



Surrounded by Madness: A Memoir of Mental Illness and Family Secrets (CD-Audio)

By Rachel Pruchno

Audible Studios on Brilliance, United States, 2018. CD-Audio. Condition: New. Unabridged. Language: English. Brand new. "What was the likelihood my adopted daughter would have my father's hazel eyes and my mother's mental illness?" In this fiercely candid memoir, Dr. Pruchno, a scientist widely acclaimed for her research on mental illness and families, shows how mental illness threatened to destroy her own family. Not once, but twice. As a child, she didn't understand her mother's episodes of crippling sadness or whirlwind activity. As a mother, she feared her daughter Sophie would follow in the footsteps of the grandmother Sophie never knew. Unraveling the mysteries of her mother's and daughter's illnesses, Pruchno fought to preserve her marriage and protect her son. But it was not until she came to terms with her own secrets that she truly understood the destructive and pervasive effects mental illness has on families. Surrounded by Madness is transforming. It will empower families to stop hiding and start talking when mental illness strikes.



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