Training Day 14

Day 14–10th July 2025

Forms and Form Validation using JavaScript

Detailed Description:

On Day 14, we explored **HTML forms** and how **JavaScript enhances their functionality** by validating input before submission.

The instructor emphasized that **form validation** improves user experience, prevents errors, and ensures **reliable data collection**.

• 1. Introduction to HTML Forms

Forms are essential for **collecting user input** such as text, email, passwords, and selections. We learned about basic form elements:

- <input type="text"> Single-line text
- <input type="email"> Email input
- <input type="password"> Password input
- <textarea> Multi-line text
- <select> Dropdown selection
- <button> or <input type="submit"> Submission

Example practiced:

<form id="myForm">

```
Name: <input type="text" id="name"><br><br><br/>Email: <input type="email" id="email"><br><br><br/><button type="submit">Submit</button></form>
```

2. Importance of Form Validation

Form validation ensures that users enter **correct and complete information**. Benefits include:

- Preventing empty or invalid input.
- Reducing server errors and improving data integrity.
- Providing instant feedback to users.

3. JavaScript Validation Techniques

We practiced using JavaScript to validate forms before submission:

Basic validation example:

```
document.getElementById("myForm").onsubmit = function() {
  let name = document.getElementById("name").value;
  if(name == """) {
    alert("Name cannot be empty!");
```

```
return false; // Prevent form submission
}
```

 We learned to check for empty fields, proper email format, password strength, and dropdown selection.

Email validation example:

```
let email = document.getElementById("email").value;
let regex = /^\S+@\S+\.\S+$/;
if(!regex.test(email)) {
    alert("Enter a valid email address!");
    return false;
}
```

• 4. Providing User Feedback

We added real-time feedback to users by changing styles or displaying messages:

```
if(name == "") {
  document.getElementById("name").style.border = "2px solid red";
  alert("Please enter your name");
}
```

This improved **user experience** and visually guided the user to correct mistakes.

• 5. Practical Exercises

- Created a **contact form** with name, email, message, and validation checks.
- Validated input for required fields, email format, and password length.
- Prevented form submission until all conditions were met.
- Practiced giving **instant feedback** through alerts and dynamic style changes.

Learning Outcomes:

- Learned how to **create and structure HTML forms**.
- Understood the importance of **form validation** for usability and data integrity.
- Practiced using JavaScript to validate user input.
- Learned to provide **instant feedback** to users through alerts and styling.
- Gained skills to build **interactive**, **error-free forms** for websites.