

MERCY GENERAL HOSPITAL
123 Wellness Blvd, Springfield, IL
department: CARDIOLOGY

DISCHARGE SUMMARY

PATIENT NAME: Robert Hale
DOB: 03/12/1958
MRN: 88921-X
ADMISSION DATE: Jan 10, 2024
DISCHARGE DATE: Jan 14, 2024

ATTENDING PHYSICIAN: Dr. Alistair Thorne, MD

ADMISSION DIAGNOSIS:
Acute Decompensated Heart Failure (ADHF), Exacerbation of COPD.

HISTORY OF PRESENT ILLNESS:

Mr. Hale is a 65-year-old male with a history of CHF (EF 35%) and COPD. He presented to the ER complaining of worsening dyspnea (shortness of breath) and increasing bilateral lower extremity edema over the past 3 days. Patient admits to attending a family wedding prior to admission where he consumed a high-sodium meal (cured ham and soup), which likely precipitated fluid retention.

HOSPITAL COURSE:

Patient was admitted to the Telemetry unit. Initiated on IV Furosemide 40mg BID to diurese. Net output was -1.5L over 48 hours. Oxygen saturation stabilized on room air by Day 3. Wheezing improved with scheduled Duonebs.

DISCHARGE MEDICATIONS:

1. Lasix (Furosemide) - Increased to 40mg daily (previously 20mg).
2. Lisinopril - 10mg daily.
3. Coreg (Carvedilol) - 12.5mg BID.
4. Spiriva - 1 inhalation daily.

DISCHARGE INSTRUCTIONS:

- Diet: Strict Low Sodium Diet (<2000mg/day). Avoid canned soups and deli meats.
- Weight Monitoring: Weigh yourself daily. Call clinic if weight increases by >3 lbs in 2 days.
- Follow-up: Dr. Thorne in 2 weeks (Jan 28, 2024).

Signed,
Dr. Alistair Thorne, MD
Cardiology Dept.