COVID-19 Information

As we continue to work through this unprecedented time, we will continue to provide as much information and as many resources as possible to further support you and your family.

Resources:

- [Taking Care of Your Mental Health in the Face of Uncertainty.](#)

- [Home Alone: How to Keep Your Kids Safe (and out of trouble) When You're at Work](#)

- [Talking to Children About COVID-19: A Parent Resource](#)

- [CT Children's Medical Center Coronavirus FAQ's](#)

- [Hartford Healthcare Coronavirus/COVID-19](#)

Questions about the coronavirus? Need Help? Hartford HealthCare's COVID-19 Clinical Command Center hotline, staffed by healthcare professionals, is now available to the community. To reach the 24-hour hotline, call **860-972-8100** or (toll free) **833-621-0600**.

Get push notifications! You can receive text alerts by texting **31996** with **COVID19** in the message field.

- For the latest information about Connecticut, call **211**, text **CTCOVID** to **898211** or visit ct.gov/coronavirus