

NEWS RELEASE

FOR IMMEDIATE RELEASE

FOR MORE INFORMATION CONTACT: Summer Lindsey, M.S., PHR <u>slindsey@pennyroyalcenter.org</u> (270) 886-2205

Pennyroyal Center Services and COVID-19

As the spread of COVID-19, the disease caused by the coronavirus, continues, Pennyroyal Center is committed to keeping access to the services we provide for mental health, substance use, and intellectual/developmental disabilities available to the consumers and communities we serve. Staff will continue to work to ease any stress and anxiety experienced during this time by providing services through our outpatient clinic and residential locations. At this time, we do not have plans to close any of our facilities.

As school districts close, Pennyroyal Center will do our best to accommodate any child currently receiving school-based services. Individuals may call to schedule an appointment. The appointment may be conducted either in person at one of our local clinics or via telehealth, dependent upon on-site provider availability and client choice. For the scheduling of these school-based appointments, please call (270) 498-9711 or (270) 985-3106, between the hours of 8 a.m. -4:30 p.m. You do not need specialized equipment or software to access our Health Insurance Portability and Accountability Act (HIPAA) compliant telehealth services.

We realize that reactions during an infectious disease outbreak can have an emotional impact on people and communities. This is especially true for individuals already experiencing mental health conditions, children, healthcare providers and those involved with the response to the COVID-19 pandemic. Natural reactions can include excessive fear and anxiety about health status, changes in sleeping or eating patterns, difficulty sleeping or concentrating, worsening of chronic health problems or increased use of alcohol or other drugs. Pennyroyal Center is prepared to help you if you or a loved one are experiencing increases in any of these symptoms or having stress reactions that interfere with daily activities.

Our commitment to our communities is to continue to support you during this extraordinary time. We will do our very best to accommodate scheduling requests. If you are experiencing a mental health crisis, please call the 24/7 RESPOND help line at (877) 473-7766, (877) 4RESPON.