

CITY URGENT CARE CENTER
Patient Visit Record

Date: March 05, 2024
Time: 14:30
Patient: Liam Smith
DOB: 11/30/2005 (Age: 18)
Allergies: PENICILLIN (Hives)

CHIEF COMPLAINT:

"Throat hurts really bad and I have a fever."

HISTORY OF PRESENT ILLNESS:

Patient is an 18-year-old male presenting with a 2-day history of sore throat, difficulty swallowing, and fever (measured 102°F at home). He reports fatigue and lack of appetite. He denies cough or runny nose. He is a college student living in a dormitory.

PHYSICAL EXAM:

- General: Patient appears flushed and uncomfortable.
- ENT: Pharynx is erythematous (red). Tonsils are 3+ enlarged with white exudates (pus pockets) visible on the left side. Anterior cervical lymph nodes are swollen and tender.
- Lungs: Clear to auscultation.
- Skin: No rash.

TEST RESULTS:

- Rapid Strep Test: POSITIVE (Group A Streptococcus).
- Monospot: Negative.

DIAGNOSIS:

Streptococcal Pharyngitis ("Strep Throat").

TREATMENT PLAN:

1. Antibiotics: Due to Penicillin allergy, prescribe Azithromycin (Z-Pak) 500mg Day 1, then 250mg for 4 days.
2. Supportive Care: Salt water gargles, Tylenol for fever/pain.
3. Work/School: Excused from classes for 24 hours after starting antibiotics. Not contagious after 24 hours.

Provider:

James Miller, PA-C
City Urgent Care