



***TISHOMINGO PUBLIC SCHOOLS***  
***1300 E. Main***  
***Tishomingo, OK 73460***



**BOBBY WAITMAN, Superintendent**

**ROB FREDERICK, High School Principal**

**BRANDON MORELAND, Elementary Principal**

**CHARLES HOOK, Middle School Principal**

**LINDA HOLMES, Federal Programs Director**

March 4, 2020

Staff, Parents, and Students,

We have all been following the news amid concerns about the spread of the Coronavirus (COVID 19) in the United States. Though no confirmed cases of the virus have been reported in Oklahoma to date, the Tishomingo School District has been in consultation with local and state agencies in efforts to best prepare for the prospect of an outbreak. The first step is very simply to take every measure to prevent the contraction and spread of the virus. Each campus is increasing efforts to clean and disinfect door knobs, desks, technology devices, restrooms, water fountains, and other tangible items within the class room and school grounds.

The District will continue to monitor changes in the status of the virus in Oklahoma and communicate with parents in the event any known cases of the virus are detected within any of the campuses in the District. We will communicate any potential change to our schedule of activities and events if the virus is known to be spreading within the school or community. Parents can be an active partner in reducing the potential for the spread of the virus.

Below are precautionary measures called for by the state and local health departments to aid in the prevention of the Coronavirus. The CDC recommends the following:

- ° Avoid close contact with people who are sick.
- ° Avoid touching your eyes, nose, and mouth.
- ° Stay home when you are sick.
- ° Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- ° Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- ° Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60 percent alcohol. Always wash hands with soap and water if hands are visibly dirty.

***Administration: (580) 371-9190***  
***Middle School: (580) 371-3602***

***Fax: (580) 371-3765***

***High School: (580) 371-2322***  
***Elementary School: (580) 371-2548***

### *Use Hand Sanitizer When You Can't Use Soap and Water*

You can use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

Washing hands with soap and water is the best way to get rid of germs in most situations. If soap and water are not readily available, you can use an alcohol-based [hand sanitizer](#) that contains at least 60% alcohol. You can tell if the sanitizer contains at least 60% alcohol by looking at the product label.

**Sanitizers can quickly reduce the number of germs on hands in many situations. However,**

- Sanitizers do **not** get rid of all types of germs.
- Hand sanitizers may not be as effective when hands are visibly dirty or greasy.
- Hand sanitizers might not remove harmful chemicals from hands like pesticides and heavy metals.

**Caution!** Swallowing alcohol-based hand sanitizers can cause alcohol poisoning if more than a couple of mouthfuls are swallowed. Keep it out of reach of young children and supervise their use.

#### *How to use hand sanitizer*

- Apply the gel product to the palm of one hand (read the label to learn the correct amount).
- Rub your hands together.
- Rub the gel over all the surfaces of your hands and fingers until your hands are dry. This should take around 20 seconds.

You may also see an information sheet provided by the Johnston County Health Department on the District's website. You may reach the Johnston County Health Department with any questions or concerns regarding your child's health and welfare. The Johnston County Health Department's phone number is: 580-371-2470

Sincerely,

Bobby Waitman