Updated COVID-19 Testing Guidance

On March 18, 2020, Ohio Governor Mike DeWine and Ohio Department of Health Director Amy Acton, M.D., MPH, updated guidance on COVID-19 testing. "Our testing is limited," Governor Mike DeWine said. "If you're worried about a family member, I understand that concern, but don't fixate on testing. The vast majority of Ohioans who have symptoms do not need to be tested."

✔ Seek Testing If:

- ✔ You are experiencing severe symptoms

- ✔ You are moderately ill with a high-risk of complications

- ✔ You are a professional providing critical services to those who are ill, or a first responder

✖ Don't Seek Testing If:

- ✖ You have symptoms, but do not fall within a category to the left

- ✖ You have been staying home and following issued guidance

- ✖ You have no symptoms, but believe you may have been exposed

For those concerned about not being able to access a test, remember:

- Testing does not change treatment. Treatment is supportive only. There is no medication that treats COVID-19.
- If you have been exposed to COVID-19 and are under quarantine, a negative test will not release you from quarantine. The incubation period is 2-14 days, and even if you test negative early in the quarantine period, you could become ill later during that period.

https://coronavirus.ohio.gov/wps/portal/gov/covid-19/