



Mallory Dobias, MA

RESEARCHER digital mental health, accessible interventions, & behavior change

10+ years of research, academia and industry.

2022 - Contracted Research Scientist Koko AI, San Francisco, CA

- Collaborate with cross-functional team to improve social platforms' screening for high-risk search queries
- Ensure high precision, recall to combine responsible crisis detection with good user experience

2022 - Affiliated Research Scientist Human Computer Interaction, Kings College London, UK

- Contribute to HCI research focused on designing and evaluating technology-enabled interventions

2019 - PhD Research Scientist Lab for Scalable Mental Health, Stony Brook, NY

- Design and evaluate accessible, digital mental health intervention programs for young people
- Iterate prototypes using written qualitative user feedback, user ratings, conversion rates
- Conduct summative usability testing with 6,179 Tumblr users for embedded, "in-the-moment" programs
- Present design recommendations using identified pain points in the user journey
- Evaluate program efficacy in 565 teenagers with recent history of self-harm, recruited via Instagram
- Synthesize 5,138 articles to produce actionable insights for suicide, self-injury treatment
- Deliver 250+ hours of in-person and telehealth psychotherapy for youth, families, and adults

2018 - 2019 Research & Clinical Services Coordinator Anxiety and Stress Clinic, Austin, TX

- Conducted semi-structured interviews and coordinated services for 100+ therapy clients, 15 clinicians
- Created outcome report, integrating interview data and mission-relevant performance metrics

2017 - 2018 Research Project Coordinator Adolescent Development Research Group, Austin, TX

- Recruited participants, designed surveys, & managed data for 2,600+ freshman in 7 high schools
- Ensured buy-in from school and university stakeholders via recruitment talks, regular status reports
- Managed 60+ research team members with 100% retention over 1 year
- Trained research team to thematically code qualitative "daily diary" data for meaning

RESEARCH IMPACT

- **11,435+ youth and young people reached** with digital mental health supports
- 9,900+ downloads of 9 published and in-press articles, all publicly available
- ~4,000 books sold, #1 New Amazon Release "Teen/Young Adult Mental Health"
- 31 presentations for national conferences, research/community stakeholders
- 1 podcast interview for published randomized trial for self-injury in teens
- 4,810+ downloads of publicly available professional development materials

SKILLS

- Research Design
- Project Management
- Interviews
- Survey Design
- Data Analytics
- Data Visualization
- Public Speaking
- Writing

CERTIFICATES

- UX Foundational Research
- UX Remote Research
- UX Methods: Card Sorting
- UX Methods: Interviewing
- UX Methods: Usability Testing

EDUCATION

2025 PhD, Social & Health Psychology Stony Brook University

2021 Masters, Psychology Stony Brook University

2016 Bachelor of Science, Psychology University of Texas at Austin



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