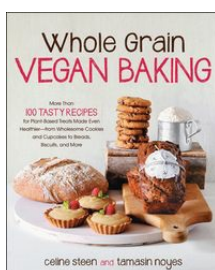


# WHOLE GRAIN VEGAN BAKING: MORE THAN 100 TASTY RECIPES FOR PLANT-BASED TREATS MADE EVEN HEALTHIER-FROM WHOLESOME COOKIES AND CUPCAKES TO BREADS, BISCUITS, AND MORE

Have Your Cake and Feel Good About It Too! Do whole grain flours intimidate you? Does amaranth flour sound fascinating but perhaps a little too froufrou? Do you love the chocolate cherry scones at your local coffee shop, but feel way too scared to attempt them on your own? Fears begone!...



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### Whole Grain Vegan Baking: More than 100 Tasty Recipes for Plant-Based Treats Made Even Healthier-From Wholesome Cookies and Cupcakes to Breads, Biscuits, and More

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## Reader's Opinions

It's okay, but why don't all cookbooks include nutrition profiles for their recipes? This one doesn't. The recipes do not use vegan margarine, which is a great improvement over most vegan baking recipes. Hurray for healthy oils with no additives!

This cookbook is full of appetizing recipes. Most of the recipes I tried (see below) were very good and I look forward to making them again. A couple didn't work out. I wouldn't call the recipes healthy, since maple syrup and coconut sugar are still sugar, but they are definitely healthier than the average dessert, and great for treats. Five...