

# VIVE LE VEGAN!: SIMPLE, DELECTABLE RECIPES FOR THE EVERYDAY VEGAN FAMILY

Veganism—the animal-free diet—is here to stay. And Dreena Burton, author of the bestselling *The Everyday Vegan*, is here to tell you how the decision to “go green” doesn’t mean you have to sacrifice nutrition or flavor, and in fact will make you and your family feel healthier and more alive. Dreena and her husband became parents three years ago, and their decision to raise their daughter as a...



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### Vive le Vegan!: Simple, Delectable Recipes for the Everyday Vegan Family

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## Reader's Opinions

The subtitle sums it up: Simple, Delectable Recipes for the Everyday Vegan Family. If you are vegan, this is a solid collection of vegan recipes. It may be a good introduction to strictly vegan cooking. I am vegetarian and try to eat locally, with...