

NORTHSIDE ENDOCRINOLOGY ASSOCIATES
Consultation Report

Patient: Maria Gonzalez
DOB: 07/22/1985
Date of Visit: Feb 02, 2024
Referred By: Dr. Sarah Lee (PCP)

REASON FOR CONSULT:

Evaluation of thyroid nodule found incidentally on neck CT.

SUBJECTIVE:

Ms. Gonzalez is a 38-year-old female who reports no symptoms of hyper- or hypothyroidism. She denies difficulty swallowing, voice changes, or heat/cold intolerance. No family history of thyroid cancer. She is currently trying to conceive and is concerned about medication safety.

OBJECTIVE FINDINGS:

- Vitals: BP 118/76, HR 72, Weight 145 lbs.
- Neck Exam: Thyroid is non-tender. A small, firm nodule is palpable on the right lobe. No lymphadenopathy.
- Ultrasound Review: Hypoechoic nodule measuring 1.8cm x 1.2cm on the right lobe. Margins are regular. No microcalcifications.

ASSESSMENT:

Right thyroid nodule, TRADS 3 (Intermediate Suspicion). TSH levels are normal (1.4 mIU/L).

PLAN:

1. Fine Needle Aspiration (FNA) Biopsy recommended due to size >1.5cm. Procedure scheduled for Feb 10, 2024.
2. Reassurance given regarding pregnancy; thyroid function is currently normal and does not require medication.
3. Patient advised to return for results discussion on Feb 15.

Electronically Signed:
Dr. Elena Rostova, MD, PhD
Endocrinologist