Dear Parents.

Scales Mound School District places great value on the teacher in the classroom and interaction with students. However, during this time of school closures, encouraging our students to continue in their exploration and discovery is beneficial in their learning process. Please feel free to use any of the sources below with your student to keep their mind growing. And while these are indoor activities, also make time for outdoor activities to enjoy together. Play! This is a great moment to teach our students how to structure and balance their time.

### How to talk to your kids about Coronavirus

(pk-5) [Public Broadcasting System]

https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus?fbclid=lwAR3Pb6FLjcxENINpH50TcAz\_RTCkapk8wPfkc\_-YearE0JEmff90p-dq0g

### Talking to children about COVID-19: A Parent Resource

(6-12) [National Association of School Psychologists]

https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource

Helping Children Cope (pk-12) [CDC]

https://www.cdc.gov/childrenindisasters/helping-children-cope.html

Managing Stress and Anxiety (all ages) [CDC]

https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html?CDC\_AA\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fcoping.html

#### Free Audiobooks

(k-8) [Scholastic]

https://www.scholastic.com/parents/books-and-reading/raise-a-reader-blog/free-audio-books-and-why-you-should-try-them.html (k-12) [LivriVox]

https://librivox.org/search\_primary\_key=0&search\_category=genre&search\_page=1&search\_form=get\_results

# Day-to-day projects to keep kids reading, thinking and growing

(pk-12) [Scholastic]

https://classroommagazines.scholastic.com/support/learnathome.html

## Digital games in many subjects

(pk-12) [Breakout EDU]

https://www.breakoutedu.com/funathome

#### Virtual field trips in a variety of topics including tech and manufacturing, sports, health and wellness, agriculture, etc

(pk-12) [Discovery Education]

https://www.discoveryeducation.com/community/virtual-field-trips/

# Educational videos, current events lessons in all subjects

(pk-12) [izzit.org] (set up free account)

https://www.izzit.org/

## Educational Companies Offering Free Subscriptions Due to School Closings - 100's of sources

(pk-12) (School Counselor Central)

Sources for educators, others for parents and students. Some may require account set-up.

http://www.amazingeducationalresources.com/