## Bachelor's Thesis

# The Ground State Wavefunction Of The Universe

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## Contents

1	Intr	coduction	1
<b>2</b>	Pat	Path Integrals	
	2.1	Why let go of classical mechanics?	2
	2.2	A short aside - The action	
	2.3	Constructing the path integral carefully	
	2.4	What is the Kernel?	9
	2.5	Rule for events occurring in succession	10
	2.6	The classical limit	12
3	Monte Carlo Techniques		13
	3.1	Monte Carlo Integration	13
	3.2	Markov Chains	
		3.2.1 The Discrete Case	15
	3.3	Markov Chain Monte Carlo	17
	3.4	Choosing the Kernel Intelligently - The Metropolis Hastings Algorithm $$	19
4	A Jewel In Time		21
	4.1	Wick Rotation	21
	4.2	The Jewel	
	4.3	Quantities of interest	23

## 1 Introduction

In its current state this mid-project report is a summary of all of the skills that I have acquired over the semester so that I can actually delve into the task of calculating quantities of interest for different quantum mechanical systems using Markov Chain Monte Carlo techniques.

The first chapter is a quick rundown of the Path Integral approach to Quantum Mechanics, learnt from the very best: Richard Feynman's Path Integrals and Quantum Mechanics. The second chapter is a summary of Monte Carlo techniques in general, followed by a brief introduction to Markov chains and finally the Markov Chain Monte Carlo Method. The last chapter shows an inkling of things to come, particularly a statistical mechanical approach to Quantum Mechanics: where the path integral of a particle in going from one point to another is elegantly interpreted as the partition function of a crystal lattice.

In the coming semester, I hope to begin the task of actually computing the topic of this project: "The Ground State Wavefunction Of the Universe". I love using this term because it sounds like I am doing something cool, it would be even cooler if I actually knew what it means.

Hopefully I will by next semester.

## 2 Path Integrals

Two roads diverged in a yellow wood, And yes, good sir, I travelled both - the electron (probably)

#### 2.1 Why let go of classical mechanics?

Quantum mechanics is a deeply un-intuitive theory. At the face of it, it seems to require us to completely discard all of the tenets of classical mechanics: the notion that a particle could have a definite position and momentum, that it could take a particular path in space etc. Take, for example, the infamous double slit experiment with electrons as the particles under consideration. We label the slits as 1 and 2 as shown in the figure:

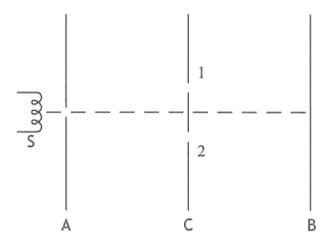


Figure 1: The double-slit experiment

The most jarring fact about the entire experiment is of course that the probability distribution  $\phi(x)$  for the particle to land at some position x on the screen when both slits are open, is **not** the sum of the individual probability distributions  $P_1(x)$  and  $P_2(x)$ , where we have defined  $P_i(x)$  to be the probability distribution observed on the screen when only slit i is open. That is, if Fig. 2(b) is  $P_1(x)$  and Fig. 2(c) is  $P_2(x)$  with x plotted in the vertical direction - then we expect the distribution to look like Fig. 2(d), the sum of the individual probability distributions. In case you're late to the party and don't know already, it actually looks like Fig. 2(a), which is P(x).

A straightforward solution to the problem is of course to completely disregard the notion that the particle is "going through" one or the other slit prior to being observed. This is exactly the route taken by Schrodinger, Heisenberg and many of the other founders of quantum mechanics. This is also exactly the route that most text-books on quantum mechanics follow. In the context of such an interpretation, before observing the particle the most you can talk about is its "wavefunction". And since the

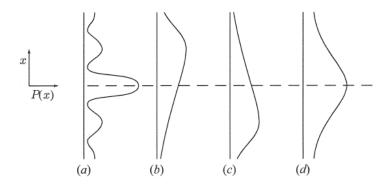


Figure 2: Probability Distributions

wavefunction is **not** the probability distribution, but rather the *probability amplitude* (which we will henceforth denote using  $\phi(x)$ ), it makes sense that the probability distribution observed on the screen is the one given by Fig. 2(a): it is the *probability amplitudes* that add, not the *probability distributions*. Then by the definition of the probability distribution as the modulus squared of the probability amplitude, we get:

$$P(x) = |\phi_1(x) + \phi_2(x)|^2$$

$$= |\phi_1(x)|^2 + |\phi_2(x)|^2 + 2[(\phi_1\phi_2^*)(\phi_1\phi_2^*)^*]$$

$$= P_1 + P_2 + 2Re(\phi_1\phi_2^*)$$
(1)

Were it not for the last term, no interference would be observed, and P(x) would have been the sum of  $P_1(x)$  and  $P_2(x)$ .

But lets step back for a moment. In the process of defining the wavefunction we had to let go of the sweet sweet handholds of classical mechanics. We had to leave the familiar territory of definite positions and trajectories and tread into a world of uncertainty. Is there a way to still keep some of these handholds? Is there a middle-ground between the certainty of classical mechanics and the absurdly un-intuitive concept of the wavefunction? In other words, is there an interpretation of quantum mechanics that can incorporate the idea of particles following trajectories, something that we are so accustomed to in classical mechanics, while still describing reality accurately?

The answer to this question is Richard P. Feynman's Path Integral Formulation of Quantum Mechanics. Such a formulation actually arises quite naturally from an extension of the double slit experiment. Here's what this *extension* looks like:

Let us ignore the double slit experiment for a moment and instead try to calculate the amplitude for a particle starting at the source to end up at some point x on the screen. To do so let us imagine putting more screens in between the source and the first screen, and then drilling holes into each of these (Fig. 3). As discussed previously, there is an amplitude associated with each combination of holes that the electron passes through. For example, there is a probability amplitude associated with the path where

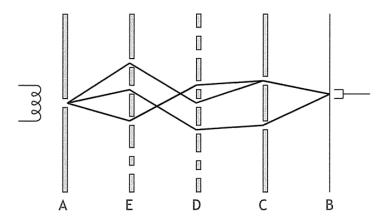


Figure 3: Infinite Screens

the electron passes through the first hole in screen E, fourth in screen D and second in screen C. Each of these amplitudes must be added together in order to get the total final amplitude. In fact, if we label the holes in screens E, D and C using  $x_{Ei}$ ,  $x_{Dj}$   $x_{Ck}$  (with the indices i, j and k being stand-ins for the hole numbers), then the total final amplitude is given by the following triple sum:

$$\phi(x) = \sum_{i} \sum_{j} \sum_{k=1}^{2} \phi(x_{Ei}, x_{Dj}, x_{Ck})$$
(2)

Where  $\phi(x_{Ei}, x_{Dj}, x_{Ck})$  is the amplitude associated with the particular path associated with the combination (i, j, k) for holes in screens (E, D, C). In the limit of an infinite number of holes in all three screens, the sums turn into integrals over the continuous variables  $x_E$ ,  $x_D$  and  $x_C$  and  $\phi$  becomes a *continuous* multivariable function of these variables:

$$\phi(x) = \int_{-\infty}^{+\infty} \int_{-\infty}^{+\infty} \int_{-\infty}^{+\infty} \phi(x_E, x_D, x_C) \, dx_E \, dx_D \, dx_C \tag{3}$$

What if we keep adding more intermittent screens? It seems, in the beginning, like we're in a bit of a rut. Why do we need to keep adding screens and holes. Aren't we complicating things further? Well, it turns out that we can imagine space as being made of exactly such screens. An infinite number of them, in fact, with an infinite number of holes. In this limit, our triple integral actually becomes an *infinite* integral. At the same time, our combination (i,j,k) becomes an infinite vector, or to put it in more bland words a function. On the other hand the elusive  $\phi$  now turns into a functional: a function of a function. In this case, the function in the argument is the path x(y) that the particle takes (with y pointing in the horizontal direction). We can introduce, instead, a parameter t that turns the path into the vector (x(t), y(t)). Then our final expression for the amplitude becomes the following infinite integral:

$$K(b,a) = \lim_{N \to \infty} \int_{-\infty}^{+\infty} \int_{-\infty}^{+\infty} \dots \int_{-\infty}^{+\infty} \phi[(x(t), y(t))] dx_1 dx_2 \dots dx_N$$
 (4)

Here  $x_i$  denotes the position of the particle at the ith screen. Notice that we have renamed our amplitude, it is now called K(b, a). This is intentional. What we have obtained is called the Kernel or amplitude for going from point a to point b. Later in this section, we will make this statement more precise and also discuss the kind of information that the Kernel provides us.

While we do have the general form of our path integral, we are far from finished. As an example: we are completely unaware about the form of the amplitude functional  $\phi[(x(t),y(t))]$ . Surely not all paths contribute equally towards the final amplitude. If they did we would have a sum of a finite functional an infinite amount of times which is divergent and wouldn't make sense. There is yet another problem, the path integral is not normalized. It turns out that the solution to the first problem is the following: the weight given to each path is a function of the *action* of that path. Lets briefly review the concept of classical action.

#### 2.2 A short aside - The action

Classical mechanics is deterministic. Given an initial state (position and velocity) of a particle and the potential it experiences, one can find - in theory - the path that the particle will follow for all time. One way of finding such a path is by solving Newton's second law equation:

$$F = m\ddot{x} \tag{5}$$

The force in this equation can be found by the negative of the gradient of the potential:

$$F = -\nabla V \tag{6}$$

From this, one can find the acceleration and therefore the path that the system follows for all subsequent times. Yet another way of doing this is through the Lagrangian formalism. In this formalism, one considers the quantity:

$$\mathcal{L}(x, \dot{x}, t) = T - V \tag{7}$$

known as the Lagrangian of the system. Where t is a parameter, usually time. T is the kinetic energy and V the potential energy. Then, one associates with each possible path that can be followed by the particle a quantity:

$$S = \int_{t_A}^{t_B} \mathcal{L}(x, \dot{x}, t) dt \tag{8}$$

known as the action for a particular path. The action is a *functional*, it is a function of the path chosen. It turns out that the path actually followed by a particle is a *critical point*, of the action. That is, for a small change in path, the action remains unchanged. This is known as the **principle of least action**. From this requirement, one can derive what is known as the Euler-Lagrange equation:

$$\frac{d}{dt} \left( \frac{\partial \mathcal{L}}{\partial \dot{x}} \right) = \frac{\partial \mathcal{L}}{\partial x} \tag{9}$$

Any path of *least action* (or more accurately *critical action*) is also one that satisfies the above equation at all times.

#### 2.3 Constructing the path integral carefully

Having understood the gist of the entire process, we now attempt to construct the path integral a little more carefully, taking care of the normalization and the weights of the paths along the way. During the entire process, we will take inspiration from a remotely similar, but much more familiar mathematical construct: The Riemann Sum.

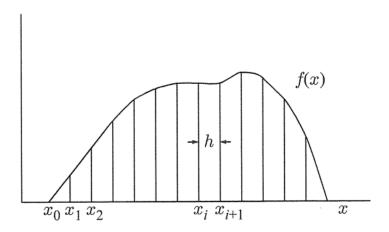


Figure 4: The Riemann Sum

Recall that the Riemann sum is an approximation to a value A, the area under a curve f(x) as shown in Figure 4. In the case of a finite sum, the area under the curve goes as the sum of the y values (or heights) of each of the rectangles i.e if for rectangle i, the x value is  $x_i$  and the height is  $f(x_i)$ , then we can say that:

$$A \sim \sum_{i} f(x_i) \tag{10}$$

Then, in order for to approximate the area more accurately, we require that the width of the rectangles h decreases, while simultaneously increasing the number of rectangles N so that we always have:

$$Nh = \text{constant}$$
 (11)

In the limit that N approaches infinity, the Riemann sum becomes the area of the integral. But there's a catch. And this catch will be important to us when constructing the path integral in a similar manner. As it stands, the relation (11) is not complete. As we increase the number of rectangles, the number of terms in the sum increases and it diverges. What we require is some *normalization factor*. It just so happens that in the case of the Riemann sum, this normalizing factor is the width of the rectangles itself. Thus we finally get the equality:

$$A = \lim_{N \to \infty} \left[ \sum_{i} f(x_i) \right] \tag{12}$$

The inspiration that we will take from this is the following. We will first consider a discrete lattice of N time steps  $t_i$ . Each of these time steps will be spaced  $\epsilon$  units apart. At each time step, the particle will be allowed to take any value of position. We will denote the position at the time step  $t_i$  by the continuous variable  $x_i$ . In such a situation, a path from some spatial point  $x_a$  (at time  $t_a$ ) to some other spatial point  $x_b$  (at time  $t_b$ ) becomes a simple interpolation of these spatial variables at different time steps as shown in Figure 5.

From our discussion in section 2.1, it is quite immediately obvious that the analog to relation (11) in this case should be:

$$K(b,a) \sim \int_{-\infty}^{+\infty} \int_{-\infty}^{+\infty} \dots \int_{-\infty}^{+\infty} \phi[(x(t))] dx_1 dx_2 \dots dx_{N-1}$$
 (13)

Notice how even though there are N time steps, there are only N-1 integrals. This is because we are considering paths that start from  $x_a$  and end at  $x_b$  which fixes one of the variables (in this case  $x_N$ ).

The next step follows quite naturally. In a similar fashion to what we did in the Riemann Sum case, in order to make our jagged interpolations more similar to a realistic path that might be followed by a particle in space, we increase the number of time

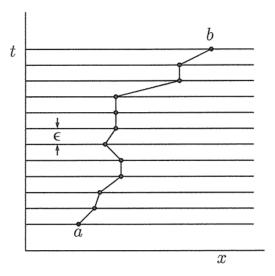


Figure 5: The Discrete Path Integral

steps while simultaneously decreasing the interval  $\epsilon$  between them, all the while making sure that:

$$N\epsilon = t_b - t_a \tag{14}$$

However, note that we are still not quite done. As in the Riemann sum case, relation (14) is incomplete. Increasing the number of time steps will only increase the number of terms in the sum and it will not converge to any sensible value as it stands. What we require, yet again, is something to tame the beast: a normalization constant. It turns out that there is no one normalization constant for path integrals as there was in the Riemann Sum case. Whatever the normalization constant might be, however, it can be written in the form  $A^{-N}$ . Then, applying the limit, our relation turns into an equality:

$$K(b,a) = \lim_{\epsilon \to 0} \frac{1}{A} \int_{-\infty}^{+\infty} \int_{-\infty}^{+\infty} \dots \int_{-\infty}^{+\infty} \phi[(x(t))] \frac{dx_1}{A} \frac{dx_2}{A} \dots \frac{dx_{N-1}}{A}$$
 (15)

All that remains is the form of the amplitude  $\phi(x)$ . It turns out that the amplitude of a path is given by the following function:

$$\phi[(x(t))] = \exp\left\{\frac{i}{\hbar}S[b, a]\right\}$$
(16)

where of course:

$$S[b,a] = \int_{t_a}^{t_b} \mathcal{L}(x,\dot{x},t)dt \tag{17}$$

We have arrived at our final expression for the path integral:

$$K(b,a) = \int_{a}^{b} \exp\left\{\frac{i}{\hbar}S[b,a]\right\} \mathcal{D}x(t)$$
(18)

Where we have absorbed the normalization constants into our integration measure  $\mathcal{D}x$  defined as:

$$\mathcal{D}x = \lim_{N \to \infty} \frac{1}{A} \prod_{i}^{N} \frac{dx_{i}}{A}$$
 (19)

And the deceptively simple integral sign actually contains an infinite amount of integrals carried out over all  $dx_i$  from  $-\infty$  to  $+\infty$ .

#### 2.4 What is the Kernel?

While this is all well and good, we still don't really understand the nature of what we have computed. What exactly is the Kernel and how is it related to the wavefunction? Let us address each of these concerns in turn.

Recall that it was vaguely stated in section 2.1 that the Kernel is the "amplitude for going from point a to point b". In precise terms, this means that the kernel measures the probability amplitude of the system ending up in state  $x_b$  at time  $t_b$  given that it starts from the definite position state  $x_a$  at time  $t_a$ . In mathematical terms what this means is that the Kernel is equivalent to the following inner product:

$$\langle x_b, t_b | x_a, t_a \rangle = \langle x_b | e^{\frac{i}{\hbar} H t_b} e^{-\frac{i}{\hbar} H t_a} | x_a \rangle$$

$$= \langle x_b | e^{\frac{i}{\hbar} H (t_b - t_a)} | x_a \rangle$$
(20)

Regarding the question of how the Kernel is related to the wavefunction: the Kernel tells us a little more about the system than the wavefunction does. While the wavefunction contains only information about any subsequent probability amplitudes, the kernel also provides us information about the state that the system started from. However, for the purposes of calculations concerning subsequent times, the wavefunction and the Kernel are equivalent. In other words, one can say that:

$$K(b,a) = K(x_b, t_b; x_a, t_a) = \psi(x_b, t_b)$$
 (21)

#### 2.5 Rule for events occurring in succession

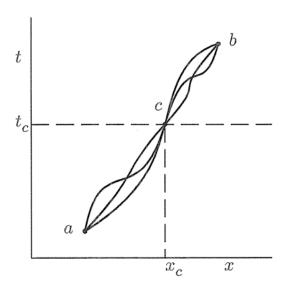


Figure 6: Events occurring in succession

Let us consider a situation where the path of a particle has been split into two parts. In other words, its journey consists of two stretches. In the first stretch the particle goes from  $(x_a,t_a)$  to some intermediate point  $(x_c,t_c)$  and then finally carries on to the final point  $(x_b,t_b)$ . How does one evaluate the total Kernel?

For one we know that the action in going from a to b S[b,a] can be split as follows:

$$S[b, a] = S[b, c] + S[c, a]$$
 (22)

This follows naturally from the definition of the action as an integral of the Lagrangian. All we have done is split the integral into two parts:

$$S[b, a] = \int_{t_a}^{t_b} \mathcal{L}(x, \dot{x}, t) dt = \int_{t_c}^{t_b} \mathcal{L}(x, \dot{x}, t) dt + \int_{t_a}^{t_c} \mathcal{L}(x, \dot{x}, t) dt$$
 (23)

With this done, we can now rewrite the Kernel in (18) as:

$$K(b,a) = \int_{a}^{b} \exp\left\{\frac{i}{\hbar}(S[b,c] + S[c,a])\right\} \mathcal{D}x$$
$$= \int_{a}^{b} \exp\left\{\frac{i}{\hbar}S[b,c]\right\} \times \exp\left\{\frac{i}{\hbar}S[c,a]\right\} \mathcal{D}x$$
(24)

Then we can imagine the path integral as being carried out from a to c and then from c to b i.e the integral becomes:

$$K(b,a) = \int_{c}^{b} \int_{a}^{c} \exp\left\{\frac{i}{\hbar}S[b,c]\right\} \times \exp\left\{\frac{i}{\hbar}S[c,a]\right\} \mathcal{D}x$$
 (25)

There is, however, something important that should be pointed out here. It makes intuitive sense that if we are to calculate the amplitude in going from a to b, then we need to consider all of the possibilities for what  $x_c$  could be. In other words, if we are to join the paths  $a \to c$  and  $c \to b$  then it makes sense to integrate our result over all possible  $x_c$  values, since the particle could arrive at b after having taken any path. It is also apparent that if we carry out the inner path integral first, the factor  $\exp\{\frac{i}{\hbar}S[b,c]\}$  is a constant and therefore can simply be pulled out of the inner integral. We can therefore rewrite (25) as:

$$K(b,a) = \int_{-\infty}^{+\infty} \int_{c}^{b} \exp\left\{\frac{i}{\hbar}S[b,c]\right\} K(c,a) \mathcal{D}x \, dx_{c}$$
 (26)

We can now carry out the inner integration again to find the second kernel and our final expression becomes:

$$K(b,a) = \int_{-\infty}^{+\infty} K(b,c) K(c,a) dx_c$$
(27)

This gives a simple rule for combining propagators. If you have two propagators, one for going from point  $a \to c$  and another for going from  $c \to b$  then all you need to do is put them together, and integrate over the all spatial values at the point connecting them. It is for this very reason that the kernel is sometimes also called the "propagator" in the context of the schrodinger equation. If we interpret the second kernel K(c, a) as a wavefunction (that is we ignore the initial state of the system), then the equation can be rewritten as follows:

$$K(b,a) = \int_{-\infty}^{+\infty} K(x_b, t_b; x_c, t_c) \,\psi(x_c, t_c) \,dx_c$$
(28)

If you know the wavefunction at some time  $t_c$ , you can use K(c, a) to propagate it forward in time.

#### 2.6 The classical limit

This is a good point to discuss the classical limit. That is, how does the path integral of quantum mechanics *select* in the classical limit, just a single path: the path of least action. Consider for a second, the path integral as given in (18):

$$K(b,a) = \int_{a}^{b} \exp\left\{\frac{i}{\hbar}S[b,a]\right\} \mathcal{D}x(t)$$
 (29)

Notice that there is a phase  $e^{\frac{i}{\hbar}S[x(t)]}$  associated with each path. In the context of the spatial and temporal scales involved in classical mechanic (usually of the order of meters and seconds respectively),  $\hbar$  is a miniscule number. Therefore, for a very small change in the action results in an extremely large change in the phase. Recall that the classical path is an extremizes the action. Another way of stating this is that for first order deviations from the classical path, the action does not change. As a result of this, only the paths in the immediate vicinity of the classical path contribute in phase. As we move farther and farther away from this extremum of the action, small changes in S cause huge changes in the phase. Thus there are on average just as many phases pointing in a direction as there are pointing in a direction opposite to it. Therefore contributions from paths significantly far away from the classical path (on the classical scale) cancel out, and we are only left with the classical path.

## 3 Monte Carlo Techniques

#### 3.1 Monte Carlo Integration

Let us consider a situation where we have a continuous probability distribution  $p(\theta)$ . One interesting thing we might want to do with this probability distribution is calculate some of its quantities of interest. For example we might want to calculate the mean, standard deviation, variance so on and so forth. The way that you usually go about this is by computing an integral of the form:

$$G = \int g(\theta) p(\theta) d\theta \tag{30}$$

Where the integral is over all values that your parameter  $\theta$  can take. Here G and  $g(\theta)$  change based on the quantity you want to calculate. For example if you want to calculate the expectation value  $E(\theta)$  or the mean, you replace  $g(\theta)$  by  $\theta$  and the equation becomes:

$$E(\theta) = \int \theta \, p(\theta) \, d\theta \tag{31}$$

In a similar manner if you want to calculate the variance  $Var(\theta)$ , you might use, instead, the integral:

$$Var(\theta) = \int (E(\theta) - \theta)^2 p(\theta) d\theta$$
 (32)

This is all well and good and in an ideal world, you're done. But suppose that for some reason, you cannot solve the integral in this way. For example, it might be that your parameter space  $\Theta$  consists of vectors  $\vec{\theta}$  with a large number of entries and it is computationally cumbersome to do the integral by hand. Or it might be that the integral just cannot be solved analytically. In any case, you can do the next best thing: you can approximate the integral using a process known as **Monte Carlo Integration**.

In a typical Monte Carlo Integration one simulates draws from the probability distribution  $p(\theta)$  by randomly generating numbers distributed according to that distribution. Then, for a very large number of such draws M one can approximate the integral using the following sum:

$$G_{\text{approx}} = \frac{1}{M} \sum_{i}^{M} g(\theta^{(i)})$$
(33)

Where  $\theta^{(i)}$  corresponds to the ith draw in the Monte Carlo simulation. As the number of draws M gets larger, this approximation approx gets closer and closer to the actual value G. In fact:

$$G = \lim_{M \to \infty} \frac{1}{M} \sum_{i}^{M} g(\theta^{(i)})$$
(34)

That is, in the limit that the number of draws approaches infinity, the approximation  $G_{\text{approx}}$  approaches the actual value G. We know this is true because of the Strong Law Of Large Numbers.

#### Strong Law Of Large Numbers:

The Strong Law Of Large Numbers (SLLN) states that if we have a sequence of M independent and identically distributed (we will henceforth refer to this condition by the abbreviation IID) random variables  $X_1, X_2...X_M$ , with mean E(X), then:

$$\lim_{M \to \infty} \frac{X_1 + X_2 + \dots + X_M}{M} = E(X)$$
 (35)

In fact, the SLLN makes an even stronger statement, since any function of an IID random variable is also an IID random variable, the above relation holds true not just for the mean but for any  $g(\theta)$  such as the variance, standard deviation etc.

Great, but what if we have a probability distribution but can't sample **independent** draws from it?

This situation might seem contrived and highly unlikely, but is actually quite common. For example, let us say we have a function  $f(\theta)$  and we want to make a probability distribution  $p(\theta)$  out of it so that we can sample independent draws from it. The first step would be to normalize it,

$$p(\theta) = \frac{f(\theta)}{N} \tag{36}$$

But what if we don't know the normalization constant N? It might be that the distribution requires us to compute some convoluted multidimensional integral. Or maybe calculating the normalization constant is computationally expensive. Enter the Markov Chain Monte Carlo method. To understand it, let us first briefly discuss Markov Chains.

#### 3.2 Markov Chains

Since a markov chain is an example of a stochastic process, we need to define what a stochastic process is.

#### Stochastic process:

A stochastic process is a sequence of random values defined on a state space  $\Theta$ . Since a stochastic process is a sequence, each random value or state is indexed. This index can be interpreted as a time step or an iteration. At each step or iteration the system jumps from some state  $\theta$  in the state space, to some other state  $\theta'$  using some random (non-deterministic) rule.

A markov chain is a special type of stochastic process:

#### **Markov Chain:**

A Markov Chain is a stochastic process whereby each state in the random sequence only depends on the state immediately preceding it. That is to say that if at time step t the system is in the state  $\theta^t$ , then state  $\theta^{t+1}$  only depends on the state  $\theta^t$  and none of the preceding states such as  $\theta^{t-1}$ ,  $\theta^{t-2}$  and so on. In other words, it is a stochastic process which follows the following condition:

$$P(\theta^{t}|\theta^{t-1}, \theta^{t-2}, ..., \theta^{0}) = P(\theta^{t}|\theta^{t-1})$$
(37)

This is sometimes referred to as the **Markov property**. Here p(A|B) simply stands for the probability that A will happen given that we know B has happened. Equation (36) therefore says that barring the current state, all previous states of the system are irrelevant in determining what state the system will end up during the next iteration. Our system is an amnesiac, all that it remembers is the last state that it was in.

This is all well and good, but we still haven't really explained how we mathematically encapsulate the rule for jumping from one state to another. As it turns out, for the discrete case - that is, when the parameter space  $\Theta$  consists of discrete points - the rule for jumping from one state to another is given by a matrix. In the continuous case, we instead have an operator. In either case, this mathematical object is called the transition Kernel. Let us consider the discrete case.

#### 3.2.1 The Discrete Case

In the discrete case, the transition Kernel is a matrix, and the distribution of the system at some time/iteration is given by a vector  $\Pi$ . Since each iteration causes the system to jump to a state **non-deterministically**, all we can talk about is the probability of ending up in a particular state  $\theta_i$ . This combination of probabilities for ending up in each state is precisely the distribution given by  $\Pi$ .

In general if there are N states in the state space  $\Theta$  then the distribution of the system is given by an N x 1 vector. Each entry in this N x 1 vector is populated by the

probability of the system ending up in one of the N states. Thus if we consider a situation where there are a total of 3 states, then at some time step t, the vector  $\Pi$  looks like:

$$\Pi = \begin{bmatrix} P(\theta_1) \\ P(\theta_2) \\ P(\theta_3) \end{bmatrix}$$
(38)

The transition Kernel K, on the other hand, is an N x N matrix populated by a set of conditional probabilities. In other words, , the probability of ending up in state j given that the system is in state i. This ends up looking as follows:

$$K = \begin{bmatrix} P(\theta_1|\theta_1) & P(\theta_1|\theta_2) & P(\theta_1|\theta_3) \\ P(\theta_2|\theta_1) & P(\theta_2|\theta_2) & P(\theta_2|\theta_3) \\ P(\theta_3|\theta_1) & P(\theta_3|\theta_2) & P(\theta_3|\theta_3) \end{bmatrix}$$
(39)

If we start from some distribution  $\Pi_{(0)}$ , we can obtain  $\Pi_{(1)}$  by applying the Kernel on the vector  $\Pi_{(0)}$  once. In fact for all successive distributions:

$$\Pi_{(1)} = K \times \Pi_{(0)} 
\Pi_{(2)} = K \times \Pi_{(1)} 
... 
\Pi_{(n)} = K \times \Pi_{(n-1)} 
\Pi_{(n)} = K^n \times \Pi_{(0)}$$
(40)

Where the  $\times$  represents a matrix product. That is, starting from the initial distribution  $\Pi_{(0)}$ , we can obtain the distribution at iteration n by applying the nth power of the Transition Kernel K onto the vector  $\Pi_{(0)}$ . It is intuitively clear from the form of the matrix in equation (38) why this should be the case. If we take the matrix product of the transition kernel and the distribution vector once, we obtain:

$$\begin{bmatrix} P(\theta_{1}|\theta_{1}) & P(\theta_{1}|\theta_{2}) & P(\theta_{1}|\theta_{3}) \\ P(\theta_{2}|\theta_{1}) & P(\theta_{2}|\theta_{2}) & P(\theta_{2}|\theta_{3}) \\ P(\theta_{3}|\theta_{1}) & P(\theta_{3}|\theta_{2}) & P(\theta_{3}|\theta_{3}) \end{bmatrix} \begin{bmatrix} P(\theta_{1}) \\ P(\theta_{2}) \\ P(\theta_{3}) \end{bmatrix} = \begin{bmatrix} P(\theta_{1}|\theta_{1})P(\theta_{1}) + P(\theta_{1}|\theta_{2})P(\theta_{2}) + P(\theta_{1}|\theta_{3})P(\theta_{3}) \\ P(\theta_{2}|\theta_{1})P(\theta_{1}) + P(\theta_{2}|\theta_{2})P(\theta_{2}) + P(\theta_{2}|\theta_{3})P(\theta_{3}) \\ P(\theta_{3}|\theta_{1})P(\theta_{1}) + P(\theta_{3}|\theta_{2})P(\theta_{2}) + P(\theta_{3}|\theta_{3})P(\theta_{3}) \end{bmatrix}$$

In calculating the probability for ending up in each state  $\theta_i$  the matrix product takes into account all of the contributions, that is the conditional probabilities  $P(\theta_i|\theta_j)$  for all states  $\theta_j$ . It turns out that most Markov Chains converge to an **equilibrium** or **stationary distribution**  $\Pi_{\text{stat}}$ . Such a distribution is characterized by the condition:

$$\Pi_{\text{stat}} = K \times \Pi_{\text{stat}} \tag{41}$$

That is, any subsequent application of the transition Kernel on the stationary distribution has no bearing on the vector. Once the distribution has achieved equilibrium, it stays in equilibrium. Additionally, it doesn't matter what distribution you start the Markov Chain from, eventually the Markov chain will cause the distribution to achieve equilibrium.

#### 3.3 Markov Chain Monte Carlo

Now that we have introduced the concept of Markov Chains, we can return to our original problem: how does one calculate quantities of interest if the draws/samples are not completely independent.

One way to go about it is to set up our Markov Chain intelligently. That is, we can make sure that the Transition Kernel is such that given an initial distribution, the chain causes it to eventually converge to our original distribution  $p(\theta)$ . How one goes about doing this will be discussed shortly. For now we have another problem at hand. Since our draws are no longer independent, we can no longer use the crutches afforded to us by the Strong Law Of Large Numbers: the law only holds for IID random variables, and our variables are no longer independent - each draw from a Markov Chain depends on the previous draw. Luckily we have an even stronger condition, known as the Ergodic Theorem.

#### **Ergodic Theorem:**

The Ergodic theorem states that for a sequence of M draws,  $\theta_1, \theta_2, ..., \theta_M$  from a Markov Chain that is *irreducible*, *aperiodic* and *positive recurrent*:

$$\lim_{M \to \infty} \frac{1}{M} \sum_{i}^{M} g(\theta^{(i)}) = \int g(\theta) \, \Pi_{\text{stat}}(\theta) \, d\theta$$
 (42)

Where  $\Pi_{\text{stat}}$  is the stationary distribution of the Markov Chain under consideration.

Evidently the minor dependence of consecutive entries is unimportant, once convergence has occurred the Markov Chain starts *behaving* in some sense, as if it were a probability distribution. Before we proceed any further, however, we need to define

what *irreducible*, *aperiodic* and *positive recurrent* means. Let us define each of these in turn:

#### **Aperiodicity**

A Markov chain is said to be aperiodic if it doesn't keep repeating a cycle of values or states in a finite amount of time. This definition can be made more precise with the help of a counter-example. Consider the Markov Chain shown in Figure 7.

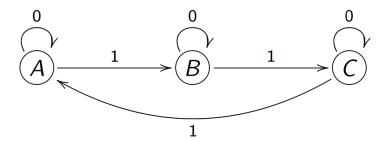


Figure 7: An example of a periodic Markov Chain

The numbers above the arrows represent the transition probabilities for going from one state to another. Evidently such a Markov chain keeps repeating the same set of states with a period of 3. This chain does not classify as aperiodic and therefore does not satisfy the conditions of the Ergodic theorem. If a Markov Chain doesn't trivially keep repeating the same sequence of states over and over again then it is aperiodic.

#### Irreducibility

A Markov chain is said to be irreducible if it is possible to go from any state to any other state in the state space. For example consider the Markov Chain in Figure 8:

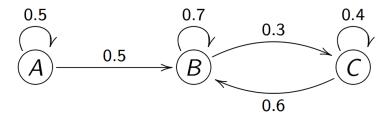


Figure 8: An example of a reducible Markov Chain

In this Markov Chain, the system cannot go to state A from either state B or state C. This is an example of a reducible chain (or a non-irreducible chain but that's a mouthful). As long as the Markov chain has some path leading from every state to every other state it will be considered irreducible.

#### Positive Recurrence

A positive recurrent Markov chain is one where if the system starts in state i, then the system will definitely return to state i in a finite amount of time. This is in contrast to *null recurrence* where the system returns to the state i in an infinite amount of time.

Thus if a Markov chain sastifies all of these criteria, then it satisfies the Ergodic Theorem and is said to be Ergodic. Such a Markov chain can be chosen for the purposes of carrying out Markov Chain Monte Carlo.

## 3.4 Choosing the Kernel Intelligently - The Metropolis Hastings Algorithm

We have built up the entire background necessary to perform Markov Chain Monte Carlo. But the most important part of the entire process still remains to be addressed: How does one go about choosing a Kernel so that the Markov chain converges to the required probability distribution?

We do this through a sampling algorithm first devised by Nicholas Metropolis and others, and then generalized by W.K. Hastings, called the Metropolis-Hastings algorithm. The general idea of the algorithm is quite simple. We start with an initial draw (or an initial Markov state)  $\theta^{(t)}$ . In order to get the next draw, we define a "Jumping distribution"  $J(\theta^*|\theta^{(t)})$  which generates a new value (or state)  $\theta^*$  given the current state  $\theta^{(t)}$ . We then compute a ratio r given by:

$$r = \frac{p(\theta^*)}{p(\theta^{(t)})} \frac{J(\theta^{(t)}|\theta^*)}{J(\theta^*|\theta^{(t)})}$$

$$\tag{43}$$

If this ratio is equal to or greater than 1, we choose the state  $\theta^*$  as our next draw  $\theta^{(t+1)}$ . On the other hand, if the ratio is less than 1, we generate a uniform random between 0 and 1. If this random number is smaller than r, we once again choose  $\theta^*$  as our next draw. If the random number turns out to be greater than r, we keep  $\theta^{(t)}$  as our next draw.

The essential idea behind the ratio r, still remains to be explained. The first term in this ratio was devised by Metropolis himself, the second term is the generalization provided by Hastings. The first term in the ratio calculates whether the probability of our distribution  $p(\theta)$ , generating the value  $\theta^*$  is less than, greater than or equal to the probability of generating the current value  $\theta^{(t)}$ . Ignoring the second term, the first term selects all values that have a greater probability of being generated than the previous term. This in turn *moves* our Markov Chain to the more probable part of the distribution.

On the other hand, the prescription that a new value  $\theta^*$  be selected with some non-zero probability even if the probability of it being generated is less than that of the current value  $\theta^t$ , makes sure that the Markov chain does not get stuck so to speak, at the maximum of the distribution. In order to be able to parse the entire distribution, the Kernel should have  $some\ leniency$  towards less probable values.

The second term is less important, and is actually 1 if the Jumping Distribution J is symmetric (which mostly **is** the case). For Jumping distributions that are asymmetric:

$$J(\theta^{(t)}|\theta^*) \neq J(\theta^*|\theta^{(t)}) \tag{44}$$

the second term provides a sort of compensation, since the distribution is biased in one direction.

## 4 A Jewel In Time

We are now in the position to actually start implementing some of the techniques that we have learnt. In this section, we will devise a scheme to approximate the path integrals for the quantum harmonic and anharmonic oscillators using path integration carried out using Markov Chain Monte Carlo.

#### 4.1 Wick Rotation

Our first order of business will be to convert our time parameter (which takes up real values) into an imaginary number. In other words we consider a new parameter  $\tau$ :

$$\tau = it \tag{45}$$

Geometrically, this amounts to a *rotation* in the argand plane of  $\frac{\pi}{2}$  radians. This is known as a Wick Rotation. As we shall see , this process makes it possible for us to extract some quantities of interest from certain sums since the phases turn into exponential decay factors.

Consider for example, our Kernel from section 2. After wick rotation it becomes:

$$Z = \int_{a}^{b} \exp\left\{-\frac{S[b, a]}{\hbar}\right\} \mathcal{D}x(t) \tag{46}$$

We will henceforth denote the kernel by Z. Note also that due to a change in our time parameter, the prescription for calculating the action also changes:

$$S = \int_0^T \left[ \frac{1}{2} m \left[ \frac{dx}{d\tau} \right]^2 + V(x) \right] \tag{47}$$

Where of course tau is defined using eq (45). As discussed previously, this can be written in the bra-ket notation as the following transition amplitude:

$$Z = \langle x_b | e^{-\frac{1}{\hbar}H(t_b - t_a)} | x_a \rangle \tag{48}$$

$$= \langle x_b | e^{-\frac{1}{\hbar}HT} | x_a \rangle \tag{49}$$

where we have rewritten the time interval between  $t_b$  and  $t_a$  as T. Let us insert a completeness relation in the energy basis into this expression as follows:

$$Z = \sum_{n} \langle x_b | e^{-\frac{1}{\hbar}HT} | n \rangle \langle n | x_a \rangle$$
 (50)

$$= \sum_{n} e^{-\frac{1}{\hbar}E_n T} \langle x_b | n \rangle \langle n | x_a \rangle \tag{51}$$

Notice how due to Wick rotation, the pre-factors  $e^{-\frac{E_nT}{\hbar}}$  which were originally phases, have now turned into exponential decay factors. This is important because it allows us to extract the first term from the sum in the limit that  $T \to \infty$ . In other words:

$$\lim_{T \to \infty} Z = e^{-\frac{1}{\hbar}E_0 T} \langle x_b | 0 \rangle \langle 0 | x_a \rangle \tag{52}$$

This happens because the exponential decay factors associated with all of the subsequent terms cause them to die down much more quickly compared to the first term. This allows us to approximate the ground state energy of the system.

#### 4.2 The Jewel

We consider yet again a lattice of time steps  $t_i$  where the position of the particle at the time step  $t_i$  is given by the continuous variable  $x_i$ . As in section 2, we once again set the spacing between subsequent time steps to be  $\epsilon$ . That is:

$$t_{i+1} - t_i = \epsilon \tag{53}$$

If there are N such lattice sites, we can imagine the path integral as being approximated by the following set of N integrals carried out in succession:

$$Z_{\text{approx}} = \int_{-\infty}^{+\infty} \int_{-\infty}^{+\infty} \dots \int_{-\infty}^{+\infty} \prod_{i=1}^{N-1} dx_i \exp\left(\frac{-1}{\hbar}S[x_i]\right)$$
 (54)

Note that we always have:

$$T = N\epsilon \tag{55}$$

Of course in the limit that  $N \to \infty$  the approximate kernel  $Z_{\text{approx}} \to Z$ . Throughout all of this since the path consists of discrete time steps, we calculate the action using the following **sum** instead of carrying out an actual integral as in (47):

$$S = \sum_{i=1}^{N} a \left[ \frac{1}{2} m \frac{(x_{i+1} - x_i)^2}{a^2} + V(x_i) \right]$$
 (56)

Where we have defined:

$$a = i\epsilon \tag{57}$$

We now make the following claim: "The Kernel in equation (54) is mathematically equivalent to the partition function of a crystal lattice of N sites."

In this partition function, the Boltzmann factor is replaced by the amplitude for each path:

$$e^{-\frac{E}{k_B T}} \to e^{-\frac{S}{\hbar}} \tag{58}$$

On each lattice site there is a continuous variable denoted by  $x_i$ , which can take up values from  $-\infty$  to  $+\infty$ . The action couples the nearest neighbours  $x_i$  and  $x_{i+1}$  and the N integrals:

$$\int_{-\infty}^{+\infty} \int_{-\infty}^{+\infty} \dots \int_{-\infty}^{+\infty} \prod_{i=1}^{N-1} dx_i \tag{59}$$

simply represent a sum over all possible lattice configurations given the range of possible values of  $x_i$ . The lattice points, however, are not spatial points, but rather *temporal* points. What we have constructed is a "Jewel in time".

#### 4.3 Quantities of interest

We can now briefly discuss some of the quantities that we can calculate for our system as it stands. Recall that the expectation value for an operator  $\hat{A}$  in statistical mechanics is calculated using the expression:

$$\langle \hat{A} \rangle = \frac{\text{Tr}(e^{-\frac{HT}{\hbar}} \hat{A})}{\text{Tr}(e^{-\frac{HT}{\hbar}})}$$
 (60)

Of course one can take the trace in the energy basis and the result is the following sum:

$$\langle \hat{A} \rangle = \frac{\sum_{n} \langle n | e^{-\frac{HT}{\hbar}} \hat{A} | n \rangle}{\sum_{n} \langle n | e^{-\frac{HT}{\hbar}} | n \rangle}$$

$$= \frac{\sum_{n} e^{-\frac{E_{n}T}{\hbar}} \langle n | \hat{A} | n \rangle}{\sum_{n} e^{-\frac{E_{n}T}{\hbar}}}$$
(61)

While this isn't exactly what we need it gives us a blueprint for the actual expression. Notice that we have a scalar quantity  $\langle n | \hat{A} | n \rangle$  times the Boltzmann factor being summed over all of the possible *configurations* of the system. This is important, because in the context of our path integral lattice, the configurations are actually multiple integrals carried out over all of space. We have already established that our sum is given by (59). This now lets us set up an expression for calculating the expectation value for our system of lattice configurations:

$$\langle \hat{A} \rangle = \frac{\int_{-\infty}^{+\infty} \int_{-\infty}^{+\infty} \dots \int_{-\infty}^{+\infty} \prod_{i=1}^{N-1} dx_i \exp\left(\frac{-1}{\hbar} S[x_i]\right) A(x_1, x_2, \dots, x_N)}{\int_{-\infty}^{+\infty} \int_{-\infty}^{+\infty} \dots \int_{-\infty}^{+\infty} \prod_{i=1}^{N-1} dx_i \exp\left(\frac{-1}{\hbar} S[x_i]\right)}$$
(62)

Where now the A inside the integral in (62) is not an operator but a scalar function of the lattice configuration  $(x_1, x_2, ..., x_N)$ . This makes total sense: we sum over the contributions from A for all possible lattice configurations, then divide by a suitable normalizing factor to get our quantity of interest.

Another quantity of interest are the connected two-point correlation functions denoted by  $\Gamma_c^{(2)}$  and defined as:

$$\Gamma_c^{(2)} = \langle x(\tau_1)x(\tau_2)\rangle - \langle x(\tau_1)\rangle\langle x(\tau_2)\rangle \tag{63}$$

Where each of the terms can be calculated exactly as prescribed in equation (62). The first term in this expression  $\langle x(\tau_1)x(\tau_2)\rangle$  is called a correlation function, and is of interest in and of itself.

Yet another quantity of interest is the energy gap between the first and the second excited states. This can also be calculated in the limit that  $T \to \infty$ . Consider equation (61) in this limit. Just as in equation (52), only the first terms in the sums survive due to the decay factors and we are left with:

$$\langle \hat{A} \rangle = \frac{e^{-\frac{E_{0}T}{\hbar}} \langle 0 | \hat{A} | 0 \rangle}{e^{-\frac{E_{0}T}{\hbar}}}$$

$$= \langle 0 | \hat{A} | 0 \rangle \quad (\lim T \to \infty)$$
(64)

Then using this equation for our two-point correlation function (setting  $\tau_1 = 0$  and  $\tau_2 = \tau$ ) in (63) we get:

$$\lim_{T \to \infty} \Gamma_c^{(2)} = \langle 0 | x(0)x(\tau) | 0 \rangle - |\langle 0 | x | 0 \rangle|^2$$

$$\tag{65}$$

Putting a completeness relation in the energy basis in-between  $x(\tau)$  and  $|0\rangle$ , then expanding  $x(\tau)$  in the Heisenberg picture we get:

$$\lim_{T \to \infty} \Gamma_c^{(2)} = \sum_{n \neq 0} e^{\frac{-1}{\hbar} (E_n - E_0)\tau} |\langle 0 | x | n \rangle|^2$$
 (66)

Then, if we consider a situation where we have  $\tau' > \tau$  and then take the limit that  $\tau \to \infty$ , using the exponential decay argument again we can say that:

$$\frac{\Gamma_c^{(2)}(\tau')}{\Gamma_c^{(2)}(\tau)} = e^{-(E_1 - E_0)(\tau' - \tau)} \tag{67}$$

By taking the logarithm of this equation, we can find the energy gap between the ground state and the first excited state (given that we know the time interval between  $\tau$  and  $\tau'$ ).

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