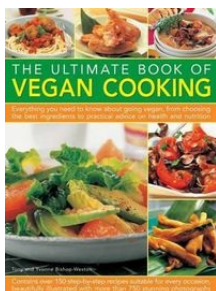


# THE ULTIMATE BOOK OF VEGAN COOKING: EVERYTHING YOU NEED TO KNOW ABOUT GOING VEGAN, FROM CHOOSING THE BEST INGREDIENTS TO PRACTICAL ADVICE ON HEALTH AND NUTRITION



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### The Ultimate Book of Vegan Cooking: Everything You Need to Know about Going Vegan, from Choosing the Best Ingredients to Practical Advice on Health and Nutrition

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| Author               | <b>Tony Bishop-Weston</b>         |
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## Reader's Opinions

Found this at a used bookstore, and have been surprisingly pleased with it. The Ultimate Book of Vegan Cooking is a British publication with recipes in multiple units (so Americans don't need to reach for conversions), lots of full-color (pardon me, colour) photos, and just about the right level of complexity for healthy, everyday/weeknight...

The Ultimate Book of vegan Cooking is a paperback reprint of the hardback Complete Book of Vegan Cooking. Comprehensive recipe and lifestyle guidance, pictures throughout this is now the 4th reprint of...