

**BOV PREMIER LEAGUE AND BOV CHALLENGE LEAGUE** 

## Measures and guidelines

**SEPTEMBER 2020** 

## **Prevention**

These guidelines, intended to help clubs and nurseries, are to be read in conjunction with the latest guidelines published by Public Health and SportMalta.

- All individuals should arrive separately (max. 2 persons per car) wearing face masks.
- Temperature is to be checked before entry to the sporting facility.



Hand sanitiser is to be used upon entry to the facility.



Social distancing applies until training or match starts on pitch.



- Any persons who are feeling unwell or show **symptoms** should stay at home, call **111** for a swab test and consult their GP.
- Anyone who feels unwell during training is to stop, leave the pitch, self-isolate and call 111 and their GP.



Masks/Visors
should be worn at
all times, also at
pitchside, when not
doing physical activity.
Coaches and all
staff must wear
a mask or visor.

Water and any food/snacks must be brought by the players/staff. No sharing is allowed.

Shower facilities and changing rooms remain **closed**.
No recovery sessions in indoor pools, ice baths, etc.

No spectators
shall be allowed.
Gatherings of any sort
outside of football (e.g.
meals out,
drinks, etc.)
are to be
avoided.

Only persons

occupying a role

in the holding of a

training session or a

match shall be
allowed.

Balls must be disinfected regularly during training.



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**Equipment** e.g. cones should be disinfected before and after use.



Clubs must
ensure rigorous
compliance with
obligations related to
the annual
medical
examination
of players.

Every club must appoint a Club Covid Officer.



Maximum
cooperation is to
be ensured with Public
Health Authorities.



Clubs are strongly advised to video record their training sessions/friendly matches to facilitate factual contact-tracing.

Players and staff are to avoid crowded places at all times.







### Management of Quarantine

The Malta FA has agreed with the Public Health Regulation Department that the impact assessment upon a positive case being identified is made by the Malta FA COVID Officer who would then forward the report to the Public Health Regulation Department to ensure a consistent and coherent approach. The **COVID** Liaison officer must submit the COVID-19 Exposure/ Contact Report Form from the link here: https://forms.gle/vmnaxEd PNq1EAyi49

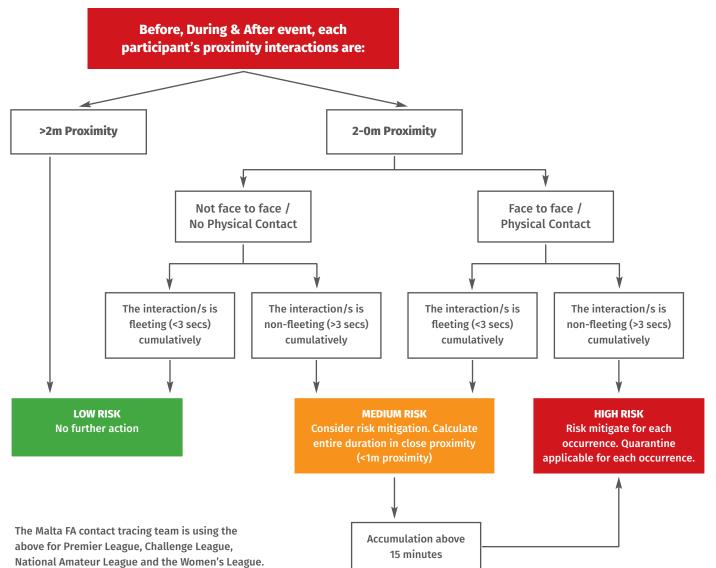
# In the case of a Player or Staff Member who returns a positive COVID-19 test:

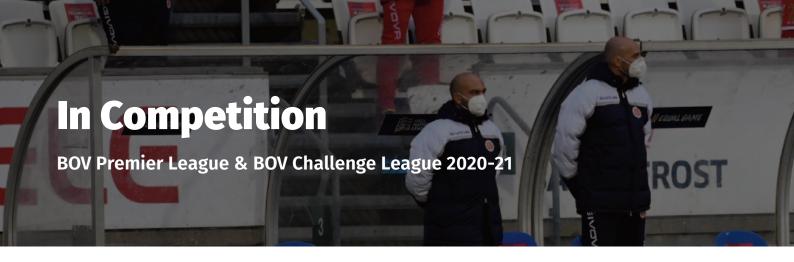
Player/Staff Member shall quarantine as per public health guidelines. Once passed fit to exit quarantine they must undergo a repeat medical examination in conjunction with the Malta FA medical department and follow a gradual return to play protocol.

The established close contacts of a positive player or staff member shall quarantine for 14 days with a swab test taken at the end of this mandatory period prior to re-integration with the rest of the team in the absence of any symptoms.

The rest of the squad not deemed as close-contacts can resume regular training.







### a. Additional competition matters related to COVID-19

Every team will be required to submit a squad list of a minimum of 25 players clearly indicating goalkeepers and players.

The Malta FA may request nasopharyngeal swab testing by RT-PCR or rapid swab testing of a representative sample from each squad, including coaches and other staff.

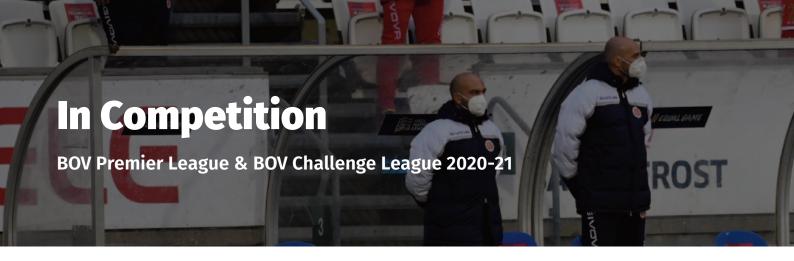
This will take place every 14 days and will be coordinated by the Malta FA in conjunction with Public Health authorities.

For season 2020/21, the Malta FA, in line with FIFA's temporary allowance, is allowing up to 5 substitutions per team in a match even at Premier League level.

A competitive match cannot be postponed if the team has a minimum of 16 players, including two goalkeepers, available from the squad list who are RT-PCR negative, notwithstanding the obligation to self-isolate imposed on the rest of the squad. Where fewer than 14 players from the above-mentioned list are available, the match will be postponed.







### **b.** Disciplinary matters

- 1. A registered football player or club staff member is to inform his club of any COVID testing undertaken resulting positive by not later than 24 hours from the result of such testing being notified to him;
  - The registered football player or club staff member is thereafter to inform the COVID officer of the official result immediately, and by not later than three (3) hours following the issuance of such result;
- 2. The registered football player or club staff member is to adhere to all instructions issued by the Health Department and the Malta FA COVID officer, without reservations and to the fullest extent possible;
- **3.** Every club shall ensure that all its registered players or club staff members that have undertaken COVID testing, informs the Malta FA COVID officer within 24 hours from the result of such testing being notified;



- 4. Every registered player or club staff member who test positive for COVID-19, shall self-isolate and consequently is not to participate in any football activity, up until such person has been given clearance by the Public Health Authorities to end the self-isolation period;
- **5.** Every club must ensure that any of its registered players or club staff members who tests positive for COVID-19, shall self-isolate and consequently is not to participate in any football activity, up until the registered player or club staff member has been given clearance by the Public Health Authorities to end the self-isolation period;
- **6.** There shall be disciplinary sanctions imposed according to the abovementioned regulations on any player, club staff, club official or club who fails to adhere to the foregoing;
- 7. A player who, on the day of the match, is obliged to self-isolate (whether by law or as instructed by the health authorities) shall be considered, for the purposes of such match, ineligible.



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