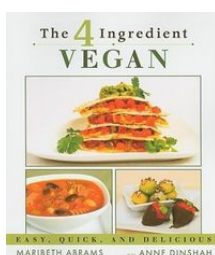


THE 4-INGREDIENT VEGAN

These economical, ecological and healthful vegan recipes will appeal to anyone who wants to make nutritious food that's not complicated to prepare. Each recipe adheres to four main ingredients yet delivers delicious food that cover the whole gamut of main dishes, breakfast items, side dishes, salads, soups, dips, spreads, sauces, desserts, and drinks. Thai Vegetable Soup, White Bean Nacho Dip,...



READ/SAVE PDF EBOOK

The 4-Ingredient Vegan

Author	Maribeth Abrams
Original Book Format	Paperback
Number of Pages	151 pages
Filetype	PDF / ePUB / Mobi (Kindle)
Filesize	3.69 MB

Click the button below to save or get access and read the book The 4-Ingredient Vegan online.



Reader's Opinions

Handful of recipes I want to try - recipes look quite straightforward but not many tempted me.