

Stories of Strength

Perspectives on mental well-being

Featured speakers



John Raeburn

Adjunct Professor, Community Health Development, Auckland University of Technology



Dr. Gabor Mate

Physician, author and public speaker. Author of "In the Realm of Hungry Ghosts: Close Encounters with Addiction"



Melanie Rose

Comedian and Stand Up for Mental Health alumni

Join us to learn and share stories about mental well-being

An opportunity to share ideas about mental wellness.

Questions explored:

- What is mental well-being?
- How is mental well-being important in my everyday life and the lives of others?
- How can I support mental well-being in myself, my family, my work or my community?

Free public event

Everyone welcome!

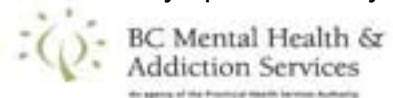
Sunday November 27, 2011

Doors open 6:30pm

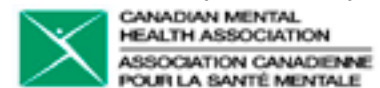
St. Andrew's Wesley Church
1022 Nelson Street,
Vancouver, BC V6E 4S7

RSVP: education@phabc.org

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Event is in memory of Nancy Hall and her dedication to mental health promotion.



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