

# NASA-TLX

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\* Required

ID (Researcher's Field)

Your answer

How mentally demanding was the given task? \*

1 2 3 4 5 6 7  
not hard at all ☐ ☐ ☐ ☐ ☐ ☐ ☐ very hard

How physically demanding was the given task? \*

1 2 3 4 5 6 7  
not hard at all ☐ ☐ ☐ ☐ ☐ ☐ ☐ very hard

How busy was the pace of the given task? \*

1 2 3 4 5 6 7  
not busy at all ☐ ☐ ☐ ☐ ☐ ☐ ☐ very busy



How successful was the performance of the given task? \*

	1	2	3	4	5	6	7	
not successful at all	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	very successful

How much effort did you put in to achieve the results of a given task? \*

	1	2	3	4	5	6	7	
no effort at all	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	very hard working

How anxious, stressed, or annoyed have you felt while performing a given task? \*

	1	2	3	4	5	6	7	
No anxiety, annoying, and stress at all	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Very anxious, annoyed, and stressed

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