

WORSHIPPING TOGETHER

SABBATH SCHOOL

9.30 AM

Song Service & Superintendent's Remarks Bruce Hemeon
Lesson Study **Preparing a People** Pastor Jason Williams

SONG SERVICE, WELCOME & ANNOUNCEMENTS

10:45 AM

THEME SONG

We Declare Your Majesty~Psalm 145:5

PRAISE AND WORSHIP

11:00 AM

Instrumental	Tread Softly	Congregation Please Kneel
Invocation		Pastor Jason Williams
Hymn of Praise	#185 Jesus is All the World...	Bruce Hemeon
The Word	Matthew 7:12	Pastor Jason Williams
In Giving/Requests	Voice of Prophecy, Canada	Bruce Hemeon
Response	Come Just As You Are~John 4:14	
In Prayer		Pastor Jason Williams
Children's Story		Lois Gill
Special Music		Vicki Gill
In Sermon	Lessons from the Jericho Road:	
	Who is My Neighbor?	Pastor Jason Williams
Closing Hymn	#367 Rescue the Perishing	Ps. Jason Williams
Benediction		Pastor Jason Williams
Postlude		

In the story of the good Samaritan, Christ illustrates the nature of true religion. He shows that it consists not in systems, creeds, or rites, but in the performance of loving deeds, in bringing the greatest good to others, in genuine goodness. . . . Many, many, have fainted and become discouraged in the great struggle of life, when one word of kindly cheer would have strengthened them to overcome. Never should we pass by one suffering soul without seeking to impart to him of the comfort wherewith we are comforted of God.

The Desire of Ages, pp. 497, 504, 505

WORKING TOGETHER

Sabbath, October 10, 2009

- ★ We'd like to extend a warm welcome to our visitors and regular members on this blessed Sabbath Day.
- ★ **Church at Cottrell's Cove** 3:00 pm this afternoon.

Upcoming Events

- ★ **Nominating Committee Meeting** - Saturday night, October 10, 7:00pm, at the Church.
- ★ **Family Day/Church Social**, October 11. Please see poster for more information. This is for all church members.
- ★ **There will be a very important Evangelistic Series Preparation and Prayer Meeting** here at the Church on Tuesday, October 13, at 7:00pm. ALL members are encouraged to attend as we prepare for the upcoming evangelistic series with Pastor Chuck Holtry of Amazing Facts, which begins Thursday, October 15, 7:00pm, in Grand Falls-Windsor.
- ★ **Church Board Meeting** - Sunday, October 18, 2:00 pm.
- ★ **Community Services Centre** is open every Wednesday, 1:30-3:00 pm except the weeks we have Goodwill Duty.
- ★ **Goodwill Centre Duty**: The week of November 2, December 14. We are in great need of volunteers to assist with our community services activities at the Goodwill Center
- ★ **Fellowship Dinner Schedule**: October 24 (Spaghetti), November 21(Soup & Sandwiches), December 19 (Church Christmas Dinner). See the sign up sheet for "What to Bring" in foyer.
- ★ **Sunshine Band Schedule**: November 21, and January 9.

To Remember

- ✓ Please pray for the spiritually lost and how we can help them.
- ✓ Please keep the Grand Falls Bible studies in your prayers.
- ✓ At Home/Sick/Hospital: Floella Butt, Cheryl Haytor, Fred Oates, Edith Curlew, Lillian Noseworthy, Rowena Langdon, Rob Gill, Violet Mews, Reg Moores, Shawn Hancock & Family, Kim Crowle, Linda Stagg, Dolph Diamond, Rick Brent, Shawn Langdon.
- ✓ If you know of someone (former member, visitor, family member) that might benefit from receiving our monthly newsletter, please share the name and address with Pastor Jason.
- ✓ If you wish to make a donation to the new worship centre at Woody Acres please mark your tithe envelope "*Camp Worship Centre*".
- ✓ Grand Falls-Windsor Sabbath Services at 10:00am and 11:00am at St. Alban's Anglican Church, 13 Master's Avenue, GFW.
- ✓ Please pray for the search for a new Bible Worker!
- ✓ Botwood Literature Distribution - The 250 "The Sign" books are ready for you to distribute. These books need to be distributed in our community right away. Please sign up for specific street(s) on the sign up sheet, and collect your books today.



#560 Let All Things Now Living

#565 For the Beauty of the Earth

#27 Rejoice, Ye Pure in Heart!

Theme Song
We Declare Your Majesty
(Please Stand)

We declare Your majesty,
We proclaim that Your name is exalted.

For You reign magnificently, Rule victoriously,
And Your power is shown throughout the earth.

And we exclaim, "Our God is mighty,
Lift up Your name for You are holy."

Sing it again all honour and glory,
In adoration we bow before Your throne

Prayer Song
Come Just As You Are

Come just as you are, Hear the Spirit call, Come just as you are.
Come and see, come receive, Come and live forever.

Life everlasting, Strength for today,
Taste the living water and never thirst again.
(Please Kneel and Repeat 1st Verse)

Children's Song

The Fifth Day

(Sung to the tune of "O Day of Rest and Gladness)

On the fifth day of creation God made the fish and birds,
The fish that swim in the ocean, the birds that fly in the sky.
The birds and fish were to multiply and fill the sky and sea,
We sing our praise to Jesus, Who lives in heaven on high.

Health Nugget

7 Habits That Keep Colds and Flu at Bay

by Arricca Elin SanSone

<http://yourtotalhealth.ivillage.com/7-habits-that-keep-colds-flu-at-bay.html?pageNum=3>

Here's what you can do to improve your chances of staying well this cold and flu season:

Keep your hands clean. ...Kelly A. Reynolds, M.S.P.H., Ph.D., associate professor at the University of Arizona.[says] "Since we often touch our faces throughout the day without realizing it, hand-washing keeps germs away from our noses, eyes and mouth." Wash up before you eat or prepare food; after touching surfaces in the office such as the copier, file cabinet drawers or vending machines; and after doing errands when you're touching surfaces such as elevator buttons and door handles. Teach the kids to wash their hands during the day and to wash them again as soon as they get home from school or the playground.

Take your time. "Most people don't scrub long enough," says Dr. Reynolds. "Wash for 20 to 30 seconds, including between fingers and the backs of your hands. The soap and the scrubbing action helps dislodge germs embedded in skin cells and oils on your skin." Sing the ABCs or "Happy Birthday" twice to be sure you're spending enough time. Use warm water, which is better for lathering up the cleaning agents in soap. Liquid soap is also preferable because bacteria can be deposited on bar soap.

Use hand sanitizers as a backup. Soap and water are best, but hand sanitizers are effective if you can't get to a sink.... And don't be stingy: use a big dollop to wet hands thoroughly, and then rub all over—just like you're washing your hands—until dry. Sanitizer hand wipes are another good choice because the friction of rubbing them between your hands helps remove some germs.

Swab down surfaces. "A quick swipe with an antimicrobial wipe first thing in the morning over your desk surface, phone, keyboard and mouse is a good idea, especially if they're items shared by coworkers," says Dr. Stream. "Since we shed viruses before we even show symptoms, it's a simple precautionary measure even when no one at

work seems ill." At the grocery store, use wipes to clean off shopping cart handles. When flying, carry wipes to clean arm rests, the call button and fold-down tray.

Don't get complacent at home. "We tend to let our guards down at home, but it's a primary place where illnesses are spread," says Dr. Reynolds. "We're in closer contact, we spend more time here, and we may not disinfect surfaces as often as we should because we think of them as 'our germs.'" But you and the kids can easily bring home and transfer germs to household surfaces, such as door knobs, faucets, remote controls, computer keyboards, or the refrigerator handle, where someone in the family may pick them up later. So clean these areas regularly (daily if someone in the household is ill).

Use the right stuff. Not just any cleaning product will do the job, says Dr. Reynolds. If you want to kill disease-causing germs, you need disinfectants, ...and follow product instructions.

Be good to yourself. "Exercise, get enough sleep and eat right to keep your immune system strong," says Dr. Stream. It's also a good time to kick the tobacco smoking habit. Smoking increases your risk of getting sick because it causes structural changes in the respiratory tract and impairs your immune system. Even secondhand smoke increases your risk of infections. Finally, don't forget to get your flu shot—it's effective prevention, and you can get it any time throughout the flu season. Ask your doctor whether the H1N1 flu shot is appropriate for you as well.

Next Week: October 17, 2009

***Offering: Voice of Prophecy, Canada**

Praise Service: Praise Team	Greeter: Don Gill
Sermon: Pastor Jason Williams	Deacons: Grant Hemeon, Joe Hancock, Peter Gill
Rostrum: Bruce Hemeon	Cleaning: Bruce & Verna Hemeon
Special Music: Vicki Gill	
Children's Story: Lois Gill	

Sunset this Week: 6:31 pm Sunset Oct. 16/17: 6:17 pm

**Please be advised that all loose offerings will be allocated to Local Church Budget. Please mark envelope for the week's offering.*

October Birthdays

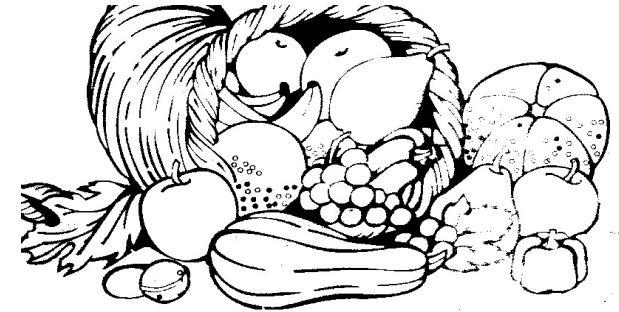
Floella Butt, October 5; Gina Hemeon, October 8;
Doug Furey, October 15; Kayla Hancock, October 22;
Bruce Hemeon, October 28

Sabbath Thought

***Without Thy sunshine and Thy rain
We would not have the golden grain;
Without Thy love we'd not be fed;
We thank Thee for our daily bread.***

Unknown

Give Thanks unto the Lord



Welcome to the Botwood Seventh-day Adventist Church

*Caledonia Road
Botwood, Newfoundland*

October 10, 2009

*For I determined not to know anything among you
except Jesus Christ and Him crucified.*

1 Corinthians 2:2



Pastor Jason Williams

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