

Mind, Body and Spirit



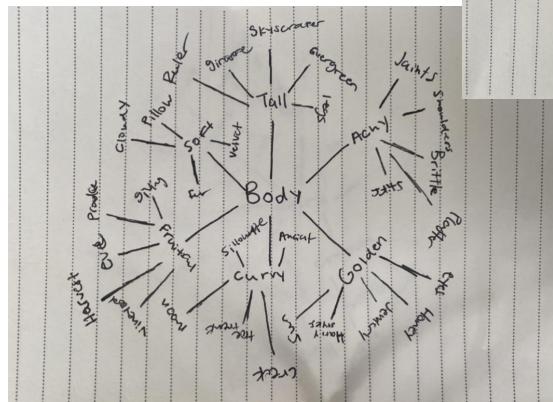
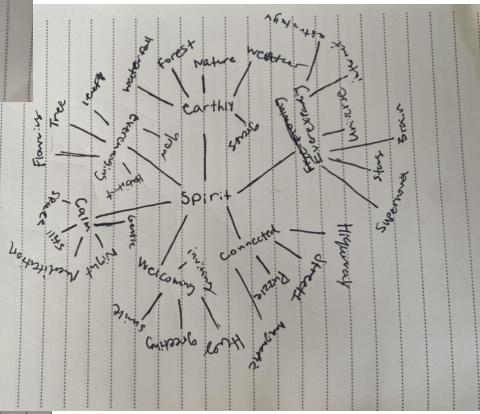
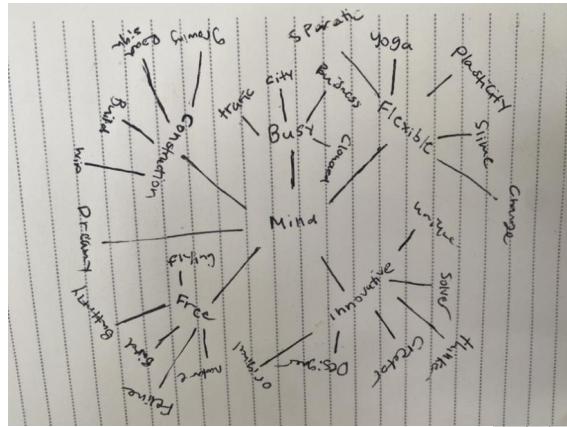
Process Book 2
Makenzie Hedger
Summer 2022

ART2602C Intro to Digital Studio Practice

Research

Brainstorms

In my research process I for the most part relied on literal brainstorming because I feel like that gives me the most creative reign. One thing that I struggle with is im either really good with brainstorms or I suck at it but in the end with this project I feel that my work paid off.

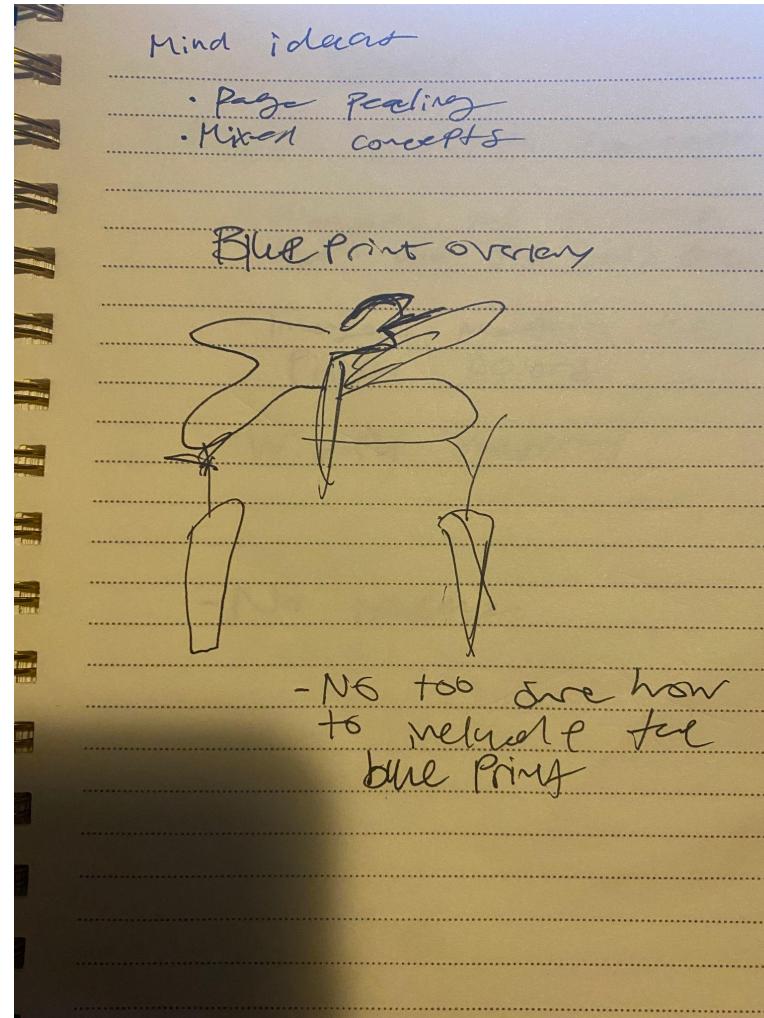


Sketches

One of my least favorite things to do when trying to create something that relates to myself is sketching because I feel that for the most part my ideas just come out when im sitting with the images on my software, but for this project I did sketch for the most part and the images turned out pretty great as a result because I blended the sketches and my thoughts in the moment.

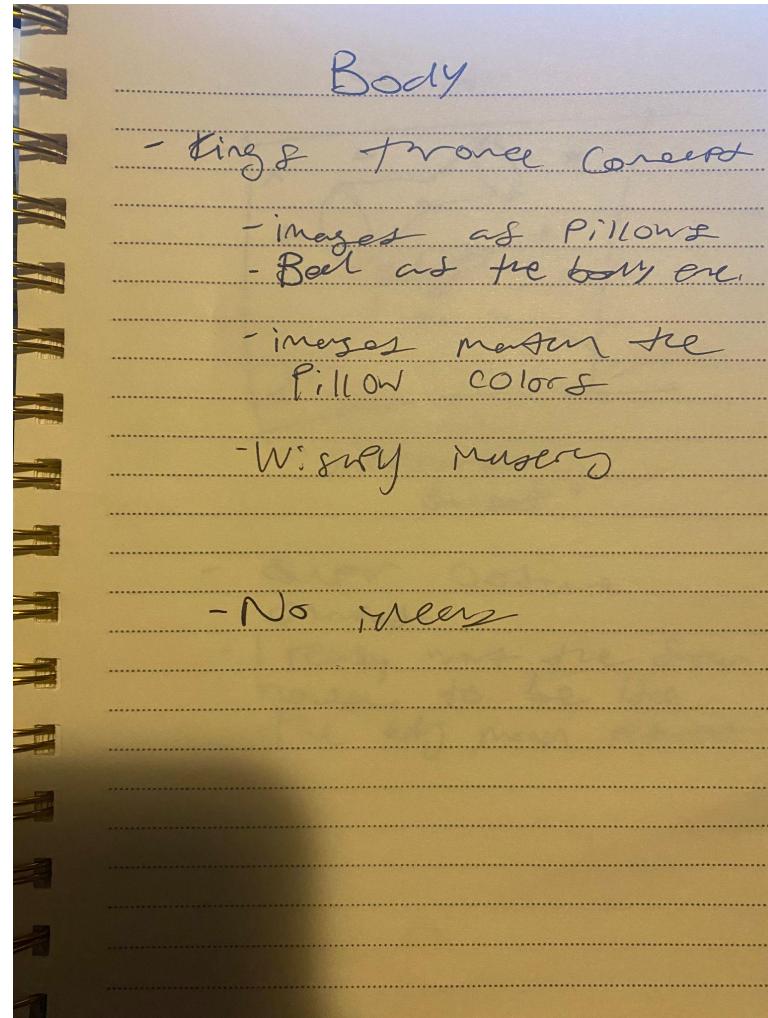
Mind Sketch

I think that My mind sketch was just showing point that were most important to showcase which would be the combination of element i really wanted to cross over the chrysalis with the carrots and the Butterfly with the Hummingbird because of the elements of growth and Stillness as well as freedom.



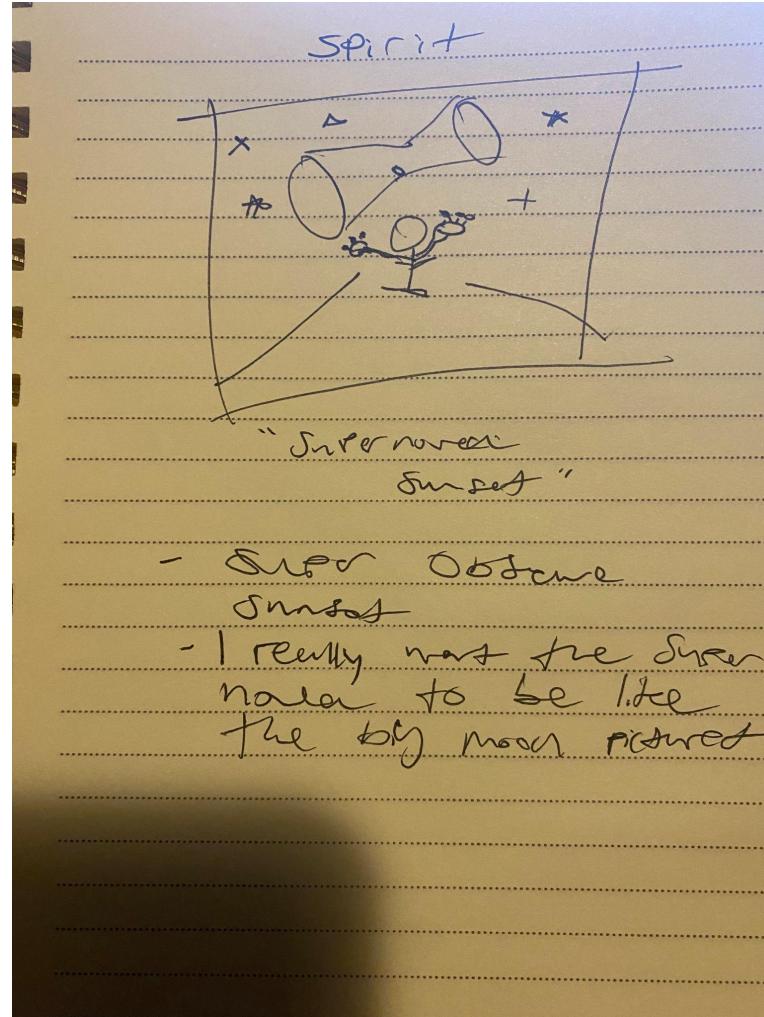
Body Sketch

Body is the only Triptych that I did not have an idea for. This one was not really able to be drawn I just had the idea and put it to use once i was working on that one.



Spirit Sketch

Considering my sketch I had the highest hopes for the Spirit sketch. The sketch was easy to interpret and I feel like that is really important.



Procedural Section

Procedural section

In my work process the one thing that i definitely failed to do was take my work in progress picture for these pieces, I was definitely too “in the zone” and with that happening I finished them pretty quickly. I didn’t adjust much because I was proud of my work so the final images are the only images that I have of the stages of my work, but I would also consider the beginning pieces to be part of the procedure because they are what make up my work.

Finished Products

Artist Statement

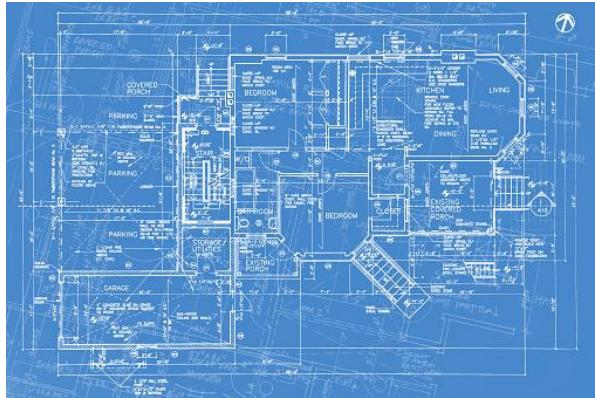
The Mind, Body, Soul Project challenged me to create images that depict my being from my own point of view. Initially I thought that the hardest point may be to create the images but in the end the hardest aspect was to know myself and to reflect the points that I felt were most important. The work was to be created using non-destructive software and found images, these ideas went along with the current concepts that we have discussed in our Lectures, specifically New Media Art and Copyright.

I presented myself in my work by trying to reach a little bit in and genuinely reflect on myself including pieces of who I am as well as who I want to be or the strides I am making to become myself. Firstly we will see my Mind Image which has come to be my favorite image, I want to highlight this kind of internal conflict as well as growth and building. When the viewer looks at this image it may have a bit of Juxtaposition but realistically that is a true aspect of who I am because while I'm free like a bird I'm also busy like a crowded city but in the midst of all of that I continue to grow. Secondly the Viewer will see my image that depicts my Body and in my opinion this was the hardest concept to portray because my body is something that everyone sees and I wanted it to be more personal but that wasn't really something I could do without presenting the achy feelings I have through shattered glass of the way that I feel my body is fruitful because of the wonderful things it does and will continue to do for me. I think that my body Image will allow the viewer to use their own interpretation like why did I use a bed or why did I stray so far from the style of my first image. The final image in the set depicts my spirit and I genuinely expected this to be my favorite picture because I had cool picture Ideas but after a lot of thinking and moving images around I still felt the strongest connection to my mind image. I think that It's interesting that my spirit image was less accurate to me than my mind image because I feel like it's accurate in the way that I know myself and my self reflection.

I believe that all of my pieces fit together no matter if they look similar or different because all of my images depict me and there's many different aspects of me. The images fall into a cohesive set in the biggest way because of the outside, inside, outside aspect that I didn't strive for initially but really loved in the final product. I also feel that these fit together just because they are my style of brainstorm and I see myself in my style and image choice. In the end I hope that my pieces show a bit of myself to those that view them and if they do/don't do that I'm hopeful that the viewers enjoys looking at them.



Mind



Mind

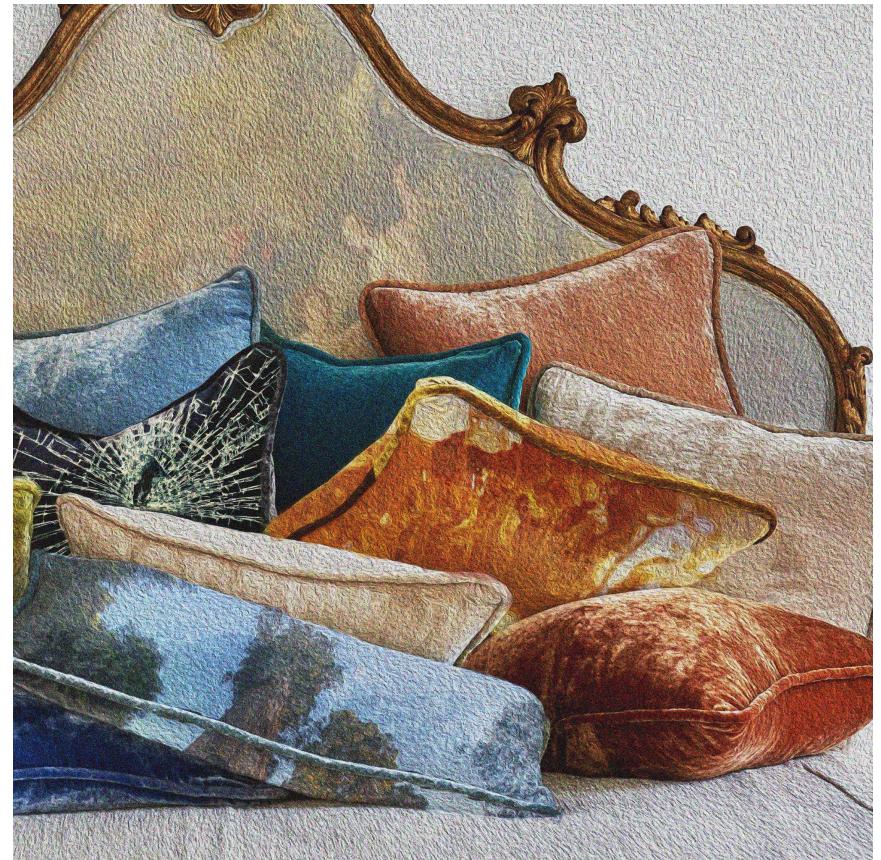




Body

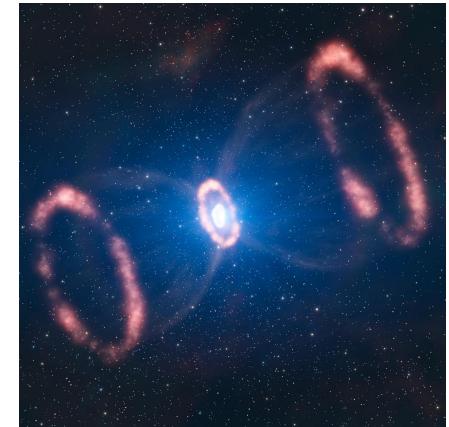


Body

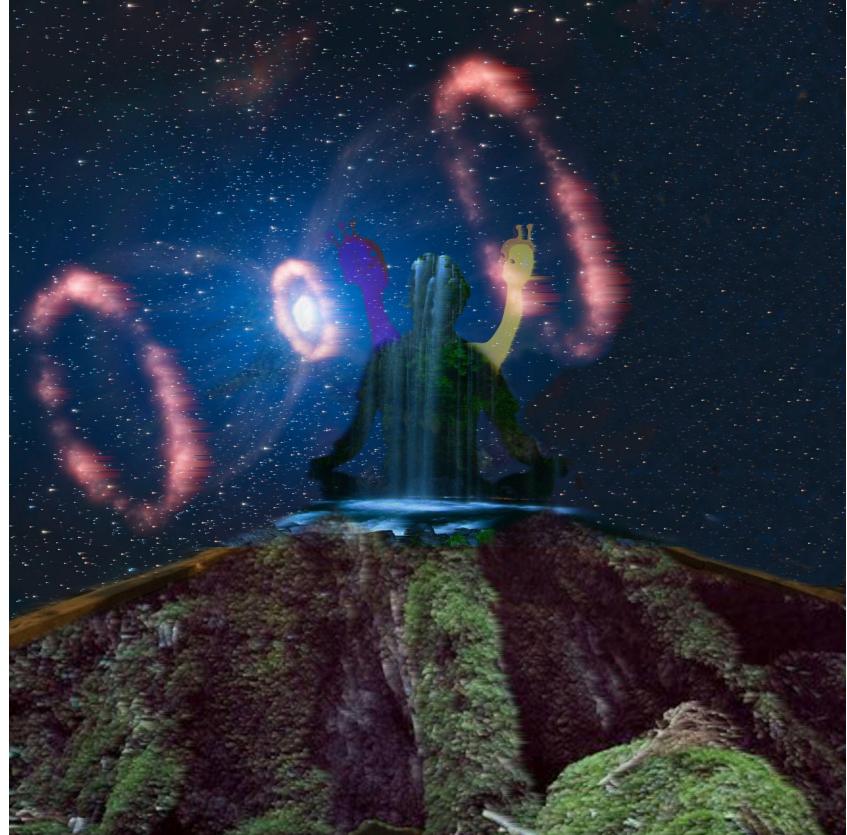




Spirit



Spirit



Mind

Body

Soul



Project Reflection

In the end this project was very enjoyable and I feel that it helped me feel confident in my designing again because I have kind of been if a funk recently. Considering all of the tools I used I will say that this project taught me how to master the clone stamp which is a big milestone for me in all honesty. There wasn't much for me to dislike about this project and that was definitely a point that I appreciated and this is a concept that I would recommend to people who were in a artist block. Now that I'm finished I'm hoping to make some more designs similar to my mind piece in my free time.