

Corona Weekly Update for the week of April 13th-17th

From the desk of ***Lori Ridings, RN***, Aquilla District Nurse

Hello Cougars!

I hope everyone is staying safe, practicing social distancing, and washing your hands regularly. We won't know until later this month if we will be returning to school this semester. In the meantime, keep monitoring the school's website and Facebook page for any updates.

I wanted to let everyone know that as of April 12th there are 8 confirmed cases of Covid-19 in Hill County, which is only 2 more than last week. So, keep up the good work with your social distancing and continue to follow CDC's advice on how to prevent Covid-19 in your home.

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/disinfecting-your-home.html>

If you are leaving your home you should only be doing so to go to the grocery store or pharmacy. However, when you must go out to get necessities the CDC is recommending wearing a cloth mask:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

As always, if you have any questions or concerns, please reach out to me at

lori.ridings@aquillaisd.net

Please stay safe, make good choices, and always know you are in my thoughts and prayers. I'm hoping we are all together again soon.

Remember to be aware and NOT scared. I miss you all and will keep you in my thoughts and prayers.

Nurse Ridings
#washyohands