WORSHIPPING TOGETHER SABBATH SCHOOL 9.30 AM

Song Service & Superintendent's Remarks Bruce Hemeon Jason Williams Lesson Study Atonement in Symbols, Part I

WELCOME & ANNOUNCEMENTS

Bruce Hemeon 10:50 AM

PRAISE AND WORSHIP 11:00 AM

Singing Praises		Praise Team
Call to Worship	#881	Bruce Hemeon
Hymn of Praise	#206 Face to Face	Bruce Hemeon
The Word	Deuteronomy 8: 11, 18, 19	Verna Hemeon
Response	Soften My Heart	Congregation
In Prayer		Bruce Hemeon
In Giving	Annual Sacrifice	Verna Hemeon
Children's Story		Lois Gill
Special Music		Kim Furey
In Sermon	Lest We Forget	Bruce Hemeon
Closing Hymn	#317 Lead Me to Calvary	Bruce Hemeon
Benediction		Bruce Hemeon

A congregation may be the poorest in the land. It may be without the attraction of any outward show; but if the members possess the principles of the character of Christ, they will have His joy in their souls. Angels will unite with them in their worship. The praise and thanksgiving from grateful hearts will ascend to God as a sweet oblation. Christ's Object Lessons, p. 298

Next Week: November 15, 2008 **Church Budget**

Praise Service: Praise Team	Greeter: Verna Hemeon
Sermon: Jason Williams	Deacons: Grant Hemeon, Joe
Rostrum: Delcie Hulsmann	Hancock, Peter Gill
Special Music: Vicki Hemeon	Cleaning: Delcie Hulsmann, Ruth
Children's Story: Lois Gill	Hibbs

Sunset this Week: 4:37 PM Sunset November 14/15: 4:28PM

WORKING TOGETHER

Sabbath, November 8, 2008

- ★ We'd like to extend a warm welcome to our visitors and regular members on this Sabbath Day.
- ★ Church at Cottrell's Cove, 3:00 PM this afternoon.
- ★ Bon Fire at the Furey's place tonight. Bring your own wieners and potatoes, etc.

Upcoming Events

- ★ Please phone Verna Hemeon by November 10 if you would like to order citrus fruit. Shipment will arrive on or about November 20.
- ★ A Remembrance Day Service will be held at the Twomey Centre November 11 at 2:00 PM. Bruce Hemeon will be representing the church. All are welcome to come and participate in the service.
- ★ Order forms for the 2009 devotional books, the Week of Prayer magazine, the sharing book of the year, "The Sign" and the Christian Home Calendar will be on the fover table. Orders must be received by November 16 to be received by January 1.
- * Fellowship Dinner Schedule: November 22 (Soup & Sandwiches), December 20 (Church Christmas Dinner). Please what to bring sheet on foyer bulletin board. Please note date change of next Fellowship Dinner.
- ★ Please plan to be here at Church on Sabbath, November 22, for a special baptismal service. Come and celebrate with us the decisions of several people to commit their lives to the Lord. We will also have a fellowship meal on that Sabbath.
- ★ Community Services Centre is open every Wednesday, 1:30 to 3:00 PM, except for weeks when there is Goodwill duty.
- * Kids Eat Smart Breakfast Program: at Memorial Academy schedule December 5, February 11, April 8, June 10

To Remember

- ✓ Please pray for the spiritually lost and how we can help them.
- ✓ Please keep the Grand Falls Bible studies in your prayers.
- ✓ Please continue to pray for the St. Croix Family as they attend to their son Robert in Toronto.
- ✓ Please remember the STEPFAST program in your prayers as we seek to help our community.
- ✓ At Home/Sick/Hospital: Floella Butt, Cheryl Haytor, Fred Oates, Edith Curlew, Lillian Noseworthy, Rowena Langdon, Rob Gill, Violet Mews, Reg Moores, Peggy McBay, Shawn Hancock, Tony Brown, Robert St. Croix, Brian Bindon, Kim Crowle.
- ✓ Church Nominations for 2009 If you have not yet submitted your "My Part in the Church Body" Survey regarding how you'd like to participate in your church during the coming year, please do so today. We need these documents to proceed with the selection of church officers. Thank you.



His Name Is Wonderful

His name is Wonderful, His name is Wonderful, His name is Wonderful, Jesus, my Lord. He is the mighty King, Master of everything, His name is Wonderful, Jesus, my Lord. He's the Great Shepherd, the Rock of all ages, Almighty God is He. Bow down before Him, Love and adore Him His name is Wonderful, Jesus, my Lord.

ANNOUNCEMENTS

In His Time

In His time, in His time, He makes all things beautiful, in His time, Lord, please show me every day, As You're teaching me Your way, That You do just what you say, in Your time.

In Your time, in Your time, You make all things beautiful, in Your time, Lord, my life to You I bring, may each song I have to sing, Be to You a lovely thing, in Your time.

I Worship You, Almighty God

I worship You, Almighty God, there is none like You. I worship You, O Prince of Peace, that is what I want to do. I give You praise, for You are my righteousness; I worship You, Almighty God, there is none like You.

Sabbath Thought

We make a living by what we get, but we make a life by what we give.

--Winston Churchill

Holy, Holy, Holy

(Please Stand)

Holy, holy, holy, Holy is the Lord!
Holy, holy, holy, Holy is our God!
He who always liveth, Evermore the same.
Heaven and earth He ruleth. Come and praise His name!

Holy, holy, holy, Holy is the Lord! Holy, holy, holy, Holy is our God! Glorious and beloved Is the One adored. Holy, holy, holy, holy is the Lord.

O Thou Who Hearest

O Thou who hearest every heartfelt prayer. With Thy rich grace, Lord, all our hearts prepare; Thou art our life, Thou art our love and light, O let this Sabbath hour with Thee be bright. (Please kneel and repeat verse)

Prayer Song Soften My Heart

Soften my heart, Lord, soften my heart; From all indiff'rence set me apart. To feel your compassion, to weep with Your tears; Come soften my heart, O Lord, soften my heart.

(Please kneel and repeat verse.)

Children's Song

For God So Loved The World

For God so loved the world, He gave His only Son, To die on Calvary's tree, From sin to set me free; Some day He's coming back, What glory that will be! Wonderful His love to me.

Benediction

Turn Your Eyes Upon Jesus

Turn your eyes upon Jesus, Look full in His wonderful face; And the things of earth will grow strangely dim In the light of His glory and grace.

Turn your eyes upon Jesus, Take hold of His powerful hand, He will lift you up in His mighty love, In the strength of your God you can stand.

November Birthdays

Laura Anne Furey, November 17; Doreen Hancock, November 26; Edith Curlew, November 26;

November Anniversaries

Bruce & Verna Hemeon, November 1; Shawn & Doreen Hancock, November 27

Health Nuggets

Best Fats or Oils?

Part I

Q: What fats or oils are the best for me to use? I am trying to improve my family's diet by methodically implementing changes in what I buy.

A: First, with fats and oils, remember we don't need much of them. They are high in calories but do carry fat-soluble vitamins. Most of our foods have fats as a part of their composition, so we don't have to use much additional oil or fat to get enough. A little oil, however, can greatly enhance the palatability of our foods. In the fast-food arena, though, most of us have major health problems because of the high intake and content of fats.

Some of the most healthful fat is found in the nuts, avocados, legumes, and grains we eat. The eating of unprocessed foods permits us a balanced fat intake, but a little additional oil or fat is not unhealthful.

We suggest you first stop purchasing any butter at all. It is a saturated fat, hard on your blood vessels, and no longer the only spread for your bread. Select a margarine very carefully, being sure to avoid those that contain partially hydrogenated fats, which are fats that have been spoiled by processing them. Also, avoid any that contain trans fats. Margarines that are healthful are available, but you should be sure to check the labels.

Allan R. Handysides, M.B., Ch.B., F.R.C.P. (c), is director of the General Conference Health Ministries Department; Peter N. Landless, M.B., B.Ch., M.Med., F.C.P.(SA), F.A.C.C., is ICPA executive director and associate director of Health Ministries.



Welcome to the Botwood Seventh-day Adventist Church

Caledonia Road Botwood, Newfoundland

November 8, 2008

For I determined not to know anything among you except Jesus Christ and Him crucified.

1 Corinthians 2:2



Bruce Hemeon, Church Leader

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