

WORSHIPPING TOGETHER
SABBATH SCHOOL
9.30 AM

Song Service & Superintendent's Remarks Bruce Hemeon
Lesson Study **Women of Mission** Jason Williams

WELCOME & ANNOUNCEMENTS
Jason Williams
10:50 AM

PRAISE AND WORSHIP
11:00 AM

Singing Praises		Praise Team
Call to Worship	#845	Bruce Hemeon
Hymn of Praise	#7 The Lord in Zion...	Bruce Hemeon
The Word	Matthew 25:40	Verna Hemeon
Response	Soften My Heart	Congregation
In Prayer		Bruce Hemeon
In Giving	Church Budget	Verna Hemeon
Baby Dedication	Kera Terrylynn Snow	Jason Williams
Children's Story		Lois Gill
Special Music		Grant Hemeon
In Sermon	Take Heed and Beware	Bruce Hemeon
Closing Hymn	#602 O, Brother Be Faithful	Bruce Hemeon
Benediction		

Fathers and mothers should look upon their children as younger members of the Lord's family, committed to them to educate for heaven. The lessons that we ourselves learn from Christ we should give to our children, as the young minds can receive them, little by little opening to them the beauty of the principles of heaven. Thus the Christian home becomes a school, where the parents serve as underteachers, while Christ Himself is the chief instructor.
Desire of Ages, p. 515

Next Week: September 13, 2008
Offering: Fall Mission Appeal

Praise Service: Praise Team	Greeter: Delcie Hulsmann
Sermon: Jason Williams	Deacons: Grant Hemeon, Joe Hancock, Peter Gill
Rostrum: Rowena Osbourne	Cleaning: Ruth Hibbs, Delcie Hulsmann
Special Music: Kim Furey	
Children's Story: Lois Gill	

Sunset this Week: 7:39 PM Sunset September 12/13: 7:25 PM

WORKING TOGETHER

Sabbath, September 6, 2008

- ★ **We'd like to extend a warm welcome** to our visitors and regular members on this Sabbath Day.
- ★ **Church at Cottrell's Cove**, 3:00 PM this afternoon.

Upcoming Events

- ★ **Fellowship Dinner Schedule:** Our next fellowship dinner will be held on September 13 (End of Summer Picnic Dinner), October 11 (Thanksgiving Dinner Potluck), November 15 (Soup & Sandwiches), December 20 (Church Christmas Dinner). Please see sign up sheet for what to bring on foyer table.
- ★ **Community Services Centre** is open every Wednesday, 1:30 to 3:00 PM.

To Remember

- ✓ Please pray for the spiritually lost and how we can help them.
- ✓ Please keep the Grand Falls Bible studies in your prayers.
- ✓ At Home/Hospital: Floella Butt, Cheryl Haytor, Fred Oates, Edith Curlew, Lillian Noseworthy, Rowena Langdon, Rob Gill, Violet Mews, Reg Moores, Peggy McBay, Shawn Hancock.
- ✓ Check out this website: www.thesureword.org.

Sabbath Thought

*Dear Lord, with joy we dedicate
This precious little child to You;
And as we seek Your help and strength,
We consecrate ourselves anew.*

*We pray for wisdom from above
To guide these tender, tiny feet
Along the narrow path, to find
Forgiveness at Your Mercy Seat.*

*Please help us teach, not just by words,
But by example that we live,
To daily search Your Scriptures for
The guidance You so freely give.*

*May Sabbaths find us worshipping
Together as a family,
As we endeavour to become
The parents You would have us be.
—By Betty Jo Mings*



Do Lord

I've got a home in glory land that outshines the sun, (Sing 3x)
Way beyond the blue.

Chorus:

Do Lord, oh do Lord, oh do remember me, (Sing 3x)
Way beyond the blue.

I took Jesus as my Saviour, you take Him too, (Sing 3x)
While He's calling you.

I read the book of Revelation, you read it too, (Sing 3x)
While He's calling you.

ANNOUNCEMENTS

His Sheep Am I

In God's green pastures feeding by His cool waters lie,
Soft in the evening walk my Lord and I. All the sheep of
His pastures fare so wondrously fine, His sheep am I.

Waters cool, (In the Valley)
Pastures green, (On the mountain)
In the evening walk my Lord and I.
(In the evening walk my Lord and I.)
Dark the night, (In the valley)
Rough the way, (On the mountain)
Step by step, my Lord and I. (Step by step, my Lord and I.)

In God's green pastures feeding by His cool waters lie,
Soft in the evening walk my Lord and I. All the sheep of
His pastures fare so wondrously fine, His sheep am I.

Only Jesus

Only Jesus! Only Jesus! Only He can satisfy;
Every burden becomes a blessing,
When I know my Lord is nigh.

I Want to Be Ready

I want to be ready when Jesus comes,
I want to be ready when Jesus comes,
Earth's pleasures grow dim while I'm waiting for Him;
Lord keep me till Jesus comes.

Holy, Holy, Holy (Please Stand)

Holy, holy, holy, Holy is the Lord!
Holy, holy, holy, Holy is our God!
He who always liveth, Evermore the same.
Heaven and earth He ruleth, Come and praise His name!

Holy, holy, holy, Holy is the Lord!
Holy, holy, holy, Holy is our God!
Glorious and beloved Is the One adored.
Holy, holy, holy, holy is the Lord.

O Thou Who Hearest

O Thou who hearest every heartfelt prayer.
With Thy rich grace, Lord, all our hearts prepare;
Thou art our life, Thou art our love and light,
O let this Sabbath hour with Thee be bright.
(Please kneel and repeat verse)

Prayer Song **Soften My Heart**

Soften my heart, Lord, soften my heart;
From all indiff'rence set me apart.
To feel your compassion, to weep with Your tears;
Come soften my heart, O Lord, soften my heart.
(Please kneel and repeat verse.)

Children's Song **Walk, Walk, Walk**

Walk, walk, walk, walk footprints in the sand,
Walk, walk, walk, walk over all the land.
Walk, walk, walk, walk footprints large and small,
I'll follow Jesus' footprints, they're the best of all.

Benediction

Turn Your Eyes Upon Jesus

Turn your eyes upon Jesus, Look full in His wonderful face;
And the things of earth will grow strangely dim
In the light of His glory and grace.

Turn your eyes upon Jesus, Take hold of His powerful hand,
He will lift you up in His mighty love,
In the strength of your God you can stand.

September Birthdays

Joe Hancock, September 13; Fred Oates, September 15;
Kelley Symonds, September 21

Health Nuggets

*Health Ministries Department
of the General Conference of Seventh-day Adventist*

10,000 Steps

In a study done at the Department of Medicine, Wakayama Medical College, Japan by M Iwane, M Arita, S Tomimoto, O Satani, M Matsumoto, and I Miyashita Nishio that investigated the effects of walking 10,000 steps per day or more (measured using a pedometer) on blood pressure and cardiac autonomic nerve activity in mild essential hypertensive patients, it was found that those walking 13,510 (plus or minus 837) steps per day for 12 weeks lowered their blood pressure. Walking also significantly lowered low-frequency fluctuating systolic blood pressure as an index of sympathetic nerve activity.

These results indicate that walking 10,000 steps per day or more, irrespective of exercise intensity or duration, is effective in lowering blood pressure, increasing exercise capacity, and reducing sympathetic activity in hypertensive patients.

See <http://www.ncbi.nlm.nih.gov:80> for a complete report on this study.
Hypertens Res 2000 Nov;23(6):573-80



Sharing the Christ Who Cares



Welcome to the Botwood Seventh-day Adventist Church

*Caledonia Road
Botwood, Newfoundland*

September 6, 2008

*For I determined not to know anything among you
except Jesus Christ and Him crucified.*

1 Corinthians 2:2



Bruce Hemeon, Church Leader

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