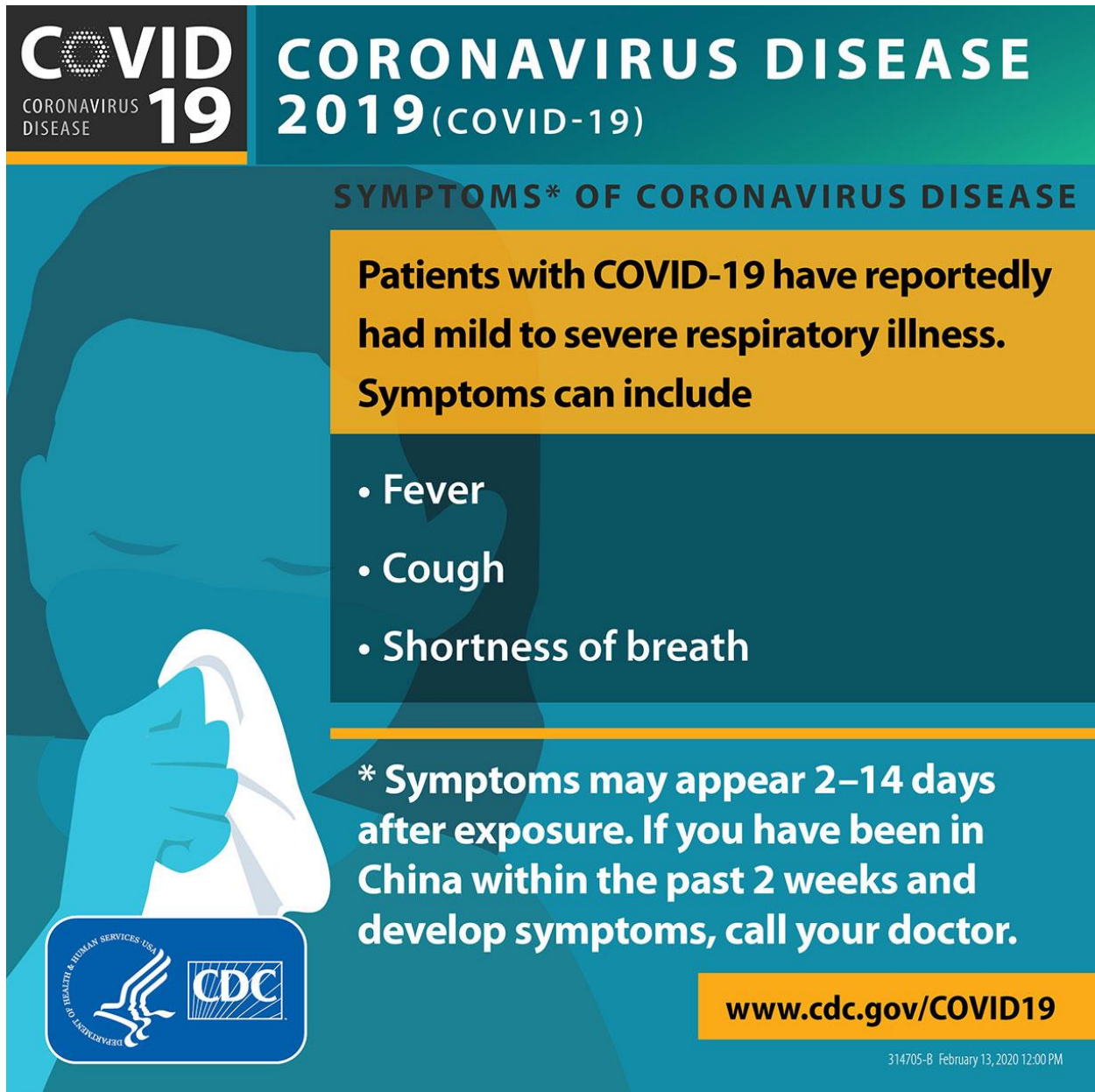


U.S. health officials are encouraging the American public to prepare for potential disruption to daily lives due to the coronavirus.

An infographic with a teal and orange color scheme. On the left, there is a stylized illustration of a person's face in profile, coughing into their elbow. The background features a large, faint silhouette of a person. The text is arranged in a clear, hierarchical manner, with bold headings and bullet points. Logos for the Department of Health & Human Services and the CDC are at the bottom left. A URL is at the bottom right, and a small date stamp is in the bottom right corner.

COVID 19
CORONAVIRUS DISEASE

CORONAVIRUS DISEASE 2019 (COVID-19)

SYMPTOMS* OF CORONAVIRUS DISEASE

Patients with COVID-19 have reportedly had mild to severe respiratory illness. Symptoms can include

- Fever
- Cough
- Shortness of breath

*** Symptoms may appear 2–14 days after exposure. If you have been in China within the past 2 weeks and develop symptoms, call your doctor.**

www.cdc.gov/COVID19

314705-B February 13, 2020 12:00 PM

Recommendations to Minimize Spread of Respiratory Illnesses

Public Health recommends that school districts, colleges/universities, city/county government authorities and businesses increase education on respiratory hygiene. As with other respiratory illnesses, there are steps that everyone can take daily to reduce the risk of getting sick or infecting others with circulating viruses.

- Staff and students who are ill should remain home; persons who have been ill should be fever-free for 24 hours without fever-reducing medication before returning to school.

- Separate students and staff who get sick at school from others until they can go home.
- Limit close contact, like kissing and sharing cups or utensils, with people who are sick.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. Help young children do the same.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe. • Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have a tissue, use your sleeve (not your hands).
- Facemasks are most effective when used appropriately by health care workers and people who are ill.
- Get a flu shot – it's not too late to be protected against influenza. In addition, it is recommended that schools take these additional preventive measures:
- Provide adequate supplies for good hygiene, including clean and functional handwashing stations, soap, paper towels, and alcohol-based hand sanitizer.

Cleaning and Disinfecting Procedures

Special processes beyond routine cleaning is not necessary nor recommended to slow the spread of respiratory illness. Schools should follow standard procedures for routine cleaning and disinfecting with an EPA-registered product. Typically, this means daily sanitizing surfaces and objects that are touched often, such as bathrooms, water coolers, desks, countertops, doorknobs, computer keyboards, hands-on learning items, faucet handles, phones and toys.

As a reminder, entities can secure the necessary EMS, First Aide and Custodial Cleaning products through the BuyBoard Purchasing Cooperative contracts. To see what contracts are available to you, visit www.buyboard.com.

Keep updated with the most current information related to the coronavirus at:

- Centers for Disease Control (CDC) - <https://www.cdc.gov/coronavirus/2019-ncov/>
- Occupational Safety and Health Administration (OSHA) - <https://www.osha.gov/SLTC/covid-19/>
- World Health Organization - <https://www.who.int/news-room/q-a-detail/q-a-coronaviruses>
- State and Territorial Health Departments: <https://www.cdc.gov/publichealthgateway/healthdirectories/healthdepartments.html>
- Los Angeles County Department of Public Health (Public Health, County) <http://publichealth.lacounty.gov/media/Coronavirus/>
- California Department of Public Health (CDPH, State) <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx>