

WORSHIPPING TOGETHER

SABBATH SCHOOL

9.30 AM

Song Service & Superintendent's Remarks Bruce Hemeon
 Lesson Study Interpreting Prophetic Writings Jason Williams

WELCOME & ANNOUNCEMENTS

Bruce Hemeon
10:50 AM

PRAISE AND WORSHIP

11:00 AM

Singing Praises		Praise Team
Call to Worship	#892	Bruce Hemeon
Hymn of Praise	#279 Only Trust Him	Bruce Hmeon
The Word	Matthew 16:24-26	Delcie Hulsmann
Response	Soften My Heart	Congregation
In Prayer		Bruce Hemeon
In Giving	Adventist World Radio	Delcie Hulsmann
Children's Story		Verna Hemeon
Special Music		Gina Rasch
In Sermon	Total Commitment	Bruce Hemeon
Closing Hymn	#308 Wholly Thine	Bruce Hemeon
Benediction		Bruce Hemeon

The whole heart must be yielded to God, or the change can never be wrought in us by which we are to be restored to His likeness. By nature we are alienated from God. The Holy Spirit describes our condition in such words as these: "Dead in trespasses and sins;" "the whole head is sick, and the whole heart faint;" "no soundness in it." We are held fast in the snare of Satan, "taken captive by him at his will." Ephesians 2:1; Isaiah 1:5, 6; 2 Timothy 2:26. God desires to heal us, to set us free. But since this requires an entire transformation, a renewing of our whole nature, we must yield ourselves wholly to Him.

Steps to Christ, p. 43

Next Week: March 21, 2009
Offering: Church Budget

Praise Service: Praise Team Sermon: Jason Williams Rostrum: Verna Hemeon Special Music: Grant Hemeon Children's Story: Lois Gill	Greeter: Verna Hemeon Deacons: Grant Hemeon, Joe Hancock, Peter Gill Cleaning: Bruce & Verna Hemeon
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Sunset this Week: 7:16 PM

Sunset March 20/21: 7:27 PM

WORKING TOGETHER

Sabbath, March 14, 2009

- ★ **We'd like to extend a warm welcome** to our visitors and regular members on this Sabbath Day.
- ★ **Church at Cottrell's Cove** this afternoon at 3:00 PM.

Upcoming Events

- ★ **Fellowship Dinner Schedule:** March 21 (Potluck), April 18 (Burgers & Fries). See the what to bring sheet in foyer.
- ★ **Community Services Centre** is open every Wednesday, 1:30-3:00 PM except the weeks we have Goodwill Duty.
- ★ **Goodwill Centre Duty:** Week of April 6, May 18, June 29, August 10, September 23, November 2, December 14.
- ★ **Attention Youth** - A Youth Bible Conference at the Marystown SDA Church will be held on April 17-19. Contact Pastor Nathan James at: 709-279-2412 or email: pastor_nathan@inbox.com by April 5, 2009 to confirm attendance.
- ★ **Kids Eat Smart Breakfast Program Schedule** at Memorial Academy April 8, June 10.
- ★ **Sunshine Band Schedule:** March 21, May 9.

To Remember

- ✓ Please pray for the spiritually lost and how we can help them.
- ✓ Please keep the Grand Falls Bible studies in your prayers.
- ✓ At Home/Sick/Hospital: Floella Butt, Cheryl Haytor, Fred Oates, Edith Curlew, Lillian Noseworthy, Rowena Langdon, Rob Gill, Violet Mews, Reg Moores, Peggy McBay, Shawn Hancock, Kim Crowle, Sheila Lanto, Harry Symonds, Max Gill, Linda Stagg.
- ✓ Edith Curlew would appreciate a visit or phone calls from church members. Edith is currently living at the Clipper Complex opposite the Killick Retirement home.
- ✓ Please keep Jason and Elizabeth in your prayers as they work toward bringing Elizabeth to Canada.
- ✓ SDA Youth Websites: Visit Adventist Youth Space at: <http://www.AdventistYouthSpace.com>
 Also visit the newly designed main site at <http://www.AdventistYouthMinistries.org>
- ✓ See bulletin board for details of Mission Trip to Kenya.

Sabbath Thought

To be a Christian means to forgive the inexcusable, because God has forgiven the inexcusable in you.

C. S. Lewis



Every Promise In The Book Is Mine

Every promise in the book is mine,
 Every chapter, every verse, every line;
 All are blessings of His love divine,
 Every promise in the book is mine.

ANNOUNCEMENTS

Give Thanks

Give thanks with a grateful heart, Give thanks to the Holy One,
 Give thanks because He's given Jesus Christ, His Son.
 Give thanks with a grateful heart,
 Give thanks to the Holy One,
 Give thanks because He's given Jesus Christ, His Son.

And now let the weak say, "I am strong!" Let the poor say,
 "I am rich because of what the Lord has done for us!"
 And now let the weak say, "I am strong!"
 Let the poor say,
 "I am rich because of what the Lord has done for us!"

(Repeat Song with last line: Give thanks, Give thanks)

As the Deer

As the deer panteth for the water, So my soul longeth after Thee.
 You alone are my heart's desire, And I long to worship Thee.

Chorus:

You alone are my strength, my shield;
 To You alone may my spirit yield.
 You alone are my heart's desire, And I long to worship Thee.

You're my friend and You are my brother
 Even though You are a King.
 I love You more than any other, So much more than anything.

I want You more than gold or silver, Only You can satisfy.
 You alone are the real joy giver, And the apple of my eye.

Holy, Holy, Holy

(Please Stand)

Holy, holy, holy, Holy is the Lord!
Holy, holy, holy, Holy is our God!
He who always liveth, Evermore the same.
Heaven and earth He ruleth, Come and praise His name!

Holy, holy, holy, Holy is the Lord!
Holy, holy, holy, Holy is our God!
Glorious and beloved Is the One adored.
Holy, holy, holy, Holy is the Lord.

O Thou Who Hearest

O Thou who hearest every heartfelt prayer.
With Thy rich grace, Lord, all our hearts prepare;
Thou art our life, Thou art our love and light,
O let this Sabbath hour with Thee be bright.
(Please kneel and repeat verse)

Prayer Song

Soften My Heart

Soften my heart, Lord, soften my heart;
From all indiff'rence set me apart.
To feel your compassion, to weep with Your tears;
Come soften my heart, O Lord, soften my heart.
(Please kneel and repeat verse.)

Benediction

Turn Your Eyes Upon Jesus

Turn your eyes upon Jesus, Look full in His wonderful face;
And the things of earth will grow strangely dim
In the light of His glory and grace.

Turn your eyes upon Jesus, Take hold of His powerful hand,
He will lift you up in His mighty love,
In the strength of your God you can stand.

March Birthdays

Gerald Mews, March 11; Francis Butler, March 17;
Art Symonds, March 19

Health Nuggets

Eat Your Way Out, Part I

*From the book 'Dynamic Living' by
Aileen Ludington, MD& Hans Diehl, DrHSc, MPH.*

The sports world rejoiced when former Yale president, Dr. Bart Giamotti, became commissioner of baseball. A few months later a shocked nation wept when this respected man died suddenly at age 51, attacked by his heart.

Scenarios like this one are repeated thousands of times each day in western nations. Heart disease now strikes a deadly blow to four out of every 10 Americans.

Is there a solution? Does it have to be like this?

Yes... and no.

As long as we continue to eat our rich, fatty diet, the statistics will remain the same. We've known for years that a high fat, high cholesterol diet is the primary cause of coronary heart disease.

But there is a solution: it requires that we lean out our high fat diet. To the extent that we do this, we can help prevent and even reverse heart disease.

Are you saying that heart disease may be curable?

It looks more and more that way.

The idea took on a life of its own when Dean Ornish, MD, published a report in the LANCET medical journal, in 1990, that shook up the medical community. Dr. Ornish spent one year studying 50 men with advanced heart disease, many of whom were candidates for coronary bypass surgery.

Continued Next Week...

Sharing the Christ Who Cares



*Welcome to the Botwood
Seventh-day Adventist Church*

*Caledonia Road
Botwood, Newfoundland*

March 14, 2009

*For I determined not to know anything among you
except Jesus Christ and Him crucified.*

1 Corinthians 2:2



Bruce Hemeon, Church Leader

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