

Loyi Mohammad Nomaan Bakora

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Birthdate: 1990/12/08

Status: single

Nationality: syrian

## EDUCATIONAL BACKGROUND

2017-2019 Master of Web Sciences and Applications, Syria

2017 Certification of Information Technology Engineering, Syria

### Courses

A+ / Network + / CCNA

At New Horizon training center

Damascus

## SPORT EXPERIENCE

Certified by LesMills in 3 programs: Bodyattack – Bodypump – Grit

Certification of Water lifeguard

Bodybuilding & fitness classes experience during 1 year  
and Emergency medic courses certified by ICRC in LRC

2016 - 2017

Beirut, Lebanon

Personal Bodybuilding trainer during 4 years, Damascus, Syria

10 years of Syrian national team swimming and water polo

10 years of lifeguard and swimming coach

10 years Syrian national team swimming and water polo  
(2005 - 2015)

7 years lifeguard

(2008 - 2015)

At Sheraton hotel - Damascus

2 years LesMills coach and  
Personal Bodybuilding trainer

(2014 - 2016)

At Moualla Gym - Damascus

1 year Bodybuilding experience

1 year fitness classes experience

(2016 - 2017)

LesMills med center Zalqa - Beirut

Fitness zone Gym - Hamra - Beirut

1 year LesMills coach and personal trainer

(2017 - 2018)

At Mamouth GymStone - Damascus

#### Achievements

Local championship of breast swimming

1st one

In (2006 - 2007 - 2008 - 2009)

Local championship of water polo

1st team

(2009 - 2010 - 2011)

Arab championship of water polo

3rd team in Damascus

(2010)

Arab championship of breast swimming

3rd one in Jordan

(2006)