/2025 14:37:46	36-50	Weekly	Occasionally	Enjoy both equally	Less than 1 hour	Short videos (Reels, YouTube Shorts)	Magazines or blogs	Relaxation / stress relief	Sometimes
8/29/2025 16:43:26	50+	Daily	Occasionally	Enjoy both equally	Less than 1 hour	Short videos (Reels, YouTube Shorts)	I don't read at all	Learning / gaining knowledge	Sometimes