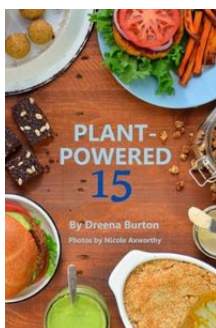


PLANT-POWERED 15

Plant-Powered 15 is a collection of 15 WHOLE FOODS vegan recipes, all oil-free, but flavor-full! Recipes include: Almond Zen GranolaPumpkin Seed and Chocolate Chip Oatmeal Breakfast BarsBlack Bean Soup with Sweet PotatoesCreamy House DressingGreen Goddess DressingOrange-Miso VinaigretteWonder SpreadSweet Potato BallsMac-nificent, Sticky Almond BlondiesUmami Almond and Sun-dried Tomato BurgersPresto Pistachio PastaSneaky Chickpea BurgersCoconut PillowsSticky Almond BlondiesPeanut Butter Munchy SquaresThese recipes are also gluten-free for those that can consume certified GF oat products.



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Plant-Powered 15

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Original Book Format	Kindle Edition
Number of Pages	56 pages
Filetype	PDF / ePUB / Mobi (Kindle)
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Reader's Opinions

This is a small ebook, just 15 recipes, but they were thoughtfully chosen and I've yet to be disappointed by any that I've tried. There is a full color photo of each recipe and lots of helpful notes along the way. It looks great on my iPad and was well worth the modest cost. Highly recommended.