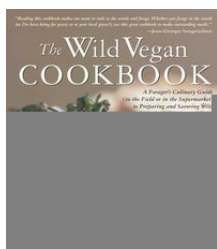


# WILD VEGAN COOKBOOK: A FORAGER'S CULINARY GUIDE (IN THE FIELD OR IN THE SUPERMARKET) TO PREPARING AND SAVORING WILD (AND NOT SO WILD) NATURAL FOODS

No one knows wild fruits, vegetables, and herbs more intimately than "Wildman" Steve Brill. In this book (formerly published in hardcover as The Wild Vegetarian Cookbook) Brill describes how he forages year-round for local, organic foods in New York City; he knows every food that grows in the wild, when each is at its peak, and how to...



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Sooo there are a ton of cool things about this book. First of all it is HUUUGE and there are a ton of recipes so it is for sure worth the money that you pay for it. Also it includes a ton of plants you will not find recipes...