

**WORSHIPPING TOGETHER**  
**SABBATH SCHOOL**  
**9.30 AM**

Song Service & Superintendent's Remarks      Bruce Hemeon  
Lesson Study      **Metaphors of Salvation**      Jason Williams

**WELCOME & ANNOUNCEMENTS**  
Bruce Hemeon  
**10:50 AM**

**PRAISE AND WORSHIP**  
**11:00 AM**

Singing Praises		Praise Team
Call to Worship	<b>#892</b>	Bruce Hemeon
Hymn of Praise	<b>#499 What A Friend...</b>	Bruce Hemeon
The Word	<b>John 15:14, 15</b>	Delcie Hulsmann
Response	<b>Soften My Heart</b>	Congregation
In Prayer		Bruce Hemeon
In Giving	<b>Native Ministries</b>	Delcie Hulsmann
Children's Story		Lois Gill
Special Music		Lois Gill & Ruth Hibbs
In Sermon	<b>You Are My Friends</b>	Bruce Hemeon
Closing Hymn	<b>#189 All That Thrills...</b>	Bruce Hemeon
Benediction		Bruce Hemeon

*Jesus is the friend of sinners, and His heart is touched with their woe. He has all power, both in heaven and on earth; but He respects the means that He has ordained for the enlightenment and salvation of men; He directs sinners to the church, which He has made a channel of light to the world.*      *Acts of the Apostles, p. 122*

**Next Week: December 6, 2008**  
**Offering: Church Budget**

<b>Praise Service:</b> Praise Team	<b>Greeter:</b> Verna Hemeon
<b>Sermon:</b> Jason Williams	<b>Deacons:</b> Grant Hemeon, Joe Hancock, Peter Gill
<b>Rostrum:</b> Rowena White	<b>Cleaning:</b> Delcie Hulsmann, Ruth Hibbs
<b>Special Music:</b> Gina Rasch	
<b>Children's Story:</b> Lois Gill	

Sunset this Week: 4:15 PM      Sunset December 5/6: 4:13 PM

**Sabbath Thought**  
*Christ is the fountain;*  
*the church is the channel of communication.*  
E.G. White

**WORKING TOGETHER**

**Sabbath, November 29, 2008**

- ★ We'd like to extend a warm welcome to our visitors and regular members on this Sabbath Day.
- ★ **Sunshine Band** at the Twomey Centre, 2:30 PM.
- ★ **Christmas Choir practice this afternoon** at 2:30 PM; Monday and Fridays at 7:00 PM.
- ★ **Church Church** at Cottrell's Cove this afternoon, 3:00 PM.

**Upcoming Events**

- ★ **Keep Christ in Christmas** parade and church service will be held Sunday, November 30 starting at the Botwood Salvation Army Church parking lot at 2:00 PM and return for service at 3:00 PM.
- ★ **Applications for Christmas Hampers** will be taken on December 4 at the Salvation Army Youth Hall from 10:00 AM-12:00 PM and 2:00-4:00 PM. Please bring the appropriate documents with you.
- ★ **Kids Eat Smart Breakfast Program:** at Memorial Academy schedule December 5, February 11, April 8, June 10
- ★ **Communion Service:** Sabbath, December 6, we will celebrate the Communion Service together. Join us as we follow the Lord's example and bidding in participating in this very special service.
- ★ **Annual Christmas Program, Christmas Memories,** will be held at the church on December 13, at 7:30 PM. Please invite your family and friends to join us for this happy celebration.
- ★ **Community Services Centre** is open every Wednesday, 1:30 to 3:00 PM, except for weeks when there is Goodwill duty.

**To Remember**

- ✓ Please pray for the spiritually lost and how we can help them.
- ✓ Please keep the Grand Falls Bible studies in your prayers.
- ✓ Please continue to pray for the St. Croix Family as they attend to their son Robert in Toronto.
- ✓ Tony Brown would like to express his thanks to the church for your prayers and visits during his 4-week stay in the hospital. Tony is now home again, and for that we thank the Lord.
- ✓ At Home/Sick/Hospital: Floella Butt, Cheryl Haytor, Fred Oates, Edith Curlew, Lillian Noseworthy, Rowena Langdon, Rob Gill, Violet Mews, Reg Moores, Peggy McBay, Shawn Hancock, Robert St. Croix, Kim Crowle, Sheila Lanto.
- ✓ Bruce and Verna Hemeon and Don and Lois Gill would like to announce the engagement of their children Vicki and Peter which took place on November 21. A summer wedding is planned.
- ✓ Jason Williams will be away from December 7 until January 14. Please pray for his safety in traveling, as well as for the spiritual interest of his Bible students during his absence.
- ✓ During last week's service, the nominations for 2009 Church Officers were confirmed by our membership's vote. Please note that the new church positions will take effect on January 1, 2009. May God bless you as you serve your church this coming year.



**Come Bless the Lord**

Come bless the Lord, *(Come bless the Lord,)*  
All ye servants of the Lord, *(All ye servants of the Lord,)*  
Who stand by night, *(Who stand by night,)*  
In the house of the Lord, *(In the house of the Lord,)*  
Lift up your hands *(Lift up your hands)*  
In the holy place, *(In the holy place,)*  
And bless the Lord, *(And bless the Lord,)*  
And bless the Lord. *(And bless the Lord,)*

**ANNOUNCEMENTS**

**He Is Lord**

He is Lord, He is Lord. He has risen from the dead  
And He is Lord. Every knee shall bow, Every tongue confess  
That Jesus Christ is Lord.

You are Lord, You are Lord. You have risen from the dead  
And You are Lord. Every knee shall bow, Every tongue confess  
That Jesus Christ is Lord.

**Holy, Holy, Holy Is the Lord of Hosts**

Holy, holy, holy is the Lord of hosts,  
Holy, holy, holy is the Lord of hosts,  
The whole earth is full of His glory,  
The whole earth is full of His glory,  
The whole earth is full of His glory, Holy is the Lord.

**Holy, Holy, Holy**  
*(Please Stand)*

Holy, holy, holy, Holy is the Lord!  
Holy, holy, holy, Holy is our God!  
He who always liveth, Evermore the same.  
Heaven and earth He ruleth, Come and praise His name!



Holy, holy, holy, Holy is the Lord!  
Holy, holy, holy, Holy is our God!  
Glorious and beloved Is the One adored.  
Holy, holy, holy, holy is the Lord.

**O Thou Who Hearest**

O Thou who hearest every heartfelt prayer.  
With Thy rich grace, Lord, all our hearts prepare;  
Thou art our life, Thou art our love and light,  
O let this Sabbath hour with Thee be bright.  
*(Please kneel and repeat verse)*

Prayer Song

**Soften My Heart**

Soften my heart, Lord, soften my heart;  
From all indiff'rence set me apart.  
To feel your compassion, to weep with Your tears;  
Come soften my heart, O Lord, soften my heart.  
*(Please kneel and repeat verse.)*

Children's Song

**Mary Did You Know?**

Mary, did you know that your baby boy  
Would one day walk on water?  
Mary, did you know that your baby boy  
Would save our sons and daughters?  
Did you know that your baby boy has come to make you  
new?  
This baby boy that you will have will soon deliver you.  
Mary, did you know?

Benediction

**Turn Your Eyes Upon Jesus**

Turn your eyes upon Jesus, Look full in His wonderful face;  
And the things of earth will grow strangely dim  
In the light of His glory and grace.

Turn your eyes upon Jesus, Take hold of His powerful hand,  
He will lift you up in His mighty love,  
In the strength of your God you can stand.

**November Birthdays**  
Laura Anne Furey, November 17;  
Doreen Hancock, November 26; Edith Curlew, November 26

**November Anniversaries**  
Bruce & Verna Hemeon, November 1;  
Shawn & Doreen Hancock, November 27

**Health Nuggets**

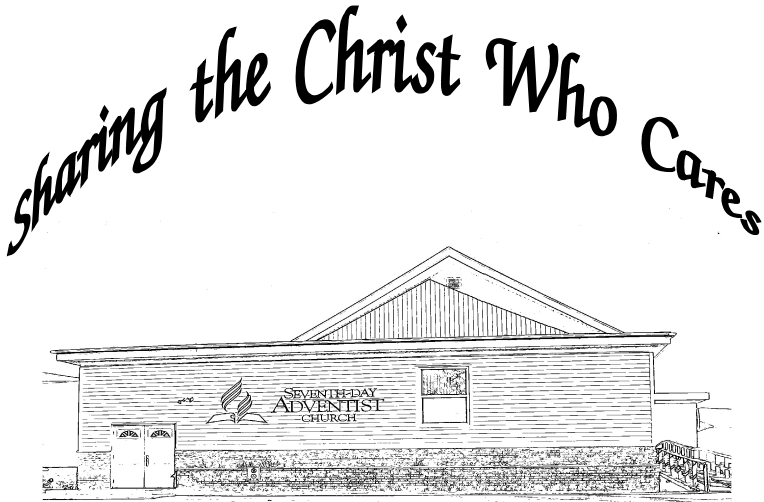
**Exercise, Part II**

**Q:** I am 55 years old and have never had a regular exercise program. What are the benefits of exercise, and will I benefit starting at this later stage of my life?

**A:** Exercise has been shown to be beneficial at all ages. It is important to seek advice from your health-care provider (physician) regarding the kind of exercise suited to your present health condition. You will need direction as to what is the best exercise for you and how much you should do as you start out on such a program.

Regular exercise helps keep us energized, and is also important in helping to prevent and aid in the treatment of certain diseases. Exercise can help to lower hypertension (high blood pressure). This is especially true of aerobic exercise (such as walking, running, jogging, and swimming). Individuals who have moderate hypertension may additionally need medications in order to achieve the best blood pressure control.

*Allan R. Handysides, M.B., Ch.B., F.R.C.P. (c), is director of the General Conference Health Ministries Department; Peter N. Landless, M.B., B.Ch., M.Med., F.C.P.(SA), F.A.C.C., is ICPA executive director and associate director of Health Ministries.*



*Welcome to the Botwood  
Seventh-day Adventist Church*

*Caledonia Road  
Botwood, Newfoundland*

*November 29, 2008*

*For I determined not to know anything among you  
except Jesus Christ and Him crucified.  
1 Corinthians 2:2*



**Bruce Hemeon, Church Leader**  
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