

Cesarean births should be avoided if possible

Advice from Shaykh Uthaymeen

Shaykh Uthaymeen: I'd like to take an opportunity to discuss a phenomenon which was mentioned to us. And it is: Many of the obstetricians in the hospitals – male and female-are eager for child births to take place by way of a surgical procedure, known as cesarean. **And I fear this is a plot against the Muslims.** This is because the more births take place in this manner, the more the skin of the abdomen is weakened and pregnancy becomes more dangerous for the woman, and she becomes unable to get pregnant. Some of the people who work in private hospitals have told me that many women go the hospital and her specialist informs her that she has no alternative to a cesarean birth. And then she goes to a private hospital and has a **natural birth**. And he mentioned that there were **about eighty cases like this, in the span of one month.** This means this affair is serious and attention must be draw to this; attention must draw to this. And it must be noted that pain during child birth is inevitable, and exhaustion is inevitable.

حَمَلَتْهُ أُمُّهُ كُرْهًا وَوَضَعَتْهُ كُرْهًا

His mother carried him with hardship and gave birth to him with hardship.

(Soorah Al Ahqaf 46:15)

It is not proper that as soon as the woman feels contractions she goes and removes the child (by cesarean) so she doesn't feel the pain anymore. Therefore natural child birth is better than cesarean. But if she experiences some unnatural hardship then she goes to (the hospital), and she is leery of a cesarean birth, she is wary of it to the best of her ability.