

## Plumsted Township School District

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Gerald North Superintendent of Schools

Sean Gately Business Administrator/Board Secretary

To:

Parents/Guardians and Staff

From:

Gerald North, Superintendent of Scho Coronavirus – COVD 2019

Re: Date:

March 4, 2020

New Jersey Department of Health recommends that schools and childcare settings increase education on respiratory hygiene. We are monitoring the alerts from the CDC about the possibility of the spread of the Coronavirus within the United States. We continue to follow the current guidance posted by the New Jersey Department of Education and the New Jersey Department of Health. Please note, at this time we have no concerns about this virus in our schools.

We would like to remind you of the recommended precautions for preventing the flu and other viruses:

- Stay home if you are sick, especially with a fever.
- Cover your coughs and sneezes with a tissue or into your sleeve, not your hands. Avoid touching your eyes, nose and mouth.
- Wash hands often for at least 20 seconds, especially after coughing or sneezing. Use alcohol based hand sanitizer if soap and water are not available.
- Avoid people who are sick. Clean and disinfect frequently touched surfaces and objects.
- For acute respiratory illness, fever free for 24 hours without medication. Separate sick students and staff from others
  until they can be picked up to go home and provide adequate supplies, including clean and functional hand washing
  stations, soap, paper towels, and alcohol-based hand sanitizer (if available).
- Encourage routine surface cleaning through education, policy, and provision of supplies.
- Get a flu shot it is not too late to be protected.

As a precautionary measure during the cold and flu season, we are enhancing our daily cleaning and sanitizing regimen at all of our schools. We are using an approved disinfecting/sanitizing process on all solid surfaces in our buildings each day. If you have general questions about Coronavirus, you may call the NJ Department of Health COVID 2019 Hotline 1-800-222-1222 (Poison Control Office).