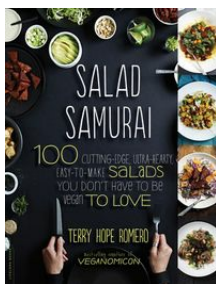


# SALAD SAMURAI: 100 CUTTING-EDGE, ULTRA-HEARTY, EASY-TO-MAKE SALADS YOU DON'T HAVE TO BE A VEGAN TO LOVE

Discover the Way of the SaladAward-winning chef and Veganomicon coauthor Terry Hope Romero knows her veggies. In Salad Samurai, she's back to teach you the way of the veggie warrior, rescuing salads from their bland, boring reputation and "side" status with more than 100 vibrant, filling entrees. This is your guide to real salad bushido: a hearty base, a zesty dressing, and loads of seriously tasty toppings. Based on whole food ingredients and seasonal produce, these versatile meatless, dairy-free dishes are organized by season for a full year...



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### Salad Samurai: 100 Cutting-Edge, Ultra-Hearty, Easy-to-Make Salads You Don't Have to be a Vegan to Love

Author	<b>Terry Hope Romero</b>
Original Book Format	<b>Paperback</b>
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## Reader's Opinions

How much do you love salads? If you are a salad lover this book is for you. This is probably my favourite vegan cookbook. Almost every salad has a picture except for maybe 2-3, which gives you an idea of how it is going to look like. It is a thin book,...

This is one creative cookbook chock full of innovative ideas for all kinds of salads, dressings, and toppings. Recipes included building very unique pasta and lettuce salads, packed full with a variety of ingredients. All are vegan, but are sure to please those who don't normally eat that way. There are sweet and savory recipes, like...