

DEPRESSION CAN BE FUN

Description Depression Can Be Fun is an initiative of Helen McNallen who has suffered from Clinical and Bipolar Depression and wants to help others and spread the word. The book's name originated from...



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Author	Helen McNallen
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Reader's Opinions

If you are suffering from depression or know someone close to you that is, you need to read this book. The way Helen shares her experience gives you the kind of insight that only someone who has...