#### Elba Central School



School Closure Counseling Support Plan

Dear ECS Families.

During this difficult time, we want you to know that your child's needs and well-being are our number one priority. Our counseling staff will be made available daily for urgent situations. If you have a true emergency, please call 9-1-1.

A counselor will be made available to consult with and lend support including referrals to appropriate community services. You may contact our counseling staff at the following email addresses or by clicking this link:

https://docs.google.com/forms/d/e/1FAlpQLSdKdqiPPZGXS4xBF7-qARGzXbZRFv4WP4oIn7t5XBbn6phnQQ/viewform

Pre K-6 School Counselor, Kelly Carlie: kcarlie@elbacsd.org

7-12 School Counselor, Alison Riner: <a href="mailto:ariner@elbacsd.org">ariner@elbacsd.org</a>

Pre K-12 School Psychologist, Nicole Kohlstaedt: <a href="mailto:nkohlstaedt@elbacsd.org">nkohlstaedt@elbacsd.org</a>

These services are available for students and families with immediate mental health and/or safety needs. Please include the best way to contact you in your email. We will be available during regular school hours.

To the right is a list of available community resources that can help support you as well.

With Care.

The Elba Central School Counseling Department

#### **COMMUNITY RESOURCES**

## National Suicide Prevention Hotline

1-800-273-8255
24/7 free confidential support and resources for people in distress/crisis

### Genesee County Mental Health

Crisis Appointments Available (585) 344-1421

Genesee County YWCA
Domestic Violence Crisis &
Prevention Domestic Abuse
Hotline

24/7 (585) 343-7513 or text line 741741 General # (585) 343-5808

# United Way of Genesee County

Food Assistance Phone: 585-343-8141