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ions.mdp  
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; ions.mdp - used as input into grompp to generate ions.tpr
; Parameters describing what to do, when to stop and what to save
integrator = steep      ; Algorithm (steep = steepest descent minimization)
emtol      = 1000.0      ; Stop minimization when the maximum force < 1000.0 kJ/mol/nm
emstep     = 0.01        ; Minimization step size
nsteps     = 5000000     ; Maximum number of (minimization) steps to perform
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; Parameters describing how to find the neighbors of each atom and how to calculate the interactions only for CHARMM27
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constraints = h-bonds
cutoff-scheme = Verlet
vdwtype = cutoff
vdw-modifier = force-switch
rlist = 1.2
rvdw = 1.2
rvdw-switch = 1.0
coulombtype = PME
rcoulomb = 1.2
DispCorr = no
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md.mdp  
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title = CHARMM36 RNA MD
; Run parameters
integrator = md      ; leap-frog integrator
nsteps = 1000000000  ; 0.002 * 500000000 = 10^6 ps (1 us)
dt = 0.001          ; 0.002 ps
; Output control
nstxout = 0          ; suppress bulky .trr file by specifying
nstvout = 0          ; 0 for output frequency of nstxout,
nstfout = 0          ; nstfout, and nstfout
nstenergy = 50000     ; save energies every 10.0 ps
nstlog = 50000        ; update log file every 10.0 ps
nstxout-compressed = 50000 ; save compressed coordinates every 10.0 ps
compressed-x-grps = System ; save the whole system
; Bond parameters
continuation = yes     ; Restarting after NPT
constraint_algorithm = lincs ; holonomic constraints
constraints = h-bonds  ; bonds involving H are constrained
lincs_iter = 1         ; accuracy of LINCS
lincs_order = 4        ; also related to accuracy
; Neighborsearching
cutoff-scheme = Verlet ; Buffered neighbor searching
ns_type = grid         ; search neighboring grid cells
nstlist = 10           ; 20 fs, largely irrelevant with Verlet scheme
rcoulomb = 1.2         ; short-range electrostatic cutoff (in nm)
rvdw = 1.2             ; short-range van der Waals cutoff (in nm)
; Electrostatics
coulombtype = PME      ; Particle Mesh Ewald for long-range electrostatics
pme_order = 4          ; cubic interpolation
fourierspacing = 0.16 ; grid spacing for FFT
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; Temperature coupling is on
tcoupl      = V-rescale      ; modified Berendsen thermostat
tc-grps     = RNA SOD_SOL    ; two coupling groups - more accurate
tau_t       = 0.1    0.1     ; time constant, in ps
ref_t       = 300    300     ; reference temperature, one for each group, in K
; Pressure coupling is on
pcoupl      = Parrinello-Rahman ; Pressure coupling on in NPT
pcoupltype  = isotropic      ; uniform scaling of box vectors
tau_p       = 2.0           ; time constant, in ps
ref_p       = 1.0           ; reference pressure, in bar
compressibility = 4.5e-5      ; isothermal compressibility of water, bar^-1
; Periodic boundary conditions
pbc         = xyz           ; 3-D PBC
; Dispersion correction
DispCorr    = no           ; account for cut-off vdW scheme
; Velocity generation
gen_vel     = no           ; Velocity generation is off
; Simulated Annealing
; Type of annealing for each temperature group (no/single/periodic) annealing
;annealing  = single single
; Number of time points to use for specifying annealing in each group
;annealing_npoints = 7 7
; List of times at the annealing points for each group
;annealing_time = 0 50 100 150 200 250 300 0 50 100 150 200 250 300
; Temp at each annealing point, for each group
;annealing_temp = 273 278 282 287 292 297 300 273 278 282 287 292 297 300

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minim.mdp

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; ions.mdp - used as input into grompp to generate ions.tpr
; Parameters describing what to do, when to stop and what to save
integrator  = steep          ; Algorithm (steep = steepest descent minimization)
emtol       = 100.0          ; Stop minimization when the maximum force < 1000.0 kJ/mol/nm
emstep      = 0.001          ; Minimization step size
nsteps      = 50000          ; Maximum number of (minimization) steps to perform

```

```

; Parameters describing how to find the neighbors of each atom and how to calculate the interactions only for CHAR
MM27
;nstlist = 10
;cutoff-scheme = Verlet
;ns_type = grid
;coulombtype = PME
;rcoulomb = 1.2
;rvdw = 1.2
;pbc = xyz
;define = -DFLEXIBLE

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```

;constraints = h-bonds
cutoff-scheme = Verlet
vdwtype = cutoff

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vdw-modifier = force-switch
;rlist = 1.0
rvdw = 1.2
rvdw-switch = 1.0
coulombtype = PME
rcoulomb = 1.2
DispCorr = no
;define = -DFLEXIBLE

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npt.mdp
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title          = CHARMM RNA NPT equilibration
define         = -DPOSRES ; position restrain the rna
; Run parameters
integrator      = md      ; leap-frog integrator
nsteps         = 500000   ; 2 * 50000 = 100 ps
dt             = 0.001    ; 2 fs
; Output control
nstxout        = 500      ; save coordinates every 1.0 ps
nstvout        = 500      ; save velocities every 1.0 ps
nstenergy      = 500      ; save energies every 1.0 ps
nstlog         = 500      ; update log file every 1.0 ps
; Bond parameters
continuation    = yes     ; after NVT
constraint_algorithm = lincs ; holonomic constraints
constraints     = h-bonds ; bonds involving H are constrained
lincs_iter     = 1        ; accuracy of LINCS
lincs_order    = 4        ; also related to accuracy
; Nonbonded settings
cutoff-scheme   = Verlet  ; Buffered neighbor searching
ns_type        = grid    ; search neighboring grid cells
nstlist        = 10      ; 20 fs, largely irrelevant with Verlet
rcoulomb        = 1.2     ; short-range electrostatic cutoff (in nm)
rvdw           = 1.2     ; short-range van der Waals cutoff (in nm)
DispCorr        = no     ; account for cut-off vdW scheme ; Note that dispersion correction should be applied in the
case of lipid monolayers, but not bilayers.
; Electrostatics
coulombtype     = PME     ; Particle Mesh Ewald for long-range electrostatics
pme_order       = 4       ; cubic interpolation
fourierspacing  = 0.16    ; grid spacing for FFT
; Temperature coupling is on
tcoupl         = V-rescale ; modified Berendsen thermostat
tc-grps        = RNA SOD_SOL ; two coupling groups - more accurate
tau_t          = 0.1 0.1  ; time constant, in ps
ref_t          = 300 300  ; reference temperature, one for each group, in K
; Pressure coupling is on
pcoupl         = Berendsen ; Pressure coupling on in NPT
pcoupltype      = isotropic ; uniform scaling of box vectors
tau_p          = 2.0      ; time constant, in ps
ref_p          = 1.0      ; reference pressure, in bar
compressibility = 4.5e-5   ; isothermal compressibility of water, bar^-1
refcoord_scaling = com

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; Periodic boundary conditions
pbc          = xyz      ; 3-D PBC
; Velocity generation
gen_vel      = no       ; velocity generation is off;
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nvt.mdp
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```
title        = CHARMM PROTEIN NVT equilibration
define       = -DPOSRES ; position restrain the rna
; Run parameters
integrator   = md       ; leap-frog integrator
nsteps       = 500000    ; 0.2 * 50000 = 10 ps
dt           = 0.001     ; 0.2 fs
; Output control
nstxout      = 500       ; save coordinates every 1.0 ps
nstvout      = 500       ; save velocities every 1.0 ps
nstenergy    = 500       ; save energies every 1.0 ps
nstlog       = 500       ; update log file every 1.0 ps
; Bond parameters
continuation = no        ; first dynamics run
constraint_algorithm = lines ; holonomic constraints
constraints  = h-bonds   ; bonds involving H are constrained
lincs_iter   = 1         ; accuracy of LINCS
lincs_order  = 4         ; also related to accuracy
; Nonbonded settings
cutoff-scheme = Verlet   ; Buffered neighbor searching
ns_type       = grid     ; search neighboring grid cells
nstlist       = 10       ; 20 fs, largely irrelevant with Verlet
rcoulomb      = 1.2       ; short-range electrostatic cutoff (in nm)
rvdw          = 1.2       ; short-range van der Waals cutoff (in nm)
DispCorr      = no       ; account for cut-off vdW scheme
; Electrostatics
coulombtype   = PME       ; Particle Mesh Ewald for long-range electrostatics
pme_order     = 4         ; cubic interpolation
fourierspacing = 0.16    ; grid spacing for FFT
; Temperature coupling is on
tcoupl        = V-rescale ; modified Berendsen thermostat
tc-grps       = RNA SOD_SOL ; two coupling groups - more accurate
tau_t         = 0.1 0.1   ; time constant, in ps
ref_t         = 300 300    ; reference temperature, one for each group, in K
; Pressure coupling is off
pcoupl        = no        ; no pressure coupling in NVT
; Periodic boundary conditions
pbc          = xyz      ; 3-D PBC
; Velocity generation
gen_vel       = yes       ; assign velocities from Maxwell distribution
gen_temp      = 300       ; temperature for Maxwell distribution
gen_seed      = -1        ; generate a random seed
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sa.mdp
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-----
title      = gromacs
;define     = -DPOSRES    ; position restrain the protein
nstcomm     = 1
comm-mode   = Linear; Run parameters
integrator  = md          ; leap-frog integrator
nsteps      = 300000      ; 2 * 50000 = 100 ps
dt          = 0.001       ; 2 fs
; Output control
nstxout     = 1000        ; save coordinates every 0.2 ps
nstvout     = 1000        ; save velocities every 0.2 ps
nstenergy   = 1000        ; save energies every 0.2 ps
nstlog      = 1000        ; update log file every 0.2 ps
; Bond parameters
continuation = yes        ; Restarting after NVT
constraint_algorithm = lincs ; holonomic constraints
constraints  = h-bonds    ; all bonds (even heavy atom-H bonds) constrained
lincs_iter   = 1          ; accuracy of LINCS
lincs_order  = 4          ; also related to accuracy
; Neighborsearching
ns_type      = grid       ; search neighboring grid cells
nstlist      = 5          ; 10 fs
rlist        = 0.9        ; short-range neighborlist cutoff (in nm)
rcoulomb     = 1.2        ; short-range electrostatic cutoff (in nm)
vdw-type     = Cut-off
rvdw         = 1.2        ; short-range van der Waals cutoff (in nm)
; Electrostatics
coulombtype  = PME        ; Particle Mesh Ewald for long-range electrostatics
pme_order    = 4          ; cubic interpolation
fourierspacing = 0.16    ; grid spacing for FFT
; Temperature coupling is on
tcoupl       = V-rescale   ; modified Berendsen thermostat
tc-grps      = RNA SOD_SOL ; two coupling groups - more accurate
tau_t        = 0.1 0.1    ; time constant, in ps
ref_t        = 300 300    ; reference temperature, one for each group, in K
; Pressure coupling is on
pcoupl       = Parrinello-Rahman ; Pressure coupling on in NPT
pcoupltype   = isotropic   ; uniform scaling of box vectors
tau_p        = 2.0        ; time constant, in ps
ref_p        = 1.0        ; reference pressure, in bar
compressibility = 4.5e-5   ; isothermal compressibility of water, bar^-1
; Periodic boundary conditions
pbc          = xyz        ; 3-D PBC
; Dispersion correction
DispCorr     = EnerPres   ; account for cut-off vdW scheme
; Velocity generation
gen_vel      = no         ; Velocity generation is off
; Simulated annealing
annealing     = single single
annealing_npoints = 8 8
annealing_time = 0 45 85 125 165 205 245 300 0 45 85 125 165 205 245 300
annealing_temp = 273 280 287 293 300 310 307 300 273 280 287 293 300 310 307 300

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