DATE FORMATTING

Y	4 digit year	2005
y	2 digit year	05
F	Long month	January
M	Short month	Jan
m	Month (leading zeros)	01 to 12
n	Month	1 to 12
D	Short day name	Mon
l	Long day name	Monday
d	Day (leading zeros)	01 to 31
j	Day	1 to 31
h	12 Hour (leading zeros)	01 to 12
g	12 Hour	1 to 12
H	24 Hour (leading zeros)	00 to 23
G	24 Hour	0 to 23
i	Minutes (leading zeros)	00 to 59
s	Seconds (leading zeros)	00 to 59
w	Day of week [1]	0 to 6
z	Day of year	0 to 365
W	Week of year [2]	1 to 53
t	Days in month	28 to 31
a		am or pm
A		AM or PM
B	Swatch Internet Time	000 to 999
S	Ordinal Suffix	st, nd, td, th
T	Timezone of machine	GMT
Z	Timezone offset (seconds)	
O	Difference to GMT (hours)	+0200
I	Daylight savings	1 or 0