



MORNING PREP CHECKLIST ⌚

- ⌚ ALARM SET & AWAY FROM THE BED
- ⌚ COFFEE PREPPED & READY TO GO
- ⌚ TOMORROWS OUTFIT PLANNED
- ⌚ MAKEUP BAG PACKED WITH THE ESSENTIALS
- ⌚ SHOWER QUICK OR THE NIGHT BEFORE
- ⌚ KEYS & WALLET TOGETHER IN ONE SPOT
- ⌚ _____

WRITE YOUR OWN GOAL ABOVE