

NORTHSIDE ENDOCRINOLOGY ASSOCIATES  
Consultation Report

Patient: Maria Gonzalez  
DOB: 07/22/1985  
Date of Visit: Feb 02, 2024  
Referred By: Dr. Sarah Lee (PCP)

**REASON FOR CONSULT:**  
Evaluation of thyroid nodule found incidentally on neck CT.

**SUBJECTIVE:**  
Ms. Gonzalez is a 38-year-old female who reports no symptoms of hyper- or hypothyroidism. She denies difficulty swallowing, voice changes, or heat/cold intolerance. No family history of thyroid cancer. She is currently trying to conceive and is concerned about medication safety.

**OBJECTIVE FINDINGS:**  
- Vitals: BP 118/76, HR 72, Weight 145 lbs.  
- Neck Exam: Thyroid is non-tender. A small, firm nodule is palpable on the right lobe. No lymphadenopathy.  
- Ultrasound Review: Hypoechoic nodule measuring 1.8cm x 1.2cm on the right lobe. Margins are regular. No microcalcifications.

**ASSESSMENT:**  
Right thyroid nodule, TRADS 3 (Intermediate Suspicion). TSH levels are normal (1.4 mIU/L).

**PLAN:**  
1. Fine Needle Aspiration (FNA) Biopsy recommended due to size >1.5cm. Procedure scheduled for Feb 10, 2024.  
2. Reassurance given regarding pregnancy; thyroid function is currently normal and does not require medication.  
3. Patient advised to return for results discussion on Feb 15.

Electronically Signed:  
Dr. Elena Rostova, MD, PhD  
Endocrinologist