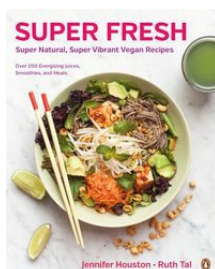


SUPER FRESH: SUPER NATURAL, SUPER VIBRANT VEGAN RECIPES

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Author	Jennifer Houston
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Reader's Opinions

I found that most of the recipes were heavy on the use of soy and sugar. I believe that this is an old-school vegan philosophy that needs to change. As well the recipes were complex and time-consuming.

Another "Fresh" Favorite As always Fresh offers some tasty and brilliant recipes. There are always the old favorites but most definitely some new offerings that I can't wait to try. I have every one of the Fresh recipe books and each new book provides some new favorite dishes for me and my family. THANK YOU, Fresh, for providing us an...