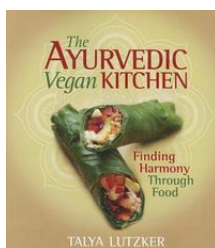


THE AYURVEDIC VEGAN KITCHEN: FINDING HARMONY THROUGH FOOD



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The Ayurvedic Vegan Kitchen: Finding Harmony Through Food

Author	Talya Lutzker
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Reader's Opinions

I've loved everything I've made so far (polenta pizza, soups, dal) and I'm going to buy a copy because it's due back at the library