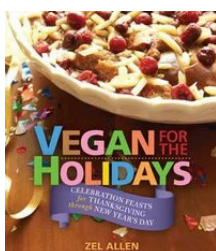


# VEGAN FOR THE HOLIDAYS

Holidays inspire everyone to cook, even people who rarely step into the kitchen. Now herbivores and anyone catering to vegan guests can look forward to special festive meals when joining with friends and family to celebrate. Focusing on the winter holidays celebrated by most cultures, Zel provides a banquet of recipes for irresistible dishes steeped in heritage and tradition yet updated with novel touches. Cooks will find all the details they require to create the perfect celebration and prepare meals that look extravagant but...



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## Vegan for the Holidays

Author	<b>Zel Allen</b>
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## Reader's Opinions

Although I'm not a vegan, my many food allergies force me to have to follow a somewhat vegan based diet. This book was very helpful during the holiday season allowing me to find ways to make more traditional and some unique tasty dishes for my family...

always on the lookout for recipes that will convince me to eat healthier... but may be in denial.