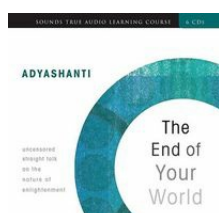


THE END OF YOUR WORLD: UNCENSORED STRAIGHT TALK ON THE NATURE OF ENLIGHTENMENT

For those serious about enlightenment, author and teacher Adyashanti has some advice: better know what you're getting into. Because with spiritual awakening, you find that the strongly held beliefs and perceptions you've taken to be 'you' and 'your world' vanish into the unmanifest nature of all that is....



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When these Velcro thoughts and emotions arise, the key is to face and investigate whatever belief structures underlie them. In that moment, inquiry is your spiritual practice. To avoid this practice is to avoid your own awakening. Anything you avoid in life will come back,...

Reader's Opinions

This is, in the dimension of awakening, just the most helpful and practical thing I have ever read. I could not get enough of it. He bestows perspective on what it is to flash awake and what people go through after they do...perspective that I have been trying to gather (not too successfully) myself for years. In a very strange way,...

There are certain books that are capable of answering exactly the questions that you keep questioning. This book is exactly that. Anyone who is even remotely interested or wants to understand "what is enlightenment?" As well as anyone who is already interested in furthering their spiritual wisdom and