

CURRICULUM VITAE

Mallory L. Dobias, M.A.

Department of Psychology, Stony Brook University
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[Lab for Scalable Mental Health](#)
[Professional Website](#)

EDUCATION

- 2019 - Present **Stony Brook University**
PhD Student, Social/Health Psychology
Faculty Advisor: Jessica Schleider, PhD
- 2021 **Stony Brook University**
M.A., Psychology
Thesis Advisor: Jessica Schleider, PhD
- 2013 - 2016 **University of Texas at Austin**
B.S., Psychology; Biology minor
Summa Cum Laude - Cumulative GPA: 4.0

GRANTS, FELLOWSHIPS, & SPONSORSHIPS

- 2021 - 2022 **Service Grant - \$14,464**, Barrow Neurological Institute Phoenix Children's Hospital. Bridge the Gap: A Single Session Intervention to Address Suicidal Crises within Acute Care Settings
Role: MPI (with Carla Allan, PhD and Jessica Schleider, PhD)
- 2020 - 2021 **Mamie Phipps Clark Diversity Grant - \$1,500**, Psi Chi Honors Society
Targeting "self-hate" in sexual and gender minority adolescents: a scalable intervention for self-injurious thoughts and behaviors
Role: PI
- 2019 - 2024 **Graduate Council Fellowship - \$50,000**, Stony Brook University
Awarded by psychology department faculty based on academic performance
- 2016 **Liberal Arts Honors Research Support Award - \$220**, UT Austin
Evaluating a single-session gratitude intervention for depressive symptoms: the role of interpretation bias
Role: PI, undergraduate thesis
- 2013 - 2016 **Liberal Arts Honors Full-Tuition Scholarship - \$40,000**, UT Austin
Awarded by liberal arts faculty based on academic performance

HONORS & AWARDS

2021	Award for Research Excellence, Selected Psychology MA Thesis , Stony Brook University Psychology Department Committee
2016	Distinguished Scholar Award - Top 4% , UT Austin
2016	Psychology Honors Program , UT Austin
2015	Maymester Study Abroad Program - Prague, Czech Republic , UT Austin
2014	Psi Chi International Psychology Honors Society , UT Austin
2013	Liberal Arts Honors Program , UT Austin

MANUSCRIPTS

+indicates trainee author/presenter; * indicates equal authorship

1. Schleider, J.L., **Dobias, M.L.**, Fassler, J., Shroff, A., & Pati, S. (in press). Promoting treatment access following pediatric primary care depression screening: Evaluation of web-based, single-session interventions for parents and youths. *Journal of the American Academy of Child and Adolescent Psychiatry*. doi: 10.1016/j.jaac.2020.01.025 [Pre-registration Stage 1 Registered Report](#)
2. Cohen, K., **Dobias, M.L.**, Morris, R., & Schleider, J.L. (in press). Improving uptake of mental health crisis resources: Randomized test of a single-session intervention embedded in social media. *Journal of Behavioral and Cognitive Therapy*. [Preprint](#)
3. **Dobias, M.L.**, +Chen, S., Fox, K.R. & Schleider, J.L. (2023). Brief interventions for self-injurious thoughts and behaviors in young people: A systematic review. *Clinical Child and Family Psychology Review*. doi: 10.1007/s10567-023-00424-9 [Pre-registration Preprint Published Article](#)
4. **Dobias, M.L.**, Morris, R.R. & Schleider, J.L. (2022). Single-session interventions embedded within Tumblr: Acceptability, feasibility, and utility study. *JMIR Formative Research*. 9(4), e33473. doi: 10.2196/39004 [Data & Code Preprint Infographic Published Article](#)
5. Preis, H., **Dobias, M.L.**, Cohen, K. et al (2022). A mixed-methods program evaluation of the Alda Healthcare Experience- a program to improve healthcare team communication. *BMC Medical Education*. 22, 897. doi: 10.1186/s12909-022-03972-w [Published Article](#)
6. Kruzan, K. P., Fitzsimmons-Craft, E., **Dobias, M.L.**, Schleider, J. L., & Pratap, A. (2022). Developing, deploying, and evaluating digital mental health interventions in spaces of online help- and information-seeking. *Procedia Computer Science*. 6, 6–22. doi: 10.1016/j.procs.2022.09.081 [Published Article](#)

7. Ahuvia, I.L., Sung, J.Y., **Dobias, M.L.**, Nelson, B.D., Richmond, L.L., London, B., & Schleider, J.L. (2022). College students' interest in teletherapy and self-guided mental health supports during the COVID-19 pandemic. *Journal of American College Health*. doi: 10.1080/07448481.2022.2062245 [Pre-registration](#) [Code](#) [Preprint](#) [Published Article](#)
8. Mullarkey, M.C., **Dobias, M.L.**, Sung, J.Y., Shumake, J., Beevers, C.G., & Schleider, J.L. (2022). A scalable, single-session intervention for perceived control over anxiety during COVID-19. *JMIR Mental Health*. 9(4). e33473. doi: 10.2196/33473 [Stage 1 Registered Report](#) [Code](#) [Published Article](#)
9. Schleider, J.L., Mullarkey, M.C., Fox, K., **Dobias, M.L.**, Shroff, A., Hart, E., & Roulston, C. A. (2022). A Randomized Trial of Online Single-Session Interventions for Adolescent Depression during COVID-19. *Nature Human Behaviour*. 6, 258-268. doi: 10.1038/s41562-021-01235-0 [Pre-registration](#) [Data](#) [Code](#) [Preprint](#) [Published Article](#)
10. Hsu, K.J., Mullarkey, M.C., **Dobias, M.L.**, Beevers, C., & Björgvinsson, T. (2022). Symptom-level network analysis distinguishes unique associations of repetitive negative thinking and experiential avoidance with depression and anxiety in a transdiagnostic clinical sample. *Cognitive Therapy & Research*. doi: 10.1007/s10608-022-10323-y [Pre-registration](#) [Code](#) [Preprint](#) [Published Article](#)
11. **Dobias, M.L.**, Schleider, J.L., +Jans, L., & Fox, K.R. (2021). An online, single-session intervention for adolescent self-injurious thoughts and behaviors: Results from a randomized trial. *Behaviour Research & Therapy*. 147, 103983. doi: 10.1016/j.brat.2021.103983 [Pre-registration](#) [Data & Code](#) [Preprint](#) [Infographic](#) [Published Article](#)
12. **Dobias, M.L.**, +Sugarman, M.B., Mullarkey, M.C., & Schleider, J.L. (2021). Predicting mental health treatment access in adolescents with elevated depressive symptoms: Machine learning approaches. *Administration and Policy in Mental Health and Mental Health Services Research*. 49, 88-103. doi: 10.1007/s10488-021-01146-2 [Pre-registration](#) [Code](#) [Preprint](#) [Published Article](#)
13. Schleider, J.L., **Dobias, M.L.**, Mullarkey, M.C., & Ollendick, T. (2021). Retiring, rethinking, and reconstructing the norm of once-weekly therapy. *Administration and Policy in Mental Health and Mental Health Services Research*. 48, 4-8. doi: 10.1007/s10488-020-01090-7 [Preprint](#) [Published Article](#)
14. Schleider, J.L., **Dobias, M.L.**, Sung, J.Y., Mumper, E., & Mullarkey, M.C. (2020). Acceptability and utility of an open-access, online single-session intervention platform for adolescent mental health. *JMIR Mental Health*. 7(6), e20513. doi: 10.2196/20513 [Pre-registration](#) [Code](#) [Preprint](#) [Published Article](#)
15. Schleider, J.L., **Dobias, M.L.***, Sung, J.*, & Mullarkey, M.C. (2019). Future directions for brief and single-session youth mental health interventions. *Journal of Clinical Child and Adolescent Psychology*. 49(2), 264-278. doi: 10.1080/15374416.2019.1683852 [Preprint](#) [Published Article](#)

WORKING MANUSCRIPTS

+indicates trainee author/presenter

1. +Fan, K., **Dobias, M.L.**, Ahuvia, I., Fox, K.R. & Schleider, J.L. (under review). Relationships between identity-based discrimination, socioeconomic status, and mental health treatment access among self-injurious adolescents. [Pre-registration](#)
2. **Dobias, M.L.**, Roulston, C., Jans, L., Ahuvia, I., & Schleider, J.L. (in preparation). Ideal mental health supports for adolescents: A mixed-methods analysis. [Pre-registration](#)
3. Ahuvia, I., **Dobias, M.L.**, Cohen, K., Schleider, J.L. (in preparation). Loss of mental health supports as a result of the Covid-19 pandemic. [Pre-registration](#) [Preprint](#)

BOOKS & BOOK CHAPTERS

1. **Dobias, M. L.**, Schleider, J. L., & Ollendick, T. (2022). Improving the efficiency and scalability of cognitive behavioral therapies. In Asmundson, G., & Noel, M. (Eds.) *Comprehensive Clinical Psychology* (2nd ed.). Elsevier. doi: 10.1016/B978-0-12-818697-8.00075-3. [Published Chapter](#)
2. Schleider, J. L., Mullarkey, M. C., & **Dobias, M. L.** (2021). *The Growth Mindset Workbook for Teens: Say Yes to Challenges, Deal with Difficult Emotions, and Reach Your Full Potential*. New Harbinger Publications. [Amazon](#)

COLUMNS AND OTHER WRITTEN WORK

1. Sung, J.Y., **Dobias, M.L.**, & Schleider, J.L. (2020). Single-session interventions: Complementing and Extending Evidence-Based Practice. *Advances in Cognitive Therapy*. [Pre-print](#)
2. Mullarkey, M.C., **Dobias, M.L.**, Marron, A.M., & Bearman, S.K. (2020). A systematic review of randomized trials for engaging vulnerable groups in health research: A distillation and machine learning approach. [Code Preprint](#)
3. Mullarkey, M.C., **Dobias, M.L.**, & Bluth, K. (2018). Understanding the differential relationships between self-compassion, mindfulness, and individual adolescent depression symptoms: A network analysis. [Preprint](#)

OPEN-ACCESS INTERVENTION PROGRAMS

1. **Dobias, M.L.**, Fox, K.R., & Schleider, J.L. (2020). *Project SAVE: A single-session intervention targeting self-injurious behavior in adolescents*. doi: 10.17605/OSF.IO/WFDZP [Link](#)
2. **Dobias, M.L.**, Mullarkey, M.C., & Schleider, J.L. (2019). *Project CARE: A single-session intervention targeting self-hate in adolescents*. doi: 10.17605/OSF.IO/YDQXJ [Link](#)

OPEN-ACCESS PROFESSIONAL DEVELOPMENT MATERIALS

* indicates equal authorship

1. **Dobias, M.L.** (2019). Your Study Here: AsPredicted Easy Use Template & Tips for Pre-Registration Beginners. doi: 10.17605/OSF.IO/M3SPX [Link](#)
2. **Dobias, M.L.** (2019). Open-Access Tips/Materials for Clinical Psych PhD Applications. doi: 10.17605/OSF.IO/B3P6D [Link](#)
3. **Dobias, M.L.*** & Sung, J.* (2019). Demystifying Conferences: A guide for RA professional development. [Link](#)

CHAired SYMPOSIA

1. **Dobias, M.L.**, Fox, K.R. (co-chairs), Smith, D., Clark, K., & Blashill, A.J. (2020, November). *Quantifying minority stress: Treatment-related targets and attitudes among sexual and gender minorities*. Chaired symposia presented at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.

CONFERENCE SYMPOSIA

+indicates trainee author/presenter; * indicates equal authorship

1. **Dobias, M.L.**, Roulston, C., Jans, L., Ahuvia, I., & Schleider, J.L. (2023, November). *Mixed methods analysis of youth mental health support preferences*. Symposium submitted for the 57th Annual Association for Behavioral and Cognitive Therapies Convention, Seattle, WA.
2. **Dobias, M.L.**, Morris, R., & Schleider, J.L. (2022, November). *Single-session interventions embedded within an online social platform: A usability study*. Symposium presented at the 56th Annual Association for Behavioral and Cognitive Therapies Convention, New York, NY.
3. Shen, J., Vilkin, E., Huang, H., **Dobias, M.L.**, Ito, S.*, Jans, L.*, Rosenfeld, E., Medina-Devilliers, S., Vivian, D., & Gonzalez, A. (2022, November). *A qualitative analysis of mental health concerns, treatment barriers, and experiences of discrimination among LGBTQ+ People of Color*. Symposium presented at the 56th Annual Association for Behavioral and Cognitive Therapies Convention, New York, NY.
4. **Dobias, M.L.**, Morris, R., & Schleider, J.L. (2022, September). *Embedding single-session interventions within an online social platform: A usability study*. Symposium presented at the 11th Annual International Society for Research on Internet Interventions, Pittsburgh, PA.
5. **Dobias, M.L.**, Schleider, J.L., +Jans, L., & Fox, K.R. (2021, November). *Results from a randomized trial testing an online, single-session intervention targeting adolescent self-injurious thoughts and behaviors*. Symposium presented at the 55th Annual Association for Behavioral and Cognitive Therapies Convention, New Orleans, LA.
6. **Dobias, M.L.**, Schleider, J.L., +Jans, L., & Fox, K.R. (2021, August). *Evaluating an online, single-session intervention targeting adolescent self-injury*. Symposium presented at the 126th Annual American Psychological Association Convention, San Diego, CA.

7. Schleider, J. L., Mullarkey, M. C., Fox, K.R., **Dobias, M.L.**, Shroff, A., Hart, E., & Roulston, C. A. (2021, June). *Single-session interventions for adolescent depression in the context of COVID-19: A nationwide randomized-controlled trial*. Symposium presented at the 2021 National Institutes of Health High Risk, High Reward Research Symposium, Bethesda, MD.
8. **Dobias, M.L.**, Mullarkey, M.C., & Schleider, J.L. (2020, November). *Self-hatred in young adults: Examining the roles of gender, sexual orientation, and depression*. In Dobias, M.L. & Fox, K.R. (co-chairs), *Quantifying minority stress: Treatment-related targets and attitudes among sexual and gender minorities*. Symposium presented at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
9. **Dobias, M.L.**, +Sugarman, M.B., Mullarkey, M.C., & Schleider, J.L. (2020, November). *Predicting mental health treatment access in high-symptom adolescents: Machine learning approaches*. Symposium presented at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
10. Schleider, J.L., **Dobias, M.L.**, Sung, J., Mullarkey, M.C., Mumper, E. (2020, November). *Acceptability and utility of an open-access, single-session intervention platform for adolescent mental health*. Symposium presented at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
11. Mullarkey, M.C., **Dobias, M.L.**, Beevers, C.G., Fassler, J., Shroff, A., Sugarman, M., Schleider, J.L. (2020, November). *Taking user-centered design seriously: An eight-minute, self-administered intervention decreases self-hatred in emerging adults*. Symposium presented at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
12. Schleider, J.L., **Dobias, M.L.**, Fassler, J., Shroff, A., & Pati, S. (2020, November). *Promoting treatment access following pediatric primary care depression screening: Evaluation of web-based, single-session interventions for parents and youths*. Symposium presented at the 54th Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
13. **Dobias, M.L.**, Mullarkey, M.C., Shumake, J., Beevers, C. (2019, May). *A symptom-level approach to treatment seeking behavior: machine learning and relative importance approaches*. Symposium presented for the 31st Annual Association for Psychological Science Convention, Washington, D.C. [Slides](#)
14. **Dobias, M.L.**, Schleider, J.L., Mullarkey, M.C. (2018, November). *Social variables and their relationship to adolescent depression: relative importance analyses*. Symposium presented for the 52nd Annual Association for Behavioral and Cognitive Therapies Convention, Washington, D.C.
15. **Dobias, M.L.**, Price, R., Mullarkey, M.C. (2018, May). *Two is just for show: multiple modules of distress tolerance training do not outperform a single module*. Symposium presented for the 30th Annual Association for Psychological Science Convention, San Francisco, CA.

INVITED TALKS & PRESENTATIONS

+indicates trainee author/presenter; * indicates equal authorship

1. **Dobias, M.L.** (2022, March). *Considerations for design and dissemination of single-session interventions in young people*. Invited talk for [Prediction and Prevention in Mental Health Laboratory](#), Cologne, Germany.
2. **Dobias, M.L.**, Schleider, J.L. (2021, October). *Expanding our reach: Considerations and future directions for improving adolescents' access to mental health care*. Invited talk for [Data Science for Mental Health Special Interest Group](#), [Alan Turing Institute](#).
3. **Dobias, M.L.*** & Sung, J.*, Schleider, J.L. (2021, September). *Single Session Consultation Workshop & Training*. Invited talk for national telephone hotline and chat service team members at the [National Eating Disorders Information Centre](#).
4. **Dobias, M.L.** (2021, August). *Training for the Single-Session Action Plan*. Invited training presentation for inpatient mental health providers at Phoenix Children's Hospital, Phoenix, AZ.
5. **Dobias, M.L.*** & Sung, J.*, Schleider, J.L. (2020, February). *Why Study Clinical Psychology?* Invited talk for 7th, 8th, 11th, and 12th grade girls in the [Women in Science Enrichment Program \(WISE\)](#) at Rye Country Day School, Rye, NY.
6. **Dobias, M.L.*** & Sung, J.*, Schleider, J.L. (2019, November). *Promoting Mental Health Awareness*. Invited talk for 7th and 8th Grade Student Mental Health Conference Day at Bay Shore Middle School, Bay Shore, NY.
7. **Dobias, M.L.**, +Sugarman, M., Mullarkey, M.C., Schleider, J.L. (2019, October). *Predicting mental health treatment access in adolescents*. Invited symposium for the 9th Annual Child Mind Institute '[On the Shoulders of Giants](#)' Scientific Symposium Event, New York, NY.
8. **Dobias, M.L.** (2016, April). UT Psychology Advisory Board Annual Meeting. Chosen as the 2016 undergraduate representative to speak on current department psychological research. University of Texas at Austin, Austin, TX.

POSTERS

+indicates trainee author/presenter

1. +Fan, K., **Dobias, M.L.**, Ahuvia, I., Fox, K.R. & Schleider, J.L. (2022, December). *Neighborhood resources, identity-based discrimination, and mental health treatment access among adolescents engaging in self-injury*. Poster presented at the 6th Annual Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, D.C. [Pre-registration](#)
2. **Dobias, M.L.**, Morris, R., & Schleider, J.L. (2022, June). *Embedding single-session interventions within an online social platform: A usability study*. Poster presented at the 1st Annual Society for Digital Mental Health Virtual Meeting [Code Poster](#)

3. +Rosenberg, B., **Dobias, M.L.** Sung, J., Vilkin, E., Schleider, J.L. (2020, May). *Evaluating mental health treatment access in lesbian, gay, and bisexual vs. heterosexual young adults*. Poster presented at the 4th Annual Journal of Clinical Child and Adolescent Psychology Future Directions Forum, Washington, D.C. [Pre-registration Code Poster](#)
4. **Dobias, M.L.**, +Sugarman, M.B., Mullarkey, M.C., & Schleider, J.L. (2020, May). *Predicting mental health treatment access in high-symptom adolescents: Machine learning approaches*. Poster presented at the 4th Annual Future Directions Forum, Washington, D.C.
5. **Dobias, M.L.**, Mullarkey, M.C., Shumake, J., Beevers, C. (2019, November). *Relative importance of individual depression symptoms in predicting suicidality: using the national Deprexis sample*. Poster presented at the 53rd Annual Association for Behavioral and Cognitive Therapies Convention, Atlanta, GA. [Poster](#)
6. **Dobias, M.L.**, Lee, H., Mullarkey, M.C., Jamieson, J., Beevers, C., Josephs, R., Reis, H., Yeager, D. (2018, April). *Changing implicit theories of personality in adolescents: a way to improve teenage response to stress*. Poster presented at the 38th Annual Anxiety and Depression Association of America Conference, Washington, D.C.
7. **Dobias, M.L.** (2016, December). *Evaluating a single-session gratitude intervention for depressive symptoms: the role of interpretation bias*. Poster presented at the University of Texas at Austin Undergraduate Honors Thesis Poster Session, Austin, TX.
8. **Dobias, M.L.**, Niemi, H., Roper, A., Mullarkey, M.C., Carlson, C., (2016, November). *Grateful Writing, Residual State Gratitude, and Well-Being*. Poster presented at the Texas Psychological Association 2016 Annual Convention, Austin, TX.
9. Miller, J., Rude, S., Haner, M., Chen, Y., **Dobias, M.L.**, Moreno, Z., & Ramirez, M., (2014, May). *Experimental Modification of Appraisal Style*. Poster presented at the 26th Annual Association for Psychological Science Conference, San Francisco, CA.
10. Haner, M., Rude, S., Chen, Y., **Dobias, M.L.**, Moreno, Z., & Ramirez, M., (2014, May). *Validation of a Processing Measure of Big Picture Appraisal*. Poster presented at the 26th Annual Association for Psychological Science Conference, San Francisco.

MEDIA APPEARANCES & CONTRIBUTIONS

"Psychology of Self-Injury" Podcast (2022, March). [40-minute podcast interview](#) about a recent randomized trial evaluating a single-session intervention for self-injurious behavior in youth.

EDITORIAL & REVIEW EXPERIENCE

Administration and Policy in Mental Health and Mental Health Services Research (since 2020); Mindfulness (since 2020); Assessment (since 2021); Journal of Consulting and Clinical Psychology (since 2021); BMC Primary Care (since 2022); Journal of Technology in Behavioral Science (since 2022)

INDUSTRY EXPERIENCE

June 2022 - **Contracted Researcher**
 Present *KokoCares Nonprofit | San Francisco, CA*
 Conduct interviews with users of free, anonymous, and on-demand digital mental health supports. Evaluate effectiveness, acceptability of digital supports.

MENTORSHIP EXPERIENCE

MA Student = Master's Graduate Student; RA = Research Assistant

*supervised trainee on an independent research project

Date	Name and University/Institution	Role	Subsequent Position
2020-	Kailyn Fan, Stony Brook University*	Honors Student	Clinical Research Coordinator, Behavioral Health Partial Hospital, McLean Hospital
2021-	Kelly Kwong, Stony Brook University	RA	<i>Currently in lab</i>
2021-	Jessica Liao, Stony Brook University	RA	Research Program Assistant, Medical University of South Carolina, Youth Collaborative
2021-2022	Kyle Rutherford, Texas A&M University	RA	MA Marriage & Family Counseling, Capella University
2021-2022	Ramata Cisse, Stony Brook University	BA Student	MA Health Sciences Student, Meharry Medical College
2021-2022	Chantelle Roulston, Stony Brook University	Lab Coordinator	PhD student, Clinical Psychology, Stony Brook University
2020-2022	Sharon Chen, Stony Brook University	Lab Coordinator	PhD student, Clinical Psychology, University of Kentucky
2020-2021	Julia Fassler, Stony Brook University	Lab Coordinator	MA student, Social Work, New York University
2020-2022	Laura Jans, Stony Brook University	MA Student/RA	Lab Coordinator, Lab for Scalable Mental Health, Stony Brook University
2019-2020	Michael Sugarman, CUNY Hunter College*	MA Student/RA	PhD student, School Psychology, St. John's University
2019-2020	Briana Rosenberg, Stony Brook University*	MA Student/RA	RA, Center for Technology and Health, Dartmouth College
2019-2020	Renee Gilbert, Stony Brook University	MA Student/RA	PhD Student, Clinical Child Psychology, University of Kansas

CLINICAL EXPERIENCE

July 2021 - **Single-Session Consultation Clinician**
 July 2022 *Leonard Krasner Psychological Center | Stony Brook University, NY*
 Deliver a single session of one-on-one clinical support to clients on clinic waitlist. Attend supervision by a licensed clinical psychologist.

Aug 2020 - **Therapist**
 July 2022 *Leonard Krasner Psychological Center | Stony Brook University, NY*

Serve child, adolescent, and adult patients from New York state both in-person and via telehealth. Attend weekly supervision by a licensed clinical psychologist.

May 2018 -
May 2019

Mental Health Clinic Coordinator

Anxiety & Stress Clinic | University of Texas, Austin, TX

Coordinated a doctoral student training clinic to serve adolescent and adult patients from the Austin community. Administered clinic phone screens, managed case assignments, and attended weekly supervision by a licensed clinical psychologist.

Aug 2015 -
Dec 2016

Psychology Undergraduate Intern

Austin State Hospital | Austin, TX

Participated in on-site internship program, 10 hours weekly. Assisted with adolescent and adult group therapy sessions. Mentored incoming interns.

TEACHING EXPERIENCE

Spring 2022

Instructor & Teaching Assistant

PSY339: Schizophrenia Spectrum and Other Psychotic Disorders | Instructor: Dr. Pamela De Rosse

Led course lectures, including: ethical considerations of forced treatments for psychosis, suicidal behaviors among individuals with lived experience of psychosis, and novel intervention strategies for psychosis. Met with students and regular hosted office hours to facilitate mastery of course content. Graded written assignments.

Fall 2021

Guest Lecturer

Psychology 3520: Introduction to Clinical Psychology | Instructor: Dr. Kathryn Fox

Invited to create and deliver original lecture to University of Denver undergraduate students.

Fall 2020

Recitation Instructor & Teaching Assistant

PSY310: Research & Writing in Psychology | Instructor: Dr. Christian Luhmann

Led two weekly recitation sections with 23 undergraduate students. Taught topics relating to research method, writing, and statistics (correlation, regression, ANOVA, t-test). Mentored students on literature search and generating novel research project proposals. Graded weekly writing assignments and final APA-formatted papers describing and presenting students' projects.

Fall 2019

Teaching Assistant

PSY339: Psychotherapy Science and Practice | Instructor: Joy Bolger, M.S.

Met with students and regular hosted office hours to facilitate mastery of course content, including: cognitive behavioral therapy, dialectical behavior therapy, mindfulness and acceptance-based practices. Graded exams.

CLINICAL INTERVIEWING & ASSESSMENT

Interviewing:

- Columbia-Suicide Severity Rating Scale (C-SSRS)
- Hamilton Depression Rating Scale (HAM-D)
- Mini International Neuropsychiatric Interview (MINI)
- Structured Clinical Interview for DSM-IV Axis II Personality Disorders (SCID-II)

Cognitive and Achievement Testing:

- Wechsler Adult Intelligence Scale 4th Edition (WAIS-IV)
- Woodcock Johnson Tests of Achievement, 4th Edition (WJ IV ACH)
- Woodcock Johnson Tests of Oral Language, 4th Edition (WJ IV OL)
- Computerized Neurocognitive Assessment Software – CNS Vital Signs (CNS-VS)
- Conners' Continuous Performance Test II (CPT II)

RELEVANT SKILLS & CERTIFICATIONS

- Proficient in using R for data cleaning and analysis
- Proficient in analyzing data using SPSS
- Proficient in collecting and storing data using REDCap, Qualtrics, and Box

PROFESSIONAL SERVICE

2021 – Present	Mentor, Society of Clinical Child and Adolescent Psychology: APA Division 53 Mentorship Program
2021 – Present	Study Team Member, Stony Brook University Consortium Internship Program <i>LGBTQ-POC Mini-Rotation: Response to APPIC's Call to Action on Equity, Inclusivity, Diversity, Justice, and Social Responsivity</i>
2021 – 2022	Member, Stony Brook Psychology Clinical Science Colloquium Committee
2020 – Present	Member, Stony Brook Psychology Department Committee for Diversity, Equity, and Inclusion: <i>Undergraduate Mentoring</i>

PROFESSIONAL AFFILIATIONS

2019 – Present	Association for Behavioral and Cognitive Therapies <i>Suicide and Self-Injury Special Interest Group</i> <i>Dissemination and Implementation Science Special Interest Group</i>
2018 – Present	Association for Behavioral and Cognitive Therapies
2017 – Present	Anxiety and Depression Association of America
2015 – Present	American Psychological Association
2014 – Present	Association for Psychological Science