Evolution of Denmark Strait Overflow Cyclones and Their Relationship to Overflow Surges

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Key Points:

- High-transport events associated with the Denmark Strait Overflow (DSO) evolve into DSO cyclones downstream.
- The underlying dynamics of the DSO cyclones differ between two different types of high-transport events.
- The potential vorticity of DSO cyclones is only materially conserved during their growth phase.

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Abstract

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Mesoscale features present at the Denmark Strait sill regularly enhance the volume trans-14 port of the Denmark Strait Overflow (DSO). They are important for the Atlantic Meridional Overturning Circulation, and ultimately, for the global climate system. Using a re-16 alistic numerical model, we find new evidence of the causal relationship between hightransport events and DSO cyclones observed downstream. Most of the cyclones form at 18 the Denmark Strait sill during overflow surges and, because of potential vorticity con-19 servation and stretching of the water column, grow as they move equatorward. A frac-20 tion of the cyclones form downstream of the sill, when anticyclonic vortices formed dur-21 ing high-transport events start collapsing. Regardless of their formation mechanism, DSO 22 cyclones weaken starting roughly 150 km downstream of the sill, and potential vortic-23 ity is only materially conserved during the growth phase.

Plain Language Summary

Ocean currents affecting the global climate are sustained by cold and dense water that sinks in the North Atlantic Ocean. A large portion of this water passes through the Denmark Strait, which is a channel between Greenland and Iceland. The amount of water entering the strait varies from day to day, and is controlled by ocean vortices. Knowing the mechanisms associated with these vortices is of key importance for understanding and predicting the Earths climate. Using a realistic numerical model, we find that the vortices are generated in the strait during dense water surges. In one scenario, the ocean vortices cross Denmark Strait rotating in the same direction as the Earth (counterclockwise). These vortices strengthen as they move towards the south. If the vortices initially rotate clockwise, they move slowly and quickly collapse. The water converging south of them triggers the formation of new vortices rotating counterclockwise. All of these energetic vortices move towards the equator. First they quickly grow, then they lose energy starting roughly 150 kilometers south of Denmark Strait.

1 Introduction

The Denmark Strait is an ocean channel located between Greenland and Iceland (Figure 1a). It is a gateway between the Nordic Seas and the subpolar North Atlantic.

The Denmark Strait Overflow (DSO) is a bottom-trapped current transporting dense water equatorward. After crossing Denmark Strait, the DSO volume flux (transport) in-

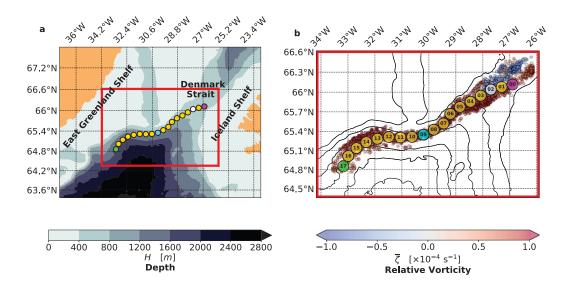


Figure 1. (a) Seafloor bathymetry in the region of interest for this study. Red lines bound the area fed to the vortex detection algorithm. (b) Location of the centers of the detected vortices color-coded by their mean relative vorticity ($\bar{\zeta}$) at a depth of 5H/8. Black contours show the bathymetry (same interval used in a). Circles indicate the stations along the DSO path. Circles colored in magenta, white, blue, and green indicate where the DSO path crosses hydrographic sections known as the Látrabjarg Line (LL), Denmark Strait South (DSS), Transient Tracers in the Ocean (TTO), and Spill Jet (SJ), respectively.

creases rapidly by entrainment (Dickson & Brown, 1994) and supports the Atlantic Meridional Overturning Circulation (AMOC). The East Greenland Current system (EGC), which involves two separate branches (Våge et al., 2013), flows southward along the East Greenland coast and contributes about two thirds of the DSO transport at the sill (Harden et al., 2016). The remaining third of DSO water is transported primarily by the North Icelandic Jet (NIJ; Jonsson & Valdimarsson, 2004; Semper et al., 2019), which flows towards Denmark Strait along the north side of Iceland. The poleward flowing North Icelandic Irminger Current (NIIC) is another contributor to the DSO water.

Studies on the DSO transport have found no long-term trends (Jochumsen et al., 2012, 2017). Both observations and numerical models show a pronounced high-frequency variability (from one day to one week at the sill; Ross, 1984; Macrander et al., 2007; Haine, 2010; von Appen et al., 2017). Cooper (1955) characterized thick lenses of overflow water associated with high volume fluxes known as "boluses", and Mastropole et al. (2017) found boluses in about 40% of a 20-year collection of shipboard measurements. "Pulses"

are another dominant mesoscale feature occurring every five days at the Denmark Strait sill. They are associated with a thinning and acceleration of the DSO layer (von Appen et al., 2017). Boluses and pulses augment the yearly mean transport of the DSO by about 30% (Almansi et al., 2017). Moritz et al. (2019) found that high-transport events at the sill occasionally correspond to anticyclonic eddies. Spall et al. (2019) characterized a third type of mesoscale feature referred to as "flooding events". During these events, the NIIC migrates westward, and the deepest part of the sill is filled with subtropical-origin water. Boluses, pulses, and flooding events are all associated with the meandering of the hydrographic front in Denmark Strait (Spall et al., 2019).

Downstream of Denmark Strait, the high-frequency variability of the overflow is dominated by the presence of energetic features known as "DSO cyclones". The first studies of these features used laboratory experiments (Whitehead et al., 1990), satellite imagery (Bruce, 1995), and surface drifter trajectories to describe their basic characteristics (Krauss, 1996). Several studies then explored the underlying dynamics of the cyclones (Krauss & Käse, 1998; Spall & Price, 1998; Jungclaus et al., 2001; Shi et al., 2001; Reszka et al., 2002). Spall and Price (1998) formulated the so called "PV Outflow Hypothesis". Cyclogenesis in their three-layer model was explained via conservation of potential vorticity (PV) in the presence of strong vortex stretching, von Appen et al. (2014) found that DSO cyclones represent the largest source of variability roughly 300 km downstream of Denmark Strait. Although the model results of Spall and Price (1998) indicate that these features can form from a steady overflow, von Appen et al. (2017) hypothesized a one-to-one connection between the passage of boluses/pulses and the formation of DSO cyclones.

Characterizing the DSO high-frequency fluctuations is of key importance for understanding and predicting the AMOC variability. At present, the notion of a causal relationship between the mesoscale variability at the sill and the downstream cyclones remains a hypothesis which needs to be investigated further. In this paper, we present new evidence for the existence of this relationship. We also investigate how different types of high-transport events trigger the formation of DSO cyclones, and describe their evolution along the DSO path.

2 Materials and Methods

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2.1 Numerical circulation model

We fill the gaps in the sparse measurements along the DSO path using a yearlong, high-resolution, realistic circulation model. The dynamics are simulated using the Massachusetts Institute of Technology General Circulation Model (MITgcm; Marshall et al., 1997). An identical configuration with different atmospheric forcing is described in detail in Almansi et al. (2017). The numerical solutions are publicly available on SciServer (Medvedev et al., 2016), and the additional fields shown in this paper can be reproduced using OceanSpy v0.1 (Almansi et al., 2019). The model is particularly well suited to study mesoscale features occurring on short timescales (1-10 days; Almansi et al., 2017; Spall et al., 2019). Haine et al. (2009) found that the spatial resolution of the atmospheric fields used to force high-resolution models significantly affects the ocean circulation in Denmark Strait. Therefore, we use the 15-km resolution Arctic System Reanalysis (ASRv2; Bromwich et al., 2018), which represents a significant improvement (Bromwich et al., 2016) in horizontal resolution of the atmospheric forcing previously implemented (ERA-Interim; Dee et al., 2011). The model solutions have been also compared to data collected upstream of Denmark Strait by Håvik et al. (2019). Vertical sections of hydrographic and velocity fields are consistent with the validation performed by Almansi et al. (2017). Overall, the agreement between the model and the available observations around Denmark Strait is excellent.

2.2 Detection of mesoscale features

High-transport events and DSO cyclones have been detected independently. Boluses and pulses have been identified using the same criteria as Almansi et al. (2017), whereas DSO cyclones have been detected using an automatic vortex detection scheme based on the Okubo-Weiss parameter (OW; Okubo, 1970; Weiss, 1991). The algorithm operates on terrain-following levels (σ -levels) located in the bottom half of the water column, and isolates mesoscale features with relative vorticity higher than the strain (see the supporting information for more details). The relative vorticity is defined by $\zeta = \frac{\partial v}{\partial x} - \frac{\partial u}{\partial y}$, where $\mathbf{u} = (u, v, w)$ is the vector velocity field written as a function of Cartesian position $x\hat{\mathbf{x}} + y\hat{\mathbf{y}} + z\hat{\mathbf{z}}$. The results shown and discussed hereafter refer to the σ -level at a depth of 5H/8, where H is the seafloor depth. Figure 1b shows the location

of the centers of the vortices detected. The cyclones ($\bar{\zeta} > 0$; overline indicates a spatial average in the region occupied by the vortex) are located in proximity to the DSO path and move southward along the continental slope. The anticyclones ($\bar{\zeta} < 0$), which are thought to be related to a fraction of DSO cyclones observed at the Spill Jet section (station #17 in Figure 1b; von Appen et al., 2017), are located on the western side of the Denmark Strait trough.

3 Results

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3.1 Relationship between DSO cyclones and overflow surges

Boluses are coupled with the cyclones detected near the Denmark Strait sill, whereas pulses are coupled with the anticyclones. Specifically, more than 70% of the cyclones (anticyclones) near station #00 in Figure 1b occur within 48 hours of a bolus (pulse). Figure 2a shows a cyclone crossing Denmark Strait over the deepest part of the sill. At the same time, a bolus was detected at the Látrabjarg Line. The density difference between the snapshot exhibiting the cyclone and the background state (yearly average) highlights positive density anomalies within the perimeter of the cyclone (Figure 2b). As we are investigating density fields along terrain-following surfaces, higher densities ($\Delta \sigma_{\theta} > 0$) are the result of the shoaling of the deep isopycnals. These anomalies are consistent with the thickening of the overflow layer characteristic of boluses. The vortex detection algorithm identified the same cyclone shown in Figure 2a at different locations downstream of Denmark Strait. The cyclone follows the DSO path, and the mean vorticity of its core $(\bar{\zeta})$ grows as the feature moves to the southwest. Specifically, $\bar{\zeta}$ is about $0.5 \times 10^{-4} \text{ s}^{-1}$ near the Látrabjarg Line station, and more than twice that value roughly 100 km downstream. As the height of the water column also increases along the path (i.e., stretching of the water column), positive relative vorticity is added to the mesoscale feature due to vortex stretching. As the cyclone moves downstream, it coincides with a relative maximum in density ($\Delta \sigma_{\theta} > 0$). Therefore, the DSO cyclone and the bolus propagate in phase, and positive density anomalies enter the Irminger Basin.

Figure 2c shows an anticyclone detected near the Látrabjarg Line during a pulse event (January 30th, 2008). In contrast to the cyclone described above, the anticyclone corresponds to a region with instantaneous density lower than the background state (Figure 2d). The deepening of the isopycnals is consistent with the presence of pulses, which

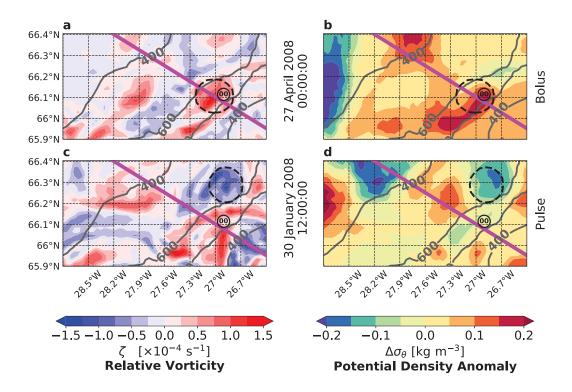


Figure 2. Relative vorticity (a, c) and instantaneous potential density minus the yearly mean (b, d) during a bolus and a pulse. The bolus (a, b) crossed the Látrabjarg Line (drawn in magenta) on April 27th, 2008 at midnight. The pulse (c, d) was detected in Denmark Strait on January 30th, 2008 at noon. Dark gray contours indicate the seafloor depth in meters. Dashed lines bound the vortices detected. The circle #00 indicates the Látrabjarg Line station. The labeling convention of the DSO stations is the same used in Figure 1. Fields have been extracted along the σ -level at a depth of 5H/8.

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enhance the southward volume flux of the overflow and reduce its thickness. The anticyclone in Figure 2c has been identified by the vortex detection algorithm in multiple successive snapshots (Figure 3). It crosses Denmark Strait on the western side of the trough and slowly veers towards Greenland (unlike the cyclones crossing Denmark Strait which propagate quickly to the southwest). This same orientation of the flow was found by Almansi et al. (2017) in the composite of pulse events. The path followed by the anticyclone suggests that the 400-meter isobath prevents the feature from reaching the East Greenland shelf. As the vortex moves toward the shelf, the anticyclonic relative vorticity is sustained by the shrinking of the water column ($\bar{\zeta} \simeq -0.7 \times 10^{-4} \; \mathrm{s}^{-1}$). When the anticyclone reaches the western side of the trough, bands of positive relative vorticity surround the slowly-moving core of the anticyclone (Figure 3a). At the same time, the absolute magnitude of ζ decreases. As the anticyclone weakens, the peripheral bands of positive relative vorticity strengthen and converge, triggering the formation of a cyclone south of the collapsing anticyclone. The cyclone starts emerging in Figure 3b (near station #05), but its vorticity exceeds the strain between stations #07 and #08 (Figure 3d), where the cyclone is identified by the vortex detector. The cyclonic feature triggered by the anticyclone moves southwestward following the DSO path, and it gains positive relative vorticity due to stretching of the water column as it moves downstream. The geometry and relative vorticity magnitude of the detected cyclone associated with the pulse (Figure 3d) are similar to the properties of the cyclone formed during the bolus event in Figures 2a and b.

3.2 Downstream evolution of DSO cyclones

We created composites of the cyclones ($\bar{\zeta} > 0$) along the DSO path to investigate their evolution as they move downstream (Figure 4). The background relative vorticity downstream of Denmark Strait is cyclonic along the entire DSO path (labeled circles in Figure 4a). The anticyclones associated with pulses impact the background relative vorticity, which decreases moving from the Látrabjarg Line to the Denmark Strait South station. Downstream of station #02, where most of the anticyclones spin down, the background relative vorticity monotonically increases moving towards station #07. This is consistent with the hypothesis that PV conservation governs the dynamics in this region (Spall & Price, 1998; von Appen et al., 2014, 2017). Positive relative vorticity is generated in response to the stretching of the water column. Downstream of Denmark

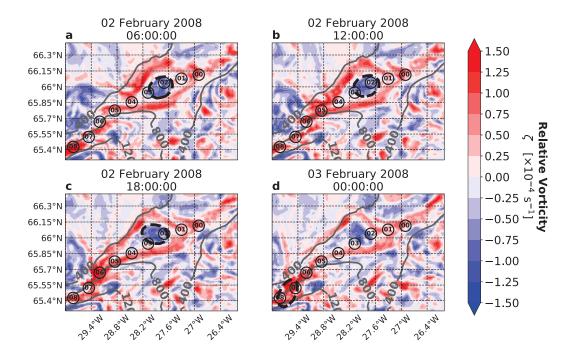


Figure 3. Relative vorticity (ζ) after the pulse event in Figures 2c and d. Four snapshots are shown at 6-hour intervals. Dashed lines bound the vortices detected. Dark gray contours indicate the seafloor depth in meters. Labeled circles indicate the stations along the DSO path. The labeling convention of the DSO stations is the same used in Figure 1. ζ has been extracted along the σ -level at a depth of 5H/8.

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Strait, the light upper layer is constrained at the surface, while the dense DSO is constrained at the bottom. As a result, the mid-level layer is stretched the most, and the relative vorticity peaks near the σ -level along which we extracted the properties of the cyclones. Downstream of station #07, the background relative vorticity decreases as the DSO descends into the Irminger Basin, while the height of the water column continually increases from stations #00 to #17. Therefore, PV conservation is not the dominant mechanism in the region beyond 150 km downstream of the Denmark Strait sill (past station #07). The composites of relative vorticity show the growth and decay phases of the DSO cyclones (black line in Figure 4a). The relative vorticity magnitude of the cyclones is $(0.71\pm0.16)\times10^{-4}$ s⁻¹ near the Látrabjarg Line station. As the cyclones move downstream, their relative vorticity grows until they reach station #07, where the relative vorticity is $(1.14\pm0.27)\times10^{-4}$ s⁻¹. Therefore, the growth phase of the DSO cyclones occurs within the first 150 km downstream of Denmark Strait. The decay phase takes place between station #08 and the Spill Jet location #17 (southernmost station). Near the latter, the relative vorticity of the cyclones is $(0.65\pm0.15)\times10^{-4}~\mathrm{s}^{-1}$, which is similar to $\bar{\zeta}$ of the cyclones detected near the northernmost station.

The vertical component of the velocity field (w) is shown in Figure 4b. When DSO cyclones are detected (black line), their vertical velocity is of the same magnitude as the background state (labeled circles). However, there is a clear signal in the vertical velocities immediately before and after the detection of the cyclones (blue and red lines, respectively). Six hours before the detection of DSO cyclones, the regions occupied by the vortices are characterized by downwelling (w < 0). Conversely, upwelling occurs six hours after the detection. This characteristic behaviour has been reported in studies based on both measurements and numerical models (Magaldi et al., 2011; von Appen et al., 2014). The shape of the upwelling curve (red line in Figure 4b) resembles the relative vorticity curve when cyclones are detected (black line in Figure 4a), and the strongest upwelling occurs near station #8 ($\bar{w} = 0.52 \pm 0.22 \text{ cm s}^{-1}$). The DSO cyclones growth and decay phases are also evident in the downwelling curve (blue line in Figure 4b). However, between stations #7 and #11, a plateau separates the growth and decay phases, and the maximum downwelling occurs near station #10 ($\bar{w} = -0.54 \pm 0.27 \text{ cm s}^{-1}$). The relative vorticity magnitude of the composites extracted six hours before and after the detection of DSO cyclones is higher compared to the background state (Figure 4a), but the curves corresponding to these composites do not show any significant peak. Therefore,

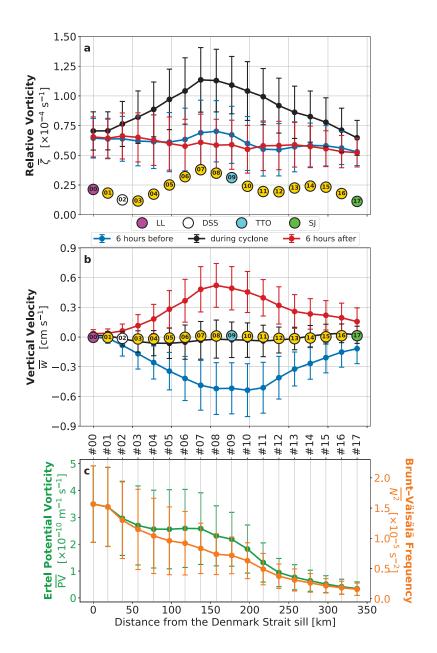


Figure 4. Composites of area-weighted mean (a) relative vorticity, (b) vertical velocity, and (c) Ertel potential vorticity (green, left vertical axis) and Brunt-Väisälä frequency (orange, right axis) along the DSO path. Lines in black (a, b) and green/orange (c) correspond to composites of DSO cyclones. Blue and red lines correspond to composites in the regions of the vortices 6 hours before and after the detection, respectively. Error bars represent the area-weighted standard deviation. Labeled circles correspond to composites of yearly averages in the regions of the vortices (background state). The color code and labeling convention of the DSO stations are the same used in Figure 1. Fields have been extracted along the σ -level at a depth of 5H/8.

the passage of DSO cyclones is evident in multiple consecutive snapshots, but the highest $\bar{\zeta}$ occurs when \bar{w} changes sign (i.e., transition from downwelling to upwelling). Furthermore, we find that the maximum relative vorticity reached by the DSO cyclones is higher where the rate of change of \bar{w} is higher. The maximum vertical acceleration occurs near station #8 ($\frac{\Delta \bar{w}}{\Delta t} = 2.3 \times 10^{-5} \text{ m s}^{-2}$), where the DSO cyclones are mature and manifest the maximum relative vorticity.

The Ertel PV can be approximated as follows (Klinger & Haine, 2019):

$$PV \approx (f + \zeta) \frac{N^2}{g},\tag{1}$$

where f is the vertical component of the Coriolis parameter, N is the Brunt-Väisälä frequency, and g is the gravitational acceleration. f does not change significantly within the study region. As a result, the variability of the potential vorticity is controlled by the changes in N^2 and ζ along the DSO path. The Brunt-Väisälä frequency, which is defined by $N^2 = -\frac{g}{\rho_0} \frac{\partial \sigma_{\theta}}{\partial z}$, decreases as the cyclones move downstream (orange curve in Figure 4c). Therefore, the water in the mid-level layer becomes less stratified as the cyclones descend into the Irminger Basin. The potential vorticity of the DSO cyclones (green curve in Figure 4c) is strongly affected by the decrease of N^2 . PV decreases from $(3.49\pm1.42)\times10^{-10}~{\rm m}^{-1}~{\rm s}^{-1}$ near the northernmost station to $(0.35\pm0.25)\times10^{-10}~{\rm m}^{-1}~{\rm s}^{-1}$ near the southernmost station, and N^2 decreases from $(1.56\pm0.63)\times10^{-5}~{\rm s}^{-2}$ to $(0.16\pm0.63)\times10^{-5}$ $0.10)\times10^{-5}$ s⁻². However, during the growth stage of the DSO cyclones (between stations #3 and #7), the high relative vorticity of the eddies counterbalances the low stratification due to the stretching of the water column. In particular, the PV only changes by $0.12 \times 10^{-10} \text{ m}^{-1} \text{ s}^{-1}$ in this region. It follows that, downstream of the Denmark Strait South station (#02), the potential vorticity associated with the DSO cyclones is only conserved during the growth phase.

4 Summary and discussion

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This study focuses on mesoscale anomalies characteristic of the dense overflow descending from Denmark Strait into the Irminger Basin. We find that boluses are coupled with positive relative vorticity events, whereas pulses are coupled with anticyclonic relative vorticity events. Regardless of their initial sense of rotation, both boluses and pulses trigger the formation of DSO cyclones downstream of Denmark Strait. These find-

ings are consistent with the one-to-one relationship between high-transport events and DSO cyclones hypothesized by von Appen et al. (2017).

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The cyclonic relative vorticity associated with boluses initially increases as these features move downstream. In agreement with Spall and Price (1998) and von Appen et al. (2014), the additional positive relative vorticity gained by these mesoscale features can be explained using conservation of potential vorticity arguments. Specifically, the generation of cyclonic vorticity counterbalances the pronounced stretching of the midlevel layer above the DSO interface, where DSO cyclones are detected. Interestingly, we find that the mechanisms controlling the formation of DSO cyclones associated with pulses are different. The along-stream direction of pulses is oriented toward Greenland compared to the orientation of boluses. As the pulses approach shallower regions, their negative relative vorticity is sustained by compression of the water column. The pulses slow down and begin to collapse near the East Greenland shelfbreak. Simultaneously, bands of positive relative vorticity surround the anticyclones. As they weaken, the peripheral bands of positive relative vorticity strengthen and trigger the formation of DSO cyclones to the southwest. Then, the DSO cyclones associated with pulses move southward following the DSO path, and gain cyclonic relative vorticity in order to conserve their potential vorticity. Regardless of their mechanism of formation, the DSO cyclones detected are found to have similar geometry and strength.

The relative vorticity of the cyclones increases over the first 150 km downstream of the sill, then decreases. The eddies are preceded by downwelling and followed by upwelling. The highest vertical velocities coincide with the peak of the cyclones' growth phase, and their highest relative vorticity occurs during the transition from downwelling to upwelling. Furthermore, the rate of change of the vertical velocity associated with the cyclones is proportional to their relative vorticity, suggesting a causal relationship between the vertical acceleration and the strength of the DSO cyclones. The mean stratification of the DSO cyclones decreases during their full life cycle, while their initial increase in relative vorticity due to stretching is followed by a decrease. As a result, the growth and decay phases of the cyclones are associated with different dynamics, and potential vorticity is only materially conserved in the first 150 m downstream of Denmark Strait.

Dense overflows are ubiquitous features in the World Ocean, and our findings could apply to other regions, including the Iceland-Faeroe Passage, the Faeroe Bank Channel, and the Strait of Sicily. An open question is why the potential vorticity associated with DSO cyclones is only conserved during their growth phase. Girton and Sanford (2003) and Voet and Quadfasel (2010) described an increase in DSO entrainment in the region where we find the transition from DSO cyclone growth to decay. In this same region, Koszalka et al. (2017) found the largest warming rate of the overflow. These abrupt changes, combined with the enhanced entrainment and dissipation rates associated with high-transport events (i.e., boluses and pulses; North et al., 2018), might dictate which dynamics dominate the DSO cyclones' evolution at different stages of their life cycle. Further work is needed to understand how these processes affect the variability downstream of our study region, between the Spill Jet section and Cape Farewell.

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numerical solutions are publicly available on SciServer (http://sciserver.org), which
is developed and administered by the Institute for Data Intensive Engineering and Science at Johns Hopkins University.

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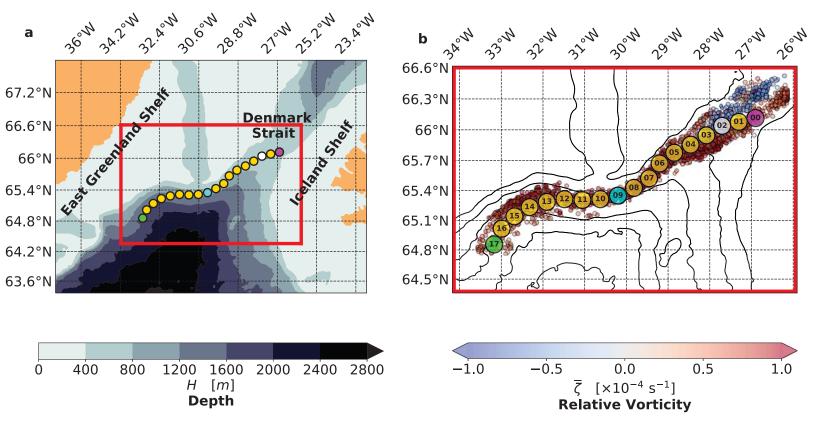
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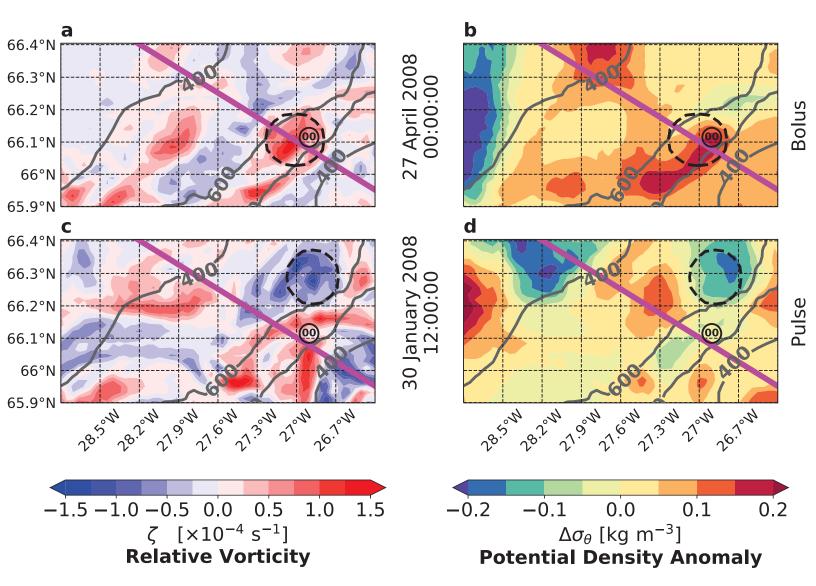
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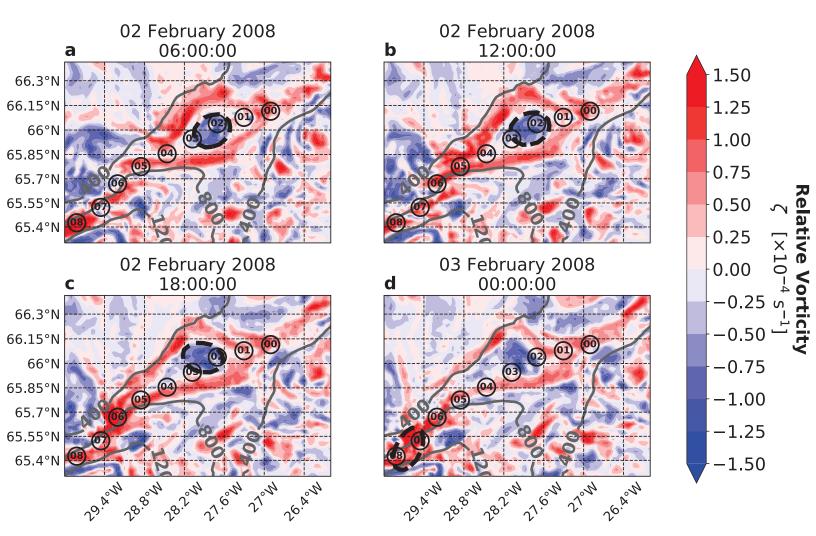
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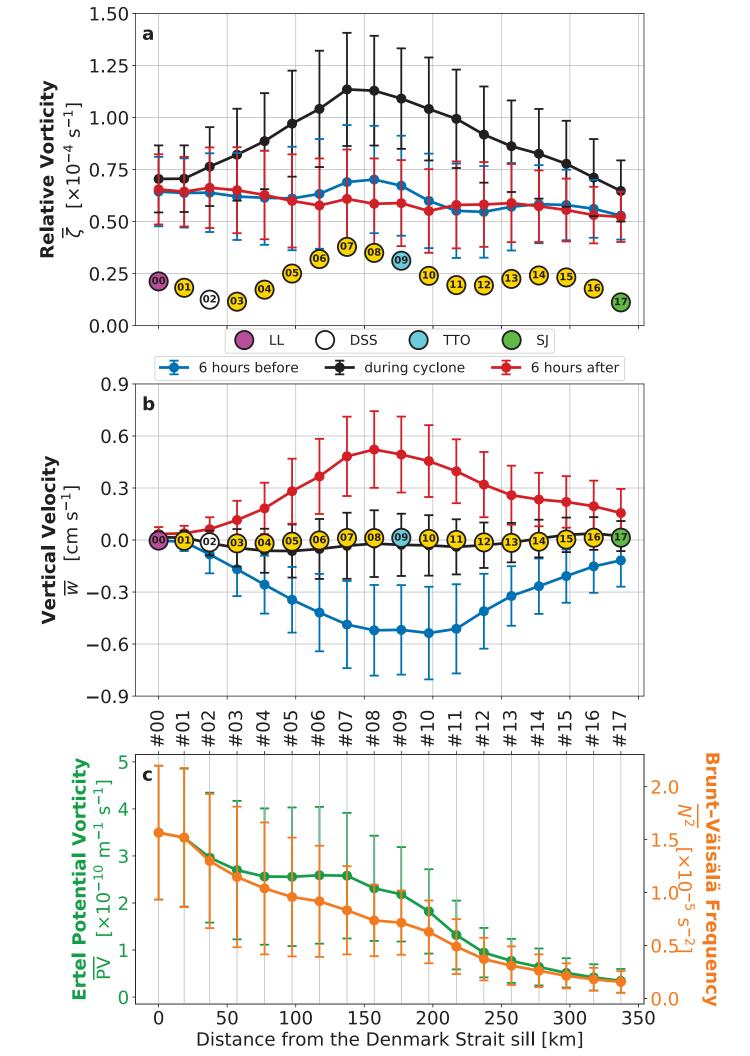


Figure SM.

