## WORSHIPPING TOGETHER SABBATH SCHOOL

SABBATH SCHOOL 9.30 AM

Song Service & Superintendent's Remarks
Lesson Study

Turning Away From Sin

Jason Williams

# SONG SERVICE, WELCOME & ANNOUNCEMENTS 10:45 AM

**THEME SONG**We Declare Your Majesty~Psalm 145:5

### PRAISE AND WORSHIP 11:00 AM

Instrumental Invocation	Tread Softly	Congregation Please Kneel Pastor Dave Crook
Hymn of Praise	#10 Come Christ	ians Bruce Hemeon
The Word	#761 Righteousn	ess Bruce Hemeon
In Giving/Requests	<b>Church Budget</b>	Bruce Hemeon
Response	Come Just As You Are~John 4:14	
In Prayer		Bruce Hemeon
Children's Story		Verna Hemeon
Special Music		
In Sermon	Is Jesus Enough?	Pastor Dave Crook
Closing Hymn	#189 All That Th	rills Pastor Dave Crook
Benediction		Pastor Dave Crook
Postlude		

It is impossible for man to save himself. Christ's righteousness alone can avail for his salvation, and this is the gift of God. This is the wedding garment in which you may appear as a welcome guest at the marriage supper of the Lamb. Let faith take hold of Christ without delay, and you will be a new creature in Jesus, a light to the world. Christ is called "The Lord our righteousness." And through faith each one should say, "The Lord my righteousness." When faith lays hold upon this gift, the praise of God will be upon our lips, and we shall be able to say, "Behold the Lamb of God, which taketh away the sin of the world."

Published in The Bible Echo, April 1, 1893.

## **WORKING TOGETHER**

### Sabbath, July 18, 2009

- ★ We'd like to extend a warm welcome to our visitors and regular members on this Sabbath Day.
- ★ Church at Cottrell's Cove this afternoon at 3:00 pm.

#### **Upcoming Events**

- ★ Newfoundland Camp Meeting will be held July 20-25. There will be no Sabbath services held in Botwood, Cottrell's Cove or Grand Falls-Windsor on July 25. Everyone is invited to worship at Camp Woody Acres on that Sabbath day.
- **★ Sunshine Band Schedule:** August 15.
- ★ Community Services Centre is closed for the summer and will reopen in September.
- ★ Goodwill Centre Duty: Week of August 10, September 23, November 2, December 14.

#### To Remember

- ✓ Please pray for the spiritually lost and how we can help them.
- ✓ Please keep the Grand Falls Bible studies in your prayers.
- ✓ At Home/Sick/Hospital: Floella Butt, Cheryl Haytor, Fred Oates, Edith Curlew, Lillian Noseworthy, Rowena Langdon, Rob Gill, Violet Mews, Reg Moores, Peggy McBay, Shawn Hancock, Kim Crowle, Linda Stagg, Dolph Diamond, Rosalind Baier, Florence Pennell, Rick Brent, Shawn Langdon.
- ✓ Grand Falls-Windsor Sabbath Services are held each Sabbath at 9:30am and 11:00am at St. Alban's Anglican Church, 13 Master's Avenue, Grand Falls-Windsor.
- ✓ A special welcome to Pastor Dave & Yvonne Crook and Ed & Marion Reimche who are worshipping with us today. Pastor Crook will be having the sermon today.

#### July Birthdays

Cody Hibbs, July 15; Peter Gill, July 20; Liam Catling, July 30

#### **July Anniversaries**

Grant & Loretta Hemeon, July 4; Art & Ethel Symonds, July 6; Peter & Vicki Gill, July 12; Don & Lois Gill, July 30

### Sabbath Thought

This is the mystery of the riches of divine grace for sinners, for by a wonderful exchange our sins are now not ours but Christ's, and Christ's righteousness is not Christ's, but ours.

Martin Luther



#248 O, How I Love Jesus

#249 Praise Him! Praise Him!

#526 Because He Lives

Theme Song
We Declare Your Majesty

(Please Stand)

We declare Your majesty, We proclaim that Your name is exalted.

For You reign magnificently, Rule victoriously, And Your power is shown throughout the earth.

And we exclaim, "Our God is mighty, Lift up Your name for You are holy."

Sing it again all honour and glory, In adoration we bow before Your throne.

# Prayer Song Come Just As You Are

Come just as you are, Hear the Spirit call, Come just as you are. Come and see, come receive. Come and live forever.

Life everlasting, Strength for today, Taste the living water and never thirst again. (Please Kneel and Repeat 1<sup>st</sup> Verse)

## **Health Nuggets**

### Laugh a Little

By Winston J. Craig

We cannot escape illness entirely. It is a normal part of life. However, research has revealed that laughter is a useful factor for combating the negative effects of illness. Laughter can promote good health by increasing the number of disease-fighting immune cells. Laughter can also combat the negative effects of stress.

Humor is the spice of life. It helps to relieve a tense situation and provides us with a chance to laugh about the oddities of life. It helps to minimize one's worries and fears, and enables an individual to confront problems with greater creativity and flexibility. Humor also helps to relax and engage an audience during a lecture or speech.

Hospital patients who receive humor therapy by watching comedies and "candid camera" reruns and by reading jokes are more relaxed and responsive, sleep better, and make fewer demands on the hospital staff. Dr Kathleen Dillon found that immunoglobulin A (IgA) levels in the saliva of college students increased significantly after they viewed 30 minute humorous videotapes. Furthermore, those who used humor as a way of coping with difficult life situations also had the highest initial IgA levels. She proposed that a consistently cheerful approach to life helped boost the immune system. Dr Lee Berk also found that watching humorous films produced a marked decrease in the stress hormone cortisol and a significant increase in immune cell activity. Health professionals have now realized the value of laughter to reduce pain, foster recovery, and brighten the outlook of life.

True Christians should be happy and joyful (Ps 68:3). Many years ago King Solomon wrote that happiness can do a lot of good like a medicine (Prov 17:22). Cheerfulness and contentment will produce positive effects upon our health. There is real value in remembering pleasant and humorous events from our past.

### Portrayal of A Summer Day

The beauty of a summer day
Can never fully be portrayed
On canvas or by poets' words,
For it is something too superb
To limit to the hand of man
Or to a poet's own mind span;
For it is God's infinity
And this so shall it ever be.
He creates every lovely scene...
Now, future, and those that have been.
True beauty of a Summer day
Can only be by God portrayed.
~Loise Pinkerton Fritz~

For the Lord is a great God, and a great King above all gods. Psalm 95:3

Next Week: August 1, 2009
\*Offering: Church Budget

Praise Service: Praise Team Sermon: Jason Williams Rostrum: Bruce Hemeon Special Music: Greeter: Verna Hemeon Deacons: Grant Hemeon, Joe Hancock, Peter Gill Cleaning: Lois Gill

Children's Story: Verna Hemeon

Sunset this Week: 9:08 PM Sunset July24/25: 8:56 PM July 31/August 1: 8:50

\*Please be advised that all loose offerings collected during our service will be allocated to Local Church Budget. Please mark envelope for the week's offering.

Stewardship Report - June 2009

Budget Needed: **\$1334** Received June 27: **\$431.94**Total for June: \$1,061.17

sharing the Christ Who Care,

# Welcome to the Botwood Seventh-day Adventist Church

Caledonia Road Botwood, Newfoundland

July 18, 2009

For I determined not to know anything among you except Jesus Christ and Him crucified.

1 Corinthians 2:2



#### Bruce Hemeon, Church Leader

P. O. Box 670, Botwood, NL A0H 1E0 Phone: 257-3750 (Home) 257-3445 (Office) Church Web page: www.botwoodsda.org Here's the information for this week's bulletin:

Sermon by:

Title:

Scripture:

Opening Hymn: Closing Hymn:

Blessings, Jason

Speaker of July 18 - Pastor Dave Crook

Sabbath school teacher on July 11 - Bruce Hemeon Sabbath school teacher on July 18 - Jason Williams

May 23 - Teach at Botwood; Preach at Cottrell's Cove,

May 30 - GFW

June 6, 13 - GFW

June 20 - Alberta

June 27 - St. John's

July 4, 11, - GFW.

July 18- Botwood

July 25 - Campmeeting

August 1 - Botwood