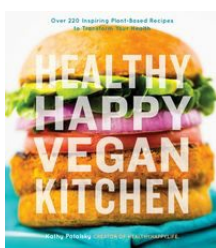


HEALTHY HAPPY VEGAN KITCHEN

Over 220 amazing vegan recipes from the the author behind the blog HealthyHappyLife.com More and more people are going vegan, realizing that doing so can mean being healthier and happier. A diet free of animal products also means living a greener life and changing the world for the better—one plate at a time. Kathy Patalsky, creator of the popular vegan food blog Healthy.Happy.Life, read by millions, makes sure eating vegan is fun and delicious too. In Healthy Happy Vegan Kitchen,...



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Healthy Happy Vegan Kitchen

Author	Kathy Patalsky
Original Book Format	Paperback
Number of Pages	352 pages
Filetype	PDF / ePUB / Mobi (Kindle)
Filesize	8.59 MB

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Reader's Opinions

I've never really understood the point of cookbooks, to be entirely honest. What can I say? My mom doesn't believe in cooking with recipes and the Internet has like a million more than I could ever ask for. Healthy Happy Vegan Kitchen changed my mind. This was a gift from my older brother after I spent a three month period only eating...

A variety of recipes, but best for vegans - cashew cream, etc.