

Swim a Mile for Hospice

A non-competitive, fun,
open water swim to benefit
Hospice of St. Lawrence Valley

August 1st

** New This Year **
Try the 1/2 Mile Course



8 a.m. on Saturday, August 1 at Postwood Park in Hannawa Falls
Register or Sponsor a Swimmer @ www.swimamileforhospice.org
or call Hospice at (315) 265-3105

