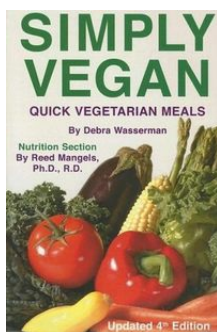


SIMPLY VEGAN: QUICK VEGETARIAN MEALS



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Simply Vegan: Quick Vegetarian Meals

Author	Debra Wasserman
Original Book Format	Paperback
Number of Pages	224 pages
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Reader's Opinions

This book includes both nutritional information and recipes. The nutritional information seemed decent. However, I made two recipes from this book and did not like either. All of the recipes in this book appear to be very fast and easy but maybe not tasty. What I found most interesting was a list of various vegan foods with some information...