



## ADHERE BY PREVENTATIVE GUIDELINES

For the most up to date information please visit the SJBPH website at <https://sjbpublichealth.org/coronavirus/> or the CDC at <https://www.cdc.gov/coronavirus/>

## STAY AT HOME

To every extent possible - especially if you are among the high risk category, to limit nonessential activities of daily life, and to minimize and prevent social contact. Protect our community.



## COMBINE SHOPPING EFFORTS

Connect with friends, neighbors, or family and have ONE healthy person go to the grocery store or to run other errands to reduce the amount interaction and exposure.

## SHOP LOCAL

Call first and ask how to safely support businesses. Some shopping can be done over the phone with pick up. Gift cards and Pagosa Perks are a great option as well.



## REACH OUT

Social distancing doesn't mean social isolation. Keep in touch with friends and family. Check in on each other and don't hesitate to ask for help. We are in this together.

## YOUR VOICE IS POWERFUL

Be a voice for how people can help each other in this time of social distancing, while staying safe. As you learn about how people are being affected and what the needs are, share that information.



## DONATE TO RELIEF FUNDS

Community Emergency Relief Fund - <https://www.coloradogives.org/cerf>  
Colorado COVID Relief Fund -

<https://secure.donationpay.org/milehighunitedway/colorado-covid-relief-fund.php>

The Town of Pagosa Springs and Archuleta County appreciates your continued efforts in reducing the spread of COVID-19.

Please utilize the Central Call Center to connect with a variety of local resources