

WORSHIPPING TOGETHER
SABBATH SCHOOL
9.30 AM

Song Service & Superintendent's Remarks Bruce Hemeon
Lesson Study **The Prophetic Gift** Bruce Hemeon

WELCOME & ANNOUNCEMENTS
Bruce Hemeon
10:50 AM

PRAISE AND WORSHIP
11:00 AM

Singing Praises		Praise Team
Call to Worship	#850	Bruce Hemeon
Hymn of Praise	#16 All People That on Earth...	Bruce Hemeon
The Word		Pastor Gary Hodder
Response	Soften My Heart	Congregation
In Prayer		Pastor Gary Hodder
In Giving	Newfoundland Advance	Bruce Hemeon
Children's Story		Lois Gill
Special Music		Grant Hemeon
In Sermon		Pastor Gary Hodder
Closing Hymn	#221 Rejoice, the Lord...	Bruce Hemeon
Benediction		Bruce Hemeon

Better than all the friendship of the world is the friendship of Christ's redeemed. Better than a title to the noblest palace on earth is a title to the mansions our Lord has gone to prepare. And better than all the words of earthly praise will be the Saviour's words to His faithful servants, "Come, ye blessed of My Father, inherit the kingdom prepared for you from the foundation of the world." Matt. 25:34.

Christ's Object Lessons, Page 374

Next Week: January 17, 2009
Offering: Church Budget

Praise Service: Praise Team	Greeter: Delcie Hulsmann
Sermon: Jason Williams	Deacons: Grant Hemeon, Joe Hancock, Peter Gill
Rostrum: Bruce Hemeon	Cleaning: Bruce & Verna Hemeon
Special Music: Ruth Hibbs, Lois Gill	
Children's Story: Lois Gill	

Sunset this Week: 4:35 PM Sunset January 16/17: 4:45 PM

WORKING TOGETHER

Sabbath, January 10, 2009

- ★ **We'd like to extend a warm welcome** to our visitors and regular members on this Sabbath Day. We are very happy to have Pastor Gary Hodder with us this morning.
- ★ **No Church** at Cottrell's Cove this afternoon.

Upcoming Events

- ★ **Fellowship Dinner Schedule:** Next Sabbath January 17 (Potluck), February 14, (Lasagna Dinner), March 14 (Burgers & Fries). Please see the what to bring sheet on foyer bulletin board.
- ★ **Community Services Centre** is open every Wednesday, 1:30-3:00 PM except the weeks we have Goodwill Duty.
- ★ **Kids Eat Smart Breakfast Program:** at Memorial Academy schedule February 11, April 8, June 10.

To Remember

- ✓ Please pray for the spiritually lost and how we can help them.
- ✓ Please keep the Grand Falls Bible studies in your prayers.
- ✓ At Home/Sick/Hospital: Floella Butt, Cheryl Haytor, Fred Oates, Edith Curlew, Lillian Noseworthy, Rowena Langdon, Rob Gill, Violet Mews, Reg Moores, Peggy McBay, Shawn Hancock, Robert St. Croix, Kim Crowle, Sheila Lanto, Florence Hancock..
- ✓ Edith Curlew would appreciate a visit or phone calls from church members. Edith is currently living in the new seniors apartments opposite the Killick Retirement home.
- ✓ Our sympathy goes out to Evelyn Champion and Family on the sudden passing of Herb on January 2. A private service was held for immediate family members. Please keep the Evelyn and the Family in your prayers and thoughts at this sad time.
- ✓ The Interfaith Goodwill Centre will be closed until further notice due to the break in over the Christmas holidays.
- ✓ Bruce Hemeon will be away at Workers' Meetings January 11-14.
- ✓ Jason Williams will be away from December 7 until January 14. Please pray for his safety in traveling, as well as for the spiritual interest of his Bible students during his absence.

Sabbath Thought

*In the Kingdom of God,
service is not a stepping-stone to nobility:
it is nobility, the only kind of nobility that is recognized.*
T. W. Manson

Singing
Praises

Blessed Be the Lord God Almighty

Father in heaven, how we love You,
We lift Your name in all the earth.
May Your kingdom be established in our praises,
As Your people declare Your mighty works.

Chorus:

Blessed be the Lord God almighty,
Who was, and is, and is to come;
Blessed be the Lord God almighty, Who reigns forevermore.

ANNOUNCEMENTS

Search Me, O God

Search me, O God, and know my heart today,
Try me, O Savior, know my thoughts, I pray;
See if there be some wicked way in me;
Cleanse me from every sin, and set me free.

I praise Thee, Lord, for cleansing me from sin;
Fulfill Thy word and make me pure within;
Fill me with fire, where once I burned with shame;
Grant my desire to magnify Thy name.

Lord, take my life, and make it wholly Thine;
Fill my poor heart with Thy great love divine;
Take all my will, my passion, self and pride;
I now surrender, Lord, in me abide.

O Holy Ghost, revival comes from Thee;
Send a revival, start the work in me;
Thy Word declares Thou wilt supply our need;
For blessings now, O Lord, I humbly plead.

I Love You, Lord

I love You, Lord, And I lift my voice to worship You,
O my soul rejoice. Take joy, my King, in what You hear,
May it be a sweet, sweet sound in Your ear.

Holy, Holy, Holy

(Please Stand)

Holy, holy, holy, Holy is the Lord!
Holy, holy, holy, Holy is our God!
He who always liveth, Evermore the same.
Heaven and earth He ruleth, Come and praise His name!

Holy, holy, holy, Holy is the Lord!
Holy, holy, holy, Holy is our God!
Glorious and beloved Is the One adored.
Holy, holy, holy, holy is the Lord.

O Thou Who Hearest

O Thou who hearest every heartfelt prayer.
With Thy rich grace, Lord, all our hearts prepare;
Thou art our life, Thou art our love and light,
O let this Sabbath hour with Thee be bright.
(Please kneel and repeat verse)

Prayer Song

Soften My Heart

Soften my heart, Lord, soften my heart;
From all indiff'rence set me apart.
To feel your compassion, to weep with Your tears;
Come soften my heart, O Lord, soften my heart.
(Please kneel and repeat verse.)

Children's Song

God Will Take Care of You

God will take care of you,
Through every day, o'er all the way;
He will take care of you, God will take care of you.

Benediction

Turn Your Eyes Upon Jesus

Turn your eyes upon Jesus, Look full in His wonderful face;
And the things of earth will grow strangely dim
In the light of His glory and grace.

Turn your eyes upon Jesus, Take hold of His powerful hand,
He will lift you up in His mighty love,
In the strength of your God you can stand.

January Birthdays

Delcie Hulsmann, January 11; Violet Mews, January 22;
Ruby St. Croix, January 24; Alexander Symonds, January 27

January Anniversaries

Ray & Lucie Moores, January 1

Health Nuggets

Reducing the Risk of Heart Attack

Q: My mom is only 50, and she just had a heart attack. We are concerned because she seemed very healthy. My brother and I are 27 and 24, respectively. Does this mean we are at risk ourselves?

A: This is a good question and one you need to ask your doctor to determine for you. The British Medical Journal reported in their September 8, 2007, issue that evaluation of family members could pay dividends.

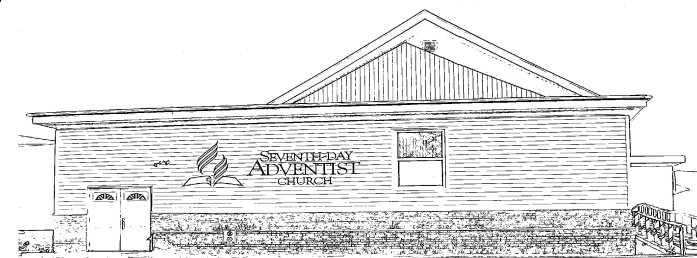
In a study of 130,000 families, those having one or more family members with documented heart disease accounted for 70 percent of the study participants who experienced early onset heart attacks and 80 percent of premature strokes. They represented only 14 percent of the general population, however. This means that family predisposition to heart disease is a serious matter. The researchers estimated that up to 50 percent of the predicted heart attacks could have been prevented by appropriate intervention.

The first evaluation by your doctor will be of your current indicators of risk. What are your cholesterol levels, your weight, blood pressure, and lifestyle practices? Do you exercise? How much fat and what proportion of saturated fat are in your diet? Do you eat sufficient nuts and omega 3 fatty acids?

The lifestyle promoted by Adventist Health Ministries will also reduce the risk of heart attack. But it's only you who can choose to do the right thing.

Allan R. Handysides, M.B., Ch.B., F.R.C.P. (c), is director of the General Conference Health Ministries Department; Peter N. Landless, M.B., B.Ch., M.Med., F.C.P.(SA), F.A.C.C., is ICPA executive director and associate director of Health Ministries.

Sharing the Christ Who Cares



Welcome to the Botwood Seventh-day Adventist Church

*Caledonia Road
Botwood, Newfoundland*

January 10, 2009

*For I determined not to know anything among you
except Jesus Christ and Him crucified.*

1 Corinthians 2:2



Bruce Hemeon, Church Leader

P. O. Box 670, Botwood, NL A0H 1E0
Phone: 257-3750 (Home) 257-3445 (Office)
Church Web page: www.botwoodsda.org