

### Introduction

The Blister Pack Opener is intended to make it easier to remove medication (e.g., pills) from blister packs. This may be useful for people with limited hand strength or dexterity, such as those with arthritis.

## Research

### **Commercial Options**

Existing commercial solutions were found by doing a web search for 'Pill Opener' and 'Blister Pack Opener'.

Name	Picture	Price	Link
Blister		Not	<u>Link</u>
Pack		Available	
Opener			
Pill		\$7.79	<u>Link</u>
Ejector			
	Time I then		



Easy Open Pill Popper Tool	Simply Press Down And the pills pep out here!	\$8.90	Link
Tablet Puncher – Blister Opener		n/a	n/a



Pirucare – blister pack opener	Discontinued since 31-10- 2016	Link
Pill Handle		<u>Link</u>
	\$32	Amazon Purchase Page



Pillmate Pill Punch	PillMate PillPunch	\$13, low stock	Pillmate Pill Punch - Amazon
	PillMate Pi		
	PIIMate Pillpunch		
	"IIPunch		

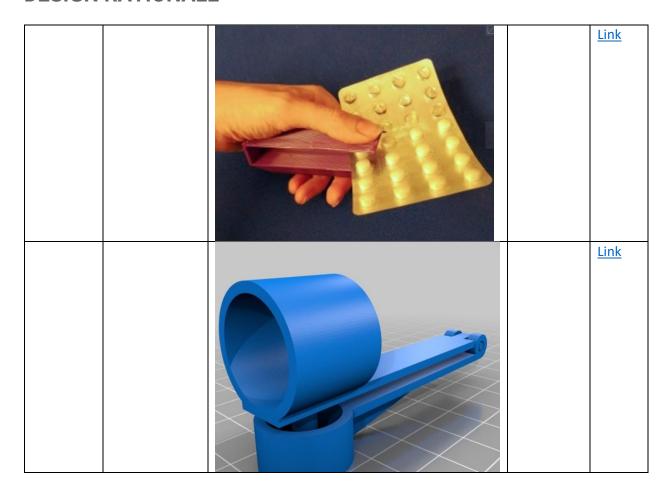
## **Existing DIY Options**

Name	Picture	Price	Link
Pill Puncher		N/A	Link



Pill Puncher	N/A	Link
Blister Pack Opener	N/A	Link
Blister Tablet Opener	N/A	<u>Link</u>
		Link







## Requirements

### Goals

G01	The device must make it easier to remove items from blister packs by reducing the required
	dexterity or required force or both.
G02	The device should work with a range of pill shapes and sizes.
G03	The device should make it less likely to lose the pill.

## **Functional Requirements**

F01	The device must be operable with one hand.
F02	The device should allow for opening blister packs using force generated by the whole hand.
F03	The device should allow for opening blister packs with minimal force
F04	The device must have a means from preventing the pill from getting lost.
F05	The device must provide enable the user to easily retrieve the pill after its removed from the
	blister pack.
F06	(Range of pill sizes)
F07	(Number of cycles to failure)

## Non-functional Requirement

NF01	The device should be printable with no supports
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## Constraints

C01	Should be entirely 3D printed
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## **Existing Devices**

Pill Release for Blister Packs

https://www.thingiverse.com/thing:5572151





Author: Elppa8

License: Creative Commons - Attribution

Cost: 12g of filament

Print Time: 1h40min

#### Summary

A cup with a large fin coming out of the centre. The fin can be used to remove the pill from the pack, which then falls into the cup.

#### **Print Testing**

Device printed easily with no supports

### **Functional Testing**

Unintuitive on how to use. Broke when opening a gum blister pack.

### Opportunities for Improvements

Fin can be improved to withstand more torque.



#### PILLIKAN - EASY TO PRINT PILL PUNCHER



This design is comprised of a single 3D printed piece. It utilizes a flexure hinge. The pill is pushed into a compartment oriented towards the side of the device.

Author: Brignetti Longoni

License: Creative Commons Attribution

Cost: 20g filament

Print Time: 3h22min

### **Print Testing**

The print was tested on its side with no supports and printed with no issues

#### **Functional Testing**

Device was used to open a Day-Quil Pack and a gum package, as those were the only blister packs on hand. It was found that both packages were too large to fit through the hole on the print.

Closing force: ~150 gf

#### Opportunities for Improvements

- Handle could be made stiffer to transfer force better without bending
- The handle could have a slight curve to make it fit the hand better
- Sharp edges can be made smoother
- Mouse ears can be added to prevent the print from peeling

## Makers Making Change A Neil Squire Program

## Blister pack opener



(Summary)

Author: Joep Welling

License: Creative Commons - Attribution - Share Alike

Cost: 32g of filament

Print Time: 4h32min

Pill Puncher



Author: Ivery Barel

License: CC-BY-NC-ND

Cost: 21 g of filament

Print Time: 3h11min





#### Summary

This design is comprised of a single 3D printed piece. It utilizes a flexure hinge. The pill is pushed into a compartment oriented towards the front of the device.

#### **Print Testing**

The print was tested on its side with no supports and printed with no issues

#### **Functional Testing**

This design also tend to cause the pills to fly out of the pocket and out the end of the device. Some users have reported that this design tends to crack where the pills come out.

Closing force: ~200 gf

#### Opportunities for Improvements

- The design has sharp corners along the handle and on the ends of the handle.
- The pill compartment section could have additional material added to resist the force applied by the ejector and reduce the likelihood of cracking
- The handle portion may not be stiff enough, so that the device doesn't work well unless the user applies force directly over the ejector pin. A rib or additional material could be added to stiffen this section.
- Add a mouse ear to the end of the handle so the print is less likely to warp

#### Conclusion

## Blister Pack Pill Popper

https://www.thingiverse.com/thing:2711263



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## Blister Pack Opener **DESIGN RATIONALE**



Author: M Craig

License: Creative Commons - Attribution - Non-Commercial

Cost: 2g of filament

Print Time: 15min

### Summary

Design consists of two roughly half circle shaped tabs connected by a thin piece of plastic. One tab has a horn to push out the pill, and the other tab has a hole to allow the pill to be removed. The design allows the user to apply force over a larger area.

#### **Print Testing**

Design printed quickly with no supports

### **Functional Testing**

No pills small enough to test with. The thin connecting piece of plastic had to be bent while still hot and quickly developed fatigue lines.

#### Opportunities for Improvements

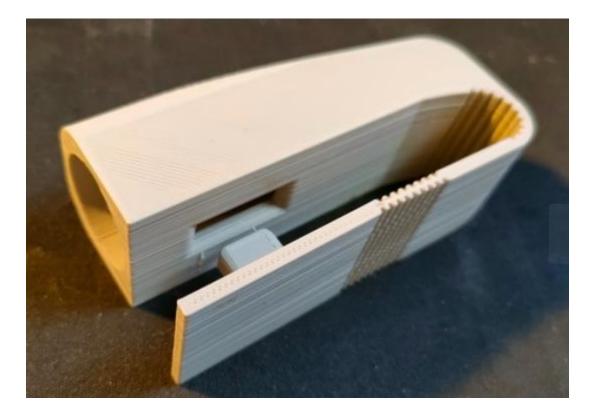
A more flexible filament could be used for the connector

## Comparison

## Pill Opener

https://www.thingiverse.com/thing:5780009





Author: Daniel Walsh

License: Creative Commons - Attribution - Non-Commercial - Share Alike

Cost: 36 g of filament

Print Time: 5:46

## **Testing**

The device was tested on various blister packs, it worked well on smaller pills, but was too small to accommodate Day-Quil blister packs.

## **Opportunities for Improvement**

The hole could be made larger to accommodate for larger pills.

Add tactile indication of where user should put thumb





## Design

### Design 0.1

#### Summary

This design is similar to the Pill Puncher by Ivery Barel. The pill pocket opens towards the front.

#### **Functional Testing**

The design felt comfortable in the hand. The handle is significantly stiffer and requires greater force to close.

The puncher successfully removed the pill from the package, but it hit the bottom surface of the pill pocket and ricocheted out of the device.

Closing force: ~1500 gf

#### Opportunities for Improvements

- 1. Reduce the stiffness of the handle.
- 2. Move to a side pocket design to better contain the pill after its removed from the package.
- 3. Add concave depression to the thumb guide.
- 4. Reduce sharp edges and corners

### Design 0.2

#### Summary

This design incorporates some of the OFIs from Design 0.1:

- Concave thumb groove
- Rounded corners
- Side Pocket



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## Blister Pack Opener **DESIGN RATIONALE**



**Print Testing** 

Cost: 22g of filament

Print Time: 3:07

Functional Testing Closing force: ~1100 gf

Device feels comfortable in the hand, but the bulb where the pocket is located takes a while to find the right place to grip it. Notches could be added to find the grip location easier.

### Opportunities for Improvements

- 1. Reduce stiffness
- 2. Add groove or notch for index finger

### Design 0.3

### Summary

This design incorporates some of the OFIs from Design 0.2:

- Reduce stiffness
- Add groove or notch for index finger

#### **Print Testing**

Cost: 20g of filament

Print Time: 2:58

Functional Testing
Closing force: ~300 gf

Design is comfortable to hold and much easier to press.

### Opportunities for Improvements

1) Improve surfacing of model