

The Army Song

*March along, sing our song, with the Army of the free.
Count the brave, count the true, who have fought to victory.
We're the Army and proud of our name!
We're the Army and proudly proclaim:*

*First Chorus:
First to fight for the right,
And to build the Nation's might,
And the Army goes rolling along.
Proud of all we have done,
Fighting till the battle's won,
And the Army goes rolling along.*

*Refrain:
Then it's hi! hi! hey!
The Army's on its way.
Count off the cadence loud and strong;
For where'er we go,
You will always know
That the Army goes rolling along.*

THE ARMY SONG HISTORY:

The song was originally written by Field Artillery First Lieutenant [later Brigadier General] Edmund L. Gruber, while stationed in the Philippines in 1908 as the "Caisson Song." The original lyrics reflect routine activities in a horse-drawn Field Artillery battery. The song was transformed into a march by John Philip Sousa in 1917 and renamed "The Field Artillery Song."

7454TH MEDICAL OPERATIONAL READINESS UNIT

Change of Command Ceremony



**Outgoing Commander
Colonel David Nyback**

**Incoming Commander
Colonel John Gasko**

**Reviewing Official
Lieutenant Colonel Horace Perkins, Jr.**

Sunday June 11, 2023 • Fort Sam Houston , TX

Arrival of Official Party

Welcome

Invocation

Honors to the Nation

Presentation of Flowers

Change of Command

Commanders' Address

Army Song

Reception (at Rudder Center)

The Soldier's Creed

*I am an American Soldier.
I am a Warrior and a member of a team.
I serve the people of the United States
and live the Army Values.*

*I will always place the mission first.
I will never accept defeat.
I will never quit.
I will never leave a fallen comrade.*

*I am disciplined, physically and
mentally tough, trained and proficient
in my warrior tasks and drills.
I always maintain my arms,
my equipment and myself.*

*I am an expert and I am a professional.
I stand ready to deploy, engage and destroy
the enemies of the United States
of America in close combat.
I am a guardian of freedom and
The American way of life.
I am an American Soldier.*



Command Sergeant Major Javier Alday enlisted into the U.S. Army Reserves in 1992 as a 91B, Medical Specialist and was assigned to the 100th Station Hospital in Baltimore, Maryland. He currently serves as the Command Sergeant Major and Senior Enlisted Advisor in a Medical Battalion responsible for the training and welfare of approximately one thousand Soldiers. He is a 68Z with 17C as a secondary MOS and has held various leadership positions from Squad Leader to First Sergeant as a 68W, 91W, and 91B. CSM Alday has deployed three times, once to Kosovo and twice to CENTCOM. He has been twice selected to serve as the Senior Enlisted Advisor to the Senior Trainer for Global Medic.

CSM Alday earned a Master's of Science in Information Telecommunications Systems for Business from Johns Hopkins University in Baltimore, MD in 2011 and a Bachelor's of Science in Electrical Engineering from the University of Maryland at College Park in 2000. He is a graduate of the following military courses: U.S. Sergeants Major

Academy Class 41 NRC, Battalion Pre-Command Course, First Sergeant Course (Commandant's List), Advanced NCO Course, Battle Staff NCO Course, Basic NCO Course, Primary Leadership Development Course, Observer Controller/Trainer Course, Duty Appointed Reenlistment NCO Course, Basic Information Management Course, MEDPROS Training Course, Field Sanitation Course, Hearing Conservation Course, Unit Prevention Leader Course, Human Resources for Supervisors Course, Cyber Common Technical Core Course, and Cyber Operational Planners Course. CSM Alday additionally completed several courses to maintain his 68W including but not limited to the EMT-Basic, Pre-Hospital Trauma Life Support Course, Combat Medic Advanced Skills Training, and 91W/68W Pre-Deployment Training Courses.

CSM Alday's significant duty assignments include his current assignment as the Command Sergeant Major, 7454th MORU, Sergeant Major, North Central Cyber Protection Center, Fort Sheridan, IL, Command Sergeant Major, 439th Multifunctional Medical Battalion, Joint Base McGuire-Dix-Lakehurst; Operations Sergeant Major, Detachment 7, 3rd Medical Command (Deployment Support) Brigade Forward, Operation Inherent Resolve, Kuwait; Operations NCO and Interim Command Sergeant Major, 424th Multifunctional Medical Battalion, Newtown Square, PA; First Sergeant, 343rd Medical Company (Ground Ambulance), Richmond, VA and Operation Enduring Freedom, Iraq/Kuwait; Platoon Sergeant, B Company, 48th Combat Support Hospital, Fort Meade, MD; Observer Controller/Trainer, B Battery, 2-395th Field Artillery Regiment, Fort Hood, TX; Senior Combat Lifesaver Instructor/Writer, 1-394th Infantry Regiment, Fort Hood, TX; Emergency Medical Treatment Section NCOIC, Task Force Medical Falcon at Camp Bondsteel, Kosovo; and Training NCO and Mobilization NCO, 2290th U.S. Army Hospital, Walter Reed Army Medical Center (WRAMC), Washington, DC.

CSM Alday's military awards and decorations include the Meritorious Service Medal (3), Army Commendation Medal (8), Army Achievement Medal (6), Army Good Conduct Medal, Army Reserve Components Achievement Medal (5), National Defense Service Medal (1 Star), Kosovo Campaign Medal (1 Star), Global War on Terrorism Expeditionary Medal (1 Star), Global War on Terrorism Service Medal, NCO Professional Development Ribbon (with Numeral 5), Overseas Service Ribbon (with Numeral 3), Army Reserve Components Overseas Training Ribbon, Armed Forces Reserve Medal (with Gold Hourglass Device, M Device and Numeral 2), Army Service Ribbon, Driver and Mechanic Badge (with Driver-W Clasp), NATO Non-Article 5 Medal, and the Danish Contingent March Completion Medal (Foreign Decoration). CSM Alday is authorized the Meritorious Unit Commendation Ribbon (3) as a unit award.

CSM Alday currently resides in Washington, DC with his wife, MSG (ret.) Blanca Rosado-Alday and they have 3 grandchildren (Isaac, Kahlani, and Mikaylah) and one grandchild on the way (Elijah).

LTC HORACE PERKINS, Jr.

Deputy Commanding Officer

Central Area Medical Readiness Support Group

Cordially welcomes you to the Change of Command

Ceremony at which

COL DAVID NYBACK

Relinquishes command to

COL JOHN GASKO



Colonel Rodger "Dale" Jackson, Jr. was born in Manassas, Virginia. While in high school, he enlisted as a Military Policeman (MP) in the Army's Delayed Entry Program. PVT Jackson completed one station unit training (OSUT), graduating from the Military Police School at Fort McClellan, Alabama, in 1990. He served as an MP and traffic accident investigator assigned to USA Garrison, Fort Sam Houston, TX. After completing Special Forces Assessment and Selection in 1991, SGT Jackson completed the Special Operations Medical Sergeants, Qualification, and Russian language courses. From 1993 to 1998, he served as a Special Operations Medic assigned to 1st/10th SFG(A), Germany. He transitioned to the US Army Reserves, 5501st USA Hospital, in 1999, serving as the NCOIC of the Critical Care and Emergency Treatment Units. He completed a Bachelor of Science in Biology at the University of Texas at San Antonio.

Following acceptance at Michigan State University (MSU), SFC Jackson was commissioned into the Michigan Army National Guard (MIARNG). From 2001 to 2006, he completed a Doctor of Osteopathic Medicine, a Master of Public Health, and the US Army Flight Surgeon Course.

In 2006-2007, he completed a traditional rotating internship at Henry Ford Health (HF), MSU Statewide Campus System, assigned to the 3rd/238th GSAB. He volunteered to deploy from 2007 to 2008 as a General Medical Officer/Flight Surgeon serving most of his tour as the BN Surgeon, 1st BSTB, 1st BCT, 82nd ABN DIV, COB Adder, Iraq.

Following residency, he worked as a Senior Staff Physician at Henry Ford West Bloomfield Hospital, Michigan. MAJ Jackson deployed from June to December 2012 as the senior Flight Surgeon attached to Task Force Eagle Assault, FOB Shank, Afghanistan. He served as the Command Surgeon, MIARNG, Task Force 46, C2CRE-B, from 2013 to 2015. From 2019 and throughout the pandemic, he worked as the System Medical Director, EMS and Emergency Management Sparrow Health System, Lansing, Michigan. Additionally, he deployed three times supporting COVID medical contingency missions and Operation Allies Welcome as an acting Defense Coordinating Officer at Camp Atterbury, Indiana.

COL Jackson's decorations include the Bronze Star Medal, Meritorious Service Medal, Joint Service Commendation Medal, Army Commendation Medal, Joint Service Achievement Medal, Army Achieve Medal, Humanitarian Service Medal, NATO Medal, Combat Action Badge, Parachutist Badge, Flight Surgeon Badge, Special Forces Tab; Belgium, Greek, and French Parachutist Badge, Polish Marksmanship Badge, and the State of Michigan's Legion of Merit.

He and his wife Melissa live in Macomb, Michigan. They have four adult children, Mack, Mace, Maddie, and Morgan, and three dogs, Nali, Jonas, and Walter. Doctor Jackson is board certified in emergency and internal medicine. In addition, he is certified as a Healthcare and Quality Management-Physician Advisor (CHCQM) and Physician Executive (CPE). He currently works as the Associate Chief Medical Officer of Henry Ford Wyandotte Hospital, Michigan, and practices emergency medicine.



Colonel John Gasko assumes Command of the 7454th Medical Operational Readiness Unit (MORU) after most recently serving as the 3rd Medical Training Brigade Deputy Commanding Officer/Chief of Operations Group, Medical Readiness Training Command.

He is a native of Albany, Georgia and is a graduate of Valdosta State University where he earned a Bachelor of Science in Nursing in 1998. He also holds a Master of Science in Nursing from the United States Army Graduate Program in Anesthesia Nursing/University of Texas Health Science Center-Houston (USAGPAN/UTHSCS-H) and a Doctor of Nursing Practice from Northeastern University. He will earn a Master of Strategic Studies from the United States Army War College this July.

After graduating from the USAGPAN he deployed in 2006 with the 207th Head and Neck Team (Neuro) to Balad, Iraq as a junior CRNA in support of Operation Iraqi Freedom. In 2008 he deployed with the 2nd Forward Surgical Team (Split) to Zabul Province, RC-South, Afghanistan in support of Operation Enduring Freedom. After leaving active duty in 2009, he served as Bravo Company Commander with the 5501st USAH (formerly the 7454th) and in 2009-2010 mobilized to Landstuhl Regional Medical Center and Kosovo in support of Operation Enduring Freedom. In 2012 he mobilized to Fort Bragg in support of Operation Enduring Freedom. In 2017 he deployed with the 933 Forward Resuscitation Surgical Team/GHOST to Camp Dahlke and Camp Pamir in support of Operation Freedom Sentinel. In 2019 he mobilized to JTF Bravo in Soto Cano, Honduras in support of Operation Central Skies. In 2021 he mobilized to Landstuhl Regional Medical Center and provided care to Afghans and Marines involved in the Kabul evacuation.

In his civilian career, he was an Associate Professor with the United States Army Graduate Program in Anesthesia Nursing from 2009-2013 before leaving to practice nursing anesthesia full time. He worked at University Hospital mentoring paramedics, Army flight paramedics, RNs, SRNAs, Residents and Interns. He has been published numerous times and taught regional anesthesia at national conferences for the American Association of Nurse Anesthetists, Danne-miller, and locally at University Hospital's Anesthesia Department and United States Army Special Operations 18Ds prolonged field care course.

He is a graduate of the Officer Basic Course, Captains' Career Course, Combat Casualty Care Course, Tactical Casualty Medical Care Course, Intermediate Learning Education, Joint Combined Warfighting Course-Hybrid, and Advanced Traumatic Life Support. His awards include Meritorious Service Medal (2), Iraqi Campaign Medal, Afghanistan Campaign Medal-2 stars, Combat Action Ribbon, ARCOM-2, AAM, ARCAM, National Defense Service Medal, NATO Article 5, NATO Non-Article 5, and Global War on Terror Expeditionary.

He is married to Monica Gasko and has two children, John Ryan and Mia Isabella.

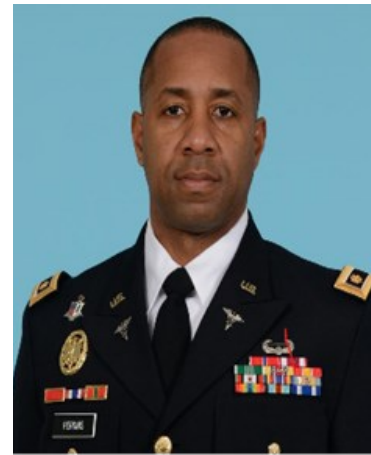
Description

A gold color metal and enamel device 1 1/8 inches (2.86 cm) in height overall consisting of a gold cross superimposed by gold wreath of oak and laurel encircling a bust of a Minute Man wearing a tricorn hat, overall across the bottom, three maroon scrolls stacked bend-sinister wise doubled and inscribed with "CIVIS" "MILITIS" "MEDICUS" in gold.



Symbolism

The Minute Man is adapted from the Army Reserve plaque and highlights the Army Reserve Medical Command being a direct reporting command to Headquarters, United States Army Reserve Command. The Minute Man has also traditionally been used to represent our citizen soldiers and recalls that heritage. Gold is emblematic of honor and excellence. Maroon is the Medical Corps' primary color. The cross and motto also highlight the Command's mission. The branch of oak represents strength and growth and the laurel, high achievement.



Lieutenant Colonel Horace Perkins, Jr. was born in Brooklyn, New York and raised in Lakewood, NJ. He enlisted in the Army Reserve in June 1998 as a Hospital Food Service Specialist with the 344th Combat Support Hospital, Fort Totten, NY. He received a ROTC commission as a Medical Service Corp Officer in 2003 from Seton Hall University, Orange, NJ. During his military career, he has served in the following roles: Medical Platoon Leader, Assistant S-1, Executive Officer, Patient Administrator OIC, Assistant S-3, and Company Commander for the Atlantic Training Division. He deployed as part of Task Force Med East A3 Air Operation OIC, at Craig Theater Joint Hospital Bagram, Afghanistan in Support of Operation Enduring Freedom.

LTC Perkins was selected for the AGR program and served as the OIC of Lexington Medical Recruiting Center in 2014. In 2017 he was assigned to Human Resource Command as AMEDD TPU Career Manager, then served as AMEDD Accessions Chief. As of 2021 his current assignment is with Central Medical Area Readiness Support Group as the Deputy Commander.

LTC Perkins military education includes the AMEDD Officer Basic and Advanced Course and Command and General Staff College. He also has a Bachelor's degree from William Paterson University in Business Management, a Master's degree in Special Education from Jersey City University and a Supervisor and Principal Certification from NJ Expedited Certification in Educational Leadership Program, Monroe, NJ.

LTC Perkins decorations includes the Bronze Star 2 OLC, the Meritorious Service Medal with 1 OLC, Army Commendation Medal with 2 OLC, Army Achievement Medal with 6 OLC, NATO Medals, Army Reserve Components Achievement Medal, National Defense Service Medal, Afghanistan Campaign Medal with Star, Global on War Terrorism Service Medal, Armed Forces Reserve Medal with M and Silver Hourglass device, Army Service Medal, Army Overseas Service Ribbons, NATO ISAF Medal, Air Force Meritorious Unit Medal, Army Superior Unit Medal, Army Meritorious Unit Award, German Armed Forces Gold Badge and Army Air Assault Badge.



Colonel David Nyback enlisted in the US Army in 1983 as a Combat Medical Specialist. He transferred into the US Army Reserve in 1986. In 1995 he received a direct commission as a 2LT in the Medical Service Corps.

As an enlisted Soldier, COL Nyback was stationed in Aschaffenburg, Germany, 3rd Infantry Division and Fort Hood, Texas, 1st Cavalry Division as a Combat Medical Specialist, and in the Army Reserve with the 477th Medical Co (GA), Duluth, MN as an Evac NCO . He deployed in this capacity to Saudi Arabia and Kuwait in 1991. Upon commissioning in 1995, COL Nyback remained with the 477th Medical Company (GA), serving in positions as Platoon Leader, XO and Commander. He deployed to Iraq as Commander of the 477th Medical Company (GA). His next assignment was Chief, Patient Administration for A Co, 452nd CSH in Minneapolis, MN. He de-

ployed to Kuwait with the 452nd CSH as Medical Regulating Officer. He then was selected as Commander, 7247th MSU in Fargo, ND. Due to AMEDD Transformation, he then moved with the flag to FT Sill, OK where he continued to serve as Commander of the 7247th MSU. He transferred back to the 452nd CSH, Milwaukee, WI as the Battalion S3 and deployed to Kuwait. Upon return, he was Executive Officer, 452nd CSH, Milwaukee, WI . He mobilized with UAMTF 452-2 to New York City, NY in support of COVID Response . He is currently assigned as the Commander, 7454 MORU.

COL Nyback is a graduate of Basic Training, Advanced Individual Training, Primary Leadership Development Course, Basic Non-Commissioned Officer Course, AMEDD Officer Basic Course, AMEDD Officer Advanced Course; Combined Arms Exercise, Health Services Patient Administration/Healthcare Administrator (70E) Course, Health Services Plans, Operations, Intelligence, Security, and Training (70H) Course, Command and General Staff College Intermediate Level Education (ILE), Command and General Staff College Advanced Operations Course and BN Pre-Command Course. COL Nyback holds a Master of Arts Degree - Environmental Health and Safety from the University of Minnesota-Duluth and a Bachelor of Arts Degree - Chemistry from the College of St Scholastica, Duluth, Minnesota.

COL Nyback's awards and decorations include the Bronze Star Medal, Meritorious Service Medal (3), Army Commendation Medal (3), Army Achievement Medal (10), Army Reserve Components Achievement Medal (9), National Defense Service Medal (2), Armed Forces Service Medal, Global War on Terrorism Expeditionary Medal, Global War on Terrorism Service Medal, Iraq Campaign Medal, Southwest Asia Service Medal with 3 Service Stars, Kuwait Liberation Medal (Kuwait), Kuwait Liberation Medal (Saudi Arabia), Armed Forces Reserve Medal with M-Device, Gold Hourglass and Numeral 2, Meritorious Unit Commendation (3), and the Expert Field Medical Badge.

COL Nyback lives in Hill City, Minnesota and is employed as a Production Specialist, Finishing and Shipping Department and Materials Distribution Manager at Blandin Paper Company in Grand Rapids, Minnesota. He has three children, Douglas (37), Joseph (29) and Sarah (26) as well as one granddaughter, Aili (7).

Description

A white shield with a 1/8 inch (.32 cm) yellow
Border 2 1/2 inches (6.35 cm) in width and 3 inches
(7.73 cm) in height overall bearing a maroon cross

Throughout, thereon between two black stars
Edged yellow a light green serpent entwined around a white
rod.



Symbolism

Maroon and white are the colors traditionally used by the medical corps. The cross and rod of Aesculapius, symbols of healing and medicine, symbolize the organization's medical mission. The two stars represent the training of medical individuals and medical units. The black stars edged gold recall the Army logo and Military preparedness.