LIKE FINE WINE: A HEAD-TO-TOE YOUTH RESTORING MAKEOVER FOR LADIES OVER FORTY

A fifty year old woman can easily look anywhere from thirty-five to sixty-five. And these days, ever looking "old" at all has become optional. Like Fine Wine is loaded with tips and tricks for every income and interest level. Get rid of wrinkles and age spots. Get more hair and a safe tan. Fix the backs of your hands, your forehead, neck, and teeth....



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Like Fine Wine: A Head-to-Toe Youth Restoring Makeover for Ladies Over Forty

Author	Julia Black
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Reader's Opinions

This book gives a lengthy list of tips and tricks to help slow or mask the appearance of aging. I found the advice about clothing to be a bit vague and generic, but it's the nature of fashion to change rapidly over time. Any work that covers attire would become dated almost before it's published. The sections on other aspects of anti-aging...