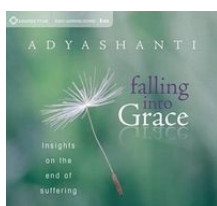


# FALLING INTO GRACE: INSIGHTS ON THE END OF SUFFERING

Adyashanti asks us to let go of our struggles with life and open to the full promise of spiritual awakening: the end of delusion and the discovery and expression of our essential being. After 15 years as a spiritual teacher, Adyashanti has found that the simpler the teaching, the greater its power to initiate this awakening. On Falling into Grace, he shares what he considers fundamental insights to...



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## Peek Inside the Book

Essentially, we fall into grace. By that I mean that a certain mysterious quality reveals itself and cradles us within an intimacy with all of existence. This is something that many people are looking for without even knowing it. Almost everybody is looking for intimacy, closeness, a sense of union with their own existence or with God, or whatever their concept of higher reality is....

## Reader's Opinions

I heard Adyashanti on Oprah's Super Soul Sunday and ordered his book immediately. As a spiritual teacher, he encourages us to let go of our struggles and be open to Consciousness. "What we all aspire to, and what is in fact natural to..."