DiaBeatIt

An app to help prevent diabetes through healthy eating
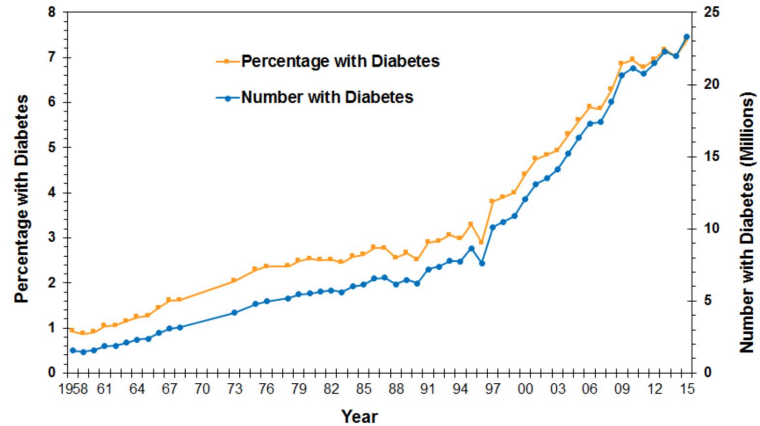
Team DiaBeatIt are:

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{Maki Hirose}   {Michael Benham}

{Puspa Sharma}   {Rakim Francis}

The Bad News...

Number and Percentage of U.S. Population with Diagnosed Diabetes, 1958-2015

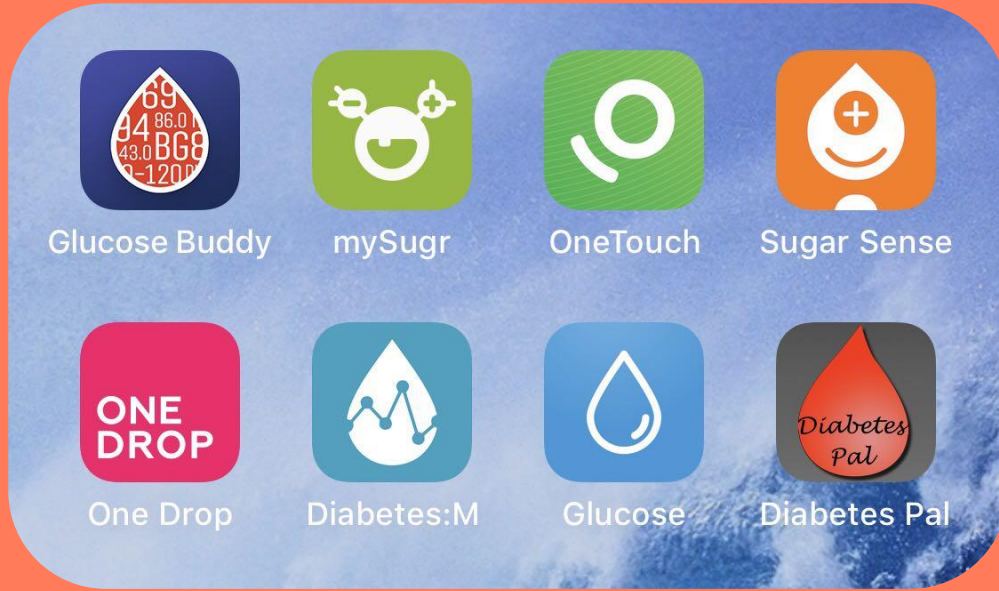CDC's Division of Diabetes Translation. United States Diabetes Surveillance System available at http://www.cdc.gov/diabetes/data

The good news...

Prediabetes and Type 2 diabetes are largely preventable. About 9 in 10 cases in the U.S. can be avoided by making lifestyle changes.

Source: Harvard T.H. Chan School of Public Health

https://www.hsph.harvard.edu/nutritionsource/disease-prevention/diabetes-prevention/preventing-diabetes-full-story/

Diabetes apps are designed for diabetes patients, but not specific to the needs of non-diabetic people who want to prevent becoming diabetic.

Diabetes apps are particularly complicated to use for non-diabetic people.

These apps need to factor in a lot of different variables including insulin and meds.

Many of these variables are not applicable to non-diabetic people.
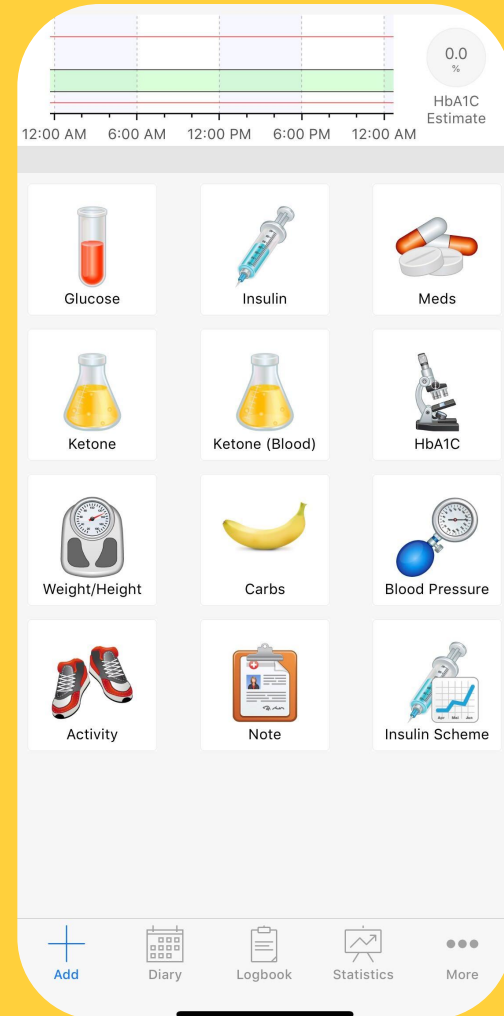
DiaBeatIt is a **hub** for **healthy decisions.**

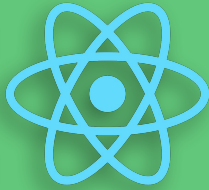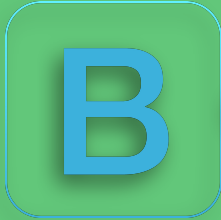**It is an app to help prevent non-diabetic people from becoming diabetic.**
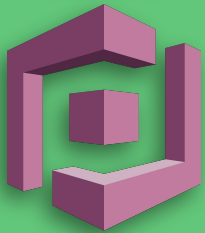
Let's get to the DEMO!

Technologies used:

Thanks!

Any questions?

Email Team DiaBeatIt at:

team.diabeatit@gmail.com