HAPPINESS THE JEWISH WAY

A practical guide to happiness through the lens of Jewish wisdom. Learn about the happiness skills that lead to a life full of joy and contentment and enjoy thought-provoking inspirational examples from Jewish tradition, humor, religious and secular thought, and folklore - parables, tales, jokes, quotes and poems. The book is scheduled for publishing in June 2015. See more details at www.facebook.com/HappinessTheJewishWay



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Reader's Opinions

A great book presenting very interesting and sometimes surprising ideas about happiness. The examples are very interesting, some are poignant, some are funny, all of them are great to tell to kids...