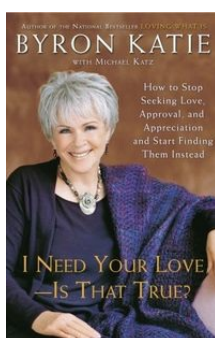


# I NEED YOUR LOVE - IS THAT TRUE?: HOW TO STOP SEEKING LOVE, APPROVAL, AND APPRECIATION AND START FINDING THEM INSTEAD

In *Loving What Is*, bestselling author Byron Katie introduced thousands of people to her simple and profound method of finding happiness through questioning the mind. Now, *I Need Your Love—Is That True?* examines a universal, age-old source of anxiety: our relationships with others. In this groundbreaking book, Katie helps you question everything you have been taught to do to gain love and approval. In doing this, you discover how to find genuine...



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## Peek Inside the Book

Thinking that people are supposed to do or be anything other than what they are is like saying that the tree over there should be the sky. I investigated that and found freedom. Byron Katie, *I Need Your...*

## Reader's Opinions

This is a great book, but it definitely needs to be read after "*Loving What Is*". It is, in a way, a reminder of how "*The Work*" works, but it goes more...