

# LipSync

## MAKER GUIDE

### Overview

This document contains the necessary information to build the LipSync. The Maker Checklist outlines the required steps, including questions for the User. The Tool List contains a comprehensive list of all tools and supplies required to complete the build. The Custom PCB contains information on how to order the required printed circuit board (PCB). The 3D Printing Guide contains print settings and quantities for the 3D printed components. The Assembly Guide contains all the necessary steps to assemble and program the device. Finally, the Testing Guide contains a set of tests to confirm the LipSync is working properly.



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### Maker Checklist

This list provides an overview of the steps required to build and deliver the device.

### Maker To Do List

- Read through the Maker Guide to become familiar with required components, tools, supplies, safety equipment, and overall assembly steps.
- Talk to User about customization options (e.g., color, any special requests, etc.)
  - Hub Color
  - Joystick Color
- Order Custom PCBs.
- Order hardware components.
- Print 3D printed components.
- Gather tools, supplies, and safety equipment.
- Assemble the LipSync Hub.
- Assemble the LipSync Joystick.
- Assemble the LipSync Mouthpieces.
- Assemble and flash firmware to the LipSync
- Test the LipSync.
- Print LipSync User Guide

### Items to Give to User

- (1) LipSync Joystick. Assembled and tested.
- (1) LipSync Hub. Assembled, flashed, and tested.
- (1) LipSync Interface Cable.
- (1) USB-C Cable.
- (5) Mouthpiece Assemblies.
- Printed LipSync User Guide.



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### Tool List

#### Tools/ Equipment

Tool	Description	Notes
T01	Soldering Iron	Required For soldering electronic components.
T02	Flush cutters	Required For trimming soldered leads
T03	Needle Nose Pliers	Recommended Installing bearings; routing cables.
T04	Crescent wrench / wrench / hex key	Recommended For installing T-nuts into Hub and Joystick enclosures.
T05	Screwdriver, Phillips, Small	Required A jeweller's screwdriver or similar for securing M2.5 machine screws.
T06	Sandpaper / Files	Recommended Cleaning up 3d prints; fixing bearing fits
T07	Computer with Arduino IDE	Required For flashing firmware to microcontroller

#### Supplies

Supplies ID	Description	Quantity	Notes
S01	Solder		
S02	Food safe silicone adhesive		



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### Custom PCB Guide

The LipSync V4.0 uses one (1) custom circuit board for the Hub.

The Custom PCB can be ordered from one of a variety of PCB Manufacturers. Typically, the minimum quantity for a custom PCB is five. Shipping options vary significantly in cost and shipping time. Plan on at least a week from the time of order to the PCBs arrival.

### Ordering the Custom PCB

1. Select a PCB Fabrication Company
  - a. [JLPCB](#)
  - b. [PCBWay](#)
  - c. [OSH Park](#)
  - d. [Seeed Fusion PCB](#)
2. Create an account or use a guest login.
3. Upload the Gerber Files (e.g., LipSync\_Hub\_PCB\_YYY-MM-DD.zip).
4. Select the fabrication options:
  - a. PCB Layers: 2 Layers
  - b. PCB Quantity: 5
  - c. PCB Thickness: 1.5 mm
  - d. Surface Finish: HASL
  - e. PCB Color: Choose what you like. Note that certain colors may impact build time.
  - f. The default settings for the other settings should work.
5. Select shipping option.
  - a. Shipping options and costs vary significantly. Select the best option based on your budget and timing.
6. Submit the order.



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### 3D Printing Guide

#### 3D Printing Summary

Metrics	LipSync Hub	LipSync Joystick	Complete Unit
Total Print Time (min)	4:16	9:58	13:50
Total Number of Components	5	11	16
Typical Total Mass (g)	49	103	151
Typical Number of Print Setups	1	2	2

#### 3D Printing Settings

Table 1: LipSync Joystick 3D Printing Settings

Print File Name	Qty	Total Print Time (hr:min)	Mass (g)	Infill (%)	Support (Y/N)	Layer Height/ Nozzle Diameter(mm)	Notes
LS4_Inner_Gimbal_1.stl	1	0:29	3	20	N	0.2/0.4	- You may require paint-on supports on the arm going to the magnet slot
LS4_Inner_Gimbal_2.stl	1	0:30	3	20	N	0.2/0.4	- You may require paint-on supports on the arm going to the magnet slot
LS4_Outer_Gimbal_1.stl	1	0:19	2	20	N	0.2/0.4	
LS4_Outer_Gimbal_2.stl	1	0:19	2	20	N	0.2/0.4	
LS4_Gimbal_Shield.stl	1	0:18	4	20	N	0.2/0.4	
LS4_Magnet_Clip.stl	2	0:02	1	20	N	0.2/0.4	
LS4_Gimbal_Sled.stl	1	0:43	5	20	N	0.2/0.4	
LS4_Front_Cap.stl	1	0:58	14	20	N	0.2/0.4	Change outer seam to random
LS4_Joystick_Housing.stl	1	2:05	27	20	N	0.2/0.4	Change outer seam to random
LS4_Outer_Locking_Ring.stl	1	1:15	17	20	N	0.2/0.4	Change outer seam to random
LS4_Inner_Locking_Ring.stl	1	0:33	6	20	N	0.2/0.4	
LS4_Rear_Housing.stl	1	2:27	22	20	N	0.2/0.4	Change outer seam to random



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**Table 2: LipSync Hub 3D Printing Settings**

Print File Name	Qty	Total Print Time (hr:min)	Mass (g)	Infill (%)	Support(Y/N)	Layer Height/ Nozzle Diameter(mm)	Notes
LS4_Hub_Top	1	1:34	20	15	N	0.2/0.4	
LS4_Hub_Bottom	1	2:07	26	15	N	0.2/0.4	
LS4_Hub_LED_Spacer	1	0:13	2	15	N	0.2/0.4	
LS4_Hub_Next_Button_Pusher	1	0:11	1	15	N	0.2/0.4	
LS4_Hub_SEL_Button_Pusher	1	0:11	1	15	N	0.2/0.4	

## Customization Options

### Joystick

Each outward facing component of the Joystick enclosure (Front Cap, Joystick Housing, Outer Locking Ring, and Rear Housing) can be printed in a combination of different or matching colors to customize the look of the LipSync Joystick. Otherwise, muted or neutral tones (e.g., black or grey) are generally preferred.

### Hub

There are several options for customizing the look of the LipSync Hub depending on the color(s) of the filament available.

#### *Matching*

Print the Hub Top, Hub Bottom, and both Buttons in the same color.

#### *Different Colored Buttons*

Print the buttons in a different color from the Hub Top, and optionally different from each other.

#### *High Contrast Labels*

Use a layer-based color swap so the labels are a different color than the surface of the Hub. This can be done on both the Hub Top and Hub Bottom. A second layer swap can be used to make the Hub Enclosure look consistent.



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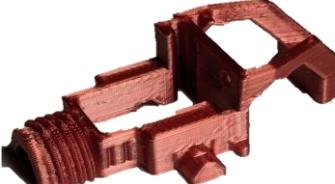
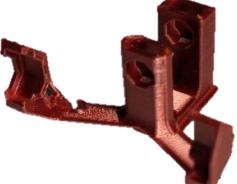
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### Post-Processing

Remove any stringing or rough edges of parts with a hobby knife, seam remover, or other appropriate tool.

### Examples of Quality Prints

<b>Joystick</b>		
LS4_Inner_Gimbal_1.stl	LS4_Inner_Gimbal_2.stl	LS4_Outer_Gimbal_1.stl
		
LS4_Outer_Gimbal_2.stl	LS4_Gimbal_Shield.stl	LS4_Gimbal_Sled.stl
		
LS4_Magnet_Clip.stl	LS4_Front_Cap.stl	LS4_Joystick_Housing.stl
		
LS4_Inner_Locking_Ring.stl	LS4_Outer_Locking_Ring.stl	LS4_Rear_Housing.stl
		



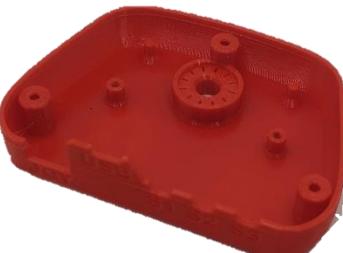
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<b>Hub</b>		
LS4_Hub_Bottom.stl	LS4_Hub_.stl	LS4_Hub_Next_Button.stl
		
LS4_Hub_Select_Button.stl	LS4_Hub_LED_Spacer.stl	
		



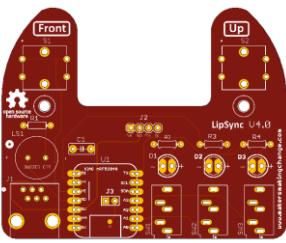
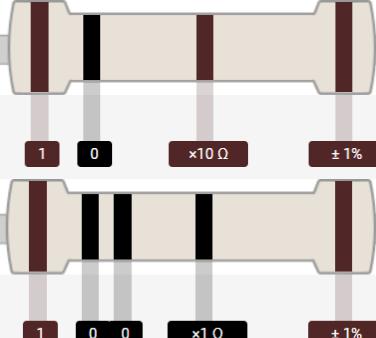
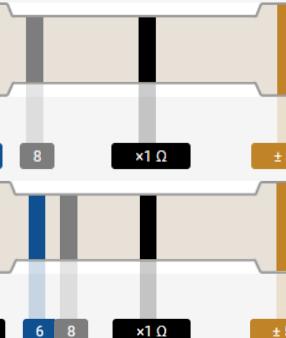
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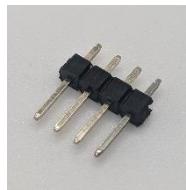
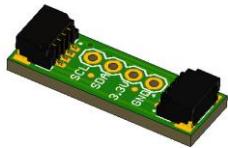
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### Master Component List

Part A Components								
A1	LipSync Hub PCB	QTY 1	A2	Capacitor, 10uF	QTY 1	A3	Resistor R1, 100 Ω, ¼ W, Through hole	QTY 1
								
A4	Resistor R2/R3/R4 68 Ω, ¼ W, Through hole	QTY 3	A5	Tactile Buttons S1/S2	QTY 2	A6	Piezo Buzzer PS1240	QTY 1
								

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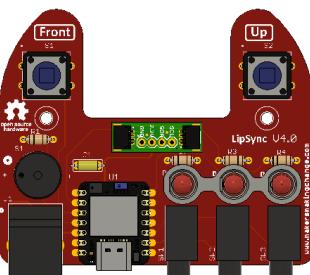
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A7	Male Header, 4 position	QTY 1	A8	Sparkfun QWIIC Adapter	QTY 1	A9	Mono Switch Jacks	QTY 3
								
A10	RJ11 Modular Connector Jack	QTY 1	A11	SeeedStudio Xiao nRF52840	QTY 1	A12	Male Header, 7 position	QTY 2
								
A13	Headers, Female, 7 Position	QTY 2	A14	LEDs, 5mm through hole	QTY 3	A15	LipSync Hub LED Spacer	QTY 1
								

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### Part B Components

<b>B1</b>	Populated LipSync 4 Hub PCB	QTY 1	<b>B2</b>	STEMMA QT Cable – 100 mm	QTY 1	<b>B3</b>	OLED Display	QTY 1
								
<b>B4</b>	LipSync Hub Enclosure Top	QTY 1	<b>B5</b>	LipSync Next Button Pusher	QTY 1	<b>B6</b>	LipSync Select Button Pusher	QTY 1
								
<b>B7</b>	LipSync Hub Enclosure Bottom	QTY 1	<b>B8</b>	Screw, #4, 3/8" Length	QTY 5	<b>B9</b>	M2.5 Machine Screw, 8 mm	QTY 4
								

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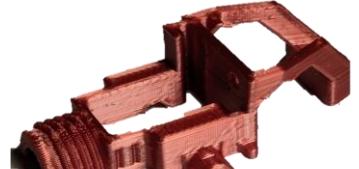
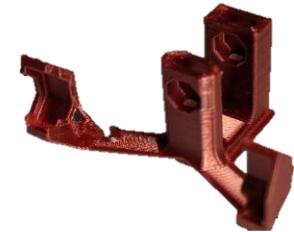
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<b>B10</b>	M2.5 Nut	QTY 4	<b>B12</b>	¼-20 UNC Tee Nut	QTY 1	<b>B13</b>	Light Pipe	QTY 1
								
<b>Part C Components</b>								
<b>C1</b>	Syringe Filter	QTY 6	<b>C2</b>	Dental Straw	QTY 2	<b>C3</b>	2mm ID 4mm OD Tube	QTY 6cm
								
<b>C4</b>	Silicone Straw	QTY 2	<b>C5</b>	Zip Tie	QTY 6			
								

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### Part D Components

<b>D1</b>	Inner_Gimbal_1	QTY 1	<b>D2</b>	Inner_Gimba l_2	QTY 1	<b>D3</b>	Outer_Gimbal_1	QTY 1
								
<b>D4</b>	Outer_Gimbal_2	QTY 1	<b>D5</b>	Gimbal Shield	QTY 1	<b>D6</b>	Sled	QTY 1
								
<b>D7</b>	Magnet Retention	QTY 2	<b>D8</b>	LPS33 STEMMA QT Board	QTY 1	<b>D9</b>	TLV493D STEMMA QT Board	QTY 1
								



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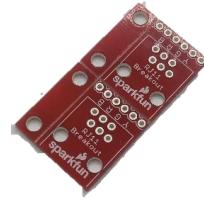
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D10	Male Luer Connector	QTY 1	D11	2mm ID 4mm OD Tube	QTY 1	D12	Cable, STEMMA, 200 mm	QTY 1
								
D13	Magnet	QTY 3	D14	Bearings	QTY 4	D15	Cable, STEMMA, 50 mm	QTY 1
								
D16	M2.5 Nut	QTY 2	D17	M2.5 Machine Screw, 8 mm	QTY 2			
								

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### Part E Components

<b>E1</b>	Front Cap	QTY 1	<b>E2</b>	Joystick Housing	QTY 1	<b>E3</b>	Inner Locking Ring	QTY 1
								
<b>E4</b>	Outer Locking Ring	QTY 1	<b>E5</b>	Rear Housing	QTY 1	<b>E6</b>	LPS22 STEMMA QT Board	QTY 1
								
<b>E7</b>	Cable, STEMMA – DuPont, 150 mm	QTY 1	<b>E8</b>	RJ11 Connector	QTY 1	<b>E9</b>	RJ11 Breakout Board	QTY 1
								

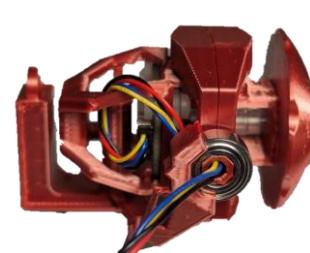


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<b>E10</b>	M2.5 Bolt	QTY 1	<b>E11</b>	M2.5 Nut	QTY 1	<b>E12</b>	Light Pipe 0.250"	QTY 1
								
<b>E13</b>	Assembled Joystick Gimbal	QTY 1	<b>E14</b>	¼-20 T-nut	QTY 1	<b>E15</b>	Screw, #4, 3/8" Length	QTY 3
								



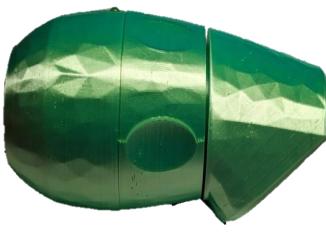
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### Part F Components

F1	Assembled LipSync Joystick	QTY 1	F2	Assembled LipSync Hub	QTY 1	F3	RJ11 Cable	QTY 1
								
F4	USB-C-USB-A Cable	QTY 1						



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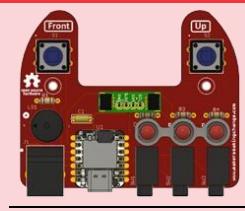
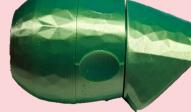
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### Assembly Guide

The assembly of the LipSync is divided into several parts. In Part A, the Hub PCB is populated. In part B, the Hub PCB is assembled along with other components into the Hub Enclosure. In Part C, the mouthpiece components are assembled. In Part D, the joystick mechanism is assembled. In Part E, the joystick mechanism is assembled into the Joystick Enclosure. In Part F, the final firmware is loaded onto the device. In Part G, the LipSync is powered on and calibrated.

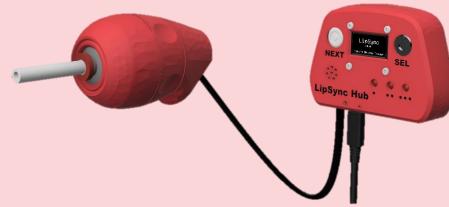
It is recommended to follow the assembly instructions in the order provided.

<u>Assembly Section</u>	
<u>Part A: Hub PCB Assembly</u>	
<u>Part B: Hub Enclosure Assembly</u>	
<u>Part C: Mouthpiece Assembly</u>	
<u>Part D: Joystick Gimbal Assembly</u>	
<u>Part E: Joystick Housing Assembly</u>	
<u>Part F: Flashing Firmware to Hub</u>	

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### Part G: Initial LipSync Setup and Testing



## Part A: Hub PCB Assembly

### Part A: Components

A1	LipSync 4 Hub PCB	QTY 1	A2	Capacitor, 10uF	QTY 1	A3	Resistor R1, 100 Ω, ¼ W, Through hole	QTY 1
A4	Resistor R2/R3/R4 68 Ω, ¼ W, Through hole	QTY 3	A5	Tactile Buttons S1/S2	QTY 2	A6	Piezo Buzzer PS1240	QTY 1

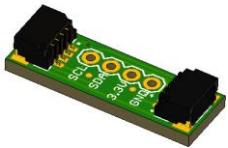


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A7	Male Header, 4 position	QTY 1	A8	Sparkfun QWIIC Adapter	QTY 1	A9	Mono Switch Jacks	QTY 3
								
A10	RJ11 Modular Connector Jack	QTY 1	A11	SeeedStudio Xiao nRF52840	QTY 1	A12	Male Header, 7 position	QTY 2
								
A13	Headers, Female, 7 Position	QTY 2	A14	LEDs, 5mm through hole	QTY 3	A15	LipSync Hub LED Spacer	QTY 1
								

### Part A: Tools

- Soldering iron
- Flush cutters
- Phillips Head Screwdriver
- OPTIONAL: Solderless Breadboard (For soldering male headers to microcontroller)

### Part A: Personal Protective Equipment (PPE)

- Safety glasses



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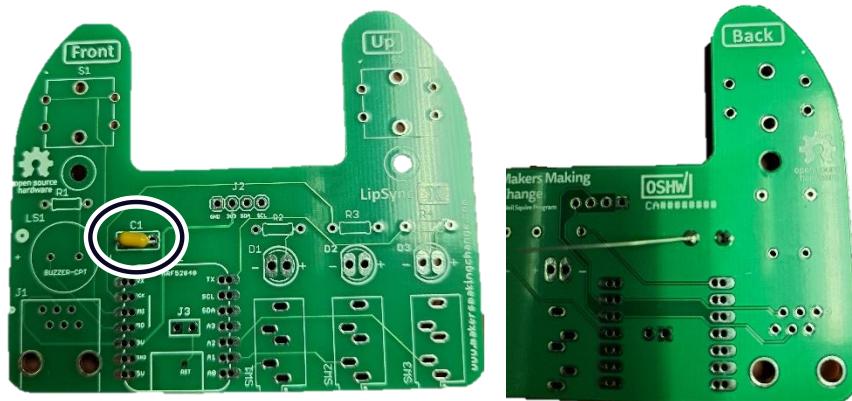
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### Part A: Hub PCB Assembly Steps

Note that all parts will be inserted onto the side of the PCB labeled “Front”, and all soldering will be done on the side labeled “Back”.

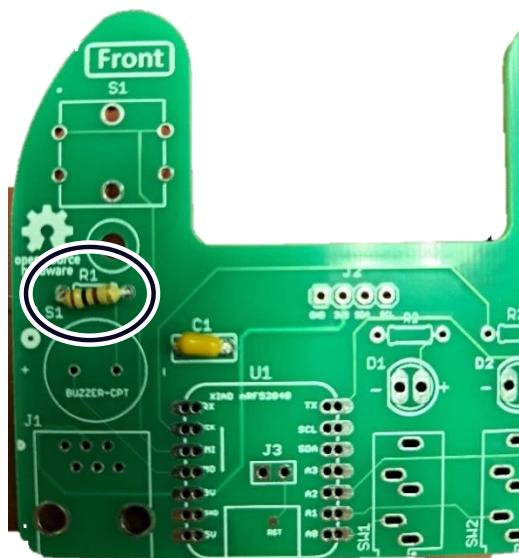
#### *Step A-01: Solder in 10 micro Farad capacitor, C1.*

Insert the 10 micro-Farad capacitor (A2) into the position labeled C1 on the PCB (A1). Bend the leads of the capacitor to the side to hold it in place. Solder the capacitor onto the PCB. Once soldered, trim the extra from the leads.



#### *Step A-02: Solder in 100 Ohm resistor, R1.*

Insert the 100 Ohm resistor (A3) into the position labeled R1 on the PCB. Bend the leads of the resistor to the side to hold it in place. Solder the resistor onto the PCB. Once soldered, trim the extra from the leads.



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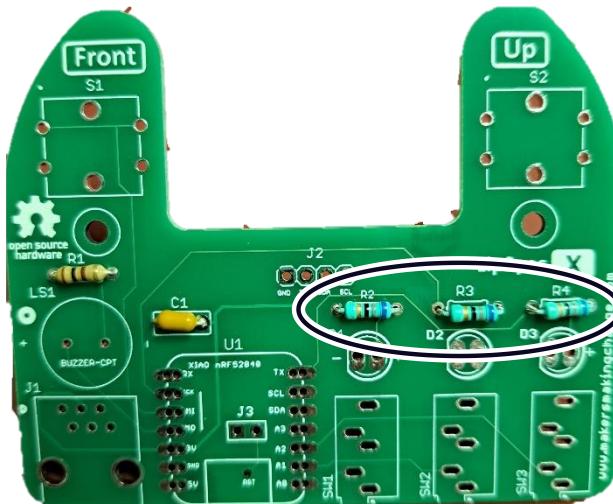
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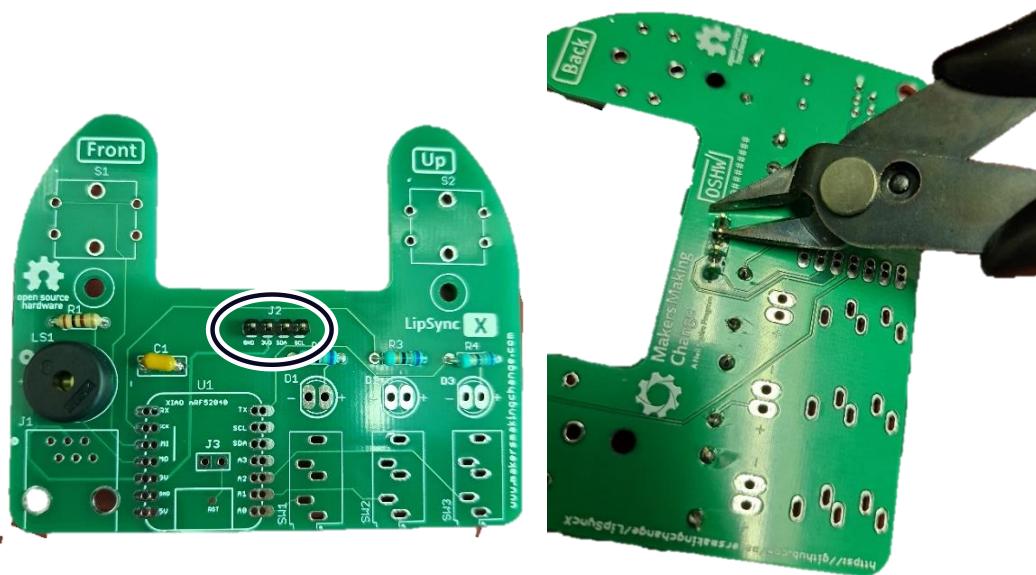
### Step A-03: Solder in 68 Ohm resistors, R2, R3, and R4.

Insert the 68 Ohm resistors (A4) into the positions labeled R2, R3, and R4 on the PCB. Bend the leads of the resistors to the side to hold them in place. Solder the resistors onto the PCB. Once soldered, trim the extra from the leads.



### Step A-04: Insert, solder, and trim the 4-pin Male header.

Insert the longer pins of the 4-pin male header (A7) into the position labeled J2. Solder it into place and trim the excess from the bottom.



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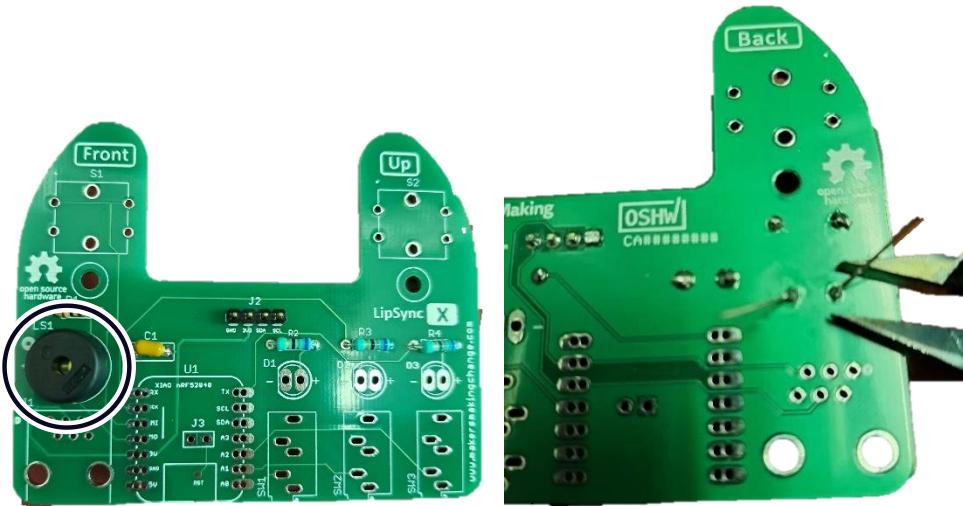
Files available at <https://github.com/makersmakingchange/LipSync>

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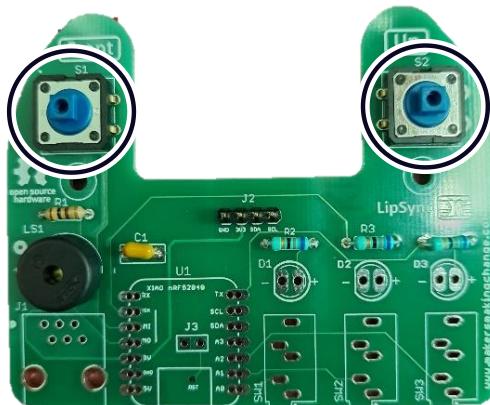
### Step A-05: Insert, solder, and trim buzzer.

Insert the buzzer (A6) into the position labeled LS1. If using a buzzer with polarity, make sure the positive lead is in the hole marked with a “+” on the PCB. Note that the Piezo Buzzer PS1240 does not have polarity. Bend the leads to the side to hold the buzzer in place. Solder in place and trim excess from the leads.



### Step A-06: Insert, solder, and trim switches.

Insert the two tactile switches (A5) into the positions labeled S1 and S2. Once soldered in place, trim any excess from leads of the switches.

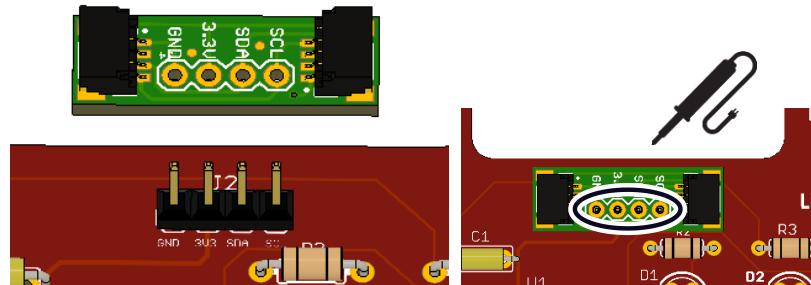


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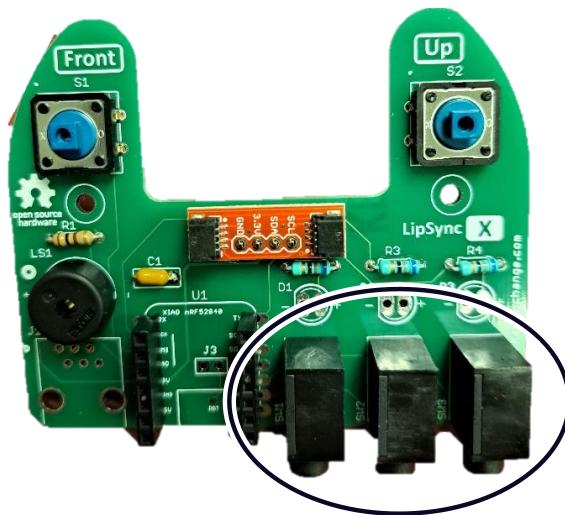
### Step A-07: Insert and solder SparkFun QWIIC Adapter.

Place the SparkFun QWIIC Adapter (A8) on the 4-pin male header (A7) that was attached to J2 in step A-04. Ensure the pin labels on the adapter matches the pin labels on the Hub PCB. Solder the four pins on the adapter.



### Step A-08: Insert and solder switch jacks.

Insert the switch jacks (A9) into the positions labeled SW1, SW2, and SW3. Solder one pin on each switch jack, then check the alignment. If the alignment needs to be changed, reheat the solder joint until the solder melts, then reposition the jack. Once the jacks are positioned properly, solder the remaining pins.



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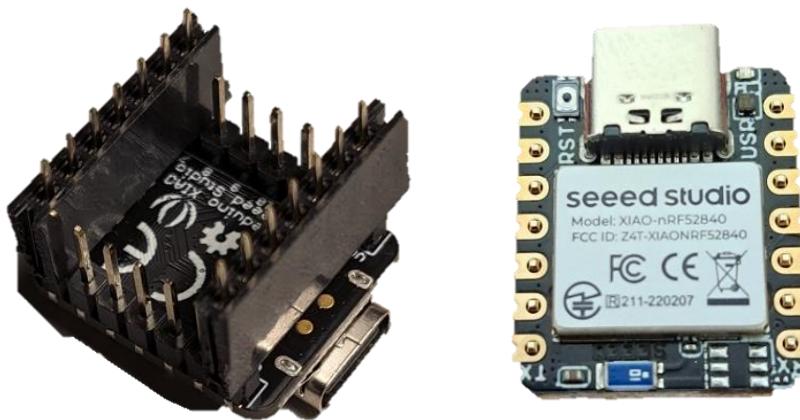
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### Step A-09: Solder male headers onto microcontroller.

Insert the short side of the male headers (A12) into the SeeedStudio Xiao nrf52840 microcontroller (A11) from the bottom of the board. To align the male headers and keep them straight when soldering, take the 7-position female headers (A13), and insert the male headers into the female headers across the microcontroller (as shown in the picture on the left).

Alternatively, a solderless breadboard can be used, plug the unsoldered microcontroller and headers into the protoboard and the protoboard will hold the headers in the proper alignment.

Solder the male headers onto the microcontroller, making sure not to connect adjacent pads together with solder. Once soldered, remove the 7-pin female headers from the male headers.



### Step A-10: Solder female microcontroller header into PCB.

Insert microcontroller with male headers into the female headers (A13). Insert the female headers into PCB. Solder 1 pin on each header. Check alignment and adjust if necessary. If you need to adjust the alignment, heat the single soldered pin until the solder melts again and adjust the position of the row of headers. Once aligned, solder remaining headers.



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### Step A-11: Insert and solder the RJ11 jack.

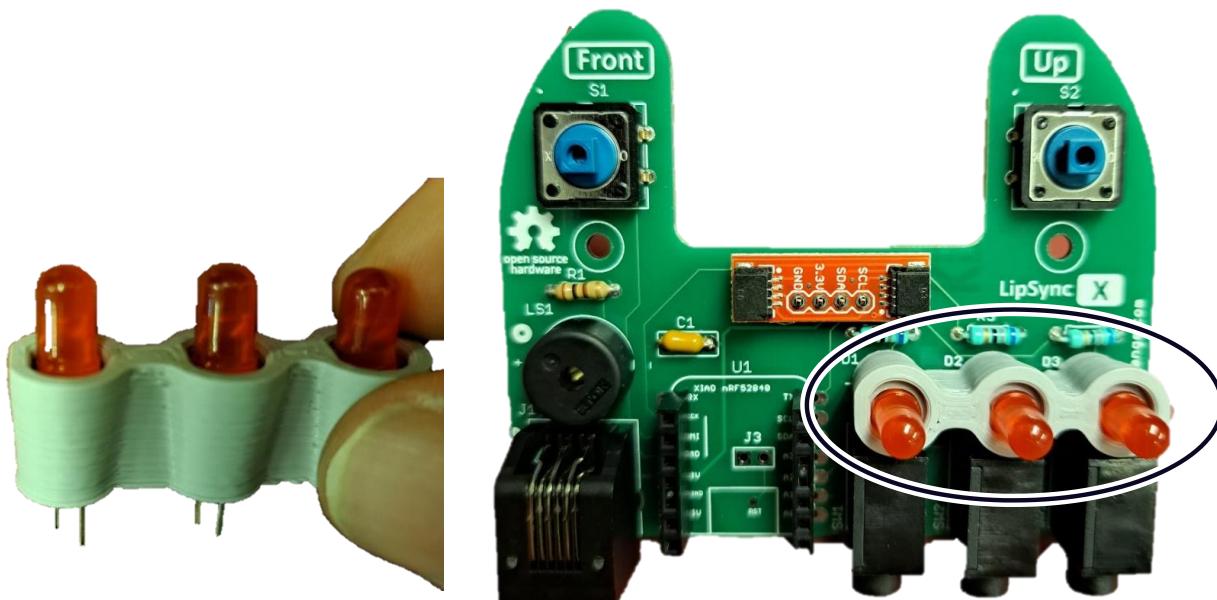
Insert the RJ11 jack (A10) into the position labeled J1 on the PCB. Solder the six pins into place.



### Step A-12: Insert, solder, and trim LEDs.

Insert the three LEDs (A14) into the 3D printed LED Spacer(A15). Ensure the shorter lead of the LED (the negative lead) is on the same side as the flat edge of the LED Spacer. The LED will also have a flat edge matching the flat edge on the spacer.

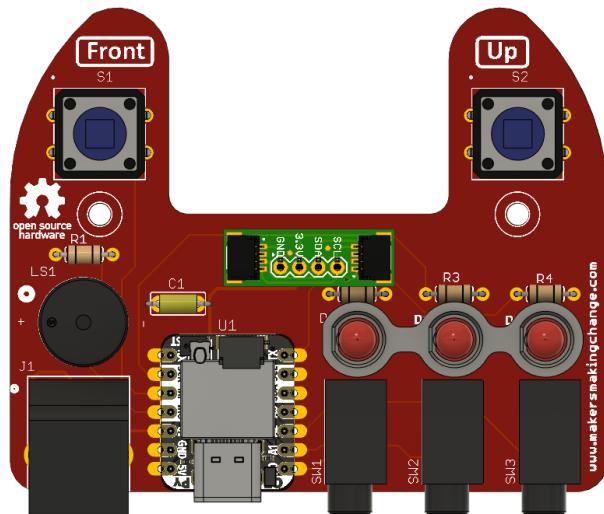
With the LEDs inserted into the spacer, insert the LEDs into the matching holes in the PCB. The flat side of the LED spacer should be on the left with the rounded side on the right, when looking at the PCB from the front. Solder the LEDs in place and trim the excess from the leads.



# LipSync

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### Part A Complete

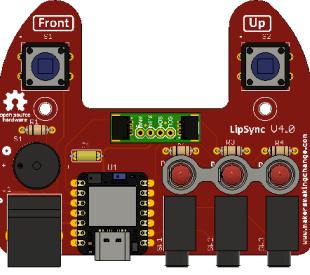


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### Part B: Hub Enclosure Assembly

#### Part B: Components

<b>B1</b>	Populated LipSync 4 Hub PCB	QTY 1	<b>B2</b>	STEMMA QT Cable – 100 mm	QTY 1	<b>B3</b>	OLED Display	QTY 1
								
<b>B4</b>	LipSync Hub Enclosure Top	QTY 1	<b>B5</b>	LipSync Next Button Pusher	QTY 1	<b>B6</b>	LipSync Select Button Pusher	QTY 1
								
<b>B7</b>	LipSync Hub Enclosure Bottom	QTY 1	<b>B8</b>	Screw, #4, 3/8" Length	QTY 5	<b>B9</b>	M2.5 Machine Screw, 8 mm	QTY 4
								



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<b>B10</b>	M2.5 Nut	QTY 4	<b>B12</b>	T-Nut	QTY 1	<b>B13</b>	Light Pipe	QTY 1
								

### Part B: Tools

- Phillips Head Screwdriver

### Part B: Personal Protective Equipment (PPE)

- Safety glasses



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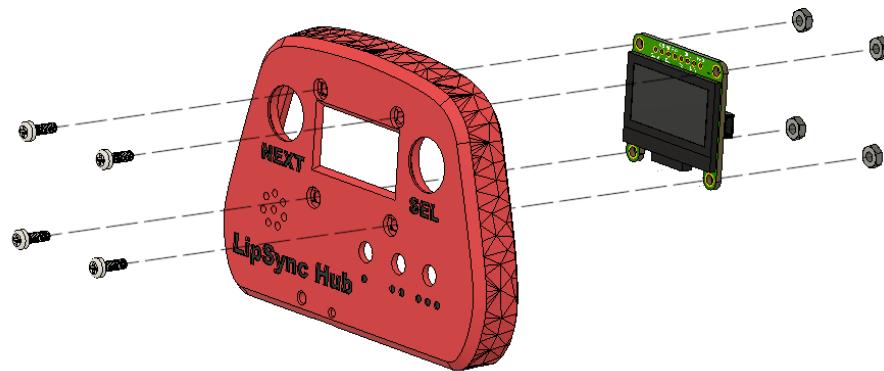
# LipSync

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### Part B: Assembling Hub Enclosure Steps

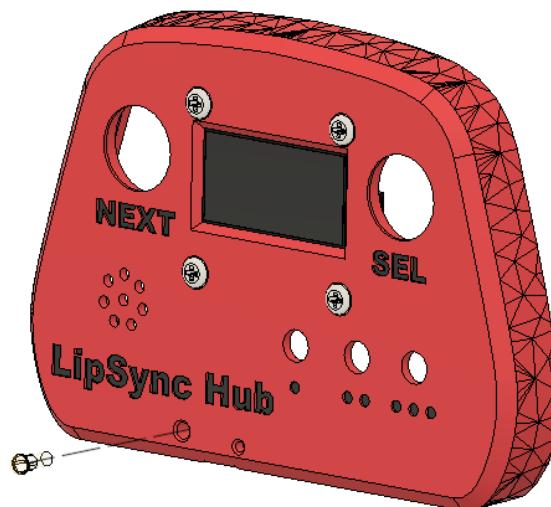
#### *Step B-01: Connect Display to LipSync 4 Hub Enclosure Top*

Peel off the protective film on the Display (B3) and connect it to the Hub Enclosure Top (B4) using four nylon M2.5 machine screws (B9) and four nylon M2.5 hex nuts (B10). Do not overtighten.



#### *Step B-02: Insert the Light Pipe*

From the front side, insert the **light pipe** (B13) into the Hub Enclosure Top.

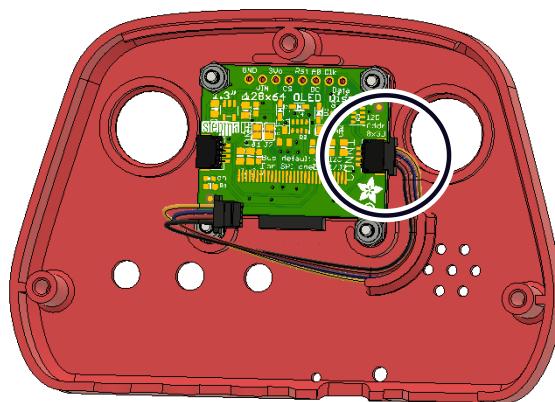
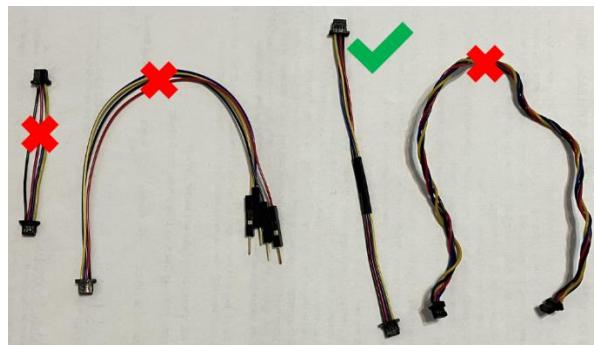


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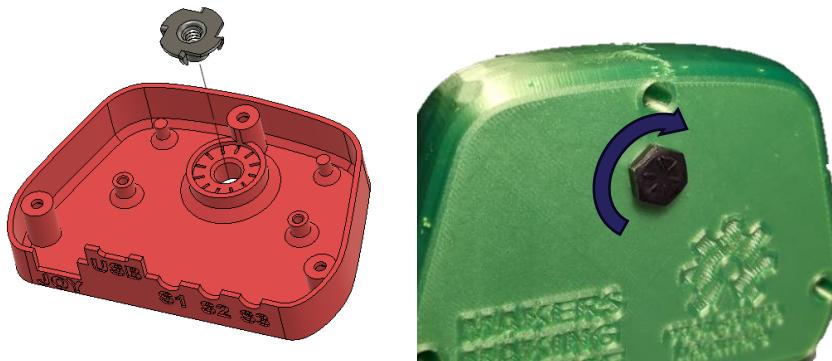
### Step B-03: Connect STEMMA / QWIIC Cable to Display

Flip the Hub Top over so the Display is facing down. Connect the 100 mm STEMMA/QWIIC cable (B2) to the port on the right-hand side of the Display as shown. Ensure the holes for the pins in the cable line up with the pins in the port on the PCB. Do not connect the second end of the STEMMA/QWIIC cable to the second port on the screen.



### Step B-04: Insert the Tee Nut into the Hub Bottom

Insert the tee nut (B12) into the slots inside the Hub Bottom. A  $\frac{1}{4}$ " machine screw or hex bolt can be used to tighten the Tee Nut into place. The nut should sit flush with the enclosure.



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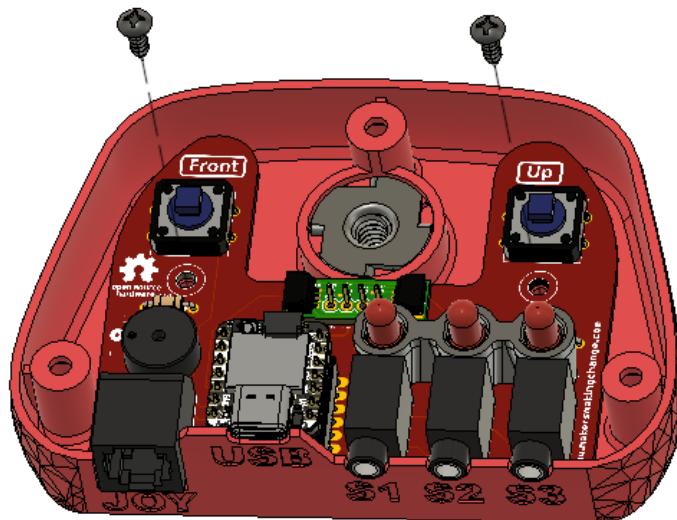
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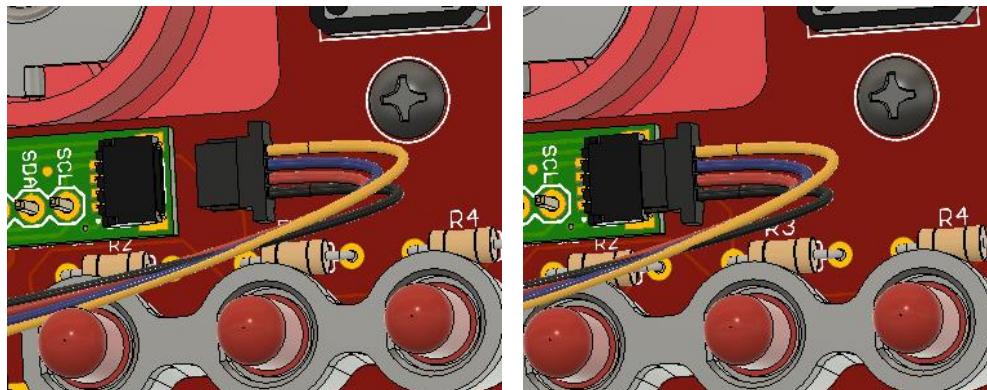
### Step B-05: Secure LipSync Hub PCB into Hub Bottom

Use two #4 sheet metal screws (B8) to secure the PCB (A1) into the Hub Bottom.



### Step B-06: Connect the STEMMA / QWIIC Cable to the QWIIC Adapter on the PCB

Connect the 100 mm STEMMA/QWIIC cable from the display to the QWIIC adapter on the PCB. Again, ensure the holes for the pins in the cable line up with the pins in the port on the PCB.

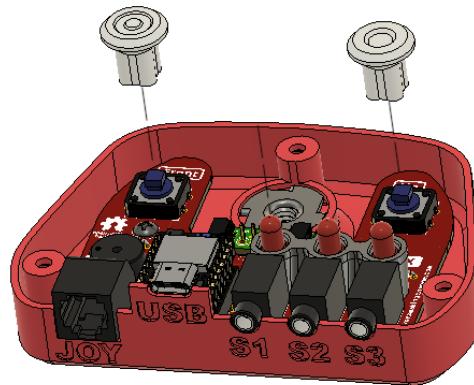


# LipSync

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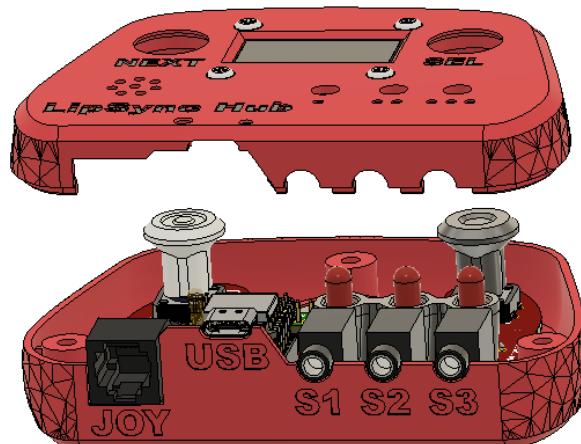
### Step B-07: Place the Button Pushers on top of the Buttons

Position the Select Button (B6) and the Next Button (B5) on top of the Buttons on the PCB. The Next Button goes on the left button and has a target shape on the front. The Select Button goes on the right button and has a ring printed on the front.



### Step B-08: Position the Hub Top on to the Hub Bottom

Position the Hub Top onto the Hub Bottom, making sure to align the Button Pushers and their LEDs with the corresponding hole.

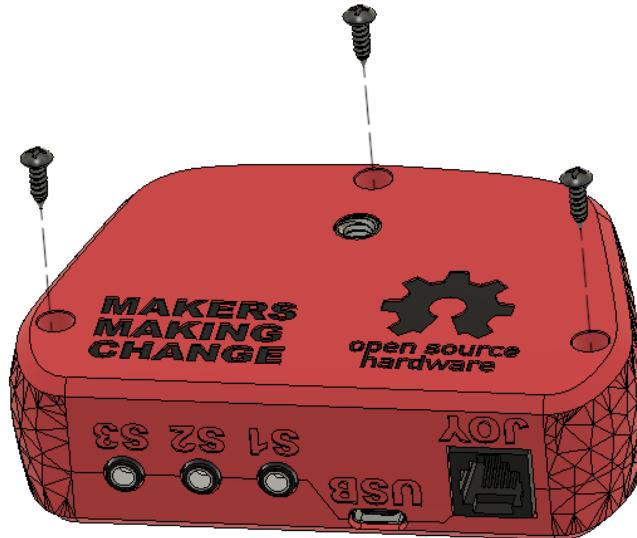


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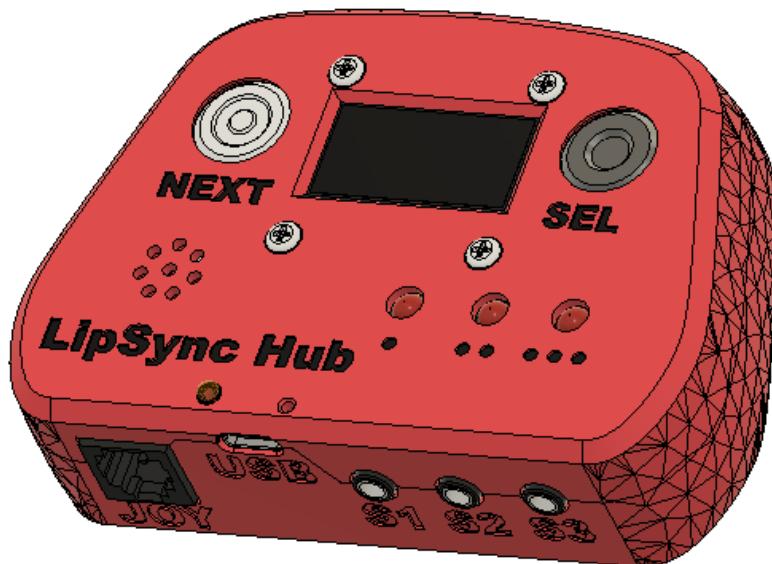
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### Step B-09: Secure the Hub Top and Hub Bottom

Carefully turn the Hub over. Use a #4 sheet metal screw(B8) in each of the three holes to secure the two parts together.



*Part B Complete*



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### Part C: Mouthpiece Assembly

#### Part C: Components

<b>C1</b>	Syringe Filter	QTY 6	<b>C2</b>	Dental Straw	QTY 2	<b>C3</b>	2 mm ID 4 mm OD Tube	QTY 6 cm
								
<b>C4</b>	Silicone Straw	QTY 2	<b>C5</b>	Cable Tie	QTY 6			
								

#### Part C: Tools

- Wire Cutters
- Silicone Sealant

#### Part C: Personal Protective Equipment (PPE)

- Safety glasses



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### Part C: Assembling the Mouthpiece Steps

The rulers shown in this section are to-scale so can be used to measure the required lengths of each part.

#### *Step C-01: Cut Dental Straw to length*

Using wire trimmers (not scissors), cut the dental straws (C2) to six, 2.5 cm lengths, excluding the blue tip on the end as it can come off and become a choking hazard. The same straw can be used to make several mouthpieces.



#### *Step C-02: Cut the Silicone Straw to length*

Cut the silicone straw (C4) to six, 5cm lengths.



#### *Step C-03: Cut the tubing to length*

Take the tubing (C3) and cut it to six, 1 cm lengths.



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### *Step C-04: Slide the Tubing on the Filter*

Slide the cut length of tubing over the slip connection on the Filter (C1). Leave a gap of several millimeters between the end of the tube and the body of the filter so it has more room to slide down when adding the filter. Repeat this step 6 times for each filter.



### *Step C-05: Attach the Dental Straw to Filter*

Carefully work the dental straw over the filter and tube assembly. Push it as far down as possible using a twisting motion, until the tube from the previous step starts to squish against the filter. Repeat this step 6 times for each assembly.



### *Step C-06: Seal mouthpiece with silicone*

A tube of food grade silicone sealant is used to make the mouthpiece entirely airtight and add strength to the connection. The silicone is applied as any caulking would be around the joint where the dental straw meets the filter disk. Repeat this step 6 times for each assembly.



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### *Step C-07: Attach the Silicone Straw*

Press the silicone straw over the dental straw, setting it into the sealant at the base of the filter. More silicone sealant can be used around the edge of the silicone straw if there isn't enough sealant from the previous step to seat the straw in. Repeat this step 6 times for each assembly.



### *Step C-08: Secure the straw with a Cable Tie*

If the silicone straw used is too large to snuggly fit over the dental straw, a cable tie (C5) can be used to secure it. Tighten the cable tie roughly a centimeter from the filter and cut the cable tie flush so there are no sharp edges protruding. Repeat this step 6 times for each assembly.



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*Part C Complete*



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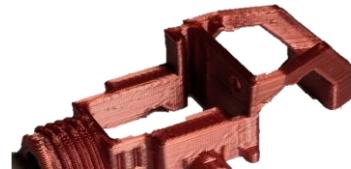
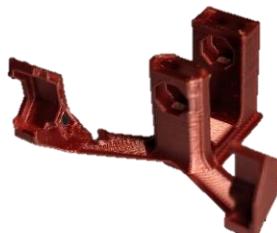
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### Part D: Joystick Gimbal Assembly

#### Part D: Components

D1	Inner_Gimbal_1	QTY 1	D2	Inner_Gimbal_2	QTY 1	D3	Outer_Gimbal_1	QTY 1
								
D4	Outer_Gimbal_2	QTY 1	D5	Gimbal Shield	QTY 1	D6	Sled	QTY 1
								
D7	Magnet Retainment	QTY 2	D8	LPS33 STEMMA QT Board	QTY 1	D9	TLV493D STEMMA QT Board	QTY 1
								



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D10	Male Luer Connector	QTY 1	D11	2mm ID 4mm OD Tube	QTY 1	D12	Cable, STEMMA, 200 mm	QTY 1
								
D13	Magnet	QTY 3	D14	Bearings	QTY 4	D15	Cable, STEMMA, 50 mm	QTY 1
								
D16	M2.5 Nut	QTY 2	D17	M2.5 Machine Screw, 8 mm	QTY 2			
								

### Part D: Tools

- Phillips Head Screwdriver
- Scissors
- Flush cutters
- OPTIONAL: File or coarse sandpaper

### Part D: Personal Protective Equipment (PPE)

- Safety glasses



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### Part D: Joystick Gimbal Assembly Steps

The rulers shown in this section are to-scale so can be used to measure the required lengths of each part.

#### *Step D-01: Cut the Tubing to length*

Cut a 1.5 cm length of tubing (D11).



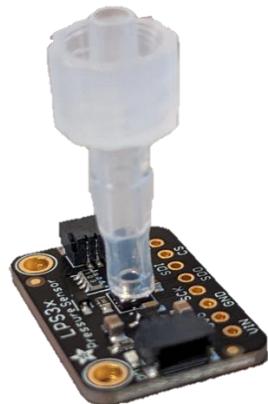
#### *Step D-02: Connect the tubing to the Luer connector*

Push the tubing over the barb on the Luer connector(D10), until about 2 mm is past the barb.



#### *Step D-03: Connect the tubing to the Pressure Sensor*

Press the other end of the tubing over the circular port on the LPS33 Pressure Sensor (D8).



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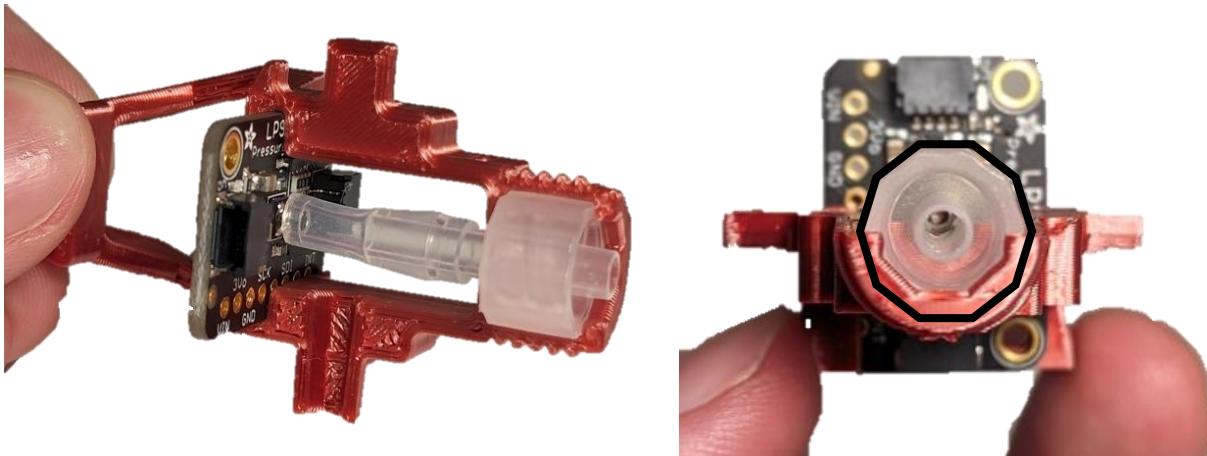
Files available at <https://github.com/makersmakingchange/LipSync>

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### Step D-04: Attach the Tubing Assembly to the Joystick

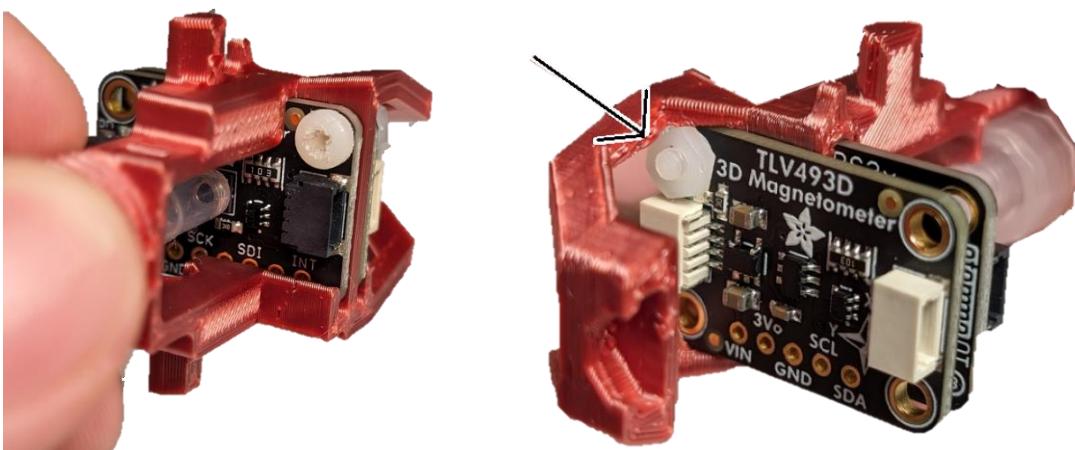
Take the Inner Gimbal 1 3D print (D1) and press the Luer connector assembly into the slot at the front by the threads. The Luer connector must be inserted so there is a flat edge along the top and bottom, as seen in the photo on the right. The tube length should be such that the pressure sensor fits into the first slot behind the bearing shafts. When viewing the assembly from the front, the text on the sensor should be on the side facing the bearing shafts.



### Step D-05: Attach the Magnetic Sensor

Slide the Magnetic Sensor (D9) into the Inner Gimbal 1 so that it is arranged back-to-back with the pressure sensor with the text facing to the left. The two sensors should have the same up/down orientation, with the text at the top, and the breakout pins at the bottom.

Secure the two sensors in place by inserting a nylon M2.5 machine screws (D17) into the left-most hole in the Pressure Sensor board, through the hole in the Inner Gimbal and through the hole in the Magnetic Sensor. Loosely attach the nylon hex nut (D16), but do not fully tighten.

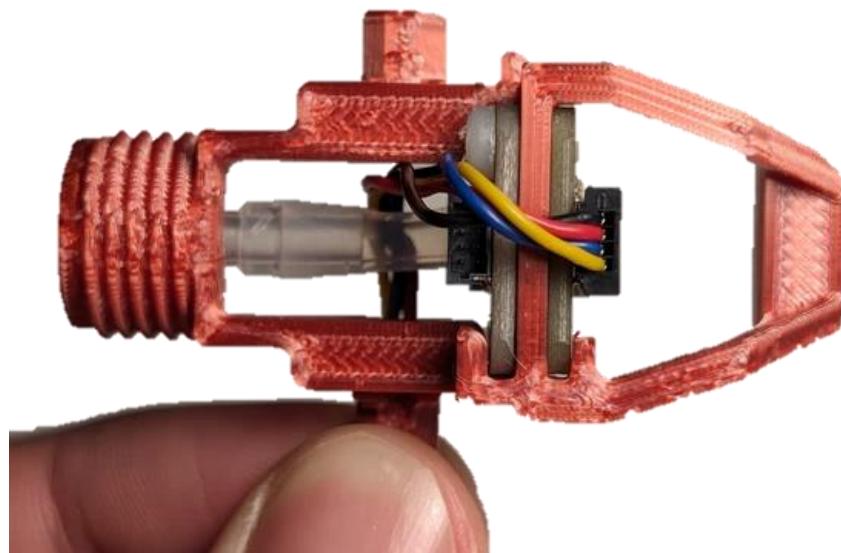
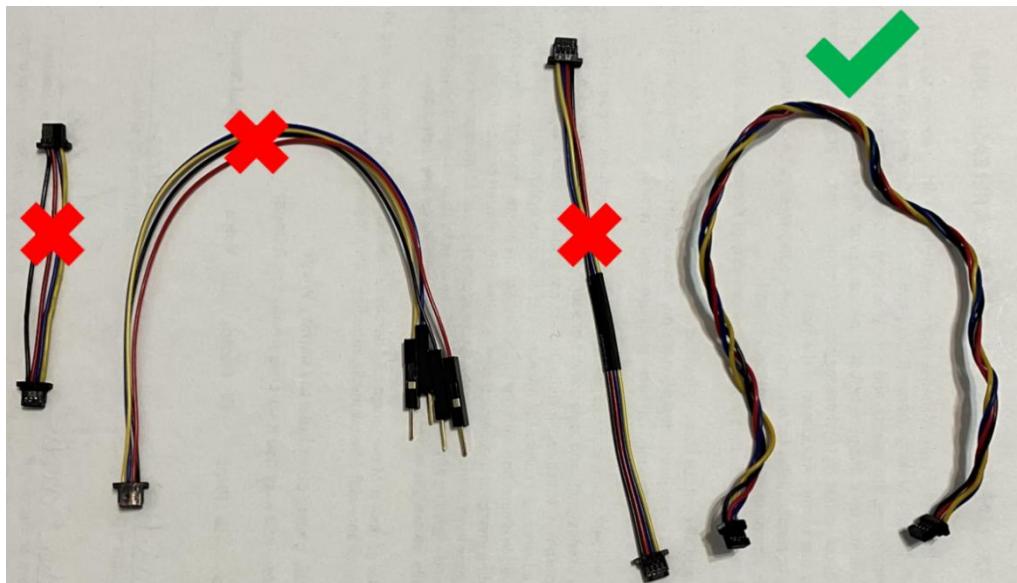


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### Step D-07: Attach the STEMMA Cable

Take the 200 mm STEMMA cable (D12) and attach it to the magnetic sensor on the side that has the bolt attached. Route it above the pressure tube as seen in the below photo.

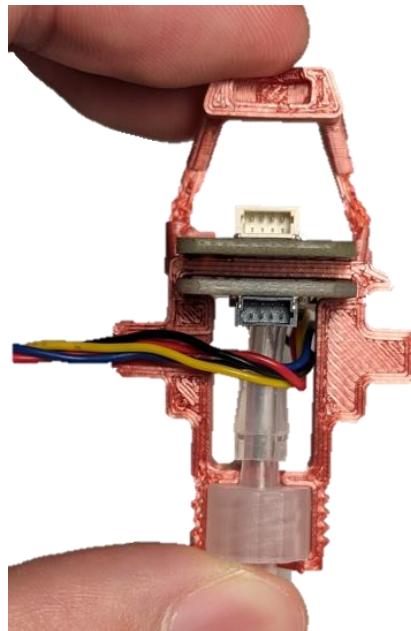


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### Step D-08: Route the cable out of the Inner Gimbal

Route the cable over the air path, and through the slot in the bearing shaft as seen in the photo.



### Step D-09: Insert the Moving Centering Magnet

Gently press a magnet (D13) into the cradle in the very back of the assembly. The orientation of the magnet does not matter in this step.



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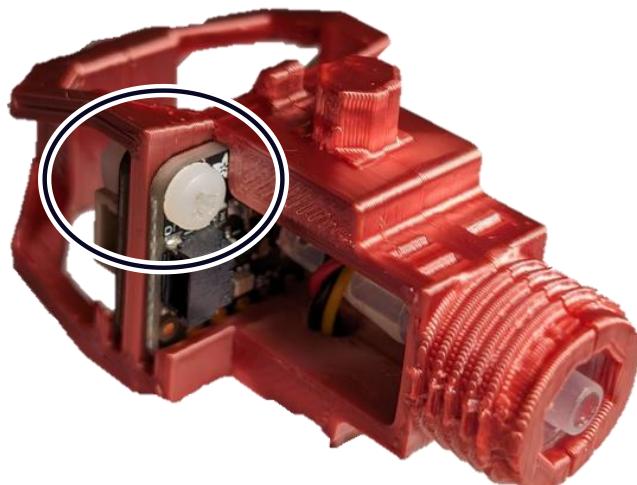
### *Step D-10: Attach the other half of the Inner Gimbal*

Slide Inner Gimbal 2 (D2) over the assembly. Make sure that the Luer connector, sensor boards, and magnet line up with their corresponding slots.



### *Step D-11: Attach the second Machine Screw and Nut*

Add the second nylon nut (D16) and bolt (D17) in the same orientation as the first, and fully tighten them both.



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*Step D-12: Trim the edges of the STEMMA Cable Connector*

Take the free end of the 200 mm STEMMA cable that exits the Inner Gimbal Assembly and trim the two flanges on the end of the connector flush.

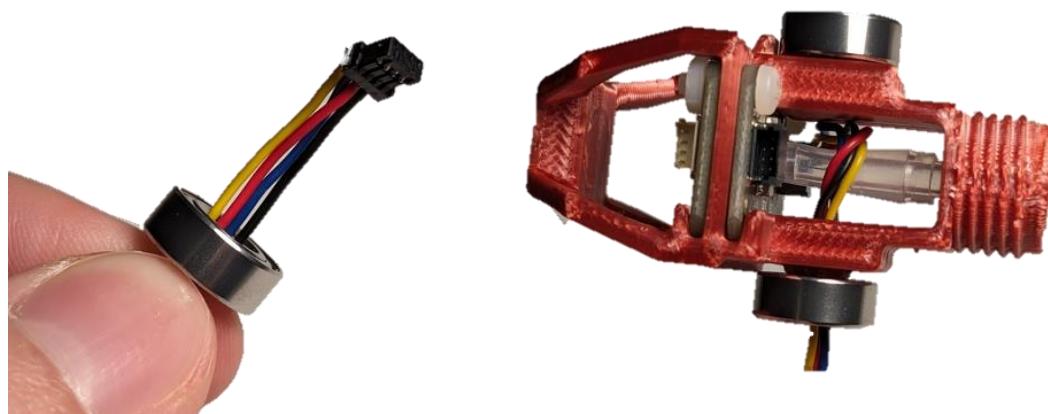


*Step D-13: Attach Bearings to the Inner Gimbal*

Press one Bearings (D14) over both bearing shafts on the inner gimbal. For the shaft with the cable coming out, pass the cable through the inside of the bearing before placing it on the shaft.

Note: If you are having trouble getting the bearings to fit on the shafts, first try sanding down the corners of the octagonal shafts. If they still do not fit, use pliers to gently press them onto the shaft.

**WARNING: Do not hit the bearings with a hammer or mallet. Do not hit the gimbal on the table or any other hard surface.**

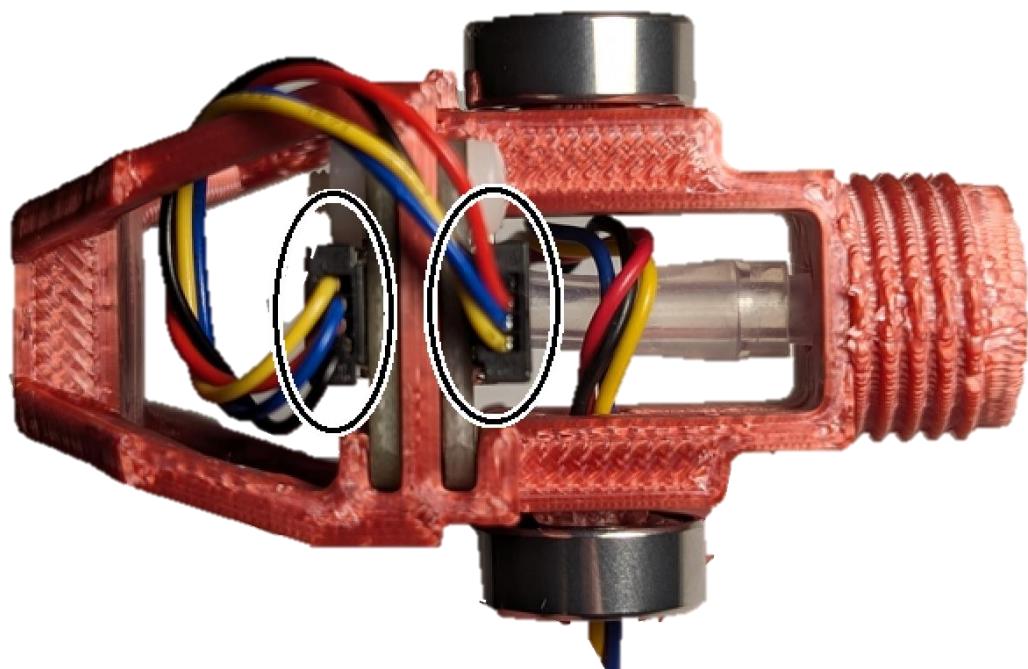
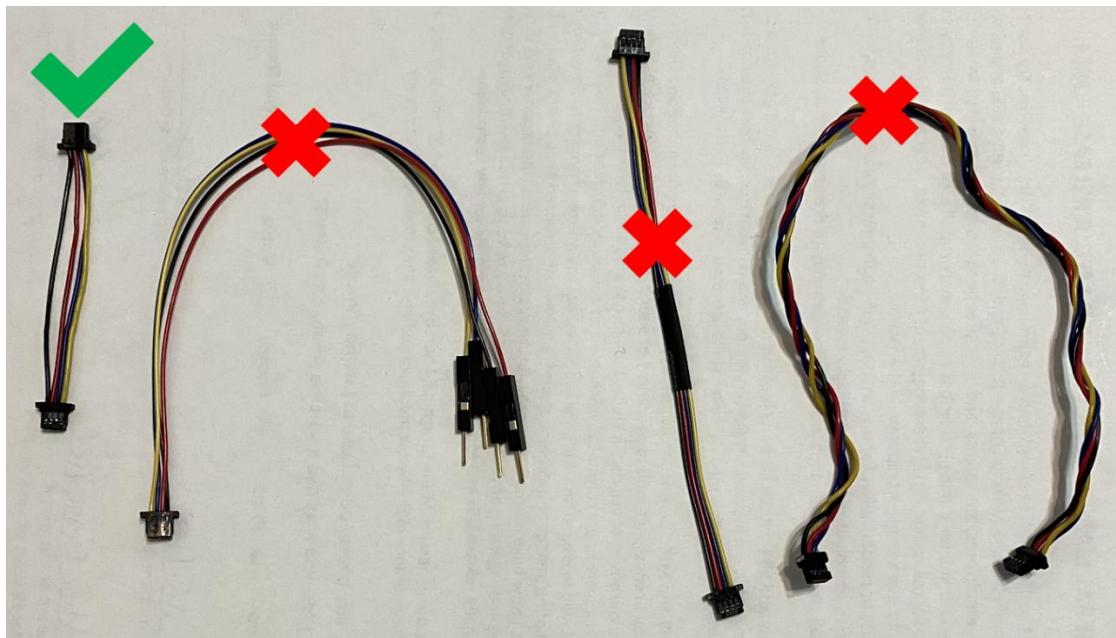


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### Step D-14: Connect the Pressure Sensor and Magnetic Sensor

The 50 mm STEMMA Cable (D15) is used to connect the Pressure Sensor to the Magnetic Sensor. First, connect one end of the STEMMA Cable to the open connector on the Pressure Sensor Board. Next, wrap the cable around the post of the Inner Gimbal. Finally, attach the other end of the STEMMA Cable to the connector on the Magnetic Sensor Board on the same side as the Pressure Sensor.

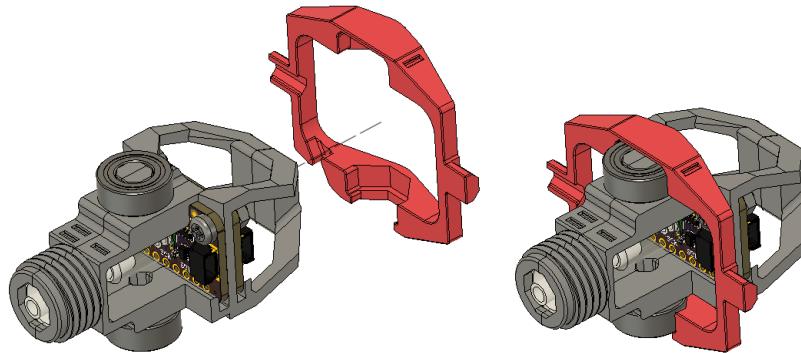


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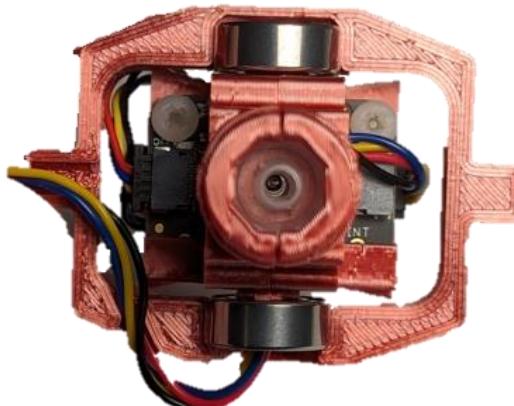
### *Step D-15: Assemble the Outer Gimbal on to the Inner Gimbal Assembly*

Take Outer Gimbal 1 (D3, marked with "1") and coming from the magnet side towards the Luer connector side, pass it over the Inner Gimbal Assembly. One side of the bearing cover will be hollow, and one will be covered. Align the outer gimbal so that the hollow side is on the same bearing that the STEMMA cable is passing through.



### *Step D-16: Route cable through the Outer Gimbal*

Pass the cable through the slot on the outer gimbal, and then out through the hollow bearing shaft. A pair of tweezers can be used to push the wires into the slot.

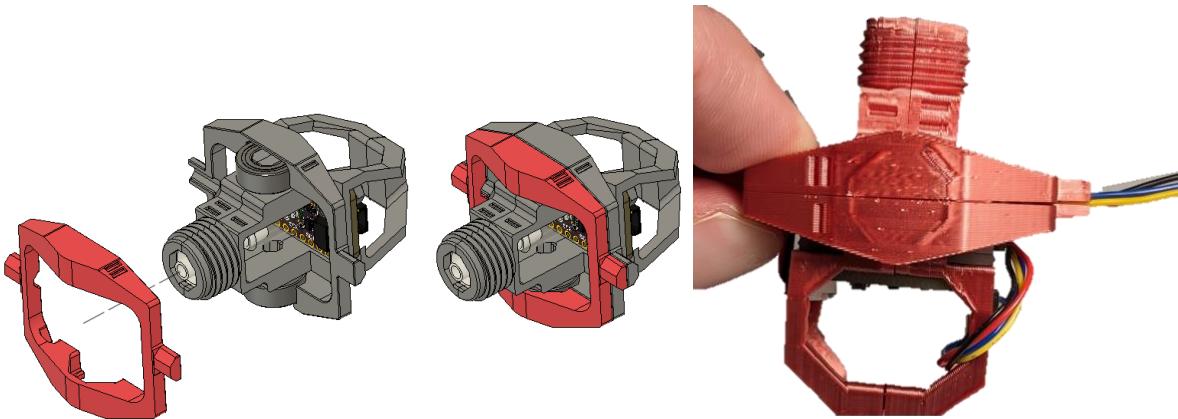


# LipSync

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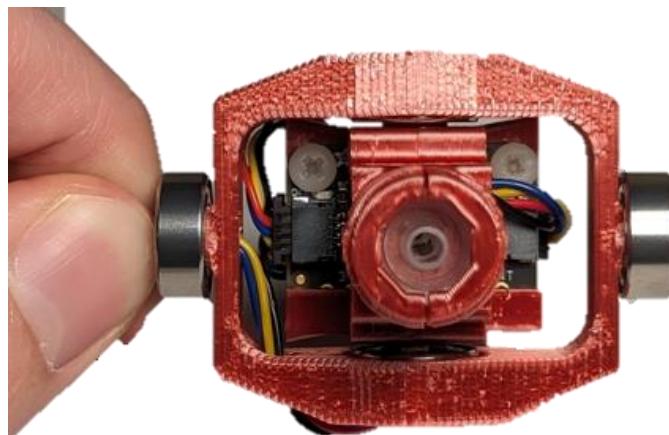
### Step D-17: Connect the second half of the Outer Gimbal

Press the front half of the Outer Gimbal (Outer Gimbal 2, D4, marked with "II") over the front Luer section and towards the rear, ensuring that the cable is properly connected to the correct cable management slots.



### Step D-18 Secure Outer Bearing to Gimbal

Secure the two halves of the Outer Gimbal using two bearings (D14). Gently pull on the cable after the bearings are attached to remove any slack.



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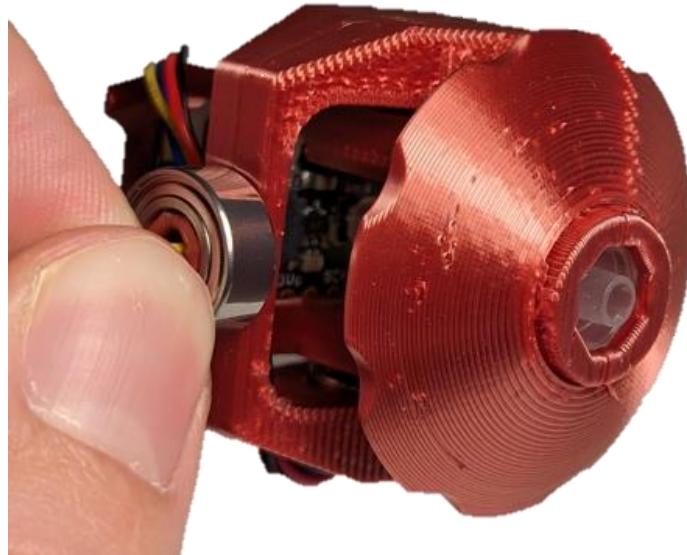
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Files available at <https://github.com/makersmakingchange/LipSync>

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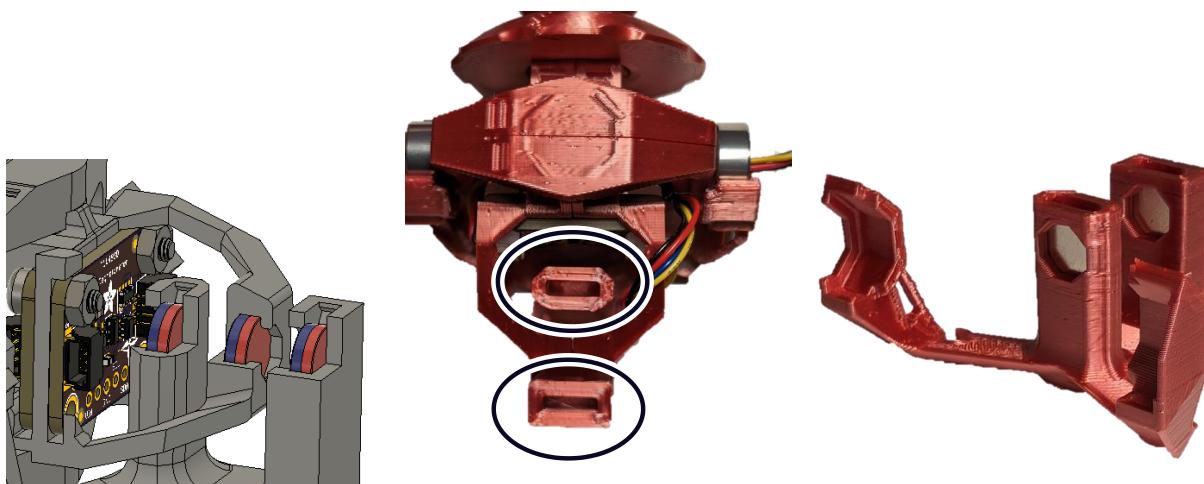
### Step D-17: Screw on the Gimbal Shield

Take the Gimbal Shield (D5) and screw it onto the threads at the front of the gimbal until it hits the gimbal hard stop at the back.



### Step D-19: Insert Magnets into Sled

Take the Sled (D6), and two Magnets (D13). Stick the two magnets to either side of the gimbal magnet from the previous steps, and make note of their orientation. While keeping them in the same orientation, gently but firmly push them into the two highlighted slots in the sled, until they are firmly seated at the bottom of the slots. It is very important to seat these magnets at the bottom of the slots.



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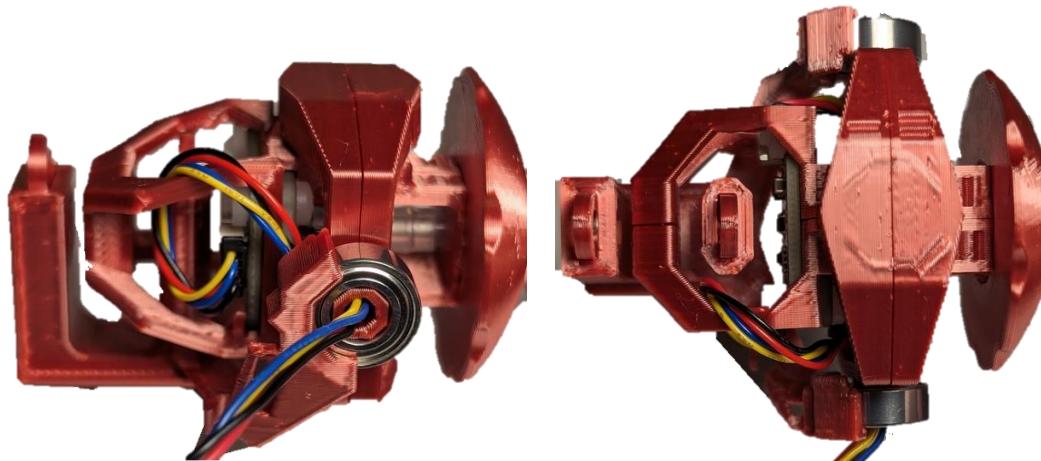
### *Step D-20: Secure the Magnets into the Sled*

With the magnets pushed down fully, push a Magnet Clip (D7) into each of the Sled slots to secure the magnets in place.



### *Step D-21: Place Gimbal Assembly in the Sled*

Slot the Gimbal into the Sled. Slot the magnet in the back of the gimbal between the two towers on the sled, and then gently attach the arms to the bearings. One side of the sled has a cover over the bearing slot and one side has an open bearing slot. The side of the gimbal with the cables coming out of it lines up with the open bearing slot with no cover.

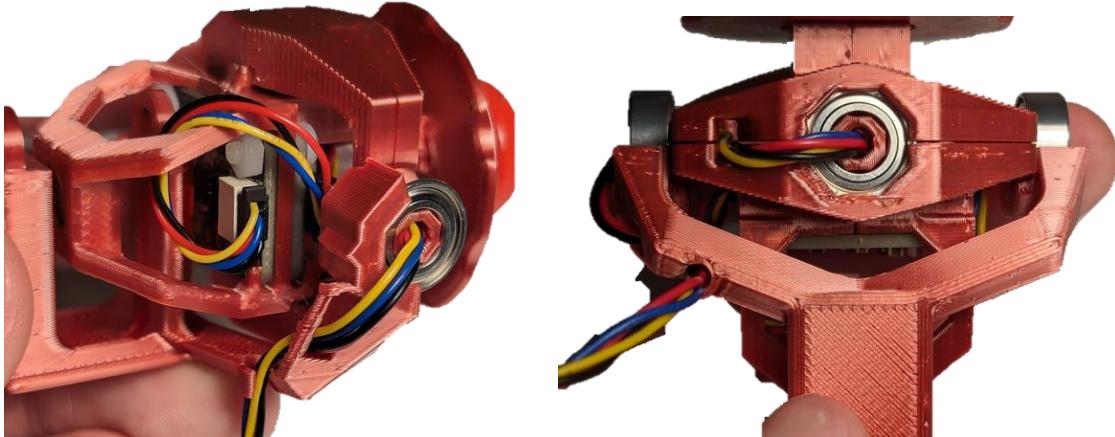


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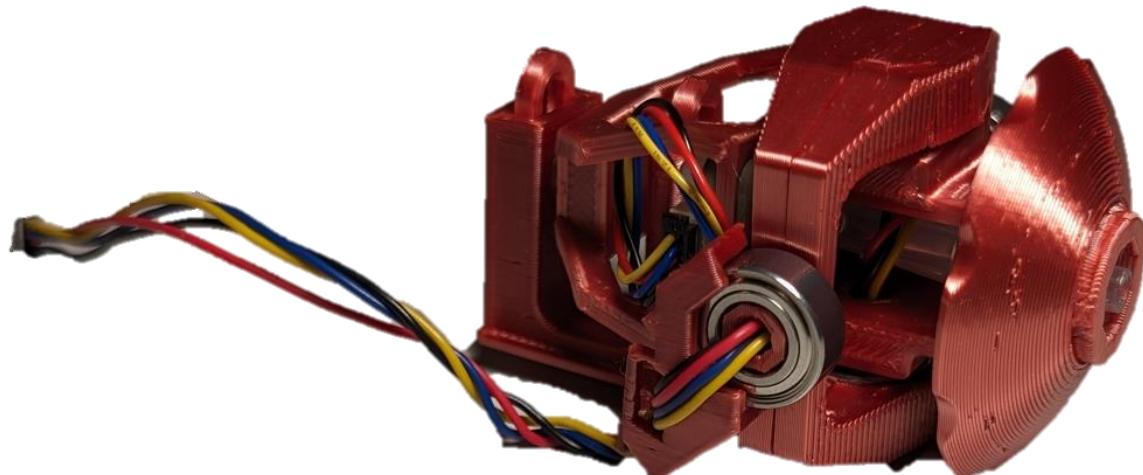
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### Step D-22: Route the STEMMA Cable through the Sled

Take the STEMMA Cable that is leaving the gimbal through the bearing, and thread it through slot on the sled, then clip it into the  $\frac{3}{4}$  circle at the bottom of the sled, as seen in the below photos.



*Part D Complete*



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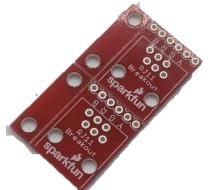
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### Part E: Joystick Housing Assembly

#### Part E: Components

E1	Front Cap	QTY 1	E2	Joystick Housing	QTY 1	E3	Inner Locking Ring	QTY 1
								
E4	Outer Locking Ring	QTY 1	E5	Rear Housing	QTY 1	E6	LPS22 STEMMA QT Board	QTY 1
								
E7	Cable, STEMMA – DuPont, 150 mm	QTY 1	E8	RJ11 Connector	QTY 1	E9	RJ11 Breakout Board	QTY 1
								

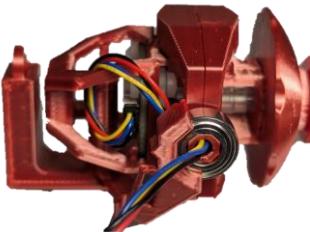


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<b>E10</b>	M2.5 Bolt	QTY 1	<b>E11</b>	M2.5 Nut	QTY 1	<b>E12</b>	Light Pipe 0.250"	QTY 1
								
<b>E13</b>	Assembled Joystick Gimbal	QTY 1	<b>E14</b>	¼-20 T-nut	QTY 1	<b>E15</b>	Screw, #4, 3/8" Length	QTY 3
								

### Part E: Tools

- Phillips Head Screwdriver
- Soldering iron

### Part E: Personal Protective Equipment (PPE)

- Safety glasses



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### Part E: Assembling Joystick Housing Steps

#### *Step E-01: Insert the Light Pipe into the Joystick Housing*

From the outside, press the light pipe (E12) into the Joystick Housing (E2). You can use a table or a hard surface to slowly press against to push the Light Pipe into place.



#### *Step E-02: Solder the pads on the back of the LPS22 Pressure Sensor Board*

Use solder to create a bridge between the solder pads on the back of the LPS22(E6) to change the default I<sub>C</sub> address.

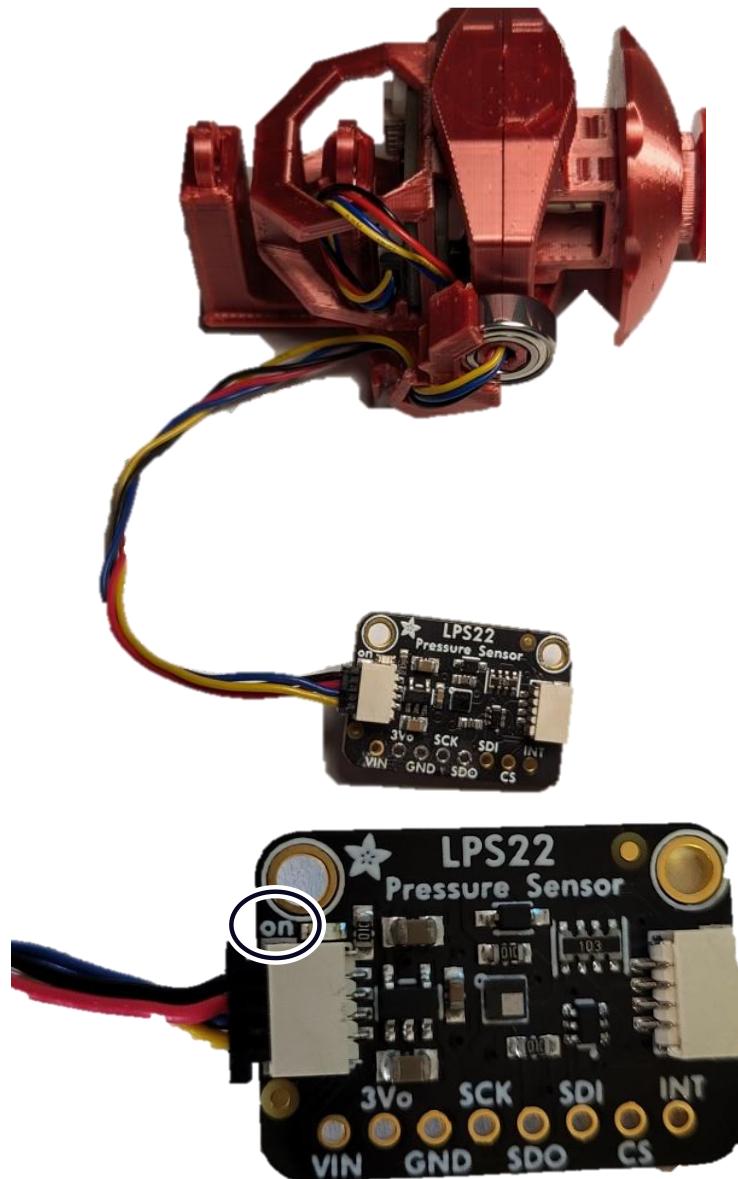


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### Step E-03: Connect the LPS22 Sensor Board to the gimbal STEMMA QT Cable

Connect the STEMMA QT cable coming from the gimbal (E13) to the LPS22 board. Ensure it is connected to the left port when viewing the board right-side up from the front. This is the port that has “on” printed above it.



# LipSync

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### Step E-04: Insert the LPS22 board into the Joystick Housing

Entering through the larger opening (side with internal threads) of the joystick housing, snap (not slide) the LPS22 board into place directly below the light pipe so that the cable points toward the opening you just entered the part through. The components on the board should be facing towards the outer wall of the 3D print, not the hollow middle.



### Step E-05: Route the Cable

Route the cable from where it connects to the LPS22 Sensor Board beside the board and towards the rear of the Joystick Housing. Insert the cable into the snap-fit beside the board.



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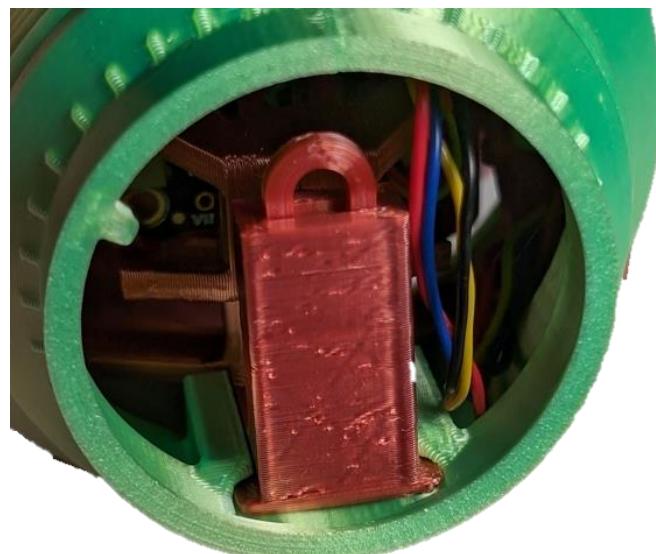
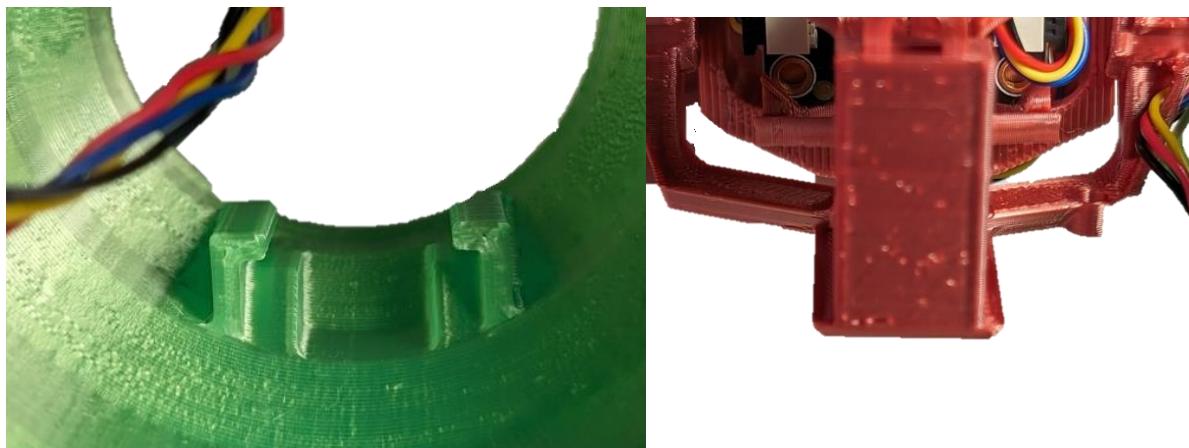
Files available at <https://github.com/makersmakingchange/LipSync>

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### Step E-06: Insert the Gimbal Subassembly into the Joystick Housing

Entering through the same side as step 4, line up the sled so it will slot into the rails at the rear end of the joystick housing and slide it into place. Be careful to keep the STEMMA QT cable from getting pinched between printed parts.



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### Step E-07: Screw on the Front Cap

Ensure the joystick is fully inserted and the cable is not interfering with any internal parts. Screw on the front cap (E1) by rotating clockwise.



### Step E-08: Insert the Tee Nut

Insert the Tee Nut (E14) into the hole in the Rear Housing. Line up the prongs with the slots and press the Tee Nut into the Rear Housing until the bottom is flush.

Note: Once the Tee Nut is aligned, a  $\frac{1}{4}$ -20 UNC bolt or machine screw can help pull the Tee Nut down into place. Insert the bolt or machine screw into the Tee Nut and tighten until the bottom of Tee Nut is flush with the bottom of the print. Make sure to remove the bolt once the Tee Nut is installed.



# LipSync

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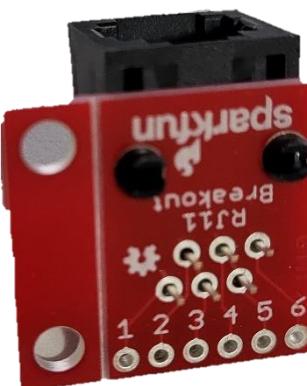
### Step E-09: Prepare the RJ11 Breakout Board

Separate the two RJ11 breakout boards (E9) by snapping them apart by hand. Make sure the thin portion with the two mounting hole remains attached.



### Step E-10: Solder the RJ11 jack to the RJ11 Breakout Board

Press the RJ11 Jack (E8) into the breakout board so the pins stick out of the numbered side. Solder the six RJ11 pins poking through the board, **NOT THE NUMBERED HOLES**.



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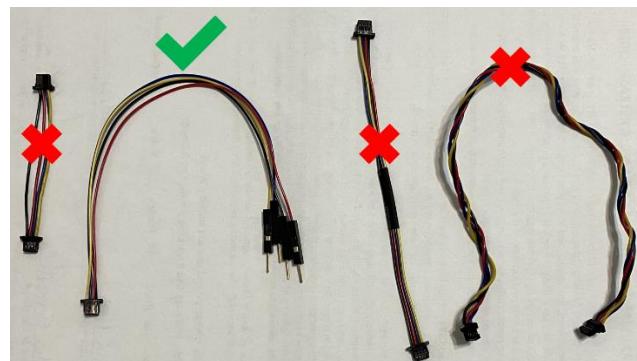
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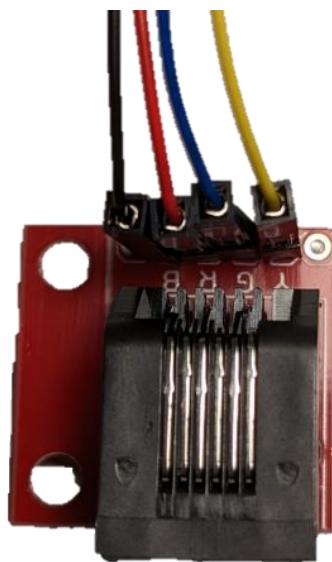
## MAKER GUIDE

### Step E-11: Solder the STEMMA QT Cable to the RJ11 Breakout Board

Insert the DuPont headers on the Stemma-Dupont connector (E7) into the through holes on the RJ11 Breakout Board from the same side as the RJ11 Connector, following the order in the table. Solder in place, and trim the DuPont ends sticking out the back side.



RJ 11 Breakout	STEMMA QT Cable
2 (B)	Black (Gnd)
3 (R)	Red (Vcc)
4 (G)	Blue (SDA)
5 (Y)	Yellow (SCL)



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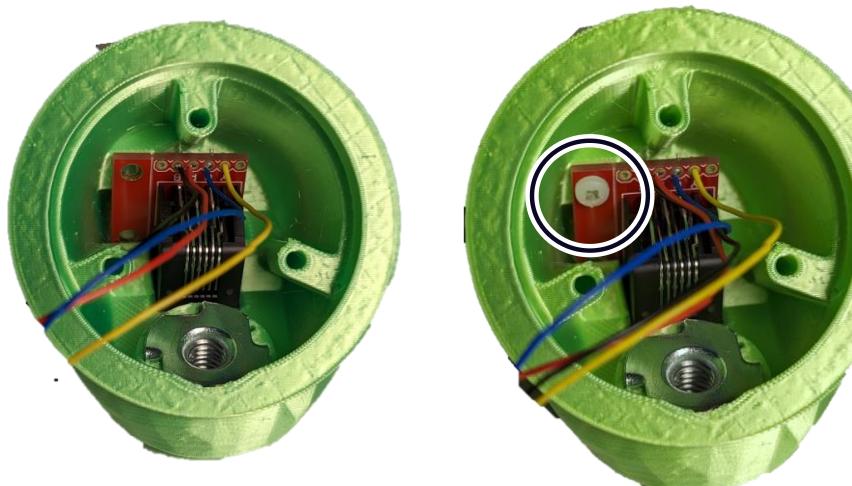
### Step E-12: Insert the Captive Nut into Rear Housing

Insert a M2.5 nylon nut (E11) into the captive nut slot shown on the Rear Housing (E5).



### Step E-13: Insert and fasten the RJ11 Breakout Board into the Rear Housing

Slide the RJ11 Breakout Board in the slot in the back of the Rear Housing. Secure it in place with a nylon M2.5 machine screw (E10) into the captive nut.

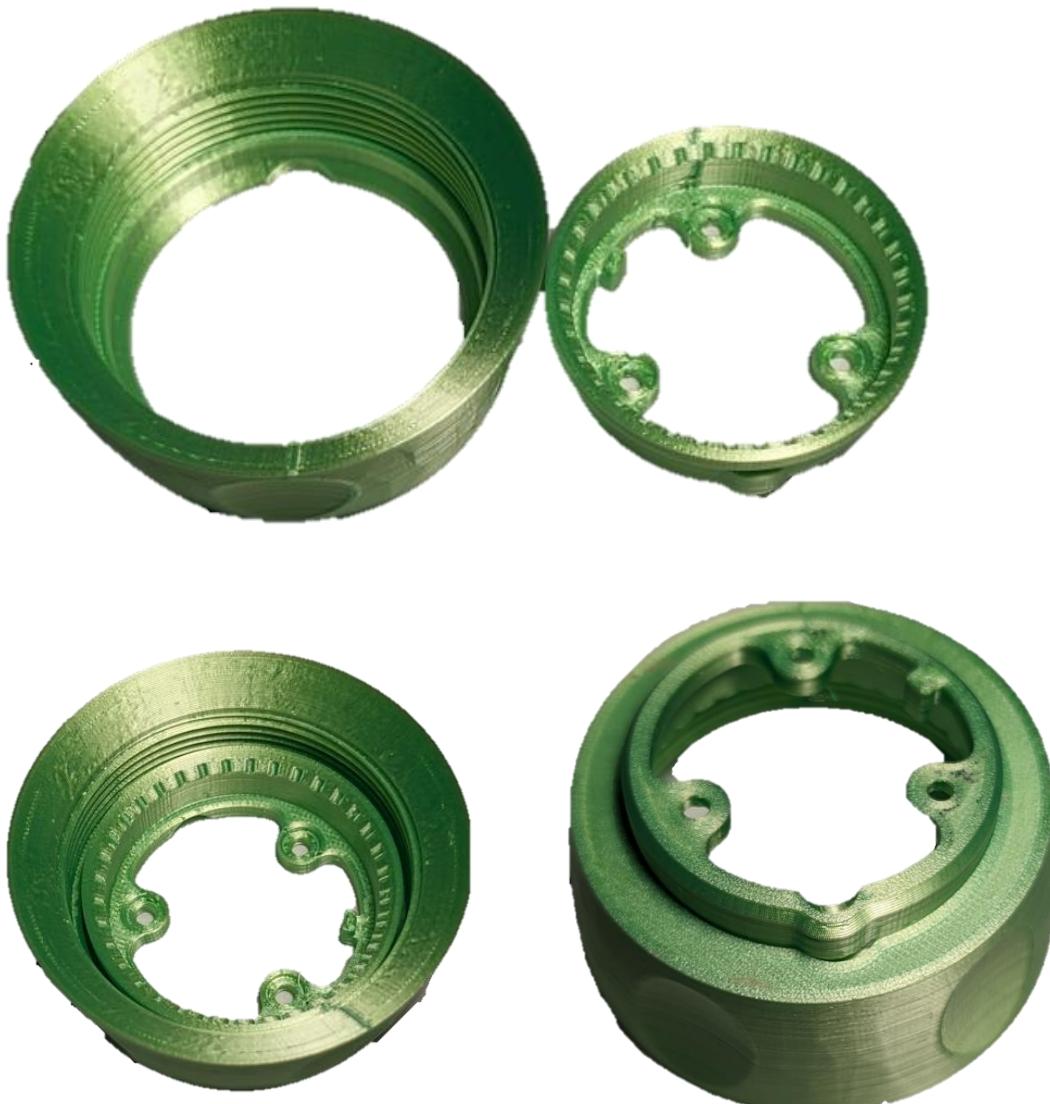


# LipSync

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### Step E-14: Nest the locking rings

Take the Inner (E3) and Outer (E4) Locking Rings, and pass the Inner Ring through the Outer Ring until it has gone as far as it can go as seen in the below photos. The flat print face should be facing the same direction on each piece. The Inner Ring has a tab, and the Outer Ring has a slot. The only way for the rings to fit together is for the tab on the Inner Ring to be aligned with the slot on the Outer Ring, as seen in the photos.



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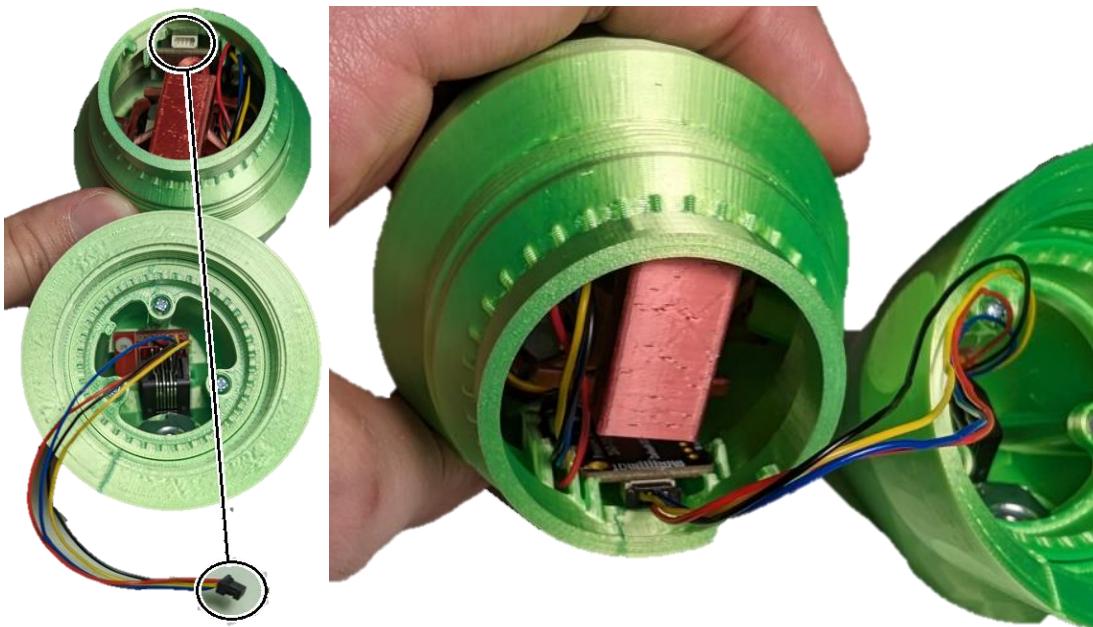
### Step E-15: Fasten Locking Rings to Rear Housing

As with the previous step, there is a slot on the rear housing that lines up with the tab on the Inner Locking Ring. If this is done correctly, the three holes on the inner ring will line up with the three holes on the rear housing. Using #4 3/8 (E15) screws, fasten the locking rings onto the rear housing.



### Step E-16: Connect the Dupont to Stemma cable to the Ambient Pressure Sensor Board.

Plug the STEMMA QT end of the STEMMA-DuPont cable into the open port of the LPS22 board at the rear of the joystick housing.



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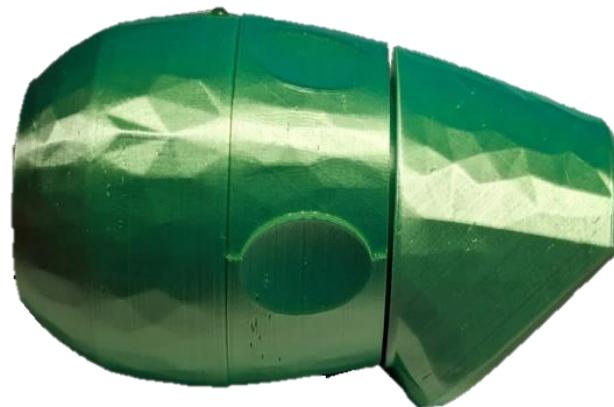
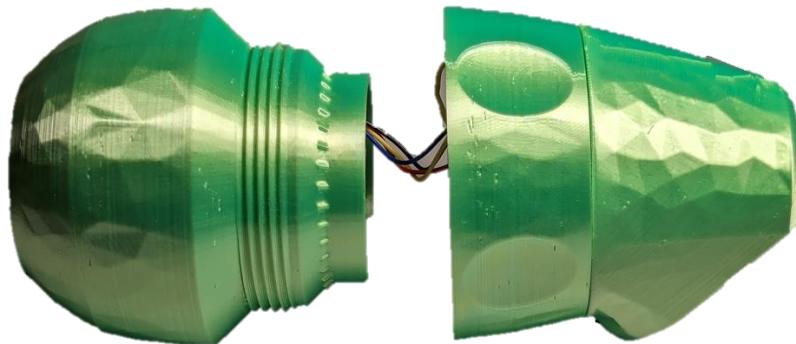
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### *Step E-17: Connect the two halves of the Joystick Housing*

Screw the locking ring from the back section of the enclosure to the threads on the front half of the enclosure. Tighten the locking ring until the two halves are locked together. Be careful to not rotate the two halves relative to each other so the STEMMA-DuPont cable does not get twisted.



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*Part E Complete: Joystick Unit Assembled*



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# LipSync

## MAKER GUIDE

### Part F: Flashing Firmware to Hub

#### Part F: Components

F1	LipSync Joystick	QTY 1	F2	LipSync Hub	QTY 1	F3	RJ11 Cable	QT Y 1
								
F4	USB-C-USB-A Cable	QTY 1						

#### Part F: Tools

- Computer with Arduino IDE to flash firmware



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# LipSync

## MAKER GUIDE

### Part F: Firmware Flashing Steps

#### *Step F-01: Connect the LipSync Joystick To The Hub*

Plug in the Joystick (F1) to the Hub (F2) using the RJ 11 (F3) Cable.

#### *Step F-02: Connect the LipSync Hub to the Computer*

Plug in the Hub (F2) to a computer via USB Cable (F4).

#### *Step F-03: Setup Arduino IDE on Computer*

1. Download Arduino IDE for your operating system at  
<https://www.arduino.cc/en/software>
2. Install the Arduino IDE.

#### *Step F-04: Setup Arduino IDE for Seed Studio Xiao nRF52840 Development Board*

1. Open Arduino IDE.
2. Click on **File -> Preferences**.
3. Locate the text field that says **Additional Boards Manager URLs** beside it.
4. Copy and paste the following link into the field as a new line:  
[https://files.seeedstudio.com/arduino/package\\_seeeduino\\_boards\\_index.json](https://files.seeedstudio.com/arduino/package_seeeduino_boards_index.json)
5. Click on **OK**.
6. Restart the Arduino IDE.
7. Open the **Boards Manager** option from the **Tools-> Board-> Boards Manager...**,
8. Search for “Seeed nrf52” and select “Seeed nRF52 Boards” by Seeed Studio.
9. Click **Install** to install the board.

#### *Step F-05: Install Libraries*

1. In the Arduino IDE, go to **Tools -> Manage Libraries...**
2. For each of the libraries in the table below, search for the name, and click **Install**. If prompted to install any dependent libraries, click **OK**.

Name	Author	Version
Adafruit_LPS2X	Adafruit	2.0.6 or later
Adafruit_LPS35HW	Adafruit	1.0.6 or later
Adafruit_SSD1306	Adafruit	2.5.9 or later
ArduinoJson	Benoit Blanchon	7.0.4 or later
TLV493D-A1B6	Infineon Technologies	1.0.3 or later
Adafruit_TinyUSB	Adafruit	<b>2.3.0</b>

<b>IMPORTANT</b>	Use Adafruit Tiny USB Library version 2.3.0. Later versions will not currently work – a longer term fix is in progress.
------------------	---

# LipSync

## MAKER GUIDE

### Step F-06: Setup Local Code Directory

1. Download the Firmware\_Files from the GitHub Repository:  
[https://github.com/makersmakingchange/LipSync/blob/main/Build\\_Files/Firmware\\_Files/LipSync\\_Firmware.zip](https://github.com/makersmakingchange/LipSync/blob/main/Build_Files/Firmware_Files/LipSync_Firmware.zip)
2. Extract / unzip the folder to a known location.
3. Confirm that you have the following folder structure:
  - LipSync\_Firmware (folder)
    - o LipSync\_Firmware.ino
    - o LSAPI.ino
    - o LSTest.ino
    - o LSBLE.h
    - o LSBUZZER.h
    - o LSCircularBuffer.h
    - o LSConfig.h
    - o LSInput.h
    - o LSJoystick.h
    - o LSMemory.h
    - o LSOoutput.h
    - o LSPressure.h
    - o LSScreen.h
    - o LSTimer.h
    - o LSUSB.h
    - o LSUtils.h

### Step F-07: Upload the Code to the microcontroller.

1. Open LipSync\_Firmware.ino with Arduino IDE.
2. Select **Seeed Xiao NRF52840** from Tools -> Board -> Seeed NRF52 Boards
3. Connect the LipSync using the USB cable to the computer.
4. Select the correct port from Tools -> Port menu.
5. Verify and upload the code.



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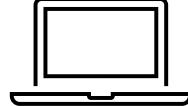
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# LipSync

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### Part G: Initial LipSync Setup and Testing

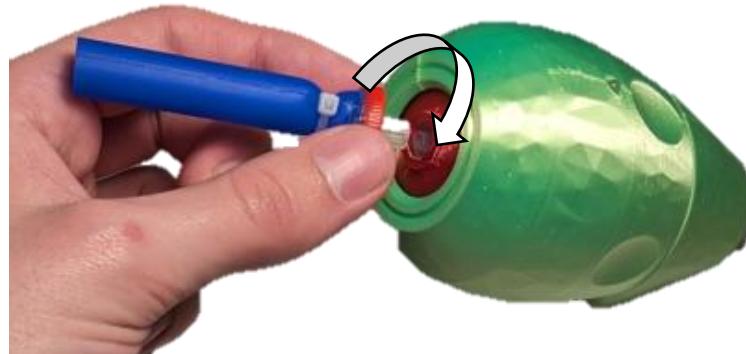
#### Part G: Components

G1	LipSync System	QTY 1	G2	LipSync Mouthpiece	QTY 1	G3	Host Device	QTY 1
								

#### Part G: Initial LipSync Setup Steps

##### Step G-01: Connect the Mouthpiece to the Joystick

Hold the mouthpiece (G2) by the outer edge of the filter, put it in the Luer connector on the LipSync (G1) and twist to make a connection. Twist until finger tight.



##### Step G-02: Connect the LipSync to Host Device using USB Cable

1. Plug in the Joystick to the Hub via the RJ 11 Cable.
2. Plug in the Hub to a computer via USB cable.
3. The Hub should power on with a startup tone and display the current code version and operating mode on the Hub display screen.

# LipSync

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### *Step G-03: Calibrate the Joystick*

NOTE: Use either a spare mouthpiece or filter to perform the calibration to ensure the user receives a clean mouthpiece.

1. Enter the settings menu by:
  - a. Short press (<1 seconds) Next and Select on the Hub simultaneously.
  - b. Holding down the “Next” button on the Hub for at least five seconds.
2. Use the “Next” and “Select” buttons to navigate to the Calibrate menu and select it.
3. In the submenu, select “Full Calibration” and follow the prompts that appear on the Hub Display to calibrate the joystick. Detailed instructions can be found in the User Guide.

### Troubleshooting

#### **1. My Arduino IDE is stuck when uploading code to the board.**

You can first try to reset the board by clicking the "Reset Button" once. If that does not work, rapidly click it twice to enter bootloader mode. If that also doesn't work, disconnect the board from the PC, and connect the board again.

#### **2. My board is not showing up as a serial device on Arduino IDE.**

You can first try to reset the board by clicking the "Reset Button" once. If that does not work, rapidly click it twice to enter bootloader mode.

#### **3. My LipSync won't turn on after flashing the code and plugging it in to the host device.**

Ensure that the LipSync is connected to a power supply via USB and ensure that the joystick is plugged into the Hub via RJ11 Cable. The LipSync Hub will not turn on unless the joystick is connected.



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# LipSync

## MAKER GUIDE



### Testing Guide

After building the LipSync Hub and Joystick, you must verify both units are functioning properly.

#### Testing the LipSync

1. Does Display turn on?
  - a. Ensure that the LipSync joystick is plugged into the Hub using the RJ11 cable.
    - i. Ensure that the LipSync Joystick light pipe lights up green.
  - b. If the Hub turns off and does not work, reset the device, and open the serial monitor in Arduino IDE right after resetting to see if one of the STEMMA boards is not being recognised.

#### Testing Mouse Mode

Refer to the LipSync User Guide for instructions on how to connect the LipSync to a Host Device and change the operating mode to USB Mouse Mode. When in USB Mouse Mode, ensure moving the joystick moves the mouse cursor. Additionally, test the sip and puff function, external switches, and buttons on the Hub. Ensure that each sip/puff, external switch, and Hub button action are consistent with the following tables.

#### Testing Sip and Puff

Install one of the assembled mouthpieces to the LipSync joystick. Once you have tested and confirmed that the sip and puff functions work, **dispose of the mouthpiece you used to test.**

##### *Sip*

To perform a Sip Input, close your lips around the end of the mouthpiece and sip like you would a drink through a straw (i.e., inhale or apply negative pressure) for less than 1 second and then release. The Right-side Feedback light should blink once after releasing the sip input, and the mouse should perform a right click.

##### *Puff*

To perform a Puff Input, close your lips around the opening on the mouthpiece and blow air into it (i.e., exhale or apply positive pressure) for less than 1 second and then release. The Left Feedback light should blink once after releasing the puff input, and the mouse should perform a left click.

LipSync Mouthpiece Input	Joystick	Short Puff	Long Puff	Very Long Puff	Short Sip	Long Sip	Very Long Sip
Mouse Action	Cursor Movement	Left click	Start Drag Mode	Enter Hub Menu	Right Click	Start Scroll Mode	Middle Click



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# LipSync

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### Testing External Switches

Plug an assistive switch into the external switch jacks and activate the assistive switch. The behaviour for each switch and type of activation is outlined in the table below:

Input	Mouse	Gamepad	Menu/Settings Mode
S1 Short Press	Left Click	Button 1 press	Next
S1 Long Press	Start drag mode	Button 3 press	N/A
S1 Very Long Press	Enter settings mode	Enter settings Mode	Exit settings mode
S2 Short Press	Middle Click	Button 5 press	N/A
S2 Long Press	Middle click	Button 6 press	N/A
S2 Very Long Press	Perform Center Reset	Perform Center Reset	N/A
S3 Short Press	Right Click	Button 2 press	Select menu item
S3 Long Press	Start scroll mode	Button 4 press	N/A
S3 Very Long Press	Middle click	N/A	N/A

S1 is the left switch, S2 is the center switch, and S3 is the right switch.

### Testing Hub Buttons

Ensure the following behaviours are consistent when pressing the buttons on the Hub.

LipSync Hub Button Inputs	Select Short Press	Select Long Press	Select Very Long Press	Next Short Press	Next Long Press	Next Very Long Press	Next and Select
Mouse Behaviour	Left Click	Start Drag Mode	Enter Hub Menu	Right Click	Start Scroll Mode	Middle Click	Next and Select

### *Input Feedback*

Each LED is designated to a set of inputs:

**Left LED •:** Puff, Next (Hub), S1

**Middle LED ••:** S2

**Right LED •••:** Sip, Sel (Hub), S3

The time durations Short, Long, and Very Long for the Sip/Puff and switch/button inputs are the following:

**Short:** Less than 1 seconds. Indicated by the respective LED blinking once.

**Long:** Between 1 to 3 seconds. Indicated by the respective LED flashing slowing.

**Very Long:** 3 seconds or longer. Indicated by the respective LED flashing quickly.

Ensure the LEDs behave as outlined above.



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