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- Prokayotic cells have do not have a nucleus (bacteria) while eukaryotic cells do.
- Phospholipids are the basic components of biological membranes, including plasma membranes of prokaryotic and eukaryotic cells.
 - Ampiphatic molecules containing both water-insoluble (hydrophobic) hydrocarbon chains (tails) joined to water-soluble (hydrophilic) head groups that contain phosphate.
 - In water, phospholipids spontaneously aggregate into a <u>bilayer</u> with the phosphate-containing head groups on the outside in contact with water while the hydrocarbon tails in the interior in contact with each other.
 - The bilayer forms a stable barrier or enclosure that separates the interior of the cell from its external environment.
- ❖ Adenosine 5'-triphosphate (ATP) → all cells use ATP as their source of metabolic energy to drive the synthesis of cell constituents and carry out energy-requiring activities (such as movement).
- ❖ Glycolysis → the anaerobic breakdown of glucose to lactic acid, with the net energy gain of only 2 molecules of ATP.
 - $C_6H_{12}O_6 \rightarrow 2C_3H_6O_3$ (generates 2 ATP)
- ❖ Photosynthesis → uses energy from sunlight to synthesise glucose from CO_2 and H_2O , while releasing O_2 as a by-product.
 - $6CO_2 + 6H_2O \rightarrow C_6H_{12}O_6 + 6O_2$
- Oxidative metabolism \rightarrow The highly reactive O_2 released by photosynthesis breaks down glucose to CO_2 and H_2O , yielding much more energy compared to glycolysis.
 - $C_6H_{12}O_6 + 6O_2 \rightarrow 6CO_2 + 6H_2O$ (generates 36-38 ATP)
- Present-day cells use oxidative reactions as their principal source of energy due to this efficiency advantage.