

**SAU #72**  
**Alton School District**  
252 Suncook Valley Road  
Alton, New Hampshire 03809  
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603-875-0391 fax

March 3, 2020

Dear Parents/Guardians,

With the now nearly daily updates regarding the coronavirus, I wanted you to be aware of the precautionary measures being taken as we monitor the situation. Taking guidance from the Center for Disease Control (CDC), our goal is to remain alert, prepared, and to provide a safe and healthy environment for our students.

The facilities staff has escalated their cleaning activities using recommended products and procedures to keep surfaces and common areas free from contaminants. Teachers are reminding their students to wash their hands, cover their mouth when coughing or sneezing, and practice healthy eating and sleeping habits. We will continue to follow the guidelines set forth by the CDC and are taking direction from the Department of Health and Human Services and the NH Division of Public Health Services.

We are very fortunate to have a knowledgeable, responsive School Nurse who can and will answer any questions you might have about your child's health needs. At this time, we're asking that the guidelines in the Parent/Student Handbook (pg. 34) be followed when deciding whether or not to keep your child home:

- Fever - temperature of 100 degrees or higher. Your child must be fever free for 24 hours without the use of fever-reducing medications before they may return to school.
- Vomiting - your child may not return to school for 24 hours following the last episode of vomiting.
- Diarrhea - while a single occurrence of diarrhea may simply be the result of an aggravated belly, more than one episode may indicate illness. In this case, your child should not return to school for 24 hours following the last occurrence of diarrhea.
- Cold/Cough - if your child has heavy cold symptoms such as, severe sinus congestion, significant lack of energy, and/or, a deep or uncontrollable cough, they should remain at home to rest.

We will continue to evaluate the situation, evolving our plans as necessary and we will keep you informed as the need arises. Up-to-date information at the state level can be found at <https://www.dhhs.nh.gov/dphs/cdcs/2019-ncov.htm>

Sincerely,



Pamela Stiles, M.Ed., CAGS  
Superintendent of Schools

*"The mission of the Alton School District as our community school is to ensure our students learn and apply the knowledge and skills to become critical thinkers and contributing citizens."*