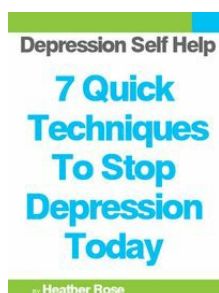


# DEPRESSION SELF HELP: 7 QUICK TECHNIQUES TO STOP DEPRESSION TODAY!

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This is a brief book that I wish more people would read. Being diagnosed with major depression at the age of 14, it was hard to work out problems because I grew...