NORTHERN BEDFORD COUNTY SCHOOL DISTRICT

Mission: ... to uphold high standards to educate each student for life as a responsible member of a global society.

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March 12, 2020

Dear Parents/Guardians:

As an educational institution, we feel it is important for us to help educate our school community on the steps, which should be taken to help prevent the transmission of Coronavirus Disease (COVID-19). According to the Centers for Disease Control and Prevention (CDC), COVID-19 is transmitted person-to-person and can present mild to severe respiratory illnesses. Symptoms include fever, cough, and difficulty breathing, which may appear two (2) to fourteen (14) days after exposure.

To help prevent COVID-19, flu, and other illnesses within our school community, NBCSD continues to be extra vigilant in our cleaning and disinfecting practices. Our District also receives regular updates and guidance from the PA Department of Health, PA Department of Education, and Bedford County Emergency Management Agency. In accordance with this guidance, our District is reinforcing the preventative steps recommended by the CDC with our students and staff; and we ask for your support in reinforcing these steps at home.

The CDC recommends the following steps to prevent illness:

- Frequently wash hands with soap and water for at least 20 seconds.
- If soap and water are not available, use hand sanitizer containing at least 60% alcohol. Cover the entire surface of your hands, rubbing them together until they feel dry.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue or the inside of your elbow.
- Stay home if you are sick.
- Avoid close contact with people who are sick.
- Clean frequently touched surfaces daily (ex. tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks).
- Throw used tissues in the trash.

https://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html

Please keep children who are sick home from school and contact your medical provider immediately if your child demonstrates symptoms of COVID-19. We also ask that you contact your child's school immediately if your phone number, email address, and/or emergency contacts have changed so that you can be reached if your child becomes ill at school or with any important updates.

Up-to-date information on the coronavirus can be found at https://www.health.pa.gov/topics/disease/Pages/Coronavirus.aspx and https://www.cdc.gov/coronavirus

Sincerely,

Todd B. Beatty Superintendent

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